

# Extra care housing

- Exclusively for older people with additional care needs
- Independence in your own home
- Staff available 24 hours a day in case of emergencies
- Close to local facilities and bus routes
- Integrated group activities



HILLINGDON  
LONDON

[www.hillingdon.gov.uk/supportedhousing](http://www.hillingdon.gov.uk/supportedhousing)

# Your home

**Our extra care flats offer all the comfort and privacy of your own home, with the added security and peace of mind of professional care on site.**

If you are an older person needing care and support to live independently, then an extra care flat could be the best option for you.

You will have your own one or two bedroom self-contained flat and staff are on site 24 hours a day to provide peace of mind.

You can furnish your flat whichever way you choose.

Key features include:

- modern fitted kitchen
- integrated electric oven, hob and extractor hood
- integrated fridge/freezer
- washing machine
- bathroom with shower/wet room
- vinyl floor to kitchen and bathroom
- carpet in living room, bedrooms and hall
- built-in cupboard space



## Help when you need it

All extra care sites have staff on site 24 hours a day, 365 days a year. The level of care and support you receive will be discussed and agreed with you, and will be sensitive to your culture, needs and wishes.

In addition, a manager and a dedicated support worker will be on hand during the day to offer help with accessing local facilities, arranging events and activities, and making sure that things run smoothly. You will also have access to a dedicated social worker.





## Grassy Meadow Court Grange Road, Hayes, UB3 2FU

Grassy Meadow Court is close to Hayes Town and the Uxbridge Road where there is a variety of banks, supermarkets and shops. It is well served by local bus routes. Other local amenities include:

### Hospital

- Hillingdon Hospital, Field Heath Road, Hillingdon

### Bus routes

- 607 Uxbridge Station to White City Bus Station

### Local leisure facilities

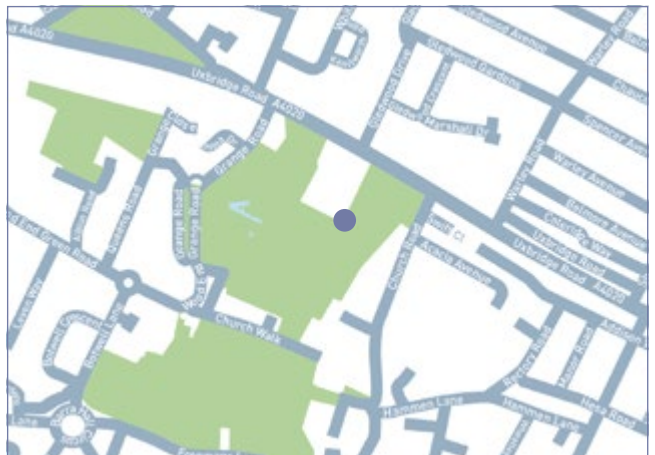
- Botwell Sports and Leisure Centre, Hayes

### Nearest station

- Hayes & Harlington (National Rail)

### Post Office

- WHSmith, Station Road, Hayes





## **Park View Court** Farrier Close, Uxbridge, UB8 3FH

Park View Court is also close to the shops and facilities in Hayes Town and the Uxbridge Road. The scheme is well served by buses to nearby towns. Other local amenities include:

### **Hospital**

- Hillingdon Hospital, Field Heath Road, Hillingdon

### **Post Office**

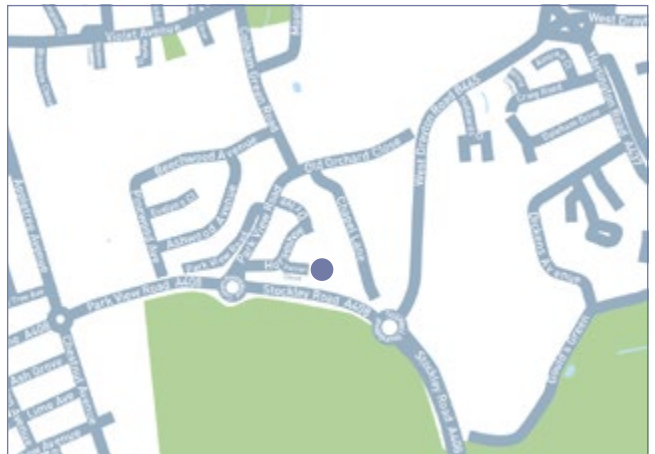
- McColls, Field Heath Road, Hillingdon

### **Bus routes**

- U5 Uxbridge to Hayes Town

### **Nearest station**

- West Drayton (National Rail)
- Uxbridge (Underground)





## **Triscott House** Avondale Drive, Hayes, UB3 3PE

Also close to Hayes Town and the Uxbridge Road, supermarkets, shops and banks are within easy reach from Triscott House. The scheme is well served by local buses. Other local amenities include:

### **Hospital**

- Hillingdon Hospital, Field Heath Road, Hillingdon

### **Local leisure facilities**

- Botwell Sports and Leisure Centre, Hayes

### **Post Office**

- WHSmith, Station Road, Hayes

### **Bus routes**

- 140 Harlington High Street to Harrow Weald
- 427 Uxbridge to Acton Town
- 90 Northolt to Feltham
- E6 Greenford to Tesco, Bullsbridge

### **Nearest station**

- Hayes & Harlington (National Rail)





## Cottesmore House Perkins Gardens, Ickenham, UB10 8FT

Cottesmore House is close to West Ruislip and Ickenham where there are banks, supermarkets and shops. It is well served by local bus routes, trains and the Underground. Other local amenities include:

### Hospital

- Hillingdon Hospital, Field Heath Road, Hillingdon

### Bus routes

- U1 Ruislip to West Drayton
- U10 Uxbridge to Ruislip

### Local leisure facilities

- Ruislip Golf Club
- Ruislip Lido

### Nearest station

- West Ruislip (National Rail and Central Line)

### Post Office

- Long Lane, Ickenham



Tenancies for extra care properties will be allocated by Hillingdon Council in accordance with the individual scheme eligibility criteria. The information in this document is provided as a general guideline only.

To find out more:

- email the Extracare team [@ extracare@hillingdon.gov.uk](mailto:extracare@hillingdon.gov.uk)
- visit our website [www.hillingdon.gov.uk/supportedhousing](http://www.hillingdon.gov.uk/supportedhousing)
- call 01895 556365

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**“Living in Triscott House gives me both independence and the peace of my knowing that a carer is there 24/7 to assist me if there is a problem. The staff are diligent and at the same time sensitive to the need for me to feel that I can do things for myself.”**

*Brian, resident of Triscott House extra care home in Hillingdon*

**“Dad is happier than I have seen him in years, he enjoys the feeling of space and privacy in his flat. Thank you for giving dad the best in the last years of his life.”**

*Daughter of resident in extra care in Hillingdon*

