

HILLINGDON people

News from your council
June 2022

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Contents

June 2022

▶ **Cover stories**

- ▶ **14 Supporting residents to enter the construction industry**
The council has been working with Hayes-based Build Training to fund training placements.
- ▶ **16 Local elections results**
Following the elections in May, find out who represents where you live.
- 18 Prison sentence for prolific fly-tipper**
Taking the strongest course of action against those who illegally dump waste.
- ▶ **19 Funding community projects**
Find out about some of our new Chrysalis improvement projects for 2022/23.
- 20 Warm welcome for Ukrainians**
Hillingdon supports those fleeing Ukraine via the Homes for Ukraine scheme.
- 22 Backing business innovation and growth**
How grant funding and training is helping businesses recover from the impact of COVID-19.
- 27 Join Neighbourhood Watch**
Read about how you can get involved to help to keep your local area safe.

Welcome



Welcome to the first edition of *Hillingdon People* of the new council administration. It is an honour and a privilege to continue as Leader of Hillingdon Council. The next four years will be challenging as a result of the rising costs of living and a growing population. However, our approach of strong leadership, sound financial management and transforming how we work will continue to ensure we provide the high quality services and facilities you expect in the most efficient way.

We will remain a low tax authority, maintain free and easy-to-use weekly waste and recycling collections, invest in footpaths and roads, provide high quality leisure facilities and award-winning green spaces, build new affordable homes, enhance schools, support local high streets, tackle climate change, protect you from harm and support you to live independent and healthy lives.

We understand that the rising cost of living is impacting residents. To help with this, the government has extended its Household Support Fund until the end of September. The fund is administered by councils locally at their discretion. We have made the decision to continue to provide food vouchers to children eligible for free school meals and an activities programme during the holidays. We have also decided that we will support pensioner households eligible for Council Tax Reduction with a utility payment as part of this scheme. Additional support for utility payments will also be made available via our discretionary energy rebate scheme. You can find out more about these schemes on our website.

Continuing with the theme of supporting those in need, during the past couple of months Hillingdon has been proud to welcome people fleeing from war-torn Ukraine. The council has helped to coordinate the delivery of the government's Homes for Ukraine scheme in the borough which helps to provide accommodation and support to those coming to the UK from Ukraine. It has been heartwarming to see residents sign up to this scheme and the council has been working with various partner organisations to deliver a package of support measures to help those arriving to feel safe and warmly welcomed. You can read more about this on page 20.

Finally, as the Queen's Platinum Jubilee nears the council will celebrate her remarkable seven decades of service by hosting a variety of events during the extended bank holiday between Thursday 2 and Sunday 5 June to allow communities to come together to mark this momentous occasion.

Also, don't forget that this bank holiday, thanks to council investment and our committed crews, there will be no change to your normal waste and recycling collection days.

Regulars

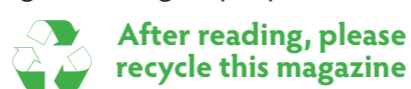
- 4 Hillingdon News**
- 11 Older people**
- 32 What's on?**
- 35 Contacts**

COVER PHOTO: RUISLIP RESIDENT JULIE CUNNINGHAM AT CHURCHFIELD GARDENS.



Advertising deadline for next edition: **Monday 30 May.**
Editorial and advertising enquiries

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Cllr Ian Edwards
LEADER OF THE COUNCIL

Refuse and Recycling

Spring and Queen's Platinum Jubilee Bank Holidays

Thanks to council investment and our committed crews, we are pleased to announce that there will be no change to your normal waste and recycling collection days over the Spring Bank Holiday and Queen's Platinum Jubilee Bank Holiday as we will be working on Thursday 2 and Friday 3 June.

Please leave your rubbish out for collection by 6am. Please leave your rubbish near your front gate, but not on the pavement.

If you have any queries, or would like to report a missed collection, visit www.hillingdon.gov.uk/recycling or call 01895 556000.

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Awards presented to Hillingdon's former council Leader and Director

Hillingdon awarded its highest honour – the Freedom of the Borough to former council leader Sir Ray Puddifoot MBE and Jean Palmer OBE in recognition of their longstanding service to residents at a special ceremony on Friday 8 April.

Both were presented with an illuminated scroll and had their names entered into the Roll of Honorary Freeman at a reception at the Battle of Britain Bunker Exhibition and Visitor Centre in the attendance of the then Mayor of Hillingdon, Cllr Roy Chamdal, Polish Ambassador, Piotr Wilczek and councillors.

Sir Ray was elected councillor for Ickenham ward in 1998 before becoming Leader of the

Council two years later – a role he held for 20 years. Sir Ray oversaw the council building its financial stability while maintaining and investing in services and facilities for residents.

Ms Palmer joined the council as Head of Planning and Transportation in 2001 assuming several strategic roles before becoming Deputy Chief Executive and Corporate Director of Residents Services in 2013 – a position which she held until her retirement in January 2021. Notable achievements included helping drive forward an ambitious £270 million school expansion programme and delivering two new sports centres for the borough.



HONOURED Sir Ray Puddifoot MBE and Jean Palmer OBE are awarded Freedom of the Borough

Sir Ray said: "Over the years that I served as Leader I had the good fortune to work with many first-class councillors and officers, and it was through their combined efforts that Hillingdon became recognised as one of the best boroughs in the country in so many areas of service delivery."

Jean said: "When I became Deputy Chief Executive, I had the privilege to work very closely with Sir Ray for many years and I would like to thank him for the opportunities he gave me to forward my career, for his friendship and I also got to learn from the best how to create an excellent council."

Uxbridge's heated Lido reopens for summer season

Our iconic outdoor lido at Hillingdon Sports and Leisure Complex has reopened for the 2022 summer season.

The Grade II listed swimming pool in Uxbridge, will once again be heated to a warm 23 degrees Celsius so swimmers can visit whatever the weather.

In April, the 50-metre pool was formally reopened for this year by the then Mayor of Hillingdon, Cllr Roy Chamdal and VIP guests, including Team GB's 2021 Olympic marathon swimmer, Hector Pardoe.

The launch event featured a range of activities, beginning with a free 'Swim Doctor' coaching session attended by 40 keen local swimmers and

hosted by swim coach Charlotte Reich.

Cllr Eddie Lavery, Cabinet Member for Residents' Services,

said: "We're excited to see Hillingdon Lido reopened, with its newly-heated outdoor pool, all ready for the season."



OPEN AIR FITNESS Hector Pardoe and Charlotte Reich coach local swimmers

"Last year, we invested £370,000 to ensure this remains a premium facility accessible to all."

As part of the council's ongoing commitment to enhancing leisure facilities for residents, improvement works totalling £1.5 million

are planned for the gym areas at Hillingdon Sports and Leisure Complex (Uxbridge) and Highgrove Pool and Fitness Centre (Ruislip). Works are expected to commence later this summer.

Better is offering a special 'Better Health Partnership Plus Lido' monthly membership just for residents, which costs £50 and gives access to all its leisure facilities in the borough including the lido.

For those who just wish to swim, there are discounted rates for residents. To book a swim, residents can download the Better_UK app.

For more information, visit www.hillingdon.gov.uk/leisurecentres.

Get growing for our annual horticultural competitions

Our popular Hillingdon in Bloom and Autumn Show competitions are back for 2022, and green-fingered residents can apply now to take part to be in with a chance of winning garden centre gift vouchers.

The free-to-enter competitions opened for entries in April following a launch event at the Rural Activities Garden Centre which brought together a variety of past winners.

Hillingdon in Bloom is an opportunity for applicants to learn new gardening skills, produce creative displays and keep fit and active outdoors. The competition also keeps the borough green and looking colourful.

The regular categories making a return are: 'Best first-time entrant', 'Best window box', 'Best residential garden', 'Best display on an open fronted balcony', 'Best hanging basket', 'Roomie Cup (contributing to wildlife conservation)', 'Park and bloom' and 'Best display'.

We're bringing back the 'Best business' category following its brief hiatus due to the COVID-19 pandemic, and new for this year is a special 'Best Platinum Jubilee display' category to commemorate Her Majesty The Queen's 70 years of service. These displays can

be red, white and blue to reflect the Union Flag or purple and white to match the official Queen's Platinum Jubilee emblem.

Our Autumn Show, now in its ninth year, gives residents the opportunity to enter their produce in a range of classes, including vegetables, fruit, jams, chutneys, flowers, and arts and crafts. This year's show will be held at the Great Barn, Ruislip on Saturday 17 September.

For more information and to apply, visit www.hillingdon.gov.uk/bloom. The deadline for applications for Hillingdon in Bloom is Friday 29 July and Friday 2 September for the Autumn Show.



GREEN FINGERED Lyn Sutherland last year's Best Display winner

Learn more about history

Next month, the council is holding a series of events to celebrate the borough's rich history as part of the Festival of Archaeology 2022.

The UK-wide festival is organised by the Council for British Archaeology and takes place from Saturday 16 to Sunday 31 July.

On Saturday 16 July, from 10am to 4pm, come along to Cranford Park to experience Parkaeology – From There to Here which charts how the park has been shaped by journeys from the Stone Age to the present day. There will be walks, interactive archaeology activities and more. The driveway and car park will be closed whilst the works for the Cranford

Park restoration project take place on site and we recommend that you arrive by public transport. No booking is required.

Manor Farm, Ruislip is hosting an Archaeology Discovery Day on Sunday 17 July, from 11am to 4pm. Discover how man lived and worked in bygone times and enjoy activities which include making and decorating a clay pot, observe the making of flint tools, see how textiles were spun and dyed and listen to a talk about prehistoric Hillingdon. No booking is required.

To access the full events programme, visit www.hillingdon.gov.uk/archaeology-festival.



Repair and Reuse Day



To mark this year's Repair Week (Monday 14 to Sunday 20 March), the council held a free event so residents could find out more on how to recycle, repair and reuse.

On Saturday 12 March, more than 100 residents came along to Manor Farm, Ruislip to learn how to live more sustainable lives.

Dr Bike was on hand to carry out free basic bike repairs, which included making minor adjustments and fitting replacement parts, and officers from the council's waste and recycling team also attended to answer questions on recycling in the borough.

Residents also brought along broken electricals and had them repaired on the day by volunteer fixers from Hillingdon Friends of the Earth and The Restart Project.

Items repaired included fairy lights, lamps, stereos and a Henry Hoover. The council's recycling partner, TRAIID, also held small clothing repair workshops covering how to sew on buttons, repair holes, as well as carrying out patching and alterations.

Find out more about recycling in the borough by visiting www.hillingdon.gov.uk/recycling.

Department for Education pays back special education funding

The Department for Education (DfE) has committed to paying the council back £25 million to resolve a historical overspend of Hillingdon's ring-fenced Dedicated Schools Grant (DSG).

The council, along with many other local authorities across the UK, found itself having to pay more to support children with special educational needs (SEN) than the government funding had provided over the past eight years.

This had arisen due to changes imposed by the government including extending the upper age limit for support from 18 to 25. In Hillingdon,

this manifested as a 90 per cent increase in the number of families requiring education health and care plans – documents which set out a child's special educational needs – over the seven-year period from 2014/15 to 2020/21.

After extensive discussions with the DfE, on Thursday 24 March the council's Cabinet ratified a 'safety valve' agreement with the DfE which has committed to paying the council the £25 million over the five years to 2025/26.

Further funding will come from the DfE increasing the formula funding being given to local government for SEN places as part of

the spending review and, as a safety valve authority, the council will also be able to access up to £50 million of special top-up funding for the delivery of additional in-borough school places.

The agreement will not impact council reserves available to support day-to-day services, will require no increase in council tax and will have no adverse impact on the council's financial resilience.

Cllr Martin Goddard, Cabinet Member for Finance, said: "This council has a strong and proud record of sound financial management.

"Like many other councils we have had to address and resolve



a difficult position due to the demand for SEN provision greatly exceeding available funding. However, this financial settlement with the DfE is a welcome step that will resolve the position and in conjunction with the associated extra measures will enable us to continue to meet the needs of SEND students in the borough."

Pupils offered primary and secondary school places

Hillingdon was ranked first in the capital for offering children their parents' first preference and top in west London across all preferences in April's Primary National Offer Day.

The council processed 3,603 primary school applications, with 94 per cent offered their first preference, 99.1 per cent were offered a place at one of their top three preferred primary schools, and 99.5 per cent were offered a place at one of their top six preferred primary schools. These were well above the London averages of 87.9 per cent for first preferences, 96.7 per cent for top three preferences and 98.04 per cent for top six preferences.

This year, the council received a record number



of 3,659 secondary school applications but the council once again offered a high number of preferred secondary school places to Hillingdon pupils. Ninety-four per cent were offered one of their preferred places – a higher proportion than last year; and 71 per cent of Hillingdon pupils received their first choice – an increase of four per cent when compared

with 2021 admissions and higher than the London average of 69.95 per cent.

89 per cent of applicants received one of their top three preference schools – an increase of three per cent on last year.

Cllr Susan O'Brien, Cabinet Member for Children, Families and Education, said: "I am so proud of the work that has gone into ensuring that such a high number

of children received one of their preferred school places in Hillingdon.

"It's fantastic that the borough topped the London list for offering children their parent's first preference and ranked number one in west London across all preferences for primary school places.

"Education remains a top priority for the council, and we continue to invest millions in the borough's schools to ensure our young people have the very best learning environments."

The council's school placement and admissions team is available to help parents if they have any queries. For more information, visit www.hillingdon.gov.uk/schooladmissions.

Memorial garden marks UK's relationship with Japan



FRIENDSHIP Celebrating the UK's special relationship with Japan

Swathes of young cherry trees have been planted in a Hillingdon park as part of a special project to mark the UK's strong relationship with Japan.

One hundred of the light standard trees now form part of the Atkins Memorial Garden at the top of Pole Hill Open Space as part of the council's involvement in the Sakura Cherry Tree Project.

The completion of the project was marked in March when Prime Minister and MP for Uxbridge and South Ruislip, Boris Johnson joined the then Mayor of Hillingdon, Cllr Roy Chamdal and Cllr Eddie Lavery, Cabinet Member for Residents' Services on site to unveil a commemorative stone.

Alongside the guest of honour, the event was also attended by ward

councillors, local residents and schoolchildren from Ryefield Primary School.

The Sakura Cherry Tree Project was set up to celebrate the special 150-year-old relationship between the UK and Japan and has seen more than 6,500 Sakura cherry trees planted throughout the land. The trees – a traditional symbol of Japan – have stunningly colourful spring blossoms, which will serve as a reminder each year of potential collaborations and growing friendships.

As the trees grow, the blossom will become increasingly impressive and this will be bolstered in the spring by a vibrant display of colour from the 10,000 bulbs planted amongst them.

You can find out more about the Sakura Project at japanuksakura.org.

Appeal dismissed to build homes at listed building

In March, a planning inspector threw out an appeal contesting the council's decision to refuse planning and listed building applications that would have had 'unacceptable impact' on a historic Grade II listed building in Eastcote.

Developers Westcombe Estates Ltd applied in April 2021 for planning permission to build a three-bedroom home at Highgrove House, on Lidgould Grove. The applications were refused by the council's planning committee in November 2021, but the developers subsequently appealed.

On Monday 7 March, a planning inspector dismissed both appeals, citing that the harm caused by the development would outweigh any gains to the local economy or housing supply.

That sentiment was echoed by many in the local community, with the original applications having received 21 letters of objection and two petitions with more than 150 signatures. One of the petitions stated the plans would 'have a significantly negative impact on the beauty and characteristics of Highgrove House'.

Strong objections were also lodged by Eastcote Conservation Panel, Eastcote Residents' Association, Ruislip Residents' Association and The Ruislip, Northwood and Eastcote Local History Society.

Cllr Eddie Lavery, Cabinet Member for Residents' Services, said: "We're delighted with this result which upholds the council's position – that these proposals would cause undue harm to one of the borough's heritage assets."



PRESERVING Grade II listed building Highgrove House

Expansion of cycle scheme for Yiewsley and West Drayton

The council has invested £15,000 to fund two five-bike docking stands for Yiewsley and West Drayton as part of the

expansion of Santander's popular cycle hire scheme.

Works completed in March and the stands are located next to the pedestrian

crossing on the High Street (opposite Barclays) in Yiewsley and at the junction of Station Road and Warwick Road in West Drayton.

The expansion has been funded by contributions from land and property developers to the council, and are part of the council's ongoing commitment to funding sustainable methods of transport.

In 2017, Brunel University won the Santander Cycles University Challenge and a bike hire scheme has been successfully operating between Brunel University, Uxbridge town centre and Hillingdon Hospital since March 2019.

The council is currently assessing the suitability of additional sites for the cycle hire scheme.



Uxbridge problem pub has its licence revoked

The landlords of a nuisance pub in Uxbridge known for under-age drinking and violence have lost their appeal against the suspension of its licence.

The police had become so concerned about ongoing issues of violence at the Prince of Wales, Harlington Road, they asked the council to undertake a licence review last December.

The pub's licence first came under scrutiny in 2019 following a fight. Since then, reports of a string of incidents led the council to take the decision to revoke the licence.

As an interim safety measure, the council took the step of suspending the licence until the licence hearing could take place. The licence was then revoked by the council's

Licensing Sub-Committee in December 2021.

The Committee further agreed to retain the suspension during the timeframe allowed for an appeal from the landlords, A M Property and Development Ltd (trading as 'The Prince of Wales').

A M Property and Development Ltd subsequently appealed against both the temporary suspension and revocation of the licence.

The appeal against the interim suspension went to Uxbridge Magistrates' Court for review in January, where the District Judge upheld the council's decision. The landlords subsequently withdrew their further appeal, and the licence is now considered fully revoked.

As a result of the licence



being revoked, the pub cannot sell alcohol and after 11pm it can't serve food or have music.

During the appeal hearing, the court was told of a succession of issues, ranging from persistent noise nuisance, with loud music, noise and glasses being smashed in the early hours of the morning, to school-aged children being served alcohol and regular incidents of violence – some of them very serious.

Those included a report of a 30-person brawl, men fighting with knives, a man wielding a metal pole outside the pub, and one horrific incident where four people suffered knife injuries – one of them a 16-year-old girl.

Cllr Eddie Lavery, Cabinet Member for Residents' Services,

said: "Our pubs play an important role as hubs for local communities that should exist happily alongside their neighbours and provide somewhere residents can socialise with an expectation of doing so in safety. The Prince of Wales failed on both these basic functions and veered dangerously into notoriety.

"This is a great result not only for residents living near the Prince of Wales who have suffered from nuisance, but also as a reassurance to residents that we will always take action to ensure the safety of pub-goers and the public."

New measures launched to combat Lido parking issues

New parking controls to tackle seasonal parking issues close to Ruislip Lido have now gone live.

The measures prevent non-residents from parking in specific residential streets close to the award-winning leisure spot, which draws huge crowds of visitors from across north-west London each summer – particularly during spells of very warm weather.

The move comes after residents asked the council to take action and following an informal public consultation last year, during which a majority (two to one) of residents were in favour of the new scheme.

This was then followed by a formal consultation



process in the spring, where residents also showed a majority of support for the proposals.

Some 500 residents and businesses are in the affected area, bounded by Breakspear Road, Bury Street, Arlington Drive and Howlett's Lane.

The new controls have been introduced as the first to launch using the

council's new virtual permit scheme. Following the introduction of the measures, the council will also conduct increased parking and anti-social behaviour enforcement patrols in the area throughout spells of hot weather.

Additionally, Breakspear Crematorium has been approved for use as

an overflow car park, to cater for times of exceptionally high parking demand. Parking spaces will be set-aside specifically to ensure availability remains for any mourners using the crematorium during these periods.

Those found parking illegally near the Lido will be fined and may even have their vehicles towed away.

Visitors are reminded the Lido is accessible by bus, which will lessen the demand for parking spaces and risk of a fine.

Anyone carrying out acts that contravene the council's public spaces protection order (PSPO) in place at the popular site may be fined.

Hayes estate regeneration projects move a step closer

In March, plans to deliver 500 new homes at the Hayes Town Centre estate and a further 240 homes on the Avondale Drive estate, were granted planning permission by the council.

The council has been working closely with residents throughout the project to ensure their input has helped shape the final designs for the schemes.

In February, 30 local people from across the two estates were taken on a coach trip to view developments in Harrow and Hounslow which had been designed by Pollard Thomas Edwards – the architects that have prepared the

designs for the new estates for the council.

The residents got to view one of the show homes as well as a residents' courtyard garden, similar to that proposed for the project, before giving their feedback on the developments and what they'd like to see for their own home.



NEW HOMES Artists' impression of Austin Road

The approval of planning permission means the first phase of work can begin at each of the two sites. This is scheduled to commence in autumn 2022.

For Hayes Town Centre, this will mean the construction of 80 new one, two and three-bedroom apartments, and

two and four-bedroom ground floor duplex homes on Pump Lane.

For Avondale Road, the first phase will deliver 30 new one, two and three-bedroom apartments and two and four-bedroom ground floor duplex homes next to Minet Primary School.

Cllr Jonathan Bianco, Cabinet Member for Property, Highways and Transport, said:

"This is a major step forward in our ambition to deliver new homes of the highest quality that are accessible to all.

"Both estates will include children's play areas, an urban greening scheme and attractive landscaping."

Skip hire company fined for ignoring a legal notice



A Harefield haulage company has been ordered to pay almost £50,000 after flouting a legal notice from the council ordering it to stop illegally using the site to sort rubbish.

Ealing Magistrates' Court was told in April how J Byne Haulage Ltd had continued the noisy crashing and grinding works at the Old Quarry Site in Springwell Lane, for 15 months after being told to stop.

At the hearing on Monday 11 April, the skip hire firm was fined

£34,000 after admitting one charge of breaching an enforcement notice and further ordered to pay £15,729 prosecution costs, and a £181 victim surcharge.

The council's planning department received reports in late spring 2019 that a lot of work was going on at the site. It was identified through various visits that the site had been expanded beyond its consented boundaries further into green belt land, with trees and banks having been cleared.

In August 2019, the council served a planning enforcement notice requiring that the unauthorised change of use of land cease and the land be restored. After that date the applicant submitted various types of planning application to try to regularise the breaches, which the council was obliged to consider. Further site inspections revealed the notice had not been complied with.

In early 2021, the council commenced a prosecution through the courts, this proved to be a lengthy process as the company appointed legal counsel and argued against the prosecution. The council persevered, and in March 2022 at a court hearing the judge found in favour of the council's arguments. The company then changed their plea

to a guilty plea at April's court hearing where the company was prosecuted.

Sentencing, **District Judge Ikram,** said: "I find high culpability: this was a deliberate breach, the company had been forewarned, they carried on, and a large piece of plant arrived at the end of the period. It carried on for 15 months, and for profit."

The court was told that profit from waste sorting work was likely to be in the order of £30,000 to £40,000 and DJ Ikram used this criteria as the guideline for the imposed fine, but gave a 15 per cent discount for the guilty plea.

The court heard neighbours described crashing and grinding so loud one could not use her garden and the constant noise was causing them anxiety and potentially affecting the property value of their homes.

Rogue landlord couple prosecuted

Husband and wife landlords whose tenants had to live with no heating, broken fire safety equipment and raw sewage outside their Northwood property have been ordered to pay £27,000.

Robin and Susan Kirstein, of Berkley Avenue, Greenford, were sentenced at Uxbridge Magistrates' Court on Friday 4 March, after each admitting a string of offences contravening the Housing Act and the Building Act.

The court heard the property at 6A The Broadway, failed to meet many basic safety requirements and was littered with hazards. The council had served notice on the pair to remedy the breaches however, they ignored warnings, despite visits from council inspectors.

Robin Kirstein had admitted 13 offences at a hearing on 13 April 2021, including poor management of the property, lack of adequate waste facilities, lack of fire precautions and failure to provide information.

Susan Kirstein admitted 17 offences on 22 July 2021, including, poor management of the property, lack of adequate waste facilities, lack of fire precautions, failure to provide information, failure to carry out works to the property and failure to carry out drainage works to ensure sanitary conditions.

The court heard the property first came to the attention of the council



following an inspection in July 2020. A leaking soil pipe was causing raw sewage to pool outside the front of the home, which was causing outbreaks of flies inside the property and maggots outside the front door.

The court was told the inspection revealed some areas of the building had no lighting, no heating, mould, stairs with no handrails and broken smoke alarms.

A follow-up inspection in November 2020 showed the situation had possibly worsened. A further inspection on 10 March 2021 revealed that improvement notices served by the council requiring the multitude of hazards to be fixed had not been complied with.

Council officers had tried to engage with the landlords over several visits to the property. The landlords were asked to provide copies of their lease, tenancy agreements and details of the management arrangements for the property. Further requests were also made for gas and electrical certificates. The Kirsteins refused to provide this information.

The pair were sentenced to a financial penalty of £17,000 and ordered to pay the council's prosecution costs of more than £10,000.

Safeguarding adults is everyone's responsibility

The council is raising awareness of the abuse and neglect of adults and how we can all help.

Adults with care and support needs are at higher risk of abuse and neglect and might not always be able to protect themselves. It's important that we work together as a community to prevent, identify, and respond to abuse and neglect to protect adults at risk.

Abuse and neglect can come in many different forms including financial, emotional, verbal, psychological, physical, sexual, neglect and self-neglect. It can be perpetrated by anyone – a professional, a family member or friend, a stranger or a carer.

Potential indicators of abuse include unexplained bruises or marks on the body; bite, burn or scald marks or broken bones; unexplained weight loss; or missed medical appointments. There are also social and psychological indicators such as being isolated from friends or family members, low self-esteem and humiliation by their abuser in front of others.

Self-neglect occurs when someone does not meet their own health, care or basic physical needs, and places themselves at risk of

harm as a result. Hoarding and self-neglect are also safeguarding concerns too.

A wealth of resources are available on the Safeguarding Adult Board website www.hillingdonsab.org.uk to help residents find out more about abuse and neglect and the many forms it takes.

Cllr Jane Palmer, Cabinet Member for Health and Social Care, said: "Safeguarding is everyone's business, and we all have a part to play in helping to keep vulnerable people safe.

"If a situation does not look or feel right, trust your instinct and do not hesitate to share your concerns by seeking advice from a professional!"

Hillingdon Adult Multi-Agency Safeguarding Hub (MASH) is a dedicated team of social workers who work closely with the NHS and the police to support residents who may be suffering from abuse, neglect or self-neglect.

If you are worried about a vulnerable adult in Hillingdon, please call the MASH team via 01895 556 633, email socialcaredirect@hillingdon.gov.uk or complete the online referral form at www.hillingdon.gov.uk/safeguarding-adults. If there is an immediate risk to a person's safety, please always call 999.



Residents living with dementia enjoy dancing at daytime discos

As part of the council's programme to support people living with dementia, daytime disco events are held at the Compass Theatre in Ickenham. *Hillingdon People* joined the party to find out more.



Last January, the council extended its range of activities and sessions for people living with dementia to offer residents the chance to meet up, reminisce and dance at monthly disco events featuring vocalist Brian Rowan singing and playing music from the 60s, 70s and 80s.

The events provide an environment where attendees can feel safe and relaxed as the room is tailored to suit the audience. A comfortable setting is created for the parties by keeping the house lights on and the sound levels lowered. Attendees can also sit whenever they feel the need to as seating is provided and there is a break in the middle of the event so people can take a breather and enjoy some refreshments.

Additionally, visitors have the chance to request a particular song they'd like to hear ahead of the events.

Diane Loizou from Eastcote (pictured below) celebrated her 56th wedding anniversary with her husband George at the March session.

She said: "The discos are brilliant as it gets myself and my husband out and meeting people. The music helps tremendously too, it is so important."



Shirley Greenwood from Uxbridge (pictured below) attended on the same day. It was her first time coming to the disco, which she decided to spend her 77th birthday at.

She said: "I will definitely be coming back again as this event is so cheerful and makes you feel motivated to dance. I have had the best time and found the day very uplifting. My husband and I used to dance a lot together so the disco has been really enjoyable for us."



Discos take place monthly throughout the year at the Compass Theatre. The next event takes place on Tuesday 7 June, between 1pm and 3pm. Tickets are £5 and include a free carer's ticket when booked in advance. For more information and to request songs in advance, email boxoffice@hgfl.org.uk or call 01895 250615. For more information visit www.hillingdontheatres.uk.

Summertime dances are also taking place at Fassnidge Hall in Uxbridge on Tuesday 12 July and Tuesday 30 August. For more information and to book, email Scurner@hillingdon.gov.uk.

Weekly groups and activities for residents

A range of activities and sessions for people living with dementia happen across the borough on a weekly basis.

These include free sporting activities such as adapted golf, walking football and adaptive tennis. Sessions must be booked in advance.

Groups for residents and carers living with dementia also take place at many of our libraries. The free sessions provide an opportunity to meet others also living with the condition, and a range of activities including reminiscence sessions, chair exercise classes, bingo, art and music.

For more information on the library events and sporting activities and to book, visit www.hillingdon.gov.uk/dementia-activities, email sdurner@hillingdon.gov.uk or call 01895 277137.





Platinum Jubilee jubilation in the borough underway

This year, Her Majesty The Queen becomes the first British Monarch to celebrate a Platinum Jubilee, following seven decades of service. To celebrate this remarkable achievement, the council is hosting a variety of events. We take a look at how you can get involved.

A four-day celebration is planned with an extended bank holiday, from Thursday 2 to Sunday 5 June, giving the chance for communities to come together. Across the four days the celebrations will include public events and community activities, as well as national moments of reflection on The Queen's 70 years of service.

Platinum Jubilee flags are proudly on display in the borough's Green Flag parks and open spaces and on the Civic Centre forecourt until Monday 20 June.

Residents across Hillingdon will be embracing the Jubilee spirit by hosting their own street party on Sunday 5 June.

The council offered support by providing free public liability insurance and road closures. The council also offered further support with organising expenses by gifting £250 towards each successful application.

Applications closed at the end of March and more than 100 party applications were received.



Cllr Susan O'Brien, Cabinet Member for Children, Families and Education, said:

"We've a real fiesta of fun lined up for residents of all ages, right across the borough, so there's no excuse to not get into the Jubilee spirit.

"This time of celebration will create lifelong memories for years to come and mark a genuine historic landmark for Her Majesty as we thank her for seven decades of dedicated service to our country.

"I look forward to seeing our brilliant communities, friends and neighbours come together with street parties and other events to share in this joyous moment."

We'd love to know how you celebrated the Jubilee. Send us your street party photos or photos from any other celebrations, to hillingdonpeople@hillingdon.gov.uk

Jubilee highlights

Wednesday 1 June, 11am to 4pm

Tea party with Jubilee music by Beaux and Belles at Manor Farm (Ruislip)

Enjoy a relaxing cup of tea while enjoying the music of the Beaux and Belles bell-ringers.

Book a place by emailing manorfarm-library@hillingdon.gov.uk or call 01895 558234.

Thursday 2 June, 9.15pm to 10pm

The Queen's Platinum Jubilee Beacon Lighting on the Civic Centre forecourt

On Thursday 2 June, between 2pm and 3pm, a Town Crier will be in Uxbridge reading a special proclamation to mark The Queen's Platinum Jubilee and to signify the lighting of the beacon that evening.

Residents are welcome to attend the Civic Centre forecourt from 9pm to witness this historic occasion and to listen to a bagpiper and trumpeter who will be playing specially composed music for the occasion followed by the Jubilate Choir singing a song for the Commonwealth, 'A Life Lived with Grace', as the beacon is lit.

For more information on the running order and timings for the beacon lighting ceremony, visit www.hillingdon.gov.uk/platinum-jubilee.

Sunday 5 June, 2pm to 4pm

The Mayor's Platinum Jubilee Picnic in Fasnidge Park (Uxbridge)

Come down to Fasnidge Park, bring your own picnic and join the Mayor of Hillingdon for an afternoon of music.

Enjoy live performances from The Candy Girls as they sing classic songs from the likes of Glen Miller and Vera Lynn, as well as artists such as Beyoncé and Britney Spears.

For the full programme of events and more information, visit www.hillingdon.gov.uk/platinum-jubilee

Mayor celebrates year of recovery for Hillingdon

We caught up with the Mayor of Hillingdon, Cllr Roy Chamdal, during the final weeks of his tenure to find out about his Mayoral highlights.

Cllr Chamdal took office last year in May, during a cautious period as the country entered a phased exit from COVID-19 lockdowns. Businesses in Hillingdon were tentatively opening again to full capacity and most events, social and work-related, could only be partly attended.

He said: "I don't really recall a time I have been happier than when I started to see families reuniting. To see residents shaking hands and talking about their life experiences made me incredibly proud to be a part of Hillingdon. This has been my dream job as I love the borough and meeting the people who live in it."

As COVID-19 restrictions lifted, Cllr Chamdal's passion for meeting people, young and old, was fully realised. Some highlights included meeting the representatives of Hillingdon's emergency services.

He said: "After what everyone had been through after the lockdowns, I felt very emotional to meet the people who represent the backbone of our community and who helped us get through this terrible pandemic.

"I have enjoyed every event I got to attend this year. It is a shame not to be able to mention them all. A definite perk has been attending all the various religious events in the borough. It makes you realise what a truly diverse and colourful borough Hillingdon is."

Other events that stood out included representing Hillingdon at the London Mayors' Association civic service in Westminster Abbey, as

well as the Armistice Day service to honour the fallen at the Civic Centre.

Cllr Chamdal said: "It is particularly important to remember those who died for our freedom. I was honoured to be a part of the service, which was very moving. It helps us to remember how their sacrifice has contributed to creating this great country."

There is also a lengthy list of visits to the Mayor's parlour by various groups including the Hillingdon teams who participated in the 2021 London Youth Games. Cllr Chamdal was also delighted to welcome and honour Brian Beeston with a Civic Medal and 'Outstanding Contribution to the Borough' award for his tireless work supporting the 4th Eastcote Scout Group.

Supporting local businesses is a matter close to Cllr Chamdal's heart. Throughout the year he set out to attend as many business openings, big or small, as he could.

Cllr Chamdal is also a big supporter of local charities. The two chosen charities he championed for the Mayor's Charity Appeal included the Domestic Abuse Survivors and Navratri Garba.

He explains: "During the pandemic there was a huge rise in incidents of domestic abuse. I met Vicky Wheaton, who runs Domestic Abuse Survivors, at an event and heard her story about her escape from a cycle of domestic violence. Vicky's positive reaction to her abuse inspired her to start the charity and help others experiencing what she did."



"It was great to support them at events like the Young People Christmas appeal, which aims to support young people living in residential placements."

Due to a combination of the pandemic and the soaring cost of living, many families are struggling financially. Charities like Navratri Garba are essential to help those most in need by providing free food.

Following his term as Mayor, Cllr Chamdal plans to return to normal life.

He said: "It has been a wonderful year. I will now go back to running the business, but I also plan to keep supporting my chosen charities. My thanks to everyone who has donated to them, it is very much appreciated."

To find out more about the Mayor's chosen charities and donate, visit www.hillingdon.gov.uk/mayor.

On Thursday 12 May, Cllr Becky Haggart became the new Mayor of Hillingdon – read her interview in the July/August edition of *Hillingdon People*.





DEVELOPING CAREERS Cllr O'Brien visits BUILD Training to meet learners and trainers

Supporting residents entering the construction industry

BUILD Training is a Hayes-based education provider working with local people predominantly aged between 16 and 24 to gain practical skills, experience and qualifications to help them progress their building and construction careers. The council has been working with BUILD to fund inclusive places for residents aged 24 and above looking to train and develop their credentials in the sector.

Last September, 61 individuals aged between 24 and 70 took part in a pilot scheme which saw them work towards gaining BTEC Level 1 qualifications in a range of disciplines including bricklaying, plumbing, plastering, electrical installation and building maintenance. The students, who were referred through Jobcentre Plus and via word of mouth, were also assisted to obtain their Construction Skills Certification Scheme (CSCS) cards, which provide proof that individuals working on construction sites have the appropriate training and qualifications.

Some of the participants, in addition to being unemployed, have

faced barriers when trying to enter the workforce, including a range of disabilities and mental health conditions. The dedicated BUILD team were on hand to help learners take the next steps in their careers. Support with maths, English and computer skills, and one-to-one mentoring have been key features of the initiative. Students also benefitted from masterclasses in finance, how to set up your own business, a guide to being self-employed, as well as job preparation and interview practice.

As a result, 56 learners were awarded Level 1 certificates, 51 progressed into employment on local construction sites, and 50 earned

their CSCS cards. Out of the 61 learners who completed the courses, 40 had previously been unemployed.

Marcia Wootton, BUILD Training's Managing Director, said: "We are very pleased to be working with the council to support people in the borough to gain meaningful employment in the construction industry. The partnership has been highly effective, as it enabled people to gain the skills and training they need to enter the field and further their careers."

The council also commissions training coordinator QualifyMe as well as a network of local employers in the construction sector to offer residents roles on building developments

Tahir Usman aged 33, from Hayes, (pictured right) gained a BTEC Level 1 qualification in Electrics last September. He also achieved his CSCS card while studying with BUILD. Tahir was regarded as a highly committed and reliable learner and now runs his own construction business which he started from scratch in 2021. Since then, the business has gone from strength to strength and Tahir is now taking on trainees from BUILD. His tutors are confident that he will support them well and pass on many of the skills and much of the knowledge that he gained while studying with them on the programme.

Tahir said: "Knowledge is one of the greatest gifts that we can



impart and really helps to transform lives. I provide students with real-life experiences on site and coach them to fulfil their potential.

"To date, I have supported eight trainees. I'm really proud of the relationship I have with BUILD and I'm looking forward to supporting more learners."



Joe Harris, aged 26, from Hayes, (pictured above) completed a Level 1 qualification in Multi-Skills Construction last year. He started off at BUILD with not much enthusiasm but with the right support, his tutors said he really excelled in learning the trades and has since made a conscious effort to turn his life around. He impressed the BUILD team so much that they offered him a job as a workshop assistant to which he took to very well and he has also supported many other learners in their studies.

Joe said: "Before joining BUILD I wasn't in the best place and spending time there has totally changed my outlook on life.

"It's given me the confidence to grow and take my career to the next step. I have now secured a position in the demolition industry, and I'm really excited for the future."



across Hillingdon. Students at BUILD also gained employment via this route, ensuring they can enhance their careers and sustain roles in the industry following their studies.

The BUILD scheme was funded using contributions from land and property developers to the council, otherwise known as Section 106 agreements.

In addition, the council has stipulated that developers building in the borough must provide construction training and employment for local people in order to gain planning approval, ensuring developments provide opportunities for local people.

Cllr Susan O'Brien, Cabinet Member for Children, Families and Education, said: "We are proud to work with BUILD Training who are helping many residents gain vital training and qualifications in the construction industry.

"Having seen how the dedicated team are on hand to support and guide learners every step of the way, please do get in touch to find out more about the range of courses on offer."

Due to the success of this pilot scheme, the council is looking to support more residents looking to enter a career in construction. To find out more, visit www.buildtraining.co.uk or call the team on 020 8573 2002. If you are already qualified in the field and looking for a new construction role in the borough, contact QualifyMe at www.qualifyme.co.uk or call 07853 151 239

BUILD Open Day

On Thursday 16 June, the team at BUILD are inviting residents aged 16 and over to come along to their open day to find out more about the range of courses available.

There's no need to book and local people are invited to drop-in between 10am to 2pm and 5pm to 7pm.

The training centre is located at Industrial Unit, (next door to Nitram vacuum packing), Silverdale Road, Pump Lane Industrial Estate, Hayes, UB3 3BN.



Your council

Following the local elections on Thursday 5 May, there are now 53 councillors representing Hillingdon's 21 wards.

The Conservatives retained control winning 30 seats while Labour won 23. The names, photos and parties of each of the borough's 53 councillors and the wards they represent are detailed on the right.

Cabinet Members and leaders of the parties are highlighted, and a map of Hillingdon displays the parties representing each ward.

Elections results can also be found at www.hillingdon.gov.uk/election-results, where you can see the councillors elected for your local ward, all candidates and the voter turnout.

A total of 70,556 people voted in the elections, giving an overall turnout of 35.39 per cent. Eastcote ward had the highest turnout, with 42.11 per cent of residents having their say.

Your elected councillors have regular contact with constituents, representing residents at a local level and deciding how the council carries out its various activities.

During the coming weeks, councillors will be making arrangements to hold surgeries in their wards, so that constituents can meet with them and discuss any council-related matters.

Councillor details are available at www.hillingdon.gov.uk/councillors.

You can also get in touch with your local councillor by contacting Democratic Services:

01895 250636

democratic@hillingdon.gov.uk

Belmore

Labina Basit | Jagjit Singh | Narinder Garg

Harefield Village

Jane Palmer

Hillingdon West

Adam Bennett | Reeta Chamdal

Pinkwell

Tony Gill | Kuldeep Lakhmana | Gursharan Mand

Uxbridge

Keith Burrows | Tony Burles | Farhad Choubedar

Yiewsley

Naser Mohammed Abby | Sital Punja

Charville

Barry Nelson-West | Darran Davies

Hayes Town

Peter Curling | Janet Gardner | Robin Sansarpuri

Ickenham and South Harefield

Martin Goddard | Eddie Lavery | Kaushik Banerjee

Ruislip

Philip Corthorne | John Riley | Peter Smallwood

West Drayton

Jan Sweeting | Scott Farley | Mohammed Shofiul Islam

Colham and Cowley

Shehryar Ahmad-Wallana | Roy Chamdal | Ekta Gohil

Heathrow Villages

June Nelson | Peter Money

Northwood

Henry Higgins | Richard Lewis

Ruislip Manor

Susan O'Brien | Douglas Mills

Wood End

Elizabeth Garelick | Kamal Kaur | Stuart Mathers

Eastcote

Nick Denys | Becky Haggar | Ian Edwards

Hillingdon East

Colleen Sullivan | Wayne Bridges | Alan Chapman

Northwood Hills

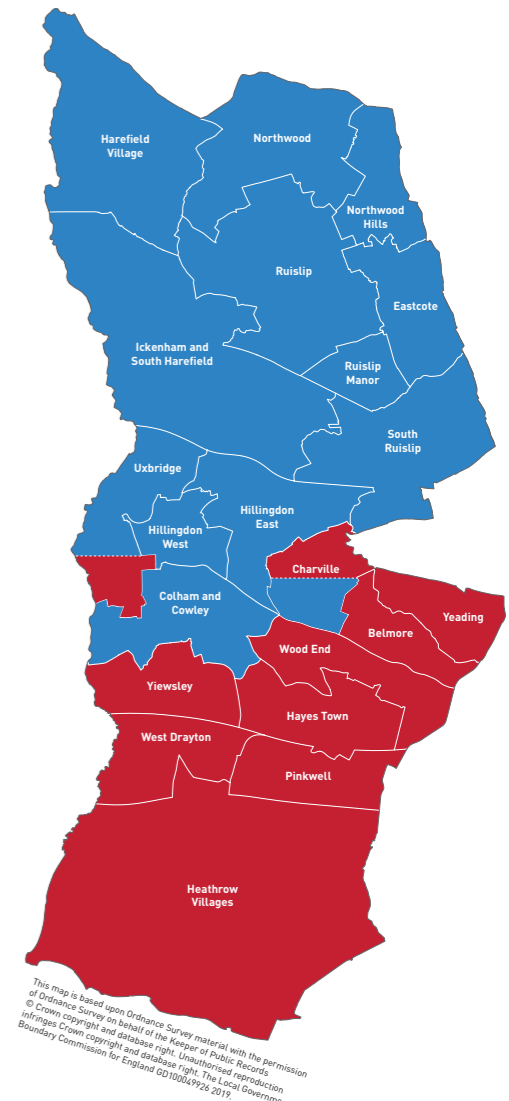
Jonathan Bianco | Kishan Bhatt

South Ruislip

Richard Mills | Steve Tuckwell | Heena Makwana

Yeading

Jas Dhot | Rita Judge Dhot



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- Conservative councillor
- Labour councillor
- Leader of the Council
- Labour Group Leader
- Cabinet Members

Cabinet Members and their portfolios

Position/portfolio	Councillor
Leader of the Council	Ian Edwards
Deputy Leader and Property, Highways and Transport	Jonathan Bianco
Finance	Martin Goddard
Children, Families and Education	Susan O'Brien
Health and Social Care	Jane Palmer
Residents' Services	Eddie Lavery
Corporate Services	Douglas Mills

Prison sentence for prolific fly-tipper

A serial fly-tipper who dumped rubbish across Hillingdon, Sutton and Buckinghamshire was sentenced to 21 months in prison which serves as a warning that strong action will be taken against this crime.

The council teamed up with Buckinghamshire Council and Sutton Council to bring an end to Dean Stanley's 'deliberate and flagrant' campaign of dumping.

Stanley, aged 37, of Iver, Buckinghamshire, admitted 17 counts of fly-tipping, committed between March 2019 and January 2020. He was sentenced at Aylesbury Crown Court on Friday 25 February.

The court heard Stanley would opportunistically collect waste – including white electrical items, furniture and kitchen units, doors, beds, mattresses and building waste – then dump the items in open spaces, including children's playgrounds, roadside verges as well as other people's driveways.



A second defendant, Bradley Caswell, aged 30, of Burnham, Slough, appeared at the same hearing and was convicted on one count of fly-tipping in Long Lane, Uxbridge, alongside Stanley, on 29 October 2019.

Caswell was given a £500 fine, ordered to pay £720 compensation, court costs of £500 and a court surcharge.

Fly-tipping is a criminal offence and offenders can be given a £400 fine for small-scale fly-tipping.

In serious cases, prosecution in court can end in either a fine of up to £50,000 or imprisonment.



Stanley had been linked to the crimes after leaving his personal details with people he removed waste for. His two distinctive Ford Transit tipper vans – one white, one red – were linked to him through insurance and DVLA records. These were often seen by eyewitnesses or caught on CCTV footage taking and/or dumping the waste.

Hillingdon Council pooled legal resources with the other two authorities to build a strong case against Stanley, including photographs and CCTV footage. Victims also provided statements and photographs.

Stanley was sentenced to 21 months for each of the 16 offences in Hillingdon and Buckinghamshire, to run concurrently. He was further sentenced to 14 months for the offence in Sutton, also to run concurrently. The court also ordered that his white van be seized.

Cllr Eddie Lavery, Cabinet Member for Residents' Services,

said: "This is a fantastic piece of partnership working that has ended Stanley's campaign of contempt and utter disregard for the boroughs where he was dumping and their residents.

"We're very grateful for the help of our colleagues in Sutton and Buckinghamshire and the residents who have helped us make this case a success. This sentence should serve as a warning that we will take the strongest possible course of action against those who choose to use our beautiful borough as a dumping ground."

Make sure you check where your waste is going

Residents are reminded to only use a registered waste carrier when disposing of waste to avoid becoming a victim of a rogue collector.

The law requires anyone who produces waste to ensure that it's disposed of lawfully.

Anyone offering to remove waste should show residents their waste transport licence. If they cannot provide a licence, then an offence may be committed if the resident allows the waste to be taken away and it's subsequently dumped illegally.

Do not leave waste by street litter bins or outside charity shops as this is also fly-tipping and could leave you £400 out of pocket.

Remember, you can use our low-cost bulky waste collection service to dispose of unused or unwanted household items that are too large or heavy for the normal waste collection service. For more information and to book, visit www.hillingdon.gov.uk/bulkywaste.

If you see a fly-tip or have evidence, please report it online at www.hillingdon.gov.uk/flytipping.

Funding for community projects



KEEPING FIT Outdoor gym for Churchfield Gardens park in Ruislip

The council has unveiled the latest raft of new projects put forward by residents as part of its Chrysalis programme for 2022/23. Read about the improvements happening near you.

The schemes are part of this year's £1 million investment programme, that encourages residents to suggest ideas for providing or enhancing facilities on council-owned land.

This year a range of projects will benefit from the initiative which has been running since the year 2000. The programme includes improving playgrounds and allotments, building outdoor gyms, supporting sports clubs and upgrading community centres.

In April, the council's Cabinet approved the first nine projects which will benefit from the scheme in 2022/23. Funding for additional initiatives will be released throughout the year.

Highways/pathways, hard landscaping

- A path to link Vernon Drive's access point to the outdoor gym in Harefield Village Green (Harefield Village, £24,000)
- Construction of a footpath within the large tree-lined central reservation along Colham Avenue (Yiewsley, £30,000)
- Widening and resurfacing the path from Marvell Avenue to The Greenway (Yeading and Belmore, £68,000)
- Dowding Park – new footpath to connect the north of the site to the south (Hillingdon West, £32,000)
- Stafford Road Open Space – installation of a picnic area (Ickenham and South Harefield, £13,000)

- Eastholme Green, Hayes – to install a path and planting scheme (Hayes Town, £7,000)
- Kings College Playing Fields – replacement chain-link fencing along the boundary with Park Avenue (Ruislip, £40,000).

Sports club

Rosedale Bowls Club – To re-level the sloping edges of the green (Wood End, £10,000).

Allotment

To improve the drainage at Moor Lane Allotments (Heathrow Villages, £15,000).

Cllr Eddie Lavery, Cabinet Member for Residents' Services,

said: "The Chrysalis scheme puts residents in the driving seat on deciding how money is spent locally.

"The pathway upgrades will improve access for pedestrians and the other projects will greatly enhance the environment within our parks and green spaces, as well as a much-loved allotment.

"If you have an idea on improvements that can be made to facilities on council-owned land, I'd encourage you to put your suggestion forward."

Chrysalis funding in action

Located just off Ruislip High Street, Churchfield Gardens is a much-loved park with a popular play area, tennis courts and landscaped green space.

Local people felt that the park could benefit from an outdoor gym and several residents put forward a Chrysalis application.

Julie Cunningham, from Ruislip, said: "As the cost of living increases, it's great that our council is continuing to invest in accessible facilities that help our fitness and mental health.

"The new outdoor gym is a wonderful addition to our park."

Works completed in early April and the gym boasts callisthenic bars and a range of equipment to aid cardiovascular and muscle exercise. This includes a skier, cycle bike, hand cycle, plyometric boxes, push up bars, surfer, chest press and pull-down combo and double leg press.

Margaret Hallam, from Ruislip, said: "It would be of benefit to the many users of the park. I have used the gym at the Lido, but it is too far away to be of regular benefit to me.

"It is a very busy and well-used park in a central location in Ruislip and I feel it would encourage local people to get fitter if there was an outdoor gym."

To suggest an improvement via the programme, visit www.hillingdon.gov.uk/chrysalis

Warm welcome given to Ukrainians

People fleeing war-torn Ukraine have been welcomed in Hillingdon as the borough opened its arms once again to those in need.

In February, the council pledged its support to those fleeing the devastating conflict in Ukraine, offering them a warm welcome to Hillingdon and borough life.

Local authorities across the country have been integral in coordinating the delivery of the Homes for Ukraine scheme, which helps provide accommodation and support for those coming to the UK from Ukraine. Those eligible can also come to this country via the Ukraine Family Scheme.

Homes for Ukraine is open to Ukrainian nationals and their immediate family members to be sponsored to come to the UK. Those arriving are issued with visas enabling them to live and work in the UK for up to three years with access to benefits, healthcare, employment, and other support.

Households in the borough who have the space to help out were encouraged to offer their homes, and a number of residents applied to be a sponsor.

Sponsors are required to help organise their guest's arrival, meeting them on arrival and helping direct them to public services and with tasks, such as registering with a GP.

The council is providing a range of support as part of the Homes for Ukraine scheme, including:

- meeting guests at Heathrow Airport and working with partner organisations to meet any initial needs
- carrying out DBS and safeguarding checks for all sponsors
- inspecting sponsor accommodation to check it's safe and appropriate
- carrying out safeguarding checks with guests on arrival at their sponsors
- administering the interim payment of £200 per guest for subsistence

and the monthly £350 'thank you' payment to sponsors

- supporting guests to receive Universal Credit, Pension Credit and Housing benefit where they meet eligibility criteria
- accessing Jobcentre Plus appointments for benefit assessments and job-seeking
- providing school places for children of school age
- referring guests to health and social care services as appropriate
- assisting if a guest is homeless or at risk of homelessness
- helping guests to integrate into local communities with support from voluntary, community and faith organisations
- providing dedicated support to sponsors.

Settling into borough life

People fleeing the conflict in Ukraine have been warmly welcomed to Hillingdon by residents.

Among them is **Sandra Cobbing** from Eastcote who works for the council as a Private Sector Housing



Standards Officer. She said: "I cannot believe what is happening in Ukraine and the scale of the suffering they are having to endure and as a family we felt compelled to do something.

"We registered our interest on the government's website and then contacted Shelter4UA, which is one of the charities supporting Ukrainian people fleeing from the war."

Shortly after registering on Shelter4UA's website, Sandra was contacted by 34-year-old **Olha Tretiak** who runs a small travel agency in Kyiv called 'Anex Tour'.



The pair started communicating online and built up an immediate rapport discovering they both have a shared love of travel and similar outgoing personalities. On Monday 4 April Sandra met Olha at Luton Airport and since then Olha has been integrating into borough life well.

Olha said: I waited for months for the war to end and when I realised that it was not going to end soon, and it was unsafe for me to stay, I decided to leave.

"Everyone from the council has been very helpful and kind and Sandra helped me register with a GP, open a bank account and has also helped me with my CV.

"I have joined a fitness group, Jazzercise, with her and all the people in the class have been very welcoming. I think Hillingdon is a very beautiful borough and has lovely parks to walk in. The people are charming and open-hearted with a willingness to help me."

If you are thinking about opening up your home, Sandra has these words of advice: "I was very anxious at first as it was a step into the unknown. We are delighted with the scheme and would encourage others to sign up as sponsors to help and support the people of Ukraine.

"Olha is warm-hearted and has a great sense of humour and gets on well with my friends and family and I feel that I have known her for years."

The government is providing funding to the council so it can deliver this support to help families rebuild their lives. Further funding will be available to support education services.

Residents can apply to be a sponsor at [homesforukraine.campaign.gov.uk](https://www.homesforukraine.campaign.gov.uk).

If you'd like to donate, you can do so via the Disasters Emergency Committee appeal at www.dec.org.uk.



GETTING FIT Olha and Sandra work out at a local Jazzercise class

Leader of the Council, Cllr Ian Edwards, said:

"Our borough has a proud history of providing sanctuary to those in need, so it's fantastic to see the residents who have signed up to help them.

"We're working closely with partner organisations on delivering a package of support measures that will help Ukrainians arriving in our borough to feel safe and welcomed and enable them to integrate into our communities as seamlessly as possible.

"We'll also work closely to support those sponsor households who have come forward and reflect the values of inclusivity and friendship that so define our borough."



WARM WELCOME Sandra Cobbing helps Olha Tretiak settle into borough life



Backing business innovation and growth

As businesses recover from the impact of COVID-19, *Hillingdon People* examines how the council is using grant funding and targeted training to help propel businesses forward in 2022.

A Ruislip virtual production film studio is among 22 local businesses to benefit from significant levels of grant funding from the council, tailored to help future-proof the borough's economy.

The Hillingdon Enterprise Programme used funding made available by the government's Additional Restrictions Grant (ARG) to support businesses which are developing new innovative technology, creating jobs, growing the local economy and helping tackle climate change.

MARS Academy, a skills and training programme for the film industry pioneering the latest virtual production technology, has been awarded £189,900 through the scheme.

The Academy is run out of the MARS Volume studios, run by Bild Studios, which has produced visual effects for stages of A-list music stars and now works with top film companies across the UK.

The council set aside £2.15 million of ARG funding to support the

Hillingdon Enterprise Programme and encouraged applications from businesses in specifically targeted sectors:

- green economy and green initiatives, which create business growth and employment
- innovation investment in start-ups that will grow into commercially viable Hillingdon-based concerns
- companies supporting the aviation sector and the supply chain sector, to be a useful source of growth and employment opportunities
- creative/media supporting the increased growth and future economic impact of the film industry and production
- high growth support initiatives from businesses that don't fit into any of the above but are considered worthy of support.

The ARG was originally introduced to support local businesses, particularly in the hospitality and leisure sector, adversely affected by the COVID-19 pandemic.

MARS Volume studio, based in Stonefield Close, Ruislip, opened in 2021 and is one of only three London studios to specialise in virtual production, which combines digital and physical set design, enabling filmmakers to create computer-generated virtual locations and environments on large adjustable LED screens.

Cllr Martin Goddard, Cabinet Member for Finance, said:

"We're delighted to award MARS Academy this valuable funding that will help train future generations to work at the cutting edge of the latest digital production technology.

"Along with the other local businesses we've awarded financial support to, we're ensuring we foster a borough with a growing, sustainable and green economy, that supports job growth and pioneers the latest innovations.

"The award will deliver a number of training positions, equipping Hillingdon residents with new skills that will help them secure careers in the film sector."

Rowan Pitts, Co-founder and Director of MARS Volume, said: "As recipients of funding this year, we are honoured to be part of the Hillingdon Enterprise Programme.

"MARS Academy will train the next generation of virtual production specialists to support the high growth and highly innovative field of virtual production for the UK film industry.

"We intend to use this training opportunity to show the significant impact for the UK's global market position in the field of virtual production.

"We are very proud to be in Hillingdon where we are supported in our work to drive innovation and promote increased development and work opportunities for young people."

The 22 Hillingdon businesses to receive funding are:

- Aidrivers
- Armaros
- Bild Studios
- Bubbles (NLLS Trading Ltd)
- Central Research Laboratory
- Cryogenx
- EnayBall
- Freeaim Technologies
- Haes
- Hang Air Global
- HecoAnalytics
- JSA Group
- Lady Electric
- Mediterranean Foods
- Muddy Machines
- Otermans Institute
- Pet Instincts
- Plexus
- Radiant Matter
- Stix Mindfulness
- Thinking Additive
- West London Film Studios



Helping businesses harness the power of social media

During March, more than 70 people took part in a free digital marketing programme which was organised by the council to help local businesses boost their online presence and profile.

The initiative was funded by the government's Welcome Back Fund which was set up to support a safe return to the high street and was delivered by business training consultancy Retail Revival.

Two in-person workshops were held at the Civic Centre in Uxbridge and 11 people attended a Product Photography workshop which taught delegates how to style and photograph their products for promoting and selling online. Twenty-five people attended an Instagram for Business workshop which covered how to use the app to help grow their business.

A further 35 people watched webinars covering how to improve their website, respond to online reviews, populate their Google business profiles, as well as search engine optimisation.

Easy-to-follow videos and supporting resources were also made available so that business owners could learn at their own pace and at a convenient time.

Tutor **Matt Skeggs** provided one-to-one support to help workshop attendees with specific issues. He said: "Such a variety of businesses have participated in the programme from cafés and hair salons to wine importers and accountants. I have enjoyed helping them make significant improvements to their websites and social media profiles without spending any money at all."

One of the delegates **Parvinder Tamber** from the accountancy firm Just Breve found the support very useful. She said: "The courses were well-organised, and I was impressed by the knowledge of tutor Matt Skeggs, his easy-to-understand materials and knowledge on the topics covered.

"It's great that the local authority is thinking of small businesses post-pandemic and arranging these free help classes."



SOCIAL MEDIA MASTERCLASS One of the sessions held at the Civic Centre in March

Find out more about the MARS Volume studios by visiting www.marsvolume.com. To find out more about grants and support for businesses, visit www.hillingdon.gov.uk/local-business-grants

Repairing children's lives through reparation projects

Hillingdon Youth Justice Service delivers a reparation and restorative justice programme which helps to rehabilitate children who have come into contact with the criminal justice system. Through the service, children aged 10 to 17-years-old are given the chance to make amends for their behaviour and give back to the community.

Children are referred to the service by either the police or the courts. The success of Hillingdon's reparation scheme lies in its ability to challenge stereotypes of children who offend and celebrate how they have repaired the harm they have caused by giving back and turning their lives around.

The service takes a 'child-first' approach in understanding the challenges faced by children and families including social deprivation, discrimination, trauma, unmet health needs, and actively empowers children and families to improve their lives by providing opportunities for every child to succeed.

A range of charitable organisations and community groups work with the council to provide opportunities for children to engage with others

and take on responsible roles that they may not have been given elsewhere. During the past year some of the organisations the council has worked with include Ryefield Court and SweetCroft care homes in Uxbridge.

Heathrow Special Needs Farm

Heathrow Special Needs Farm is a charitable community farm located on 10 acres of land near to Heathrow Airport.

The farm exists to support people living with conditions including physical disabilities, dementia, learning difficulties, as well as those recovering from strokes and other serious medical conditions.

This initiative provides support with animal care, including mucking out, grooming, cleaning and feeding, along with gardening and horticulture.



Dementia boxes

The initiative takes place at Uxbridge Family Hub and sees children design, paint and decorate a memory box for an older person. The boxes contain memory prompt cards of any topic the children choose. Sessions are planned out with the child and they develop a greater understanding of dementia and how memory boxes can benefit someone living with the illness. The final box is donated to a person with dementia residing in SweetCroft care home.

Harry Maharaj, the Manager at SweetCroft, said: "I am pleased to say that residents have given very positive feedback as they felt that there was a safe place to keep their memories alive. Keep up the good work and we'd love to work with you again!"

One care home resident said: "By just looking at the boxes I get some comfort knowing that my memories are cherished."

Bird Box project

The Bird Box project takes place at Uxbridge Family Hub where children design and build a bird box from scratch. Once complete, the bird box is donated to Ryefield Court care home.

By the end of the project, children develop a better understanding of the benefits bird boxes bring to nature and the community, as well as learning basic woodwork and construction skills.



Hillingdon Foodbank

Hillingdon Foodbank provides nutritionally balanced emergency food and support to local people in crisis. The children attend the foodbank and support the team by preparing packages to be distributed to those in need.

Carly Hinman from Hillingdon Foodbank, said: "The young people volunteer in the warehouse to sort food, create standard food parcels, and help with seasonal tasks like putting together Christmas hampers."

"Hillingdon Foodbank is a large operation that serves the whole of Hillingdon. With such a wide reach, we could not operate without the valuable help of our volunteers. We are incredibly thankful for the support the young people provide."

Changing lives

Reparation projects are completed in four to six weeks, usually for one hour a week. Once children complete the programme, they are awarded a certificate and have the opportunity to provide feedback on their experience. Many of the children on the programme see it as a second chance to turn their life around.

One child who completed their reparation at Hillingdon Foodbank said: "On my first session I packed Christmas food boxes; on my second session I made family bags. It was something new to experience and help do something."

"I learnt not to take what I have for granted because some people can't even choose what they are going to eat every day – they just get given a bag."

Cllr Susan O'Brien, Cabinet Member for Children, Families and Education,

said: "The council is committed to supporting children through the rehabilitation process."

"Our reparations projects enable them to make amends, learn new skills and give back to their community and understand and learn to value their place in society."

To find out more about Hillingdon's Youth Justice Service, visit www.hillingdon.gov.uk/youth-justice-service

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www.hillingdon.gov.uk

Join Neighbourhood Watch today

Hillingdon Neighbourhood Watch (HNW) is a community-based initiative, run by its members, where residents, police and the council work in partnership to reduce crime and the fear of crime. Find out how you can get involved and help keep your local area safe.



Neighbourhood Watch receives an annual grant of £5,000 from the Mayor's Office for Policing and Crime, and the council also provides office space at Manor Farm in Ruislip for a core team of volunteers to work from.

Launched more than 25 years ago, HNW continues to expand its reach across the borough as more and more residents join.

It's based on groups of residents within a small area forming a 'Watch' with a local coordinator, and its members keep an eye out for each other as good neighbours should.

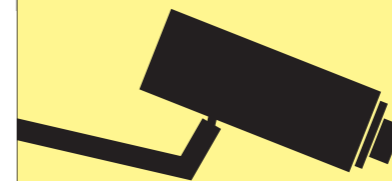
In 2018, HNW began to embrace emerging 'smart' reporting technology by moving to a communications platform called Online Watch Link known as OWL. Endorsed by the Metropolitan Police Service (MPS), OWL is the database of HNW members and approximately 17,000 local people have signed up.



Members receive messages from both the police and Neighbourhood Watch on local crimes, crime prevention, community events and also the results of police operations.

OWL has been developed in recent months to include a new OWL App which enables users to view alerts, appeals and crime prevention advice, share updates via social media, and report crimes to the police from their smartphone. It's free to join – find out more by visiting www.owl.co.uk.

Join CCTV Watch



An important tool in the fight against crime is the option for Watch members with a domestic CCTV system to join CCTV Watch.

CCTV Watch enables the MPS to use an interactive map to quickly identify the nearest property to a crime scene that has CCTV, and which may have captured imagery

of the offenders. This saves officers' time and can deliver quick wins at the early stages of an investigation. If an OWL message is also sent out it gives residents in the immediate area the heads up that an incident has occurred and they can, and many do, step forward with very important imagery of potential suspects.

When you register on OWL there's an opportunity to indicate that you have a CCTV system – or you can tell HNW by emailing hillingtoncctv@gmail.com. Businesses are also encouraged to sign up to the scheme.

Working in partnership

HNW has a key part to play in supporting the police in their work to keep residents safe.

Sergeant Anish Sharma, from the Uxbridge Safer Neighbourhood Team, said: "OWL is an important communication tool, which I would encourage residents to firstly sign up to, and secondly tell their friends and family about! You will often be the

first to know about any new crime trends, or important information regarding what is occurring in the locality. It's a way of keeping you informed about the things you really need to know."

HNW also works closely with the council's community safety and trading standards teams to provide useful advice via OWL to residents, such as warnings about rogue traders and other doorstep cons that take place.

Become a Watch Coordinator

Watches are run by local people for local people, and how they are run is up to the coordinators who are knowledgeable about their environment.

If you are already in a Watch, or would like to start a Watch in your road, or become a Watch Coordinator or Deputy Coordinator, please email all@hillingtonnhw.co.uk and HNW will send you an information pack. Ongoing support and guidance is provided.

Cllr Douglas Mills, Cabinet Member for Corporate Services,

said: "It's important that local people sign up to OWL to help support the work of the police and by becoming a member of Neighbourhood Watch you'll be taking the first step to making your local area a safer place to be."

Find out more about the benefits of becoming a member or volunteering by visiting www.owl.co.uk

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Alternatively, to speak to your local Hillingdon representative you can contact Judith

To contact, email: WLAIntegration@shaw-trust.org.uk

Features and benefits of the JETS Programme

- ✓ Personal advisor
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- ✓ Learn new skills and change sector
- ✓ Confidence building and job search guidance

shaw trust



Update from the London Fire Brigade

Your firefighters at the borough's four fire stations have continued to be busy ensuring your safety since my last update. We have attended a number of notable incidents, with Storm Eunice in February bringing our busiest day in more than two decades.

With COVID-19 restrictions easing, we are looking forward to attending in person many more community events and we are planning a number of open days. I will share details in my next update, however please do look at our social media pages (@LFBHillingdon on Twitter) for the latest information.

As we hopefully move into sunnier and warmer weather and look to enjoy the barbecue season, please ensure your safety by following these tips:

- make sure your barbecue is in good working order



- ensure the barbecue is on a flat site, well away from a shed, trees or shrubs
- keep children, garden games and pets well away from the cooking area
- never leave the barbecue unattended
- keep a bucket of water or sand nearby for emergencies
- never put hot ashes straight into a dustbin or bin – they could melt the plastic and cause a fire.

Every year fire is responsible for the destruction of thousands of acres of countryside, open spaces and wildlife habitats. Many of these fires are started

deliberately but by following a few simple precautions and showing a little extra care, many others could be prevented:

- dispose of smoking materials properly and make sure they are completely extinguished
- don't leave campfires or barbecues unattended and extinguish them properly after use
- clear away bottles, glasses and any broken glass to prevent them magnifying the sun's rays and starting a fire
- explain to children the dangers of playing with lighted fires.

Have a safe summer.



Alan Taylor
Borough Commander
for Hillingdon

First Aid training courses

Hillingdon Council offers a wide range of first aid courses relevant to those at work, or those looking for skills to use at home.

You can book individual places on our courses held at the Civic Centre, or you can book a course to be run at your premises.

For more information including course dates and prices visit www.hillingdon.gov.uk/first-aid-courses



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Update from the Neighbourhoods Superintendent

I currently have the honour of being Hillingdon's Neighbourhood Superintendent for West Area BCU, which involves ensuring my teams deliver effectively to make the lives of Hillingdon residents as safe as possible.

To this end, your Neighbourhood Teams have been extremely busy over the past year undertaking a range of operations and activities with a particular focus on violent crime, which includes violence against women and girls.

Violence against women and girls includes a range of offences and predatory behaviour towards female victims, such as rape and serious sexual offences, sexual assault and exposure. There is also a wider range of behaviour which contribute towards the perception of safety, such as unwanted approaches and conversations and the following/harassment of female victims. Your police teams in Hillingdon have undertaken activity in 2021, which will continue into 2022, in order to improve the perception of safety amongst women and girls, reduce offending and improve outcomes for victims.

- In Hillingdon this will mean:
- working with partners to raise public awareness of StreetSafe, a self-reporting tool where people can

report areas in Hillingdon where they feel unsafe in order to help focus policing and partner improvement activity. Find out more at www.met.police.uk/notices/street-safe

- delivery of focus groups with women and girls around safety and how the public environment and support through initiatives can be improved
- CCTV – ensure local authority operatives are briefed and trained to identify predatory behaviour and potential victims and address concerns with the police for an early intervention
- funding being provided to drive forward more enforcement activity against outstanding offenders and those named as suspects for violence against women and girls
- enhanced uniform and plain clothes patrols in hotspot locations, which will include supplementing BCU officers with Metropolitan Police Service (MPS) resources including the Territorial Support Group and the Violent Crime Task Force.

Another priority for us is building and maintaining the trust and confidence of communities, and one way we are attempting to do this in Hillingdon is by investing time and resources into

engagement, outreach and recruitment opportunities to ensure that those communities who have traditionally been under-represented in the MPS become part of the future direction.

West Area BCU has its own outreach team dedicated to doing this, and operates with the support of local neighbourhood officers from wards, faith and partnership teams with oversight from a member of the senior leadership team. The team attends local community events along with dedicated ward officers to encourage members of the community to join the police to make the BCU and the MPS more reflective of the communities we serve.

Finally, please feel reassured that my teams and I are fully committed each day to keeping Hillingdon safe for everyone and we will continue to work with our partners and the public to ensure that this is the case.

Anthony Bennett
Neighbourhoods
Superintendent
West Area BCU

Latest information on COVID-19

In April, the NHS added nine new signs of infection to its list of COVID-19 symptoms.

These are shortness of breath, feeling tired or exhausted, aching body, headache, sore throat, blocked or runny nose, loss of appetite, diarrhoea and feeling sick or being sick.

Lateral flow and PCR tests are no longer available to the public free of charge (apart from limited eligible people). If you still wish to get tested and you're not eligible for a free test, you can purchase one from some pharmacies, supermarkets and retailers, in person or online.

While COVID-19 restrictions have been lifted, the virus is still circulating, so you can help to protect others by:

- considering wearing a face covering in crowded, enclosed spaces

- staying at home if unwell
- getting vaccinated or boosted if you're not already
- washing your hands regularly.

The NHS is now offering COVID-19 vaccines to children aged between five and 11 and parents will receive information on how to make an appointment.

Spring boosters are also available for those eligible aged over 75, in older adult care homes or aged over 12 with a weakened immune system. The NHS will contact you when you are due a spring booster.

Find out more by visiting www.hillingdon.gov.uk/coronavirus or www.nhs.uk/coronavirus.



HILLINGDON WHAT'S ON?

LIBRARIES



Summer Reading Challenge 2022

GADGETEERS

Summer Reading Challenge 2022

Saturday 9 July to Sunday 18 September

The challenge encourages children to visit their local library and pick up rewards for reading. This year's theme, Gadgeteers, is run in conjunction with the Science Museum and aims to

inspire young readers to think about everyday science and how it impacts their lives.

Free events will take place across borough libraries with Lego and science-themed activities.

Find out more at www.hillingdon.gov.uk/summer-reading



Once Upon a Bump at Uxbridge Library

Monday 13 June, 11.30am to 12.15pm

Join us for singing, stories and a chat. Open to new and expectant parents.

Cost: free

Email uxbridge-library@hillingdon.gov.uk with your name, library card or HillingdonFirst card number and a contact telephone number, as well as the name, date and time of the activity you would like to book on to Uxbridge Library

English Conversation Group at Yiewsley Library

Wednesday 22 June, 10am to 11am

Come and join Yiewsley Library's friendly English Conversation Group and practise speaking English

through group discussions and activities. All ability levels welcome.

Cost: free, open to adults only
To book email yiewsley-library@hillingdon.gov.uk with your name, phone number and email address
Yiewsley Library

LEISURE

Summer Fundraising Ball

Saturday 11 June 2022, 7pm to midnight

Come along and enjoy a buffet, bar, live music, DJ, raffle and more with all proceeds going to Hillingdon Brain Tumour and Injury Group.

Cost: £25, to purchase tickets visit the Centre of Hope Shop (394 Long Lane, Uxbridge, UB10 9PG), email elliebraintumourinjurycharity@gmail.com or call 07936 120465
Richings Sports Club

Hillingdon has an exciting array of activities to keep you and the family entertained during the summer months of June and July.

Woodland Centre at Ruislip Lido

Various free events throughout June

- Saturday 11 June, 2pm to 4pm, drop-in craft session. Suitable for children aged 5+ and their adults.
- Monday 13 June, 10am to 11.30am, free wildlife walk starting from the Woodland Centre.
- Saturday 18 June, 2pm to 4pm, drop-in craft session. Suitable for children 5+ and their adults.
- Thursday 16 June, 10am to 11.30am, free wildlife walk starting from the Woodland Centre.

Cost: free, no booking
Ruislip Lido

Duck Pond Markets

First and third Sunday of the month, 10am to 3pm

Foodies markets on the first Sunday of the month. Artisan markets on the third Sunday of the month. Find out more at www.duckpondmarkets.com.

Manor Farm

Ickenham Festival

Saturday 11 to Sunday 19 June, 7.30pm to 10.30pm

The festival includes folk and gypsy music by various artists, a parade through Ickenham, various stalls, a festival gala, and an evening concert with fireworks.

Cost: £10 (£5 for under 14s)
Find out more and book at www.ickenhamfestival.org.uk

Ickenham Village Hall

Harrow Choral Society's Summer Concert

Saturday 2 July, 7.30pm
A summer evening of light secular music by Schubert, Elgar and Antony le Fleming.

Cost: £12, free for under 18s
Find out more and book at www.harrowchoral.org.uk or call 07794 253463
St Alban's Church



Eastcote and Ruislip Choral Society Summer Concert

Saturday 2 July, 7.30pm

The choir celebrate American classics by Copland, Gershwin, Shering as well as songs from West Side Story.

Cost: £15, free for under 12s
Find out more at www.eastcote-ruislip-choral.org or call 01895 904556.

Douay Martyrs Catholic School, Ickenham

Uxbridge Choral Society's Summer Concert

Saturday 2 July, 7.30pm

A Night at the Opera! features choruses and arias by Donizetti, Handel, Mozart, Puccini, Verdi, Wagner and more.

Cost: £15, under 16s free (tickets available on the door and in advance online)
Find out more at www.uxbridgechoralsociety.org.uk

St Margaret's Church

Harefield Summer Picnic

Sunday 3 July
The summer picnic returns with entertainment from Tony Oliver's Jazz Days and a roaming magician. Event includes a picnic with choice of drink (a glass of Pimm's or pop). There will also be a selection of desserts and ice creams.

Cost: £20 per person
Find out more at www.rbhcharity.org/Event/harefield-summer-picnic
Harefield Hospital

THEATRE

In The Name Of Love, The Diana Ross Story

Friday 24 June, 7.30pm

Celebrating Diana Ross and The Supremes! Theatre audiences will be taken on a spellbinding journey visiting one of the greatest musical stories ever told.

Cost: £29.50
To book visit becktheatre.org.uk or call the box office on 0343 310 0044
Beck Theatre



Renovation – A Modern Musical Compilation
Ruislip's Starlight Youth Theatre Company (starlightytc.com) present

Tuesday 14 June at 7.30pm, Wednesday 15 June at 6pm and 8pm

After the success of *Bring It On*, at the Compass in February, Starlight Youth Theatre Company presents a modern compilation concert, using some of the most current musicals around, including *Hamilton*, *Mean Girls*, *Shrek*, *School of Rock* and many more.

Cost: £10 (concessions £7)
To book visit www.hillingdontheatres.uk or call 01895 250615
Compass Theatre

Ages 7 to 14 Week 1 – Monday 25 to Friday 29 July, 10am to 4pm, £120 per place
Ages 7 to 14 Week 2 – Monday 22 to Friday 26 August, 10am to 4pm, £120 per place
Ages 4 to 6 Week 1 – Thursday 28 and Friday 29 July, 10am to 4pm, £50 per place
Ages 4 to 6 Week 2 – Thursday 25 and Friday 26 August, 10am to 4pm, £50 per place
Book www.hillingdontheatres.uk 01895 250615
Compass Theatre



EXERCISE

Meditation with Quiet Space Wellbeing

Mondays, 1.30pm and Thursdays at 10am (term-time only)

Take an hour to relax and rejuvenate with deep abdominal breathing and guided meditation. Classes have been running for six years and are suitable for adults, and beginners are welcome.

Cost: £10 per class
For more information, text Aly on 07753 349024, email hello@quiet-space.com or visit quiet-space.com.
Eastcote House Gardens
The Stables at Manor Farm



New cycle ride programme

Tuesday 26 July to Thursday 28 July, 9.30am to 12.30pm

Our new guided cycling programme for residents begins this summer. Rides are free and designed for cyclists of all levels, from beginners to those who are more advanced.

The programme begins with three family rides that are part of

our Summer Reading Challenge events and activities. The rides are 30 minutes long between two libraries and include a welcome from library staff and bicycle check.

Find out more at www.hillingdon.gov.uk/cycling or email sportandphysicalactivity@hillingdon.gov.uk to book a place.

Young at Heart Yoga for All Abilities

Wednesday Mornings 10am to 11.30am

Nobody is too old or too stiff to do some Yoga! Yoga will improve your strength, stamina and flexibility, and help concentration, mental clarity and relaxation. Delay the aging process – 'Move it or Lose it!'

Cost: £50 for six weeks, open to all abilities
Call: Loretta on 020 8845 7873 or email shape.tone@blueyonder.co.uk
Oak Farm Library



VENUES

Beck Theatre,
Grange Road,
Hayes, UB3 2UE

Compass Theatre,
Ickenham, Uxbridge,
UB10 8RP

Douay Martyrs
Catholic School,
Edinburgh Drive,
Ickenham, UB10 8QY

Eastcote House
Gardens, High Road,
Eastcote, HA5 2OS

Harefield Hospital,
Hill End Road,
Harefield, UB9 6JH

Ickenham Guiding HQ,
Community Close,
Ickenham, UB10 8RE

Ickenham Village Hall,
Swakeleys Road,
Ickenham, UB10 8DG

Manor Farm
Bury Street, Ruislip,
HA4 7SU

Oak Farm Library,
Sutton Court Road,
Hillingdon, UB10 9PB

Richings Sports Club,
34A Wellesley Ave,
Iver, SLO 9BN

Ruislip Lido,
Reservoir Road,
Ruislip, HA4 7TY

St Alban's Church,
The Ridgeway,
North Harrow, HA2 7PF

St Margaret's Church,
Uxbridge, UB8 1AB

Uxbridge Library,
High Street,
Uxbridge, UB8 1HD

Yiewsley Library,
High Street, Yiewsley,
UB7 7BE

If you wish to publicise an event, please email details to hillingdonpeople@hillingdon.gov.uk or send to Hillingdon People, 3S/05 Civic Centre, High Street, Uxbridge, UB8 1UW. Events are selected at the editor's discretion.

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Licensing ▶ Animal Welfare 01895 277433
Food Health and Safety 01895 250190
- Learning**
Adult Learning www.hillingdon.gov.uk/adultlearning 01895 556455
Library Information Desk 01895 250714
School Admissions www.hillingdon.gov.uk/schooladmissions 01895 556644
School Transport 01895 250008
Truancy Hotline 01895 250858
- Leisure**
Battle of Britain Bunker Exhibition and Visitor Centre battleofbritainbunker.co.uk 01895 238154
Botwell Green Sports and Leisure Centre 020 8561 0956
Haste Hill Public Golf Course 01895 250777
Highgrove Pool and Fitness Centre 01895 630753
Hillingdon Sports and Leisure Complex 0345 130 7324
Hillingdon Theatres www.hillingdontheatres.uk 01895 250615
Queensmead Sports Centre 020 8845 6010
Uxbridge Public Golf Course 01895 556750
- Local democracy**
Council Meeting Dates and Agendas 01895 250636
Electoral Services and Registrars 01895 558250

HILLINGDON CONTACTS

- Conservative Group Office 01895 250316
Labour Group Office 01895 250780
Mayor's Office 01895 250763
- Planning**
www.hillingdon.gov.uk/planning 01895 250230
- Building Control, Inspections and Dangerous Structures 01895 558170
Dangerous Structures (out of hours) 01895 250111
Local Land Charges 01895 556115
- General**
Adoption and Fostering 0800 783 1298
Brown Badges 01895 277277
Council Tax and Benefits www.hillingdon.gov.uk/counciltax 0300 123 1384
Families' Information Service 01895 556489
- Fraud Hotline www.hillingdon.gov.uk/reportfraud 0800 389 8313
Hillingdon First Card www.hillingdon.gov.uk/hillingdonfirst 01895 556677
Hillingdon Social Care Direct (adults) ▶ Blue Badges ▶ Freedom Passes ▶ Meals Service ▶ TeleCareLine 01895 556633
Housing Services www.hillingdon.gov.uk/housing 01895 556666
Social Care – Children (Stronger Families Hub) 01895 556006
Substance Use and Misuse or Sexual Health 01895 250721
Trading Standards www.hillingdon.gov.uk/tradingstandards 01895 250164

All other council enquiries (not listed above) 01895 250111

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THE BATTLE OF BRITAIN BUNKER

- USEFUL SERVICES AND AGENCIES**
- Addiction, Recovery, Community, Hillingdon (ARCH) 01895 207777
Affinity Water 0345 357 2407
Age UK Hillingdon 020 8756 3040
Alzheimer's Society Hillingdon 01923 823999
Asphaleia Action 01895 272478
Carers Trust Hillingdon 01895 811206
Centre for ADHD and Autism Support 020 8429 1552
- Citizens Advice Consumer Helpline 0808 223 1133
Citizens Advice Hillingdon 0344 848 7903
Communicare Counselling Service 01895 256056
Disablement Association Hillingdon (DASH) 020 8848 8319
HD Carers Support Group 07752 169849
Healthwatch Hillingdon 01895 272997
Hillingdon Autistic Care and Support (HACS) 020 8606 6780
Hillingdon Brain Tumour and Injury Group 01895 713205
- Hillingdon Chamber of Commerce 01895 545940
Hillingdon Independent Domestic Violence Advocacy (HIDVA) 020 8246 1745
Hillingdon Mind 01895 271559
Hillingdon Parent Carers Forum www.hillingdonpcf.com
Hillingdon U3A 07532 268002
Hillingdon Women's Centre 01895 259578
Home-Start Hillingdon 01895 252804
P3 Navigator Advice Centre 01895 436114
Samaritans 116 123 (freephone)
Victim Support 08 08 16 89 111 (freephone)
- Harefield Hospital 01895 823737
Hillingdon Hospital 01895 238282
Mount Vernon Hospital 01923 826111
Northwick Park Hospital 020 8864 3232
Watford General Hospital 01923 244366
NHS 111
- Police and Fire**
Metropolitan Police Non-emergency 101
Textphone 18001 101
Hillingdon Neighbourhood Watch all@hillingdonnhw.co.uk
Hillingdon Fire Station 020 8555 1200

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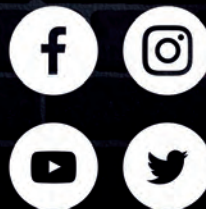
OPEN DAY

**WED 15 JUNE
3 - 7PM
UXBRIDGE
CAMPUS**

- ▶ [Courses for School Leavers - all subject areas](#)
- ▶ [A Levels & Sixth Form Centre](#)
- ▶ [T Levels](#)
- ▶ [HE Courses with West London IoT](#)
- ▶ [Apprenticeships](#)
- ▶ [Courses for Adults](#)

If you miss our Open Day, don't worry, you can still drop in for advice and guidance from our Careers Team. We also hold drop-in advice and guidance sessions in July & August. Visit our website for dates and times.

**REGISTER
NOW.**



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COLLEGE**