


## North Locality Children's Centres: Coteford and Harefield and South Ruislip, Summer Holiday Timetable 29 July to 30 August 2024


The Centres are open Monday - Friday (9am to 4pm) for information and support for families with children up to 5 years

**HOW TO BOOK – Please call a children's centre to book. If you cannot attend, please CALL TO CANCEL**

To see other Children's Centres timetables across Hillingdon Borough please visit [www.hillingdon.gov.uk/childrenscentres](http://www.hillingdon.gov.uk/childrenscentres)

South Ruislip Children's Centre Queens Walk HA4 0LR 01895 556806 srcc@hillingdon.gov.uk		Harefield Children's Centre High Street, Harefield UB9 6BT 01895 277108 harefieldcc@hillingdon.gov.uk		Coteford Children's Centre Fore Street, Pinner, HA5 2HX 01895 556682 cotefordcc@hillingdon.gov.uk	
Monday		Tuesday		Wednesday	
Thursday		Friday			
MORNING	<b>Coteford</b> Walk in the Park At Eastcote House Gardens Confident walkers 10:00am to 11:00am 29 July to 19 August Please call to book	<b>Coteford</b> Stay and Play (Toddler Time) 1 to 2 years 10:00am to 11:15am 30 July to 27 August Please call to book	<b>Outreach</b> Northwood Recreation Ground HA6 1HR 31 July 10:00am to 11:30am Please call to book	<b>Coteford</b> Stay and Play 0 to 5 years 9:45am to 11:15am 1 August to 29 August (No session on 15 August) Please call to book	<b>Coteford</b> Childrens Integrated Therapy Services (Physio) 9:00am to 12:00pm Appointment only
	<b>Harefield</b> Stay and Play Plus For children with SEND 10:30am to 11:30am 29 July to 19 August Please call to book	<b>Harefield</b> Health Visitor Clinic 9:30am to 10:30am Drop in	<b>Playday</b> Hillingdon Athletics Stadium Gating Way, UB8 1ES 9:00am to 4:00pm 7 August Please call for more information and booking.	<b>Harefield</b> Baby Sensory 10:30am to 11:30am 1 August to 29 August (No session on 15 August) Please call to book	<b>HAF Programme</b> Kings College Playing Fields Kings College Road Ruislip Middlesex HA4 7JZ 4 to 8 year old's 11:00am to 1:00pm 9 August Please call to book
	<b>South Ruislip</b> Childrens Integrated Therapy Services (Physio, Speech and Language, and Occupational Therapy) 9:30am to 4:00 Please call CITS to book	<b>Harefield</b> Baby Group 0 to 12 months 9:30am to 10:30am 30 July to 27 August Please call to book	<b>Xplorer Event</b> Harefield Village Green 14 August 10:30am to 11:30am Please call to book	<b>Outreach</b> Manor Farm Library Bury Street HA4 7SU 10:00am to 4:00pm 15 August Arts and Craft and Xplorers' Event as part of the Summer Challenge.	<b>Harefield</b> Forest School 2 years to 8 years 10:30am to 12:00pm 2, 16, 30 August Please call to book
	<b>South Ruislip</b> Breastfeeding One to one 9:15am to 4:00pm Appointment only	<b>Harefield</b> Breastfeeding Drop in Group 11:00am to 12:00pm	<b>South Ruislip</b> Stay and Play Plus for children with SEND 31 July to 28 August 10:00am to 11:00am Please call to book	<b>South Ruislip</b> Messy Play 10:00 am to 11:00am 8,15 and 22 August 0 to 7 years Please call to book	Please use the QR code below for more information on Hillingdon's Start for Life 

	Monday	Tuesday	Wednesday	Thursday	Friday
Afternoon	<p><b>Coteford Musical babies</b> 0 to 12 months 1:30pm to 2:30pm 29 July to 19 August Please call to book</p> <p><b>Harefield Stay and Play</b> 0 to 8 years 1:30pm to 3:00pm 29 July to 19 August Please call to book (CITS – Occupational Therapist)</p> <p><b>South Ruislip P3 Advice</b> 1:00pm to 4:00pm</p> <p><b>South Ruislip Baby Group</b> 0 to 12 months 1:30pm to 2:30pm 29 July to 19 August Please call to book</p>	<p><b>Coteford Stay and Play Plus for children with SEND.</b> 1:30pm to 2:30pm 30 July to 27 August Please call to book</p> <p><b>Harefield Messy Play</b> 2:00pm to 3:00pm 30 July 0 to 5 years Please call to book</p> <p><b>Harefield Scootercise</b> 2 years to 8 years 6 and 13 August 2:00pm to 3:00pm Please call to book</p> <p><b>South Ruislip Learn to Play</b> 6 months to 5 years. 6 and 13 August 1:30pm to 2:30pm Please call to book</p>	<p><b>Coteford Messy Play</b> 0 to 5 years 1:30pm to 2:30pm (No session 14 August)</p> <p><b>Harefield Musical babies</b> 1:30pm to 2:30pm 31 July to 28 August (No session on 14 August) 0 to 12 months Please call to book.</p> <p><b>South Ruislip Breastfeeding Drop in Group</b> 1:00pm to 2:30pm</p> <p><b>South Ruislip Stay and Play (Toddler Time)</b> 1 to 2 years 1:30pm to 2:30pm 31 July to 28 August Please call to book</p>	<p><b>Coteford Music and Movement</b> 2 years to 7 years 1 and 22 August 2:00pm to 3:00pm Please call to book</p> <p><b>Harefield Stay and Play (Toddler Time)</b> 1 to 2 years 1 August to 29 August (No session 15 August) 1:30pm to 2:30pm Please call to book</p> <p><b>South Ruislip Attention Hillingdon</b> 25 July to 29 August 2:00pm to 2:30pm Invite only</p> <div data-bbox="1391 852 1709 1010" style="border: 1px solid purple; padding: 5px; text-align: center;"> <p>Five to Thrive Building brains for better futures</p>  </div>	<p><b>Coteford Baby Group</b> 0 to 12 months 2:00pm to 3:00pm 2 August to 30 August (No session on 9 August) Please call to book</p> <p><b>South Ruislip Stay and Play</b> 0 to 5 years 1:00pm to 2:30pm 2 August to 30 August Please call to book</p> <div data-bbox="1776 715 2141 979" style="border: 2px solid pink; padding: 10px; text-align: center;"> <p>Saturday Stay and Play Harefield Children's Centre 3 August 11:00am to 12:15pm 0 to 8 years Please call to book</p> </div>
	<p>Midwifery (CCC) Breast Feeding 1-1 (SRCC) Health Visitor's Clinic (CCC) <u>Appointment only</u></p>	<p>Midwifery (SRCC) Breast Feeding 1-1 (HCC) Health Visitor's Clinic (HCC) <u>Appointment only</u></p>	<p>Midwifery (CCC) Perinatal Mental Health (CCC) Breast Feeding Specialist Clinic (SRCC) Health Visitor's Clinic (HCC) <u>Appointment only</u></p>	<p>Midwifery (HCC) Midwifery (SRCC) Health Review's (CCC) <u>Appointment only</u></p>	<p>Midwifery (SRCC) Physio (CCC) <u>Appointment only</u></p>

 Please call for more info	<p><b>Navigator Yiewsley Advice Centre</b> (Housing, Education, Training, Employment, Health, Benefits) T: 01895 436114</p>	<p>Virtual Oral Health Education Session for Parents &amp; Carers via ZOOM Please call 01895 558194 for more information</p>	<p>2 Year Old Funding Do you qualify for <b>FREE</b> childcare for your two-year old child? To find out more, please speak to a member of our staff team or visit: <a href="http://www.hillingdon.gov.uk/freec childcare">www.hillingdon.gov.uk/freec childcare</a></p>	<p>With <b>Healthy Start</b>, you get <b>free</b> vouchers every week to spend on milk, fresh, frozen, and tinned fruit and vegetables, dried, and tinned pulses, and infant formula milk. You can also get free vitamins.</p>	<p>SEND Local Offer <a href="https://www.hillingdon.gov.uk/send">https://www.hillingdon.gov.uk/send</a> "Our local offer provides information for children and young people with special educational needs and disabilities (SEND) and their parents/carers."</p>	<p>Virtual Weaning Party delivered by the Health Visiting Team via Zoom Meeting ID: 954 1018 8033 Passcode: Weaning 10:00am to 11:00am</p>
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Other services delivered at the centres	Midwifery Clinics, Health Visitor Clinics, Breastfeeding Support Clinics, Perinatal Mental Health Clinics, Physiotherapy, Speech and Languages These are all booked by appointment with the service only or call one of the Children's Centres for more information
Useful information	Families Information Service - 01895 556489, Community Midwives - 01895 279472, Hillingdon Health Visiting Team - 01895 891302, Hillingdon Talking Therapies - 01895 206800

## HEALTH AND PARTNER SERVICES

Summer Holiday Timetable 29 July to 30 August 2024

The Centres are open Monday - Friday (8.30am to 4pm) for information and support for families with children up to 5 years



	Monday	Tuesday	Wednesday	Thursday	Friday
	<p style="text-align: center;"><b>Coteford</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Breast Feeding</b> <b>One to One</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Childrens Integrated Therapy</b> <b>Services</b> (Physio, Speech and Language, and Occupational Therapy) 9:30am to 4:00pm Please call CITS to book (01895 488200)</p> <p style="text-align: center;"><b>South Ruislip</b> <b>P3 Advice</b> 1pm to 4pm Please call to book</p>	<p style="text-align: center;"><b>Coteford</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>Coteford</b> Perinatal Mental Health Clinic 1:00pm to 3:00pm Appointment only</p> <p style="text-align: center;"><b>Harefield</b> <b>Breastfeeding</b> <b>Drop in Group</b> 9:30am to 10:30am Appointment only</p> <p style="text-align: center;"><b>Harefield</b> <b>Health Visitors Clinic</b> 9:30am to 10:30am Drop in</p> <p style="text-align: center;"><b>Harefield</b> <b>Breastfeeding</b> <b>One to One</b> 12:00pm to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Health Reviews</b> 9.30am to 11.30am Invite only</p>	<p style="text-align: center;"><b>Coteford</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>Harefield</b> <b>Talking Therapies</b> 9:00am to 16:00pm Appointment only</p> <p style="text-align: center;"><b>Harefield</b> <b>Health Reviews</b> 1:00pm to 4:00pm Invite only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Breastfeeding</b> <b>One to One</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Breastfeeding Drop in</b> 1pm to 2.30pm Appointment only</p>	<p style="text-align: center;"><b>Coteford</b> <b>Health Reviews</b> 9:00am to 1:00pm Appointment only</p> <p style="text-align: center;"><b>Harefield</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <div style="text-align: center; border: 1px solid purple; padding: 5px; margin-top: 10px;"> <p style="color: purple;">Five to Thrive Building brains for better futures</p> </div>	<p style="text-align: center;"><b>Coteford</b> <b>Childrens Integrated</b> <b>Therapy Services</b> (Physio) 9:00am to 12:00pm Appointment only</p> <p style="text-align: center;"><b>Coteford</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p>
	<p><b>Midwifery Community Midwives</b> 01895 279472</p>	<p><b>Health Visiting Team</b> 01895 891302</p>		<p><b>Hillingdon Talking Therapies</b> 01895 206800</p>	