## Family Hubs and Children's Centres

Christmas to New Year Timetable Friday 27<sup>th</sup> December to Tuesday 31<sup>st</sup> December 2024.

(Centres are closed on Bank Holiday Wednesday 25th and Thursday 26th December)

These centres will be open from 9:00am – 4pm on the below days for information and support for families with children up to 5 years old. HOW TO BOOK – Please call a children's centre to book your place on any of these sessions.

Centre Name and contact Details	Friday 27 <sup>th</sup> Dec	Monday 30 <sup>th</sup> December	Tuesday 31 <sup>st</sup> December
North Locality  Coteford Children's Centre  Eastcote, HA5 2HX  01895 556682	Midwifery Clinic 9am – 12pm Stay and play 10.30am-12.00pm (0-7 years) Please call to book	Midwifery Clinic 9am – 12pm Breastfeeding Clinic 9am-4pm Appointment Only Musical Babies	Breastfeeding Clinic 9am-4pm Appointment Only Breastfeeding Drop in 11am – 12pm Drop in
		1.30pm to 2.30pm (0-12 Months) Please call to book	Stay and Play Toddler time 10.00am to 11.15am (1 - 2 years) Please call to book
South East Locality	6 6 6 6	Child Health Clinic 9:30am – 11:30am	Midwifery Clinic 9am - 4pm
Hayes Family Hub College way, UB3 3BB 01895 558850	Midwifery Clinic 9am - 4pm	Midwifery Clinic 9am - 4pmBreastfeeding Drop in 12pm – 2pm Drop in	Stay & Play + 10:00am – 11:30am (0-5 years) Please call to book
	Stay & Play 1:30pm – 3:00pm (0-5 years) Please call to book	Baby Group (0-12 months) Please call to book 10:30am – 11:30am  Story & Rhyme time 1.30pm – 2.30pm (18 months – 5 years) Please call to book	Warm Space / 1:1 support 1:00pm - 3:00pm Drop in
South West Locality	Midwifery Clinic	Midwifery Clinic 9am – 12pm	Health Visitor Clinic 9am-12pm
Uxbridge Family Hub Hillingdon Civic Centre, UB8 1UW 01895 250258	9am – 12pm  Baby Group 1:30pm – 2:30pm	Let's Get Active 10.30 - 11.15 (walkers to 5) Please call to book	P3 Advice 9am-12pm Appointment Only
IL COOL	(0-12 months) Please call to book Families Information	Stay and Play + 1:30pm – 2:30pm (0-5 years) Please call to book	Stay and Play 1:00pm – 2:15pm (0-5 years) Please call to book
Five to thrive champions	Service – 01895 556489 	Community Midwives 01895 279472	
		Hillingdon Health Visiting Team – 01895 891302	HILLINGDON FAMILY HUB NETWORK

