

HILLINGDON people

News from your council
May/June 2021

www.hillingdon.gov.uk

Businesses welcome back customers



Leisure centres reopen
Enjoy the great outdoors
£1 million for
community projects



HILLINGDON
LONDON



APPRENTICES



HOUSING



HAVE YOUR SAY



Foster

Make a difference... to a child's life

Register online for our fostering event on Microsoft Teams
Tuesday 18 May and Tuesday 8 June,
2pm to 3pm

For more details
www.hillingdon.gov.uk/fostering
0800 783 1298



HILLINGDON
LONDON

www.hillingdon.gov.uk

Contents

May/June 2021

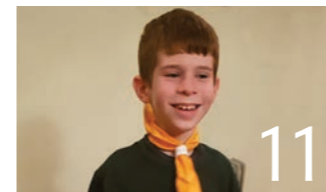
▶ Cover stories

- ▶ **11 Funding boost for community projects**
The council's Chrysalis programme is investing £1 million in community facilities this year.
- ▶ **12 Tashan Daniel bursary award scheme**
Six young people receive funding to pursue their ambitions in sport and culture.
- ▶ **16 Leisure centres reopen**
A range of COVID-secure measures have been introduced across our centres.
- ▶ **18 Shop local, shop Hillingdon**
Non-essential retailers are open for business and our high streets need your support.
- ▶ **22 Exclusive apartments for over-55s**
Our purpose-built flats provide accommodation for residents with support available 24 hours a day.
- ▶ **24 Enjoy Hillingdon's great outdoors**
With spring in full swing, there's never been a better time to explore our parks and open spaces.

Regulars

- 4 Hillingdon News
- 32 Older people
- 33 What's on
- 35 Contacts

COVER PHOTO: THE MISTRY FAMILY DINING AT THE COACH & HORSES, ICKENHAM



Advertising deadline for next edition: **Tuesday 1 June 2021**

Editorial and advertising enquiries

- ☎ 01895 556903
- @ hillingtonpeople@hillington.gov.uk
- 🌐 www.hillingdon.gov.uk/hillingdonpeople



Published by **London Borough of Hillingdon** © 2021
Hillingdon People, 35/05 Civic Centre, High Street, Uxbridge, UB8 1UW.
Design Corporate Communications Printed by Paragon Service Point
Products and services advertised in this magazine are not necessarily endorsed by the council.

For a copy in large print or as an audio version call 01895 556903

Welcome



Welcome to the May/June edition of *Hillingdon People*. As we move from spring into summer, it feels like some normality is beginning to return. Coronavirus (COVID-19) restrictions are continuing to ease, and the last couple of months has seen shielding end, small groups of people being able to meet outside, and sport and leisure facilities and non-essential businesses reopening. We have also been pleased to welcome you back safely to some of our own services and facilities, including libraries, leisure centres, tennis courts and golf courses.

As our high streets start to reopen we encourage residents to support local shops and traders. The council is continuing to assist the local economy by offering a range of support to businesses from grants and safety advice, to free pavement licences and an online directory. You can read more about this on page 18.

Looking ahead to 17 May and June, subject to government reviews and infection rates, steps three and four of the planned roadmap provide a further relaxation of rules and potentially even the end of legal limits on social contact.

The direction we're travelling in is extremely positive but I would like to remind residents that we need to take these steps safely. Please remember to keep washing your hands, covering your face in enclosed public spaces, maintain a safe distance from anyone you do not live with and, wherever possible, meet outdoors in the fresh air as good ventilation reduces the spread of the virus.

As restrictions ease, it's still important for you to regularly get tested because approximately one in three people with COVID-19 do not have symptoms but can still infect others. Getting tested regularly is the only way to know if you have the virus. If people then test positive and self-isolate, it helps stop the virus spreading. Everyone can now access free rapid tests for COVID-19 if they do not have symptoms. Find out more about this on page 20.

Last month, the government met its target of offering a first COVID-19 vaccine dose to the nine most vulnerable groups. There continues to be an impressive uptake across the borough and this is all thanks to eligible residents choosing to take the vaccine and the great work being carried out by our partners the NHS, Hillingdon CCG and volunteers. When it's your turn, please book your appointment as soon as possible to protect yourself and those around you.

In this issue of *Hillingdon People* you can read about the young residents who received funding from the Tashan Daniel Award; the assistance the council has been giving residents living with dementia and their carers during the pandemic and how we're investing £1 million in our Chrysalis programme this year to enhance community facilities.

Cllr Ian Edwards
LEADER OF THE COUNCIL

Council transforms social care services to support families

On Monday 2 August, the council will launch a pioneering new way of working across its social care services to enable teams to intervene early and ensure that local families have fast access to a wide range of support services around the clock.

The council has redesigned its offer of early help and prevention for local families and is working together with partners across Hillingdon in services for young people to support children at the earliest possible stage.

The new Stronger Families service will enable teams to engage families earlier and provide long-lasting solutions to ensure a safe, stable and nurturing environment in which children, young people and parents can thrive.

A unique Stronger Families 'hub' will

operate around the clock, offering families information, advice and support 24 hours a day, seven days a week. The hub is one of the first of its kind and will be a single point of contact for all professionals and residents, with a dedicated email address, phone number and a single online referral form.

The vast majority of children's services will be accessible via the new hub, which may include a concern for a child's welfare, access to parenting advice and support, or questions regarding special educational needs or education.

The hub will also deal with adult social care concerns reported out of office hours.

Professionals in Hillingdon, including teachers, police and health staff, will also

benefit from the transformation. For example, advice and support about concerns for a child, young person's welfare, and requests for mental health assessments, will all now be available through the hub.

Siobhan Appleton, Designated Nurse, Safeguarding Children and Looked After Children/Care Leavers, said:

"As soon as difficulties arise at any point in a child's life, early help and intervention can help to improve the child's experience at home, school and within the local community. This multi-agency, holistic early intervention should be part of a continuum of support to address a child and family's needs allowing an appropriate and timely response to differing and often changing levels of need."

Cllr Jane Palmer, Cabinet Member for Health and Social Care, said: "Early intervention is crucial in supporting families and preventing children from entering the social care system at a later point in life.

"Our social care services have undergone an incredible transformation to offer residents and professionals the best possible service at the earliest point of call, and to give local families the support required to become stronger and more resilient."

If you're concerned that a child may be at risk of harm in Hillingdon, or if you feel that you or your family need support, please contact the Stronger Families hub by emailing strongerfamilieshub@hillingsdon.gov.uk, calling 01895 556 006 or visiting www.hillingdon.gov.uk/stronger-families.

Arts Council grant supports school music education



'ANTHEM' Schoolchildren perform a concert at Brunel University

The council's music service has been awarded a grant of £161,270 by the Arts Council to support the restart of face-to-face music activities.

Hillingdon Music Service provides music

tuition and educational support in schools for children aged five to 18. It also runs its own music school in Hayes at weekends, with a wide range of ensembles such as orchestras, bands and choirs.

During lockdown, the service moved its activities and tuition online so that children could continue to take part in a high-quality and enriching music programme.

Now restrictions are easing, the grant will be used to fund discounts to encourage parents and carers to use the service again and new instruments to support whole class tuition in primary schools. It will also be used to fund in-person ensemble rehearsals and events.

Leader of the Council, Cllr Ian Edwards, said:

"Hillingdon Music Service plays a vital role in enabling young

people to participate in and enjoy music.

"When we first went into lockdown last March, the service quickly moved its programme online and now that face-to-face activities can resume, the money will be used to expand and enrich our programme of activity.

"Music education is a key part of a child's growth and development. It allows children to develop skills such as teamwork and communication and it boosts their self-esteem. It's also a huge amount of fun!"

For more information on the Hillingdon Music Service, visit www.hillingdon.gov.uk/music.

New lighting makes busy zebra crossing safer for pupils

Students attending St Helen's College in Hillingdon are benefiting from safer journeys to and from school thanks to new lighting installed by the council on a nearby zebra crossing.

Long Lane is a busy road and there is an increase in traffic especially during the school-run. It has been reported that cars frequently exceed the speed limit and there have been several near misses on the crossing.

St Helen's College is located on both sides of Long Lane and the road is frequently crossed throughout the school day. In December, pupils submitted a petition to the council requesting that the existing zebra crossing



be replaced with a traffic light-controlled crossing.

On Wednesday 10 February, Cllr Riley heard the petition with council officers, ward and other councillors together with the petitioners to discuss ways the route could be made safer for the school community and the wider public.

TfL is responsible for designing, installing and maintaining all traffic

signals across the capital and it would have taken several months to progress an application for the installation of traffic lights.

Officers from the council's road safety team came up with an immediate and cost-effective solution which involved upgrading the existing zebra crossing's beacons with flashing circular LED light haloes, known as Zebrites, increasing

their visibility to drivers at all times of the day.

A set of Zebrites was already in stock and they were installed on Friday 12 February – just two days after the petition hearing had met to discuss road safety improvements near to the school.

Cllr John Riley, Cabinet Member for Public Safety and Transport, said: "Road safety is one of the council's key priorities and we are committed to doing everything we can to make our roads safer for residents and to encourage children and their mums, dads and carers to walk, cycle or scooter to school."

To submit a petition to the council, visit www.hillingdon.gov.uk/consultation.

Every pupil in the borough offered a school place

We have once again ensured that every child in the borough has a primary and secondary school place.

The council processed 3,664 primary school applications this year. In April, 98.7 per cent of applicants were offered a place at one of their top three schools and 93.7 per cent were offered their first preference.

Earlier in March, 94 per cent of pupils were offered a place at one of their preferred secondary schools.

The council received 3,607 secondary school applications.

Cllr Susan O'Brien, Cabinet Member for Education and Children's Services, said: "Once again, we are delighted to announce that every child in the borough has been offered a school place and we

are pleased that so many of our local children received their preferred choice.

"Education remains a top priority for the council and we continue to put families first with the continued investment in our school building and expansion programme to ensure that children get an excellent start in life."

The council's school placement and admissions team is available to help parents if they have any queries, and more information can be found at www.hillingdon.gov.uk/schooladmissions.



Are you an unpaid carer?

If you provide unpaid care and support for a relative, friend or neighbour, you may be eligible for a range of council support.

On Thursday 18 March, 35 residents attended the council's online carers' forum event, held in partnership with Carers Trust Hillingdon.

The annual event is designed to identify more unpaid carers and offer information about the support available.

Caroline Turini, aged 56 from Hayes, is the main carer for her husband who has Secondary Progressive Multiple Sclerosis. She supports him with a variety of tasks at home and his personal care needs.

Unfortunately, lockdown restrictions during the past year have impacted Caroline's physical health and emotional wellbeing.

Caroline approached the council for support, and she has been provided



with respite from her caring duties and counselling support from Carers Trust Hillingdon. The council has offered her a weekly allowance to enable her to join a gym to help improve her physical health and enjoy a relaxation massage.

She said: "I am so grateful for the carers' support which gives me some much-needed respite and time away from my caring duties. The carers are friendly, always on time and take good care of my husband. Without this support, I would be unable to cope."

For more information and to take an online carer's assessment, visit www.hillingdon.gov.uk/carers.



Planning refusal upheld for Hayes electricity substation

The council's decision to refuse plans to develop an electricity substation in Hayes was upheld by planning inspectors in February.

In the summer of 2018, the council received an application for planning permission to build and operate a large gas-powered generator on land off North Hyde Gardens in Hayes.

The council refused the application. The generator would have been powered by natural gas, a fossil fuel that emits harmful pollutants when burned.

The location selected for the power station is in one of the air quality areas in the borough deemed

a priority by the council. In these priority areas, the council aims to ensure that any development protects residents from anything that would harm air quality.

The company behind the gas-powered generator appealed the decision. However, the Planning Inspectorate – which deals with planning appeals – found in the council's favour and dismissed the appeal on Thursday 4 February.

The Inspector found that the limited benefits of the proposal did not outweigh the harmful impacts of placing a polluting power station within an area already suffering from poor air quality.

Support for smokers

If you are thinking about stopping smoking, now couldn't be a better time because of the added risk of complications from COVID-19.

Residents who smoke generally have an increased risk of contracting respiratory infections and of developing more severe symptoms once infected.

There's also growing evidence that smokers are at greater risk if they catch COVID-19 because of the damage already caused to their airways by smoking. Meanwhile the hand-to-mouth action of smoking increases the risk of spreading germs and infection, including COVID-19.

Cllr Jane Palmer, Cabinet Member for Health and Social Care, said: "No matter how long

you have smoked for, quitting can help both your physical and mental health immediately.

"There's never been a more important time to stop smoking and a range of free support is available to help you and your loved ones."

Get in touch with the Hillingdon Stop Smoking service today by emailing lbofh.stopsmoking@nhs.net or calling 01895 207790 or 0800 169 7541.

A range of support is available, including access to an experienced NHS stop smoking advisor and nicotine replacement therapy (normally patches and gum) available at prescription cost or free if you are exempt.

Visit www.hillingdon.gov.uk/stopsmoking to find out more.



June deadline nearing for EU settlement applications

EU nationals living in Hillingdon are urged to complete an application to the EU Settlement Scheme (EUSS) before the deadline on Wednesday 30 June 2021.

EUSS allows citizens from the EU, EEA or Switzerland to continue living and working in the UK following Brexit.

If you're a citizen from the EU, EEA or Switzerland and were living in the UK by Thursday 31 December 2020, then you must make an application

for yourself and your children.

If your application is successful, the EUSS will grant either settled or pre-settled status, depending on how long the EU citizen has lived in the UK.

To receive settled status, EU citizens must prove they have lived in the UK for five continuous years. This status is permanent and does not expire or need renewal.

Pre-settled status lasts for five years. It can be upgraded to settled status once the person can show

evidence of five years of continuous UK residence.

EU citizens must apply online and provide evidence of their identity, length of residence in the UK, and declare if they have a criminal history.

Statuses will not be automatically granted by the EUSS, so people need to apply. Those with indefinite leave to remain status do not have to apply.

Cllr Douglas Mills, Cabinet Member for Corporate Services and Transformation, said: "We

value the contribution made by European residents to our borough and encourage them to apply to the scheme so that they can continue to live and work here.

"I urge all eligible residents not to delay as time is running out. Please remember that if you need any support with your application free help is available from Ealing Law Centre at ealinglawcentre.org.uk"

Find out more and apply at www.gov.uk/eusettlementscheme.

Update on the High Speed 2 Colne Valley Viaduct project

The council and High Speed 2 (HS2) have reached an agreement that has removed the need for the council to continue with its Judicial Review in relation to the Colne Valley Viaduct.

HS2 Ltd made an application to the council for planning approval in relation to the design and external appearance of the Colne Valley Viaduct under the HS2 Act.

The council did not determine the application on the basis that HS2 Ltd had failed to provide it with sufficient information for it to make a lawful decision. HS2 Ltd issued an appeal to the Secretaries of State for Transport and Housing, Communities and Local Government who appointed a Planning Inspector to decide the appeal on their behalf. The Inspector found in favour of HS2 Ltd and allowed its appeal.

Judicial Review proceedings against the Secretaries of State and HS2 Ltd were brought by the council to the High Court in December 2020, challenging the legality of the Inspector's decision. The viaduct has very significant ecological and environmental implications for the borough and its residents and the council was concerned that planning approval had been given in the absence of important information which would adequately protect these interests.

Discussions have recently taken place between the council's and HS2 Ltd's leadership in relation to the HS2 project as a whole and they have included the viaduct where the council has reiterated its concerns about the lack of information provided by HS2 Ltd in relation to ground water quality, the ecological impacts arising from the viaduct

and the anti-graffiti measures that are to be included in its design.

As part of these discussions, the council has also asked for a public commitment from HS2 Ltd to work collaboratively to secure a positive long-term legacy for the borough and its residents by ensuring that robust mitigation plans are put in place.

HS2 Ltd has written to the council, providing assurances that it will share with it the information which it has asked for. This includes details of ground water quality and also working with the council on providing public statements on water impacts, sharing ecological reports and developing a public summary on ecological mitigations and finally, providing the necessary details on anti-graffiti measures.

The council regrets that HS2 Ltd did not provide

this information at the time of submitting its application for planning approval as it would have removed the need for the council to resort to legal action at public cost. Nevertheless, the council has, in the light of HS2 Ltd's written assurances, decided not to pursue its Judicial Review claim. Although the design of the viaduct remains far from ideal, the council's position is that these proceedings have resulted in HS2 Ltd providing it with the information which it asked for at the very outset.

In conclusion, the council is prepared to work collaboratively with HS2 Ltd and secure a long-term legacy but this will not be at the expense of the interests of the borough and its residents. The council will continue to challenge HS2 Ltd whenever it considers it necessary to protect these interests.

Council set to raise Heathrow night flight noise concerns

Residents' wellbeing will be the key concern for the council when it responds to the government's consultation on possible changes to night flights at Heathrow Airport.

The government currently has restrictions on the numbers of flights per night and the number and type of aircraft allowed – as some are louder than others. But it's important the economic benefits of night flights do not come at the expense of impacting on the quality of life for residents.

While Hillingdon residents may not be so heavily impacted as those who live directly under the approach and take-off flightpaths, those living in

the south of the borough, close to the runways are more likely to be affected by night flights. In particular, the associated ground noise, which is a unique impact for Hillingdon residents.

With uncertainty over Heathrow's expansion plans the situation could get worse for residents, so it is vital the council and residents raise their concerns now over the detrimental health impacts that night flights can cause.

The council has already responded to Part 1 of the Department for Transport's (DfT) Night Flights Restrictions consultation, as a member of the Local Authorities Aircraft Noise Council – an umbrella organisation of local authorities and other groups that represents the interests of residents around Heathrow affected by aircraft noise.

The second part of the consultation (Part 2) runs

until Monday 31 May, and while the council will be responding to try and safeguard residents against any further increase in noise, residents themselves are being encouraged to have their say, too.

Part 2 of the DfT's consultation is looking for feedback on its long-term policy for night flights beyond 2024. It will examine particular issues, such as whether noisier aircraft types should be banned, or if there should be dispensations for certain flights to allow them to land within the night-time period.

To respond, visit gov.uk and search 'Heathrow night flights'.



Rodent infestation lands catering company with fine

On Monday 22 February, the council prosecuted a catering company in Hayes and its owners after a food hygiene inspection uncovered a string of offences.

The company and both owners were fined £14,345 for six offences.

During an inspection of Ardaas Sweets Catering

Ltd in September 2019, officers uncovered a serious rodent infestation, with mice droppings littered all over the premises, including on the floor, food surfaces, near cooking equipment and in the food storage area. Food waste was left on the floor overnight, and sweets and snacks were covered in mould.

Despite asking the owners Jaideep Singh Songra, aged 50, and Mahinder Parihar, aged 46, to make improvements - including a voluntary closure in April 2019 to get the infestation under control - it was evident that no improvements had been made and there was no routine cleaning/ disinfection system in place.

A notice was served in September 2019 for a food management system to be in place by October 2019 - but nothing was done, leaving environmental health officers no choice but to prosecute.

At Uxbridge Magistrates' Court on Tuesday 9 February, both Songra and Parihar pleaded guilty to failing to improve conditions and for

disregarding food safety and hygiene regulations. Both were fined £650 for each offence. In total, they were each ordered to pay £5,134 and the business was also fined £4,081.

Cllr John Riley, Cabinet Member for Public Safety and Transport, said: "Ardaas Sweets Catering Ltd and its owners showed complete disregard for the law and for the safety of their staff and customers. We offered them a chance to help them improve hygiene standards, but instead they refused to cooperate and comply. This is completely unacceptable. We will continue to help businesses comply with the law and prosecute those who think the rules don't apply them."



Works have started at SEGRO Park in Hayes on the site of the 30-acre former Nestlé chocolate and coffee producing factory bringing new training opportunities, jobs and investors to the area.

The new urban industrial scheme in Hayes, will be developed with four industrial units totalling 239,665 square feet.

The largest unit, totalling 97,600 square feet, has already been pre-let. The remaining three, one of which will be particularly suited for a data centre due to its power, connectivity and security, are being built to meet the demand for modern, environmentally sustainable warehousing.

A dedicated skills and training programme is being put in place by the council and SEGRO to ensure that residents benefit from the training and employment opportunities generated by the construction and future occupation of the industrial park. This programme includes training delivered by Hayes-based organisation, BUILD, to

provide local young people aged 16 to 24 with a route into a career in construction.

Funding has also been given by SEGRO for the creation of a new supply-chain initiative to enable Hillingdon small and medium-sized enterprise to compete for opportunities in the construction sector. This initiative is being led by Hillingdon Chamber of Commerce.

The new industrial units are expected to create up to 350 job opportunities for the local community once completed.

Cllr Jonathan Bianco, Cabinet Member for Property and Infrastructure, said: "In Hillingdon, we are committed to supporting projects that benefit our residents and the environment. We have a strong reputation for attracting major investment to the borough and are continuing to work with developers, including SEGRO, and businesses to revitalise Hillingdon and help to create new homes and jobs for local people."

Restaurant fined for cutting down two mature trees

The council has prosecuted a restaurant business in Swakeleys Road, Ickenham after its owners commissioned the felling of two trees in a conservation area without consent.

Appearing before Uxbridge Magistrates' Court on Tuesday 23 March, Birothi Property Limited was fined £10,000 and ordered to pay a victim surcharge of £181.

The company had pleaded guilty at an earlier hearing to one offence of permitting the cutting down of two mature ash trees within the Ickenham Village Conservation Area without giving required notice or obtaining consent from the council.

The court was told that the owners removed the trees to erect an outbuilding.

The matter first came to the attention of the

council in April last year after complaints from local residents.

Officers inspected the site and discovered grind pits where two mature trees had once stood.

Investigators also reviewed aerial footage and photographs of the original trees. They concluded that permission to remove the two ash trees would not have been granted.

As a result, the council decided to prosecute the company and seek a formal order requiring them to replace the trees.

On Thursday 1 October, the council served an order requiring Birothi Property Limited to replant two ash trees or two trees of a native species with a similar mature size. The young trees have been afforded the same protection as the ones that were removed.

Large penalty for West Drayton unlicensed animal business



A man and a woman who bred and sold dogs and cats from their home in West Drayton have been told to pay nearly £50,000 after admitting they weren't licensed.

Galyna Khudyakova, aged 57, and Volodymyr Tymoshenko, aged 47,

of Colne Avenue, each pleaded guilty to two animal licensing offences at Uxbridge Magistrates' Court on Tuesday 6 April.

The offences related to the sale of pets and the breeding of puppies - both of which require a licence in Hillingdon.

Khudyakova and Tymoshenko, who were prosecuted by the council, were each ordered to pay £24,150 (£4,500 for each offence, £15,000 prosecution costs and a £150 victim surcharge). In total, they must pay £48,300.

The council and the Metropolitan Police executed a search warrant at Khudyakova and Tymoshenko's address in December 2018.

As well as finding dozens of animals on site, a ground floor room was filled with tiered cages from floor to ceiling, and another room was being used for birthing.

In the garden, a large fenced-off area contained a complex of buildings, including

storage sheds and a large wooden building where cats were kept in wooden cages. Animals were also being kept in outdoor enclosures.

Cllr Ian Edwards, Leader of the Council, said: "It was clear from the outset that this was a large-scale, long-term commercial breeding and sales business.

"There was simply no excuse for the couple not to have known about their licensing obligations and therefore I am pleased with the considerable financial penalty handed down by the court."

If you suspect someone of breeding or selling animals without a licence, email licensing@hillingdon.gov.uk.

Investing in primary schools

Five primary schools in Hillingdon are benefitting from a £3.52 million investment programme.

Last year, works were carried out at Ruislip Gardens Primary School, Yeading Infant School, Lady Bankes Infant and Nursery School (Ruislip), Lady Bankes Junior School (Ruislip) and Hedgewood School (Hayes).

In August 2020, the concrete roof areas at Ruislip Gardens Primary School were replaced and recovered at a cost of £1.14 million.

Refurbishment works to the canteen and nursery blocks at Lady Bankes Infant and Nursery School totalling £1 million were completed

in August 2020 and included repairs to the roof, external wall insulation, cladding and replacement windows.

Works to renew and replace the rear windows at Lady Bankes Junior School were completed in November 2020 at a cost of £752,000 improving the overall energy efficiency of the building.

A refurbished mobile classroom was also relocated from Hillingdon Primary School to Yeading Infant School in October 2020 at a cost of £238,000 to provide additional teaching space.

To accommodate more pupils, a modular classroom unit was relocated from Pinkwell

School (Hayes) to Hedgewood School last August. A covered play area was also installed outside the new classroom at a cost of £386,000.

Cllr Jonathan Bianco, Cabinet Member for Property and Infrastructure, said: "We are committed to investing millions in our schools by carrying out

works to future-proof our existing buildings while also at the same time pressing ahead with an ambitious expansion programme.

"Thanks to the council's sound financial management, schools in Hillingdon can offer both a high-quality learning environment and meet the increasing demand for school places."



REFURBISHED New roof at Ruislip Gardens Primary School

Owner of 'meet and greet' parking company jailed

Connect Parking Limited duped customers into paying for secure airport parking, only to leave cars in public car parks, in a muddy field or behind a nightclub. Thanks to the work of the council's trading standards team, the company's director has been brought to justice.

The owner of a Heathrow-based 'meet and greet' parking company that earned an estimated £500,000 while falsely claiming to offer its customers secure airport parking has been jailed for eight months.

Muhammad Tahir Zaman, aged 40, owner of now-defunct Connect Parking Limited of Wenlock Road, London, first came to the attention of the council in April 2017 after more than 100 of his customers' vehicles were found in 'pay and display' car parks in Brandville Road and Fairfield Road, West Drayton during the Easter Bank Holiday weekend.

The matter resulted in a year-long multi-agency investigation, code-named Operation Buzzard, led by local trading standards officers and assisted by the National Trading Standards Tri Regional Investigations Team.

During the investigation, the teams found evidence that Connect Parking Limited routinely used at least two insecure locations to store customers' vehicles, including a car park behind an adult entertainment club on the A4 in Colnbrook, Berkshire, and a muddy field in Iver, Buckinghamshire.

At the Iver site, paperwork with customers' names and personal details were found in vehicles. At the time of the council's inspection, the site was unmanned.

None of the locations found to be used by Connect Parking Limited provided the secure parking promised on the company's website.

The council also received allegations that the company used on-street parking bays and hotel car parks. There were other reports of vehicles clocking up excessive mileage while in the care of Connect Parking Limited, with some owners returning to find their cars had travelled 300 miles.

Appearing at Isleworth Crown Court for sentencing on Friday 9 April, Zaman was jailed for eight months for three offences of fraud by false representation and three breaches of consumer protection laws. He had pleaded guilty to all six offences at an earlier hearing. The offences covered the period from Friday 18 September 2015 to Friday 17 November 2017. Zaman was also disqualified from being a company director for four years.

As well as prosecuting Zaman, the council launched a complex probe into his finances in a bid to recover his ill-gotten gains, estimated to be around half-a-million pounds over 26 months.

However, during a confiscation hearing at Isleworth Crown Court ahead of his sentencing, Zaman revealed that he had been declared bankrupt. As a result, the council was unable to confiscate any earnings or recover any costs (the council was awarded £1).



Cllr Ian Edwards, Leader of the Council, said: "I can only imagine how shocked Muhammad Tahir Zaman's customers must have been to learn that their vehicles, which they'd entrusted to him in good faith, had been parked in a field, behind a nightclub or in an ordinary public car park while they were away on holiday. He abused his customers' trust in the most brazen way, while making a great deal of money, and so it's only right he should face the full force of the law."

Funding boost for community projects

A raft of new projects proposed by residents to benefit their local communities will be funded by the council's Chrysalis programme in 2021.

The schemes are part of this year's £1 million investment programme, that encourages residents to suggest ideas for providing or enhancing facilities on council-owned land.

This year, a wide range of projects will benefit and the programme will include improving playgrounds and allotments, building outdoor gyms, supporting sports clubs and upgrading community centres.

For 2021/22, the successful Chrysalis projects and their wards are:

Playgrounds (£180,000)

- Willow Tree Open Space playground (Yeading)
- Spider Park playground (South Ruislip)

Outdoor gyms (£200,000)

- Hayes End Community Park outdoor gym (Botwell)
- Churchfield Gardens outdoor gym (Eastcote and East Ruislip)
- New Ponds Playground outdoor gym (Manor)
- The Closes outdoor gym (West Drayton)
- Dowding Park outdoor gym (Uxbridge North)

Highways/pathways, hard landscaping etc (£274,000)

- Hoylake Crescent to the Greenway (Ickenham)
- Celandine Route Copthall Road to Swakeleys Road (Ickenham)
- Celandine Route three gravel paths (Eastcote and East Ruislip and Uxbridge North)
- Yeading Brook planting mature trees (South Ruislip)
- Hillingdon House Farm pitch drainage (Uxbridge North)

Sports clubs (£57,000)

- Eastcote Bowls Club exterior building refurbishments (Cavendish)



SOON TO BE REFURBISHED Rebecca Higgins, George Higgins, 6, Henry Higgins, 8, and William Higgins, 10, outside the scout hut in Ruislip Gardens.

- 4th Ruislip Scouts exterior building refurbishments (Manor)
- Courts Park Bowls Club renewing playing surface (Uxbridge North)

Community centres (£158,000)

- Eastcote Community Centre refurbishment toilets and kitchen (Cavendish)
- Yeading Community Centre toilet refurbishment and new meeting room (Yeading)
- Crane Youth and Community Centre refurbishment of toilets and entrance (Pinkwell)

Allotments (£38,000)

- Moor Lane Allotments composting toilet (Heathrow Villages)
- Grosvenor Avenue Allotments composting toilet (Charville)

Town centres (£100,000)

- Contribution towards improvements to a parade of shops in Kingshill Avenue

Work on the successful projects will start from mid-May, with the playgrounds and outdoor gyms scheduled for completion by the autumn.

Chrysalis funding in action

In September 2019, 4th Ruislip Scout Group were awarded a Chrysalis grant totalling £13,541 to renovate the grounds surrounding their headquarters in Ruislip Gardens.

The grant was used to replace the dilapidated fence and replace the concrete driveway surrounding the scouting hut. The group also used the funds to install a concrete pathway around the building to make it wheelchair accessible and recover a small area of overgrown land to create space for outdoor meetings

and overflow parking within the grounds. The works were completed in March 2020.

4th Ruislip Group Scout Leader, Jo Wolfe, said: "In 2020, thanks to the Chrysalis fund we were able to vastly improve the appearance, security and access at our headquarters in Ruislip Gardens.

"We are very fortunate to have been selected for a further grant of £20,000 as part of the 2021/22 Chrysalis programme. The grant will be used to refurbish the external rendering (as pictured) of the scouting hut which is currently in a very poor state of repair. This vital work will make the building fit-for-purpose as a community hub for many more years to come."

Cllr Martin Goddard, Cabinet Member for Finance, said:

"We're delighted to help fund these projects which are proposed and driven by the local communities that will benefit from them.

"This year, the impact could be even more important, as COVID-19 restrictions ease residents will be looking for ways to keep living healthily and for local groups to be supported as their activities resume. Importantly, they will be providing many people with a vital opportunity to reconnect socially."

To suggest an improvement via the programme, visit www.hillingdon.gov.uk/chrysalis

Tashan Daniel bursary supports young residents

Last year, the council introduced the Tashan Daniel Award in memory of Tashan who had a passion for competitive sport and sprinting. *Hillingdon People* met six young people who have received funding to pursue their ambitions in sport and culture.



The Tashan Daniel Award was created in memory of young resident Tashan Daniel, aged 20 (pictured right) from Hillingdon, who was tragically killed in an unprovoked attack at Hillingdon Underground station in September 2019.

Tashan was a keen photographer, footballer and athlete and had ambitions of competing in the Olympic Games as a world-class sprinter. In 2020, the council gave funding to six young residents to support their aspirations in sport, culture and education. Here are their stories:

Swimming for the Deaf Olympics

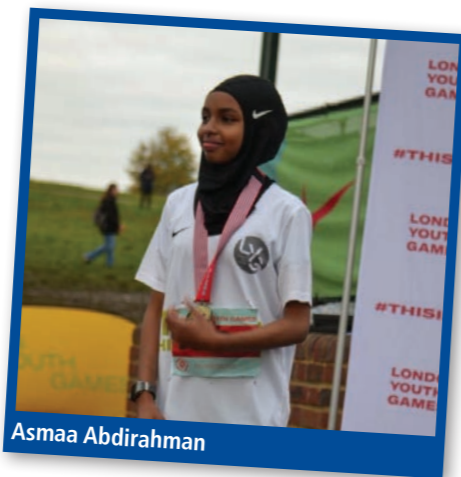
Ryan Carstairs, aged 15 from Ruislip, is profoundly Deaf and autistic, and swims for the Great Britain Deaf Swimming Club. He



Ryan Carstairs

was awarded £900 from the Tashan Daniel Award to pay for his Great Britain swimming kit, racing shorts and travel to training.

Ryan's mum, Amy, said: "For Ryan, swimming is his life. It's an opportunity for him to excel and not to be defined by his disabilities. He does not receive any funding or support for his Great Britain Deaf Swimming, as the club has to raise money to send swimmers to any national or international events. Ryan is aiming for the Deaf Olympics."



Asmaa Abdirahman

Inspiring Muslim girls into athletics

Asmaa Abdirahman, aged 14 from Hayes, represents Hillingdon in cross country and won Gold at the London Youth Games in 2019. She attends Hillingdon Athletics Club and received £2,000 for equipment and coaching to help

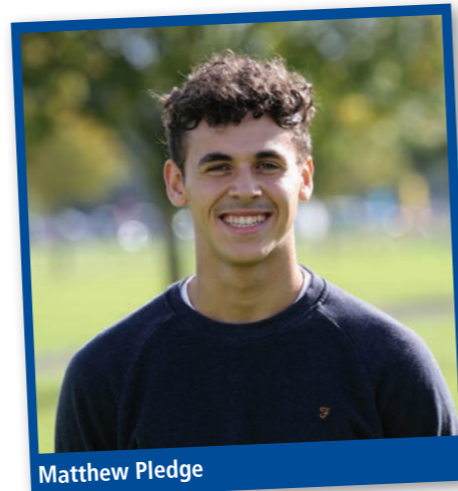
achieve her ambition to one day become an Olympian.

Asmaa said: "This funding will motivate me and make it easier to achieve my goals in both the short and long-term. I hope to continue Tashan's legacy in the future and honour his name, as he was a teammate at my club."

"I also want to inspire more young Muslim and ethnic minority girls to get involved in athletics. Special thanks to Tashan Daniel's family for this wonderful opportunity."

Becoming a local hockey coach

Matthew Pledge, aged 20 from Uxbridge, is studying Biochemistry at the University of Warwick. He received £500 to complete an



Matthew Pledge

England Hockey Sessional Coaching Qualification to become a fully qualified hockey coach, and hopes to take up a coaching position at Eastcote Hockey Club.

He said: "I am extremely happy and grateful to be receiving this award. It will help me to fund my coaching course and pursue a career in hockey coaching, as well as helping me develop my skills as a player."

Developing artistic talent

Ellie Riley, aged 19 from Uxbridge, applied to the Tashan Daniel Award to assist her studies and future career in art, and received £400 towards art equipment such as paint brushes, canvasses and portfolio materials.



Ellie Riley

She said: "I feel extremely grateful to have been awarded an opportunity to develop my skills further using specific equipment that the award has allowed me to purchase."

"I'm currently studying Art and Design at university and the bursary has been immensely helpful in allowing me to use a wider range of equipment. I'm hopeful that the award will assist me in gaining a degree and further my experience for future employment."

Improving cross country performance

Abdirahim Hamud, aged 16, from West Drayton, is the current Middlesex cross country champion and represents Hillingdon Athletics Club where Tashan trained. He was awarded £2,000 to attend a high-altitude training camp, invest in sports gear and undergo physiotherapy.

He said: "I was very pleased that I was accepted for a Tashan Daniel Award as the funding will help me



Abdirahim Hamud

in many ways. I will now be able to attend physio appointments, training camps, travel to competitions, and buy some training equipment that I desperately need. With this support, I hope to improve my performance."

Becoming a role model in gymnastics

Sophie Harper, aged 16 from Hillingdon, was awarded £419 to complete a gymnastics coaching course. Once qualified, Sophie will teach gymnastics at Futunity UK, a leading dance academy in Uxbridge.

She said: "The funding I received will allow me to qualify for my British Gymnastics Level 1 course, which will support my aspirations for teaching sport as well as working with children. Keeping children active is very important as sport helps children get fit, develop skills, make friends and learn to manage emotional highs and lows. I want to be a sports role model encouraging children of the importance of sport - whatever their ability."



Sophie Harper

Tashan Daniel's family, said: "We are extremely proud and grateful to all those involved at the council in setting up this amazing bursary in Tashan's name."

"To be able to help young people within the borough achieve their dreams and aspirations is fantastic."

"We feel immensely proud and honoured about the bursary and grateful that something positive can happen through the tragic loss of Tashan's life."

Apply for funding

Young people in Hillingdon can apply for the next round of the Tashan Daniel Award bursary from Monday 28 June until Sunday 11 July.

Council funding will be allocated to successful applicants for requests including sports equipment, sports training and competing opportunities (in the UK only), qualifications in art and culture, and vocational courses in further education.

The memorial bursary is available to Hillingdon residents up to the age of 21, with support to the maximum value of £2,000 per person, per year. Applications will be assessed by a panel, including a member of the Daniel family.

Leader of the Council, Cllr Ian Edwards

said: "The Tashan Daniel Award supports young people in the borough to achieve their aspirations and we're so pleased that six residents are already benefiting from the bursary."

"Tashan was a keen sportsman with a passion to compete in the Olympic games as a world-class sprinter, and we hope that this tribute to him will help local young people to reach their goals in sport, culture and education."

Further information is available at www.hillingdon.gov.uk/tashan-daniel-award

Supporting apprentices to develop and gain new skills

The council's apprenticeship scheme launched three years ago and has since been commended as one of the most successful in the UK, with more than 83 new apprentices and 151 existing employees trained in new skills.

Hillingdon's apprenticeship programme gives apprentices the real-world experience and training they need to gain qualifications and forge a career, while also being paid and working towards an accreditation.

Apprentices at the council work in a variety of service areas, from horticulture, town planning, libraries and carpentry, to legal, accounts, project planning and social work.

This year, 13 new apprentices and 21 existing employees have undertaken courses.

Leader of the Council, Cllr Ian Edwards, said: "I am very proud of our apprentices' achievements, whether they are new to the council and taking on a brand-new challenge, or are already an employee working hard to improve their skills while carrying out their day jobs.

"This scheme has achieved so much in just three years and provides wonderful opportunities for residents to earn while they learn. I encourage anyone interested in applying for an apprenticeship to see if there might be one offered at the council that is right for them."

Tiarna Robinson

Tiarna, 21, from Northolt, joined the council's maintenance team as a business administration apprentice in February.

Her role involves investigating and responding to queries from council tenants and councillors.

Tiarna decided to apply for the role as she was interested in working in a position where she could help others. She previously undertook a work experience placement at a hostel for homeless people and is passionate about providing support for those in the community.

So far, Tiarna has enjoyed this challenging role, in particular finding out about the diverse work her service undertakes and the many ways she can support residents.

Tiarna hopes that her experience in this 15-month apprenticeship, which will lead to a Level 3 Business Administration qualification, will help her to progress her career at the council as she aspires to move into the housing team.

Tiarna said: "I am enjoying learning new skills and dealing with new challenges, and it's good to be able to help tenants get their problems sorted."



Fauzia Rehman

Three members of staff in the council's Universal Youth Service successfully completed year-long apprenticeships last September, which helped them to develop their expertise and support their work at the council.

Among them was Fauzia Rehman, lead youth and community worker, who completed a Level 3 Award in Youth Work Practice.

Fauzia, 40, from Hayes decided to apply because the course was extremely relevant to her work, providing practical training that applied youth work principles.

She said: "I am passionate about my work with and for young people, where I am supporting them through their journey from childhood to adulthood. I applied for the course to improve my existing knowledge and skills, so that I can better support young people in my role.

"This course helped me to gain a qualification that provides access to degree level learning and a professional level youth work qualification."

Before completing the course, Fauzia's work mainly involved leading a team of youth workers in delivering services to young people. Since completing the apprenticeship, her role has expanded to include more managerial responsibilities and it has also seen her contributing to the content of services provided for residents.

Fauzia added: "I enjoy the confidence which I now have in performing my role, due to the knowledge and skills I gained from completing this course. My aspiration is to continue to develop my knowledge and skills, and to eventually be in a position to apply for a managerial position within the youth work field."



If you're interested in starting an apprenticeship, visit www.hillingdon.gov.uk/apprenticeships



A memorable year as Mayor of Hillingdon

As the end of her term as Mayor approached, *Hillingdon People* caught up with Cllr Teji Barnes to reflect on what she calls her unusual but unforgettable year.



Cllr Barnes became Mayor last May while the country was already in national lockdown, limiting many of the activities and events that would usually take place in a Mayoral year.

While ensuring government guidelines were strictly followed – Cllr Barnes set out to reach as many people as possible during her time in the role. A task that she said pushed her to think outside the box, but one that she took in her stride as she enjoys a challenge and thrives on change and new experiences.

Cllr Barnes said: "My entire year has been amazing. The really special part of all of this was that I got to meet so many people, albeit online. I have enjoyed the freedom to virtually meet residents of all ages, business owners, clergy, service personnel and the army of volunteers supporting the borough during this difficult time. I also attended around 20 Scout and Girl Guiding groups and met nearly the entire Uxbridge Stagecoach attendees, of which there are 300. For me, every single minute of my year has been exceptional."

Another way Cllr Barnes stayed in touch with people was through the creation of her very own YouTube channel – a first for a Mayor in Hillingdon. The channel, which launched last August, allowed her to share her Mayoral experiences and offer people a behind-the-scenes look at her diary events.

She said: "I decided that to engage with residents of all ages during my term, I would need a medium that was becoming a part of everyday life, so setting up a YouTube channel seemed the most obvious solution."

At the start of her term, the Mayor rarely left the parlour, so the videos were a great way to communicate with residents and to publicise the work of her nominated charity, the Centre for ADHD and Autism Support.

As restrictions eased at different periods in the year, Cllr Barnes was also able to venture outside for some socially distanced activities with small groups. Highlights included a trip to Westminster Abbey in September, laying wreaths at many of the borough's war memorials to commemorate notable anniversaries, and visiting a school, bowls clubs, various gardens and parks and a vaccination centre.

Cllr Barnes added: "I would have loved to have held more parlour visits for young schoolchildren and groups, but apart from that I don't think I felt like I had missed out on things. Though one of the unexpected opportunities, I felt very proud being a part of the World War memorial proceedings last year. When restrictions were relaxed, I managed to visit the Battle of Britain Bunker, RAF Northolt and the Polish Air Force Memorial and got the chance to meet some of the airmen's families."

Cllr Barnes was disappointed that she couldn't hold the activities planned to raise money for the charity but got behind all their fundraisers.

She said: "It has been a very strange time for fundraising during the Mayoralty. I did not get the chance to do anything the Mayor would normally do to raise money as they would have involved lots of meeting people. I had thought about holding virtual events and other ideas such as releasing balloons, however, I decided to work with the charity and promote the fundraisers they held which included online quizzes and raffles. These virtual activities have been very successful, raising more than £500 on nearly every event in ticket sales alone."

Following her term as Mayor, Cllr Barnes plans to return to running her driving school, Learn With Teji Barnes, working with the IAM Roadsmart charity and serving as a member on the London Road Safety Council. She also hopes to join various groups, some of which she was introduced to as Mayor.

She also plans to continue to collaborate with the Centre for ADHD and Autism Support, where she has made some great friends.

She said: "I am also passionate about understanding autism and ADHD and the effects these conditions have on the individual adults, depending on their gender. I have taken some training but will pursue further in-depth study to improve my knowledge."

"On a final note, I would like to take this opportunity to say thank you to everyone who has sent a donation to my charity by texting, sending cash, cheque and bank transfer, it is very much appreciated."



To find out more about the Mayor's Charity Appeal and donate, visit www.hillingdon.gov.uk/mayor





UXBRIDGE LIDO REOPENS Cllr Barnes with the Lido Ladies Jessica Walker and Nicola Forster.

Welcoming you back safely

A range of measures have been introduced across our leisure centres to ensure local people can enjoy a range of activities and exercise opportunities in a COVID-secure environment.

Following the government's four-step roadmap out of lockdown, the outdoor pool at Hillingdon Sports and Leisure Complex reopened on Monday 29 March, and on Monday 12 April all of Hillingdon's council-run leisure centres welcomed residents back. The council's contractor, Greenwich Leisure Limited (GLL) which operates the centres under its Better brand, has introduced a range of COVID-19 safety measures to help keep visitors and staff safe, including pre-booked time slots and one-way systems.

GLL will continue to review its COVID-19 procedures and fitness class timetable to ensure they are in line with the government's latest public health recommendations.

Our four leisure centres Botwell Green Sports and Leisure Centre (Hayes), Highgrove Pool and Fitness Centre

(Ruislip), Hillingdon Sports and Leisure Complex (Uxbridge) and Queensmead Sports Centre (South Ruislip) have a wealth of fitness activities to suit residents of all ages and abilities.

There's also no joining fee for a limited time (subject to availability) so there's never been a better time to become a member.



Before you arrive

Before you arrive, you'll need to:

- Book a time slot via the Better UK app
- Arrive on time. If you arrive early, you'll need to queue outside and if you arrive late, you won't be allowed access to the centre
- Be changed into your activity clothes and shower at home if possible, as centres are trying to limit access to showers and changing rooms
- Bring your own water bottle, towel and hand sanitiser, if possible.

An enhanced cleaning system is in operation, but there are also some measures that residents can help with too.

Upon arriving

When you enter the leisure centre, please ensure that you are wearing a face covering and please sanitise your hands.

Around the centres there will be:

- A one-way system that you should follow at all times

- COVID-19 safety signs and floor stickers instructing you to keep a safe distance. The centres are running at reduced capacity, so you'll always be able to maintain a safe distance from other visitors
- Sanitisation stations that you should use in between activities or using any equipment.

For any gym, swim or fitness class session booked, visitors will be given a one-hour time slot to ensure that everyone has the chance to visit and enjoy the facilities. This slot includes entering the building, taking part in your activity and leaving the building.

Face coverings should be worn until you commence your exercise activity.

Swimming pool safety measures

Swimming pools will have:

- A maximum of 10 swimmers in each lane of a 25-metre pool
- Double-width lanes so visitors can keep a safe distance
- Chlorine disinfectant in the water management systems, complying with government regulations, is proven to disinfect pathogens, including viruses such as COVID-19.

When using the pool, please show caution when overtaking and maintain social distancing.

Safety measures for fitness classes

Group exercise classes are expected to be available for booking from Monday 17 May (COVID-19 dependent). A hygiene station will be at the entrance of all fitness class studios.

When fitness classes resume, they will have:

- Capped attendance enabling class-goers to remain at a safe distance at all times
- No member interaction or shared equipment
- Time dedicated to sanitising your hands and wiping down any equipment both before and after use with the cleaning products provided
- The possibility to be taken outside, weather permitting and where enough space is available.

The specific location of your class will be on your booking.

Exercise mats for classes such as yoga or Pilates will be provided but please ensure you clean them before and after use with the sanitiser and paper towel provided. Alternatively, you can bring your own mat.



Penny Good

Penny Good, 73, from Ruislip, said: "At my age, keeping fit is my number one priority, as it benefits not only my physical health but my mental wellbeing too."



"During lockdown I really missed the socialising aspect of coming to the gym. It's really easy to book a session via the app and all of the equipment is very well spaced out so I feel safe returning."



Fatema Tarawala

Fatema Tarawala, 38, from Ickenham, said: "It's great to be back at the gym and I feel very safe with all the safety measures in place. "Exercise has such a positive impact on my physical and mental wellbeing and I always feel great when I get back home. It's great to be back!"

Cllr Susan O'Brien, Cabinet Member for Families, Education and Wellbeing,

said: "Exercise is a great way to reduce stress and anxiety, it improves health and emotional and physical wellbeing, and Hillingdon has some of the best leisure facilities in London.

"GLL has introduced measures to ensure the safety of visitors and staff by making our centres COVID-secure. I would encourage residents to look at the membership options available and by using your *HillingdonFirst* card you can make the most of reduced rates."

To book a fitness class, gym or swimming session, download the Better UK app. Find out more about the range of membership options and classes available by visiting www.better.org.uk

SHOP LOCAL, SHOP HILLINGDON

Restaurants, pubs, coffee shops, clothing stores and other non-essential retailers are open for business and giving residents a warm welcome as they return to high streets across the borough.

Who hasn't missed grabbing a coffee from their favourite café, eating out with friends or browsing local independent retailers for the perfect gift for a loved one?

To support the borough's hospitality sector, the council is waiving the cost of temporary pavement licences for 12 months.

The permits allow businesses to put tables and chairs outside their premises to serve food and drinks. Since restrictions were first eased last summer, 94 licences have been issued. For more information, visit www.hillingdon.gov.uk/pavement-licence.



Yasmin Faria, owner of The Hairdressers in Hayes (pictured above), said: "We quickly adapted to the new safety measures to ensure everyone's safety and it's great to be back open. The council has also been really supportive in helping us to stay afloat and open. It would have been difficult without their support."

Hovig Yardim, Managing Director of TAG Drinks a coffee shop based in Eastcote (pictured below), said: "The application for a pavement licence was incredibly easy and it was turned around very quickly."



"The council has responded promptly to any queries and comments I've had and we're looking forward to expanding our business and what we can offer customers in the future."

The council is also fast-tracking licensing applications to support businesses to reopen as swiftly as possible. Other support measures include suspending pre-application inspections for existing businesses until after they reopen and allowing for licence fees to be paid in instalments.

Businesses are being provided with advice from specialist council officers on how to make sure their outdoor dining spaces are COVID-19 secure and do not cause a nuisance for their surrounding neighbours.



The council is also working with Uxbridge Business Improvement District (BID) and Hillingdon Chamber of Commerce to support them with a summer programme of events, including the return of the Uxbridge summer market and Ruislip Manor Fun Day (COVID-19 dependent).

Leader of the Council, Cllr Ian Edwards, said: "I know just how hard the past year has been for our businesses and that's why we have put in place measures to help support them."

"Our high streets need our support now more than ever and I would encourage residents to make that extra effort to shop locally and support Hillingdon businesses."

"Residents are also reminded that when visiting premises, they must maintain social distancing, wear a face covering indoors (unless exempt) and regularly wash their hands or use hand sanitiser. If we follow the rules we can help stop the spread of infection, keep everyone safe and start to reopen more of society."

Use the council's directory to find out what shops and businesses are open in your area or sign up to promote your business. For more information, visit www.hillingdon.gov.uk/businessdirectory



Roadmap out of lockdown

The following dates are subject to government review and infection rates in London and the UK.

From Monday 17 May

- People can meet in groups of 30 outdoors
- Six people or two households can mix indoors
- Cinemas, hotels, performance and sporting events can reopen (social distancing will still apply and capacity limits for large events)
- Weddings can continue with up to 15 people with receptions and funerals up to 30 people

From Monday 21 June

All legal restrictions could be lifted with social distancing being reviewed.

Grants for businesses

The council has expanded the eligibility criteria for its discretionary business grant schemes to provide further sectors with access to financial support.

By broadening the schemes' scope it will significantly increase the number of businesses eligible for payments and distribute funding even further across the local economy.

It will also give eligible businesses who were forced to close due to restrictions and who are expected to reopen in the coming months a much-needed boost to help them to resume trading.

The council's Additional Restrictions Grant (ARG), which supports businesses that have had their trade affected by the national and local restrictions, is offering funding to more sectors that can demonstrate they have been impacted with a reduction of turnover of 30 per cent or more.

The scheme includes closed businesses that don't pay business rates; businesses that are in the hospitality, leisure and accommodation sectors that do not pay rates and have not been required to close but are still severely impacted; and businesses that pay rates that have not had access to earlier grant schemes.

Additionally, the eligibility criteria has been expanded for the council's Local Restrictions Support Grant

(Open) scheme, offering support to more businesses that were impacted but not required to close during the various restrictions. The qualifying criteria for demonstrating severe impact has also been reduced, with businesses now needing to evidence a 30 per cent loss in turnover, rather than the 50 per cent previously.

Under the government's Restart Grant Scheme, we have paid out more than £8.2 million to more than 1,000 businesses.

Cllr Martin Goddard, Cabinet Member for Finance,

said: "The COVID-19 pandemic has had a huge impact on the local business community."

"Since the first lockdown in March 2020, we have supported more than 3,500 local businesses from a variety of sectors in accordance with government guidance with temporary support grants in excess of £57 million."

"All local authorities have had the discretion to establish business grants schemes that best fit their area, and by revising and expanding our well-established schemes we are ensuring that funding can be distributed as widely as possible amongst Hillingdon's businesses to support them through this challenging time and help them to bounce back."

For a list of all available business grants, eligibility details and to apply visit, www.hillingdon.gov.uk/local-business-grants

Helping residents to shop safely

After the Easter Bank Holiday weekend, the council's COVID-19 marshals once again returned to high streets and shopping areas across the borough to help slow down the spread of coronavirus and reassure residents.

As part of their work, the marshals will remind shoppers to wear face coverings and adhere to social distancing measures to keep everyone safe.

In addition, the marshals will support businesses to ensure they are COVID-19 secure with properly spaced queues and one-way systems in place. They will also be handing out pocket-sized hand sanitisers, face coverings and information leaflets.

Need support?

As society slowly starts to unlock and we're able to do more of the things we used to, it's really important to prioritise your mental health.

Everyone reacts differently to events and changes in the way that we think, feel and behave vary between different people and over time. It's important to take care of your mind as well as your body. Find out more about the support available by visiting www.nhs.uk/oneyou/every-mind-matters.

The council's COVID-19 Community Hub is available to signpost residents who need to self-isolate to a range of help, including financial advice and support, emotional wellbeing and befriending services, and local food bank referrals for those who meet eligibility criteria. It is open from Monday to Friday, 9am to 5pm, and can be contacted via email at COVID-19hub@hillingdon.gov.uk or by calling 020 3949 5786.

For the most up-to-date coronavirus guidance, localised infection data and information on council services and support, visit www.hillingdon.gov.uk/coronavirus



isolate, which can help drive down rates locally and save lives.
Shakeeb Shirinzoy, (pictured left) from Hillingdon, said: "I got tested because I'm a keyworker and I wanted peace of mind. It's very straightforward."

Khadija Hassan, (pictured below) from Hillingdon, said: "I got tested because I work with special needs kids. It was very good."



Testing for residents with symptoms and self-isolation guidance

If you have any COVID-19 symptoms (a continuous cough, high temperature, or loss or change to sense of smell or taste) it is vital that you self-isolate immediately and book a test by visiting www.gov.uk/get-coronavirus-test or calling 119.

You must not leave your home except to get a COVID-19 test if:

- you have COVID-19 symptoms
- you have tested positive for COVID-19
- you have been instructed to self-isolate by NHS Test and Trace.

While you are self-isolating you must not:

- go to work
- go shopping
- go out for exercise
- meet with friends or family.

Test and Trace Support Payment Scheme

If you receive a positive COVID-19 test result or are told by NHS Test and Trace to self-isolate because of close contact with someone who has COVID-19, you may be eligible for a £500 lump sum payment.

The Test and Trace Support Payment is for people on a low income who must self-isolate for 10 days and cannot work from home.

For more information, visit www.hillingdon.gov.uk/individual-financial-support.

Get tested twice a week

As many as one in three people who have COVID-19 show no symptoms but could be passing the virus on to others. Everyone in England can now access free, regular, rapid tests for coronavirus.

If you're not showing any COVID-19 symptoms, you can get a twice-weekly home test, which can be ordered and collected from one of our seven community testing sites. For more information, visit www.hillingdon.gov.uk/community-testing.

This testing is supplied by NHS Test and Trace and is available to individuals who are not showing any COVID-19 symptoms but may be inadvertently passing the virus on to others. It enables those who test positive, and their contacts, to self-

Help keep Hillingdon safe by getting vaccinated

The vaccine is our best defence against this virus, and the key to a return to normal life. Please play your part and come forward to be vaccinated when it's your turn.

The COVID-19 vaccination is being delivered by the NHS. The council is supporting health partners and the rollout by sharing NHS information and messaging to ensure that residents are well informed.

Last month, the government met its target of offering a first COVID-19 vaccine dose to the nine most vulnerable groups. There continues to be an impressive uptake across the borough and this is all thanks to eligible residents choosing to take the vaccine and the great work being carried out by our partners the NHS, Hillingdon CCG and volunteers. When it's your turn, please book your appointment as soon as possible to protect yourself and those around you.

As of Thursday 22 April, 148,267 residents in Hillingdon had been vaccinated against COVID-19.

Get your vaccine when invited

It's the best way to protect yourself and those you care about. It's safe, effective and has medical approval. It has no animal products or egg.

Debra Stoute, aged 47 from Ruislip, (pictured left) said: "I've had mine. It's a community effort and I got the vaccine to protect myself and others from COVID-19."



Community champions

In January, the council and H4All (Hillingdon for All) launched an initiative to recruit community champions to help deliver health messaging across the borough.

The first champions, who come from a wealth of different backgrounds, have helped to design the training which will provide them and future champions with the knowledge and skills they need to have conversations with their communities to raise awareness, motivate and signpost people to services which will help to improve their health and wellbeing.

Sarah Jane Gardner, from Hillingdon, (pictured above) said: "I've many links in the borough and lots of experience helping people in the community. I'm pleased to be playing a part in raising awareness of the actions that need to be taken to help slow down the spread of COVID-19 and ensuring that local people can make informed decisions about their health."

If you are interested in becoming a community champion or would like to find out more, please email community@h4all.org.uk.



Elizabeth Woodward, from Uxbridge, (pictured above) said: "My own personal experience with coronavirus reaffirmed my belief that vaccines are our best defence against the virus."

When it's your turn, book your appointment as soon as possible. You'll usually be invited by the NHS by text, email or letter.

They will never ask for payment or to provide proof of ID.

For more information, visit www.hillingdon.gov.uk/vaccine



+ KEEP HILLINGDON SAFE +

PLEASE CONTINUE TO



Wash your hands



Cover your face



Keep a safe distance



Let fresh air in



Get tested regularly



Take the vaccine when eligible

Working together to
Keep Hillingdon Safe 

Apartments provide 24/7 support for over-55s

Our purpose-built flats provide private accommodation exclusively for residents over the age of 55 with additional care needs, with the added benefit of carer support available 24 hours a day. Prospective residents will also soon be able to take a virtual behind-the-scenes tour of the facilities.

Located in Uxbridge, Hayes and Ickenham, our affordable extra-care housing facilities offer residents the opportunity to continue living a fully independent life, but with care staff available on-site 24 hours a day for added peace of mind.

All extra-care flats offer the comfort and privacy of a private home and are situated close to local facilities and public transport. Key features include modern fitted kitchens, an en-suite bathroom and integrated appliances, and many homes have a private balcony or garden.

Each site has communal areas with optional group activities and every flat has an in-built call system for added security, should a carer be needed.

Park View Court

Park View Court in Uxbridge opened in October 2019 and consists of 60 self-contained flats designed to support independent living. Close attention was paid to the design and colour of the building to enable tenants with cognitive decline to navigate around with ease.

Each flat has a private garden balcony and residents have access to a shared garden with a water feature, raised flower beds, a potting shed and covered seating areas with gazebos.

Communal facilities include an on-site restaurant, hairdressers, treatment room, prayer area and an assisted bathroom with Bluetooth connectivity to enable the use of light, sound and music.

An innovative Tovertafel table offers interactive virtual activities for people with cognitive challenges and those living with dementia. (Tovertafel is a Dutch invention and translates to 'magic table' in English and is a ceiling-based projector,

which shines multicoloured lights onto the surface below, usually a table and is proven to help care staff promote stimulation through specialised games).

Park View Court is close to the shops and facilities in Uxbridge and is well served by buses to nearby towns. Other local amenities include Hillingdon Hospital, a post office and local shops. The nearest stations are Uxbridge (Piccadilly and Metropolitan lines) and West Drayton.

Grassy Meadow Court

Grassy Meadow Court was built to the University of Stirling's 'Gold Standard' for dementia design. Close attention has been given to the detail, colour and layout of the building to help residents with dementia or impaired memory to navigate their way around.

All 88 self-contained apartments have a private balcony garden and communal facilities include two central courtyard garden areas, a dementia centre, restaurant, café,

hairdressing salon and a dedicated prayer area.

Residents can also use the site's Tovertafel table individually or in groups, to help with cognitive challenges and dementia.

Grassy Meadow Court is close to Hayes Town and the Uxbridge Road where there are a variety of banks, supermarkets, a post office and local shops. It is well served



Grassy Meadow Court



Grassy Meadow Court

by local bus routes and is near to Hillingdon Hospital and Botwell Green Sports and Leisure Centre. The nearest train station is Hayes and Harlington.

Triscott House

Triscott House, in Hayes, is close to Hayes Town and within easy reach of local supermarkets, shops and banks. The complex consists of 47 flats and offers communal landscaped gardens for residents to enjoy.

Prospective new tenants can choose either a one-bedroom or two-bedroom flat, all with power-assisted doors. Communal facilities include an assisted bathroom for those with additional needs and an on-site hairdressers, hydrotherapy suite, beauty salon, prayer area and cafeteria. There is also an art room where activities such as painting, making cards and origami take place.

The complex is well served by local buses. The nearest train station is Hayes and Harlington.

Cottesmore House

Cottesmore House is located close to both West Ruislip and Ickenham and consists of 48 private flats (one and two-bed), of which 23 offer double occupancy for couples looking for somewhere to live together.

The complex has a variety of shared facilities including a café, hairdressing salon, shared lounges and relaxing communal gardens.

Both West Ruislip and Ickenham offer plenty of shops, cafes, banks and supermarkets. Cottesmore House is well served by local bus routes and is near to West Ruislip station (National Rail and Underground).

All four extra care schemes have guest accommodation, an on-site kiosk and laundry room.

Peter Roberts, aged 68,

(pictured right) has been living at Triscott House for more than eight years. He said: "I enjoy living here and have made great friends over the years. There are always other people, staff, and residents to talk to which is something I would not have been able to have living alone out in the community. Living at Triscott House feels like a community of its own."

"I like the fact there are staff on-site 24/7 all year round as it makes me feel safe and there is always someone on hand if needed. My flat is great, it's equipped with everything I need. The best feature is the design of my kitchen and I also have a balcony."

"The communal facilities are good, there is a restaurant which I like to use to sit and chat with other residents and the food is great."



There is a lounge and art room and there are activities available for residents to take part in."

The council has created a series of virtual behind-the-scenes videos that will be available soon for prospective tenants to view the facilities online.

What level of care will I receive?

All four extra-care buildings have staff on-site 24 hours a day, 365 days a year. The level of care and support you receive will be discussed and agreed with you beforehand, and will be sensitive to your culture, needs and wishes.

In addition, a manager and a dedicated support worker will be on hand during the day to offer help with accessing local facilities, arranging events and activities, and making sure that things run smoothly. You will also have access to the social work team.

Residents do not need to be an existing council tenant to apply for the scheme.

Cllr Jane Palmer, Cabinet Member for Health and Social Care,

said: "Our extra-care facilities have been designed especially with over-55s in mind, providing excellent facilities and 24-hour care that allows residents to continue to live an independent life. Our new behind-the-scenes virtual tours will soon be available online and are a great way to see what each complex has to offer from the comfort of your own home."



Park View Court



Triscott House

For more information, behind-the-scenes tours and eligibility criteria, visit www.hillingdon.gov.uk/extracarehousing



Enjoy Hillingdon's great outdoors

With spring in full swing, and the return of the rule of six outdoors, there's never been a better time to explore and enjoy our parks and open spaces. The council is also encouraging residents and businesses to have their say on its draft plan for tackling climate change.

The COVID-19 restrictions during the last year have renewed our love for local beauty spots, with many of us discovering or rediscovering parks and woodland areas.

Latest outdoor guidelines
Please remember to follow the latest government outdoor guidelines to help slow down the spread of the virus and keep our community safe. Residents can now meet up with others in groups of six (rule of six) or as two households in outdoor places like parks and private gardens. From Monday 17 May, people can meet in groups of up to 30

outdoors socially distanced, (subject to a government review and dependent on COVID-19 infection rates). Remember you should continue to keep a safe distance of two metres from anyone you don't live with and carry hand sanitiser when you are out. If you are experiencing any symptoms of COVID-19 or are self-isolating, please stay at home.

Make the most of our parks and open spaces
As one of London's greenest boroughs - with 200 parks spread across 1,800 acres of green space - there's plenty of outdoor space to choose from.

Hillingdon has also been awarded 60 Green Flag Awards for its parks and green spaces – the highest number of any local authority in the country for the eighth year running.

There are many routes and trails in Hillingdon to enjoy on foot or bicycle. Downloadable self-guided walking tours and easy-to-follow directions are available for a range of locations, including Ruislip Woods, the Hillingdon Trail, Celandine route and the London LOOP. For further information, and to download the guides and directions, visit www.hillingdon.gov.uk/walking and www.hillingdon.gov.uk/cycling.

If you have an interest in history, why not explore the Polish Air Force Heritage Trail? The trail takes in key sites around the borough frequented by members of the Polish Air Force during the Second World War. For more information, visit www.hillingdon.gov.uk/polishtrail.

Our play areas are also a great way for children to get some fresh air and let off some steam. We are following government guidelines by limiting the maximum number of people in our playgrounds at any one time. If capacity has been reached, please come back later.

Outdoor gyms, tennis and exercise classes

Our 27 outdoor gyms (with a further three planned for installation later this

year) have a variety of equipment to cater for all fitness levels and abilities.

Please bring your own hygiene products and wipe down the equipment after each use. For more information, visit www.hillingdon.gov.uk/outdoorgyms.

All 10 of our tennis courts are open for residents to enjoy and some courts must be pre-booked. To book a court or group lessons, play a match or find free tennis events, visit www.lta.org.uk/rally.

Free coach-led tennis sessions for young people aged over 12, take place at Cavendish Recreation Ground on Saturdays, from 11am to midday. (Please bring a tennis racquet if possible).

For more information, please visit www.hillingdon.gov.uk/tennis.

Visiting Ruislip Lido

On a trial basis, for the Bank Holiday weekends in May, we are limiting the number of visitors allowed at Ruislip Lido at any one time to 1,200, and council marshals will be on site to assist. This will allow people to keep visiting the Lido, while ensuring everyone remains safe.

If a park, attraction or open space looks really busy, please consider coming back another time or choose another of our many green spaces to visit instead.

Bees and butterflies to benefit from pilot project

Butterflies and bees are set to thrive in Hillingdon thanks to the council's pilot scheme allowing selected grass areas to remain unmown throughout the summer.

The pilot projects, at a number of locations across the borough, will complement the return of the flower meadows in some roadside verges, that proved incredibly popular with both residents and pollinating insects last year.

Highly-manicured short grass looks very neat, but has a low ecological value as it benefits fewer species. Letting grass grow longer encourages other species to grow amongst it and enriches our local ecology.

A further pilot scheme in Long Lane, Ickenham, features dedicated 'copse planting' with tiny sapling trees, called 'whips' being planted that will grow to create a wildlife haven.



Have your say on our climate change action plan

We want to hear your views on our draft plan for tackling climate change.

The council wants to become the greenest London borough and has created the plan to explain how it will lead the community towards that goal, while addressing the issue of climate change. It also wants to fulfil its commitment made last year to make council public buildings, fleet vehicles and street lighting carbon neutral by 2030.

The plan was created in response to the climate emergency declaration made by the council last year. It sets out a range of activities to help everyone reduce carbon emissions and the overall impact of climate change.

Read the draft climate change action plan and have your say by Sunday 20 June by visiting, www.hillingdon.gov.uk/climate-consultation.

Residents without internet access can visit one of the borough's libraries to complete the consultation.

Cllr Eddie Lavery, Cabinet Member for Environment, Housing and Regeneration,

said: "We all have to play our part in tackling climate change to ensure our borough remains a healthy, happy place for people and nature when it's handed down to future generations.

"We face a huge challenge, but one we're ready to tackle, and our draft climate change action plan outlines how we'll find ways to be more sustainable, energy efficient and improve our ecosystems so nature can thrive alongside people for years to come.

"We really want to hear the views of residents, businesses and local groups across the borough on what they feel are the most important climate-related challenges to tackle."

For more information about Hillingdon's parks and open spaces, visit www.hillingdon.gov.uk/greenspaces



PLAYGROUND FUN Annie-Kate Fahey, 7, Violet Stockwell, 4, and Shae Brown, 7.

Help keep our parks tidy

In the past year, many of us have visited our local park more frequently. To accommodate the increase in park visits, we have installed larger bins in areas that have a high footfall and also increased the frequency of visits by our litter crew.



Please be considerate of other park users and put your litter or dog waste in the bins provided. If bins are full or unavailable, please take your waste home with you.

Great British Spring Clean returns this summer

We are once again supporting Keep Britain Tidy's Great British Spring Clean.

Join the Million Mile Mission from Friday 28 May to Sunday 13 June and help to keep our parks and open spaces litter free by taking part.

Details about where local litter picking events will take place can be found by visiting www.hillingdon.gov.uk/spring-clean. Last year, as part of a Keep Britain Tidy September Clean, more than 100 bags of rubbish weighing nearly a tonne were removed from our parks and streets.



Haste Hill and Uxbridge Public Golf Courses have reopened

We offer a warm welcome to all ages and abilities, seven days a week.

- Play and pay
- Online bookings
- 18 and 12 hole golf courses
- Golf from as little as £6
- Practice facilities
- COVID-19 safety measures in place
- Well stocked golf shops
- Food and drink facilities



www.hillingdon.gov.uk/golf

Get growing for Hillingdon

Enter our growing and gardening competitions online

Entry deadlines:
Hillingdon in Bloom 30 July
Autumn Show 17 September



www.hillingdon.gov.uk/bloom

DFN Project SEARCH Transition to Work

Are you 17 to 24 years old with a learning disability or autism and looking for a full time job?

If so, Hillingdon Council has partnered with DFN Project SEARCH to host a Transition to Work programme.

During this one year programme, you'll be based at the Civic Centre in Uxbridge and be supported to gain confidence and a range of transferable and marketable job skills.

The DFN Project SEARCH programme has seen 60% of graduates securing a paid job (16 hours or more per week).

The programme is in partnership with Orchard Hill College and Hillingdon Autistic Care and Support (HACS), experts in supporting people with learning disabilities and autism.

How to apply:
For more information, please contact:
Stuart Smith, Work Inclusion Partnerships Manager
@ ssmith7@hillington.gov.uk

Applications now open for September 2021






www.hillingdon.gov.uk

Tough enforcement sees fly-tipping reports fall

The council's zero tolerance approach to fly-tipping saw reports of the crime fall by 47 per cent in January 2021 compared to the same month the previous year.

While many authorities have seen an increase in fly-tipping throughout the pandemic, the council's proactive and rapid response to fine offenders, and a campaign to raise awareness of our easy-to-use waste service and bulky waste collections has helped to reduce the number of incidents across the borough.

Anything from a black bag to a truck load of waste is fly-tipping and a criminal offence. It's not just harmful to the environment, unsightly and a hazard, but it costs councils thousands of pounds to clear every year.

Last year, almost £400,000 was spent clearing fly-tips to keep our residents safe and the borough clean.

In January, there was a reduction in the crime of 47 per cent with 514 fly-tips reported compared to 976 in 2020. February also saw a significant drop and the council investigated 465 fly-tip incidents compared to 724 in February 2020 – a reduction of 36 per cent.

During the past year, the council investigated 9,728 fly-tip incidents and issued £400 fines to offenders where evidence was found.

The reduction isn't just down to enforcement action – the council has been proactively engaging with businesses and residents to raise awareness of the correct ways to dispose of waste, including

promoting our free and easy-to-use weekly collections.

Since last year, regular weeks of action take place where patrols visit hotspot locations and fines are issued where evidence is found.



Cllr Eddie Lavery, Cabinet Member for Environment, Housing and Regeneration, said: "I'd like to thank the majority of residents for disposing of their waste correctly.

"Fly-tipping isn't something we take lightly, it's a blight on the environment, illegal and costs the council thousands of pounds to clear which is unacceptable. That's why we've been taking tough action against those who offend by issuing fines while also raising awareness of the correct ways to dispose of waste.

"With our free weekly waste and recycling collections, civic amenity sites and low-cost bulky waste service there is no excuse for fly-tipping."



Meet Harry and Albert from the council's fly-tip removal crew

"Our job is to remove fly-tipping off your streets and keep our borough clean. It's not a job for everyone but like our residents we want to see the borough clean, tidy and safe. We clear hundreds of fly-tips a week from dumped bags, food waste and soggy nappies to furniture and truck loads of waste. It's a blight on neighbourhoods and unacceptable but thanks to joint work with our colleagues in enforcement we are finding evidence and fining those responsible."

Reporting fly-tipping

If you see a fly-tip or have evidence, please report it online at www.hillingdon.gov.uk/flytipping.

We investigate it - the report comes to our anti-social behaviour team who will investigate the fly-tip.

We remove it - our street cleansing teams will remove it once investigated.

Issue fine to offender - fines are issued and depending on the severity we can prosecute any person or business found fly-tipping.

Check where your waste is going

- If you're paying for someone to remove waste always check their waste carrier licence or use our low-cost bulky waste service.
- Do not leave waste by street litter bins or outside charity shops – this is fly-tipping and could leave you £400 out of pocket.

For more information on recycling and waste services, visit www.hillingdon.gov.uk/recycling and www.hillingdon.gov.uk/bulkywaste



ONLINE SESSIONS SUPPORT CHILDREN AND YOUNG PEOPLE

During the coronavirus pandemic the council has offered a range of activities for young people living or studying in the borough to enjoy and take part in virtually.

Online activities programme

Last August, in response to the pandemic, an online activities programme launched for young people to help them stay engaged and connected.

While youth centres remain temporarily closed, children and young people in Years 4 to 13 and those up to the age of 25, with special needs or undertaking the Duke of Edinburgh's



Award, are able to take part in digital activities five days a week, including arts and crafts; Irish dancing; CV writing; interview skills; cooking; studying at home; information, advice and guidance sessions; virtual youth clubs, quizzes and fitness classes.

The programme was extended to Years 1 to 13 during April, to offer an expanded range of activities. New sessions included learning how to rap, making a podcast, creating a short movie, fashion design and song writing.

The initiative is delivered by youth workers via various social media channels, including Facebook, Instagram, Twitter, Kahoot, Microsoft Teams and Zoom. In addition, weekly Youth Council meetings have been held online.

During the Easter break, children aged between four and 12 who receive free school meals were also able to take part in a range of activities at schools and leisure centres across the borough.

If your child is in Years 1 to 13, book your place by visiting www.hillingdon.gov.uk/online-activities



Virtual library events

Hillingdon Libraries continue to host a variety of virtual sessions and activities.

Their Teen Reading and Discussion Group takes place every Wednesday between 4.30pm and 5.15pm via Zoom for 14 to 16-year-olds and gives young people the opportunity share their love of reading. Participants also discuss relatable stories and topics that arise from books and characters, including social media, the pressures of school and friendships.

In April, the team launched a new Teen Creative Writing Group for teenagers who are interested in writing short stories, spoken word or poetry. Young people aged between 14 to 16 can discover new ideas and share work with like-minded teenagers.

There are further events on offer for all ages, including themed coffee mornings, read aloud events and crafting sessions. The popular Culture Bite author interview series continues throughout the year, featuring live broadcasts by well-known authors streamed via Hillingdon Libraries' social media channels.

For more information, visit www.hillingdon.gov.uk/library-events



Targeted programmes

The council also provides targeted programmes to support the borough's vulnerable children and young people throughout the year, including half-term breaks and school holidays.

The programmes, which are currently delivered over the phone, via Microsoft Teams and by sending out resource packs in the post, help more than 2,811 young people across Hillingdon. Some face-to-face sessions with social distancing in place are also happening for those unable to engage remotely.

Programmes specifically for girls and young women, and boys and young men between eight and 19, provide a place for them to talk, socialise and engage in discussions, activities and games to support them in making informed choices and raising their self-esteem. The sessions include arts and crafts; cookery; mind, body and wellbeing; drama; music; hair care and improving communication skills.

Peer leadership groups offer mentoring-based personal development for young people aged between 11 and 19 (up to the age of 25 for young people with additional support needs), supporting them to overcome challenges in their personal, academic, and social progression. Weekly sessions see the young people meet virtually with a trained adult mentor who works with them to identify areas of support and develop action plans to meet their needs.

Support, information and advice on relationships and sexual health is also available for children and young people at risk aged between 13 and 24, and bi-weekly LGBTQ+ groups are held for those between 11 and 17.

Additionally, substance misuse-related support programmes for young people aged between 11 and 24 and for parents and carers are offered, and these provide information and advice, educational support, one-to-one counselling and more.

Confidential counselling for individuals and groups for young people aged between 13 and 25 and a year-long programme for primary schoolchildren transitioning to secondary school is also available.

For more information or to make a referral, email targetedprogrammes@hillingsdon.gov.uk or call 01895 277222



Young Enterprise scheme

The new Young Enterprise Company Programme provides young people aged between 13 and 19 with a real-life learning opportunity that introduces them to the realities of the world of work.

The initiative, which lasts a minimum of 12 weeks, will see participants set up and run their own 'student' company where they will make all the decisions about their business, from deciding on their company name and product, to managing the company finances.

They will also have the chance to promote and sell to the public through pop-up shops and an online store, the YE Trading Station.

The programme will help each person taking part to develop a range of skills and they will gain 40 UCAS points

Duke of Edinburgh's Award

The Duke of Edinburgh's (DofE) Award is a recognised mark of achievement, which gives 14 to 24-year-olds the opportunity to discover new interests and talents, make friends, have fun, and gain essential skills for life and work, such as resilience, teamwork, problem solving and communication.

There are four main sections of a DofE programme at Bronze and Silver level, which involve volunteering, developing new skills, training for an expedition, getting fitter and conserving the environment. At Gold level, in addition to these sections, participants take part in a residential activity as part of a team.

Any young person living or studying in Hillingdon can undertake the programme.

Currently, all support sessions - which help participants set their objectives, choose activities and more - are taking place virtually or by telephone. Once restrictions ease, face-to-face sessions, expeditions and volunteering opportunities are set to resume.

Joseph Thurston-Gibbons, 15, from Ruislip, (pictured below) has recently completed the Bronze award and has now enrolled for his Silver.

He said: "I undertook DofE because I wanted to make new friends in the local area and I wanted to experience different things. DofE was right for me as it got me doing a wide range of things. I undertook boxing for my physical section, cooking for my skills section and as part of my volunteering I washed and delivered more than 200 pairs of glasses used for PPE in care homes and hospitals during the pandemic. I also looked after my vulnerable neighbours, delivering medical samples for them to the hospital and getting their shopping."



It costs £25 to take part at Bronze or Silver level and £30 at Gold. Bursaries are available for eligible applicants. For more information visit www.hillingdon.gov.uk/dofe



towards their university applications for completing the programme, and their work could also go towards fulfilling elements of the DofE Award. Full support and resources are provided virtually.



It costs £15 per person to take part. Bursaries are available for eligible applicants. For more information, email mditchburn@hillingsdon.gov.uk



THIS IS ME

**Who are you? What defines you?
What five objects tell your story?**

This is Me is an ongoing project that aims to discover the stories, history, heritage and lives of people living in Hillingdon today.

Residents are invited to submit photographs of five objects, such as toys, pieces of clothing or family items, that show who they are.

To take part in the project, email @archives@hillington.gov.uk




www.hillingdon.gov.uk/this-is-me

BULKY WASTE COLLECTION SERVICE



We can collect bulky items, such as furniture, fridges, freezers and mattresses.

Collections cost £25 and are free for residents aged over 65 and those in receipt of Personal Independence Payment.

To find out more, visit www.hillingdon.gov.uk/specialcollections



www.hillingdon.gov.uk

Update from the West Area Chief Inspector

Finally light at the end of the lockdown tunnel. I cannot thank you enough for obeying the regulations, keeping each other safe and reducing the burden on the NHS and the police force, allowing us to concentrate on crime rather than rule breakers.

Violence against women and girls has quite rightly taken centre stage, and there is now a big focus in the Met on getting more people to report it. 'Everybody's Invited' is a website that encourages anonymous reporting, and is well intentioned, but unless crimes are reported to the police we cannot do anything about them. Rest assured that when local schools are featured we make contact with the heads and assist in any way we can, and we have a wealth of material which our schools officers can use to inculcate respect amongst students.

Please also be rest assured that serious assaults on women by strangers are thankfully exceedingly rare, and the past three serious sexual assaults across West Area have all seen the suspect arrested and charged. My advice to anyone is always be aware of your surroundings, it may help your sense of security to carry a personal alarm (no sprays, please!) But own your streets, my job is to put officers in place to protect you, and if there are people making you concerned call 999, we will respond. Please never, ever use an unlicensed minicab, you are getting into a complete stranger's car with no vetting or checks.

We know that Sarah Everard's kidnap has meant that many people, especially women are feeling scared. Women, like men, should be able to walk our streets without

the fear of abuse or violence. If you have any concerns, please speak to officers on patrol or get in touch. Our advice hasn't changed from the normal personal safety precautions that we advise everyone in the capital to routinely take. For more information, please visit www.met.police.uk/crimeprevention.

On a lighter note, your local SNT Inspector Zubin Writer has passed his Chief Inspectors process, which was a very challenging test, and I am thoroughly proud of him.



Chief Inspector Richard Watkinson

Learn something new this year

Full-time and part-time adult learning courses available

New brochure coming soon








A full list of courses can be found at www.hillingdon.gov.uk/adultlearning






Education & Skills Funding Agency | SUPPORTED BY MAYOR OF LONDON

www.hillingdon.gov.uk

Update from the London Fire Brigade



With the first steps of easing of the national restrictions being taken, I think it's really important to once again reflect positively on how my firefighters have responded to the challenges over the past year. All staff at the four fire stations in the borough have stepped up, adapted the way they work, and continued to deliver a first-class fire and rescue service to the people of Hillingdon, including the continued delivery of home fire safety visits to the most vulnerable.

I would also like to thank the amazing children of the borough who have sent in some brilliant pictures throughout the past year, not only have these added some colour to our fire stations, but they have definitely brought a smile to the firefighters' faces.

We are beginning the development of our next Community Risk Management Plan, which will make a London-wide assessment of the services we need to deliver, making improvements to our existing services to achieve our vision by 2026.

A critical part of this process will be engaging with local communities

to ensure you have a real voice in helping us to develop our understanding of how we can best include communities in future decisions we make about London Fire Brigade services. I will share further information with you as this process develops.

As we move through spring and into summer, barbecues and garden bonfires become some of our most common causes of fires in Hillingdon. Information on using these safely and responsibly is available on our website www.london-fire.gov.uk/safety.



**Alan Taylor
Borough Commander for Hillingdon**

Supporting residents and carers living with dementia

Hillingdon People explores how the council is using technology to help residents and carers living with dementia ensuring that they can access their support networks and stay connected with the wider community.



Until March 2020, the council had been supporting more than 100 residents and their carers living with dementia through 10 free, weekly face-to-face social/activity groups.

Activities took place at 10 of the borough's libraries and included coffee mornings, chair football, singing, arts and crafts, bingo, and reminiscence sessions.

When the first lockdown was announced, the council's sport and physical activity team telephoned the groups' participants to ensure they were safe and made referrals to support services where needed.

Sarah Durner, Sport and Physical Activity Senior Officer, co-ordinates the coffee mornings and group sessions. She said: "As soon as we knew that our group members were safe and well, we helped them to access the internet and apps such as Zoom.

"By quickly moving these sessions online, we wanted to combat social isolation and ensure that residents and carers living with dementia could still benefit from the continuity and support which these groups provide."

Since August 2020, there have been six Zoom sessions running every week, including football reminiscence

sessions, adult learning sessions and even theatre performances. One of the sessions has been specifically set up for residents who have early onset dementia (under 65 years of age).

Working with NHS Admiral Nurses, Hillingdon Hospital's Memory Service and the Alzheimer's Society, the council receives weekly referrals for the programme and currently supports 108 residents living with dementia.

Here's what a few of the group's participants had to say about the sessions:

Sue, aged 74, from Hayes, said: "Throughout the pandemic and lockdown, these Zoom meetings have been a lifeline for me and the many friends I have now made on these calls. On the days of the Zoom meetings, I get up with a spring in my step, I have my breakfast early and feel excited about the meeting and the topic of discussion."

Diane, aged 76, from Eastcote, said: "My husband was diagnosed with dementia just four months before lockdown. Regular Zoom meetings with caring leaders and likeminded people has been a lifeline for myself and gives my husband the stimulation that he needs."

If you or someone you know would like to join in the coffee mornings or group sessions, please get in touch with Sarah Durner by emailing sdurner@hillingdon.gov.uk or calling 01895 277 137. For more information, on dementia support, visit www.hillingdon.gov.uk/dementia or contact Hillingdon Alzheimer's Society on 01923 823999

In January 2021, the council successfully applied to the Reading Agency (as part of the Reading Friends initiative) for funding to purchase 20 tablets, 10 of which have been pre-loaded with mobile data to loan to residents without internet access who would like to join in the dementia coffee mornings.

Trialling Amazon's Alexa Echo

In December 2020, the council began working with the charity WeCareUK to trial the benefits of using Alexa Echo devices for residents and carers living with dementia for an initial six to nine-month period.

To date, devices have been distributed to six residents. Devices have also been given to four support workers who are using the in-built webcam/speaker function to provide tailored support to people in their own homes.

The Alexa can be used to set regular reminders that are relevant to the individual, and can include reminders to take medication, attend doctor's appointments or to go out for a walk or exercise.

The council is also exploring the benefits of using these devices when residents have milder dementia symptoms to see if using them can become part and parcel of their everyday lives so that they can continue to use them if their symptoms worsen.



Leader of the Council, Cllr Ian Edwards

said: "During these uncertain times, we have worked hard to support residents and carers living with dementia.

"When the first lockdown made face-to-face support impossible, we quickly moved these group sessions online so that local people could still have some continuity of care during such a difficult period.

"As normal activities slowly start to resume, we will continue to offer these online sessions as they enable people with mobility or health issues to benefit too."

Hillingdon has a range of free socially distanced and online activities to keep you entertained throughout May and June.

LIBRARIES

Online author event with Sheila O'Flanagan

Friday 21 May, 7pm to 8pm via Zoom



Renowned and much-loved author Sheila O'Flanagan will be talking about her latest novel, *Three Weddings and a Proposal*, how she's kept positive this year, and taking questions from viewers.

Book your place by emailing culturebite@hillingdon.gov.uk with your name and email address. The joining link will be sent to you the day before the event. Find out more at www.hillingdon.gov.uk/library-events.

Culture Bite Lunches: Ros Russell

Friday 18 June, midday to 12.30pm on Facebook Live

Rosalind Russell is a journalist and editor with two decades of international experience. She has worked as a foreign correspondent for Reuters and the Independent in East Africa, the Middle East and Southeast Asia. The Hillingdon Libraries team will talk to her to commemorate Refugee Week 2021 and discuss her book *The End of Where We Begin*.

Find out more at www.hillingdon.gov.uk/CB-lunches.

EXERCISE

Eastcote Bowling Club open days

Sunday 16 May and Sunday 13 June, 10am to 1pm (COVID-19 dependent)

People of all ages are welcome to come along and try their hand at this friendly and enjoyable sport. Socially distanced coaching and advice is available on the day - please remember to bring flat soled shoes. Fully qualified coaching is available if you decide to join the club.

Find out more at eastcotebowlingclubbuzz.co.uk. Cavendish Pavilion

Online seated exercise classes for the over-65s

Every Monday, from 10.30am to 11.30am via Zoom

Keep fit with weekly online seated exercise classes from the comfort of your own home.

Book your place by emailing sportandphysicalactivity@hillingdon.gov.uk with your name and the date of the session that you would like to join. Joining details will be sent to you once you're registered.



Tennis court hire and coach-led sessions

Eight of the borough's 10 tennis courts can be booked online and group sizes cannot exceed six. Free coach-led tennis sessions for young people aged over 12 years are on offer once again at Cavendish Recreation Ground.

Find out more and book your place at www.hillingdon.gov.uk/tennis.



Our Parks fitness classes

Exercise experts Our Parks provide full body workout sessions and bootcamp style fitness classes by experienced qualified coaches that cater for all levels of fitness at green spaces across the borough.

Find out more and book a class at www.ourparks.org.uk/borough/hillingdon. Barra Hall Park (Hayes), Harefield Village Green and Hillingdon Court Park

HILLINGDON WHAT'S ON?

ONLINE EXHIBITIONS

Faces of the Battle: A Local Perspective

A gallery commemorating local RAF airmen, from Hillingdon and the surrounding areas, who participated in the Battle of Britain. The display, which features personal stories, military achievements and photographs highlights the bravery and sacrifices these men made during this pivotal moment in British history. The exhibition will also tour the borough's libraries.

Find out more at www.hillingdon.gov.uk/faces-of-the-battle.



The Lend-Lease Act - 80th Anniversary

An exhibition to mark the 80th anniversary of the Lend-Lease Act, when the United States pledged to supply vital food, equipment and materials during World War Two. The exhibition also highlights the United States military in Hillingdon.

Find out more at www.hillingdon.gov.uk/lend-lease-act.

The Treaty of Uxbridge

In 1645, at the height of the English Civil War between King Charles I and Parliament, Uxbridge was chosen to hold peace talks. The talks were held in February at Place House - part of which survives as The Crown and Treaty Public House on Uxbridge High Street. The exhibition looks at what was discussed, the characters who took part, and the history of The Crown and Treaty House itself.

Find out more at www.hillingdon.gov.uk/treaty-of-uxbridge.

The Battle of Britain Bunker Exhibition and Visitor Centre

The Battle of Britain Bunker Exhibition and Visitor Centre will open again on Monday 17 May (COVID-19 dependent). You can also take a virtual tour of the attraction and learn more via the range of online resources which explore historical events including the Battle of Britain, the Normandy landings and the Dunkirk evacuations.

Find out more at www.battleofbritainbunker.co.uk and bunker@hillingdon.gov.uk.

VENUES

Barra Hall Park, Freemans Lane, Hayes, UB3 2NH

Cavendish Pavilion, Field End Road, Eastcote, HA4 9PG (located just beyond the tennis courts)

Cavendish Recreation Ground, Field End Road, Eastcote, HA4 9PG

Churchfield Gardens, Eastcote Road, Ruislip, HA4 8BE

Fasnidge Park, Rockingham Parade, Uxbridge, UB8 2UW

Harefield Village Green, Rickmansworth Road, Harefield, UB9 6JT

Harmondsworth Recreation Ground, Summerhouse Lane, West Drayton, UB7 0AW

Hillingdon Court Park, Parkway, Hillingdon, Uxbridge, UB10 9JX

Moorhall Recreation Ground, Priors Gardens, Priory Avenue, Harefield, UB9 6AP

Northwood Recreation Ground, Chestnut Avenue, Northwood, HA6 1HR

Rosedale Park, Albion Road, Hayes, UB3 2RY

Swakeleys Park, The Avenue, Ickenham, UB10 8LD

The Closes, Church Close, West Drayton, UB7 7PY

Amarati Builders

- Plastering
- Outside painting
- Rendering
- Pointing
- Guttering
- Roof tiling
- Block paving
- Kitchens
- Cleaning

Call Matt on 07838 116459

Need a Website?
One stop shop for all your website needs

Hosting and a free domain for only £45 a year

Full websites designed and built as needed

Existing websites updated as needed

Here to help everyone: businesses, start-ups, charities or even individuals

Get in touch: 07877569167 onkar@uxetc.co.uk

Are you looking for good quality furniture or electricals?
Or do you have some you want to donate?

For a free and friendly collection call your nearest branch - open 6 days a week

We recycle quality unwanted furniture and electricals. We provide paid employment and training to disadvantaged people and excellent quality furniture at fantastic prices to you. Visit our stores today!

trinity
HOME + PEOPLE + JOB

Uxbridge: 01895 256655
Hayes: 020 8797 9505
www.wearetrinity.org.uk
facebook.com/trinityfurniturestore

JLR ESTATES
ATTENTION ALL LANDLORDS WE URGENTLY NEED!
1, 2, 3, Bed Houses/flats/bedsits/studios!
BRENT EALING HARROW HOUNSLOW HILLINGDON SLOUGH

- Guaranteed scheme offered! Call 07448 641532
- 1 to 3 years leasing options! 0208 904 6000
- No VAT for landlords!
- 1 to 3 years leasing options!
- Free valuation!
- Rent paid on voids!
- Will take on existing tenants/issues!

782 HARROW ROAD
SUDBURY HAO 3EL
info@jlrestates.co.uk
www.jlrestates.co.uk

Coach trips
Pick-up points in Ealing, Greenford, Yeading, Northolt & Hillingdon
Days out from only £24.50

Coach Trips from London Ltd. 2021 Schedule

Weds 2 June Carpet of Flowers at Arundel Cathedral
Sunday 13 June Berkshire Villages tour. Sunday roast
Saturday 19 June Brighton or Worthing as preferred
Saturday 10 July West Midlands Safari Park or the Severn Valley steam railway (as preferred)
Sunday 18 July Sussex villages tour or Eastbourne
Sat 31 July Weald & Downland Open Air Museum at Singleton or the musical *South Pacific* at Chichester
Sun 8 August Kennet & Avon horse-drawn canal trip
Sat 14 August Swanage. Sandy beach & steam trains
Tuesday 17 August Althorp, the Spencer family home
Saturday 21 August Great Yarmouth. Sandy beach
Sunday 5 September Bournemouth. Sandy beach
Sunday 26 September Kent Villages or Leeds Castle
Sat 16 October Tewkesbury or Glos steam railway
Sunday 7 November Bletchley Park or Beds Villages
Saturday 27 November Winchester Christmas Market

Also available: short breaks to various destinations
Booking conditions apply. Please see back page of brochure.

Air purification system installed on coaches
★ For further details telephone 07557 026088 ★

Sign up for e-newsletters

E-newsletters are sent to 60,000+ residents who are registered to use our online services and who have opted in to receive information about council services and events. Sign up now at www.hillingdon.gov.uk/doitonline.

www.hillingdon.gov.uk

Westridge Accountants
Open 7 Days 8 am to 10 pm

Free 40 minutes Zoom Consultation

Book online...
westridgeaccountants.co.uk

- Tax returns
- Tax advice
- Accounts
- VAT, CIS, Payroll
- Company start-ups
- Branding

Tel: 079 1617 5466

Sue's Home Improvements
Trustworthy, professional female decorator

Property maintenance, painting, decorating, bathrooms, minor plumbing and electrical work, day/evenings/weekends.

Call 07952 244664 or email suecorentin@gmail.com

Apply ▶ Book ▶ Pay ▶ Request ▶ Report
Do it online 24/7 at
www.hillingdon.gov.uk/doitonline

Environment and roads

- Abandoned Vehicles ▶
- Environment and Anti-Social Behaviour ▶
- Flytipping ▶ Graffiti ▶
- Parks and Green Spaces ▶
- Pest Control ▶ Roads and Pavements ▶
- Special Collections ▶ Street Lighting and Cleansing ▶
- Waste and Recycling 01895 556000
- Licensing ▶ Animal Welfare 01895 277433
- Food Health and Safety 01895 250190

Learning

- Adult Learning www.hillingdon.gov.uk/adultlearning 01895 556455
- Library Information Desk 01895 250714
- School Admissions www.hillingdon.gov.uk/schooladmissions 01895 556644
- School Transport 01895 250008
- Truancy Hotline 01895 250858

Leisure

- Battle of Britain Bunker Exhibition and Visitor Centre battleofbritainbunker.co.uk 01895 238154
- Botwell Green Sports and Leisure Centre 020 8561 0956
- Haste Hill Public Golf Course 01895 250777
- Highgrove Pool and Fitness Centre 01895 630753
- Hillingdon Sports and Leisure Complex 0345 130 7324
- Hillingdon Theatres www.hillingdontheatres.uk 01895 250615
- Queensmead Sports Centre 020 8845 6010
- Uxbridge Public Golf Course 01895 556750
- William Byrd Pool 020 8897 9390

Local democracy

- Council Meeting Dates and Agendas 01895 250636

USEFUL SERVICES AND AGENCIES

- Addiction, Recovery, Community, Hillingdon (ARCH) 01895 207777
- Affinity Water 0345 357 2407
- Age UK Hillingdon 020 8756 3040
- Alzheimer's Society Hillingdon 01923 823999
- Asphaleia Action 01895 272478
- Carers Trust Hillingdon 01895 811206
- Centre for ADHD and Autism Support 020 8429 1552

- Citizens Advice Consumer Helpline 03454 04 05 06
- Citizens Advice Hillingdon 0344 848 7903
- Communicare Counselling Service 01895 256056
- Disablement Association Hillingdon (DASH) 020 8848 8319
- HD Carers Support Group 07752 169849
- Healthwatch Hillingdon 01895 272997
- Hillingdon Autistic Care and Support (HACS) 020 8606 6780
- Hillingdon Brain Tumour and Injury Group 01895 713205

HILLINGDON CONTACTS

- Electoral Services and Registrars 01895 558250
- Conservative Group Office 01895 250316
- Labour Group Office 01895 250780
- Mayor's Office 01895 250763
- Planning** www.hillingdon.gov.uk/planning 01895 250230
- Building Control, Inspections and Dangerous Structures 01895 558170
- Dangerous Structures (out of hours) 01895 250111
- Local Land Charges 01895 556115
- General**
- Adoption and Fostering www.hillingdon.gov.uk/fost-adopt 0800 783 1298
- Brown Badges 01895 277277
- Council Tax and Benefits www.hillingdon.gov.uk/counciltax 0300 123 1384

- Families' Information Service www.hillingdon.gov.uk/fis 01895 556489
- Fraud Hotline www.hillingdon.gov.uk/reportfraud 0800 389 8313
- Hillingdon First Card www.hillingdon.gov.uk/hillingdonfirst 01895 556677
- Hillingdon Social Care Direct (adults and children) ▶ Blue Badges ▶ Freedom Passes ▶ Meals Service ▶ TeleCareLine 01895 556633
- Housing Services www.hillingdon.gov.uk/housing 01895 556666
- Substance Use and Misuse or Sexual Health 01895 250721
- Trading Standards www.hillingdon.gov.uk/tradingstandards 01895 250164

All other council enquiries (not listed above)
01895 250111

- Hillingdon Chamber of Commerce 01895 545940
- Hillingdon Independent Domestic Violence Advocacy (HIDVA) 020 8246 1745
- Hillingdon Mind 01895 271559
- Hillingdon Parent Carers Forum www.hillingdonpcf.com
- Hillingdon U3A 07532 268002
- Hillingdon Women's Centre 01895 259578
- Home-Start Hillingdon 01895 252804
- P3 Navigator Advice Centre 01895 436114
- Samaritans 116 123 (freephone)
- Victim Support 08 08 16 89 111 (freephone)

Hospitals

- Harefield Hospital 01895 823737
- Hillingdon Hospital 01895 238282
- Mount Vernon Hospital 01923 826111
- Northwick Park Hospital 020 8864 3232
- Watford General Hospital 01923 244366
- NHS 111

Police and Fire

- Metropolitan Police Non-emergency 101
- Textphone 18001 101
- Hillingdon Neighbourhood Watch all@hillingdonnhw.co.uk
- Hillingdon Fire Station 020 8555 1200

APPLY NOW



**PARENT OR CARER TO A SCHOOL
LEAVER? ADULT LOOKING TO GAIN
MORE SKILLS? YEAR 11 STUDENT?
FIND OUT WHAT YOUR LOCAL
COLLEGE CAN OFFER YOU!**

OPTIONS AFTER YEAR 11

If you think school sixth form is the only option after Year 11, think again! We offer A Levels, T Levels, vocational courses for careers and apprenticeships in a huge choice of subject specialisms studied in fantastic facilities with excellent student support. Plus, our achievement rates for 16-18 year olds makes us the Number 1 college in London*. Our full-time courses starting September 2021 are open for applications now! Discover courses at uxbridgecollege.ac.uk/courses and Apply Now!

COURSES FOR ADULTS

RETRAIN, REFRESH, RESKILL!

If you are looking to get back into work, learn a new skill, boost your confidence or prepare for a career change, we can help!

Gain the skills, knowledge and confidence for a wide range of careers through our part-time courses or join our new FREE** online courses including ICT, Business Admin, Customer Service, Team Leading, Digital Skills for Employment, Warehousing plus Health & Care and Childcare coming soon. These flexible online courses are the perfect way to study at your own pace at home and gain a nationally recognised Level 2 qualification! Visit uxbridgecollege.ac.uk/onlinecourses for more info and to apply!

**T&Cs apply

FIND YOUR CAREER PATH AT UXBRIDGE COLLEGE



"WE ARE NO1"



*Uxbridge College is part of HCUC – a merger between Harrow College and Uxbridge College. HCUC is the number 1 college in London for 16-18 year old achievement, confirmed by the Department for Education's (DfE) most recent achievement data for 2018/19, published March 2020.