

HILLINGDON people

News from your council
January/February 2018

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**Improve
your health
and fitness**
Activities for
all ages

**Council tax
frozen for
10th year**

**Grants boost
business**



HILLINGDON
LONDON



HEART MONTH



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Compass Theatre	DKproDuktions present Beauty and the Beast: Workshop Saturday 24 February at 1pm Cost: £6		DKproDuktions present Beauty and the Beast: Easter Panto Wednesday 11 April to Sunday 15 April Cost: See website for details		Compass Theatre

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www.hillingdon.gov.uk

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COVER PHOTO: OVER-65S ENJOY A GENTLE EXERCISE CLASS AT OAK FARM LIBRARY.




Deadline for advertising in the March/April edition is Friday 26 January.


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Published by London Borough of Hillingdon © 2018

Hillingdon People, 3S/05 Civic Centre, High Street, Uxbridge, UB8 1UW.

Design Corporate Communications Printed by Warners Midlands PLC

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Welcome



Welcome to a new year and the first edition of *Hillingdon People* for 2018.

In this issue you will be able to read about our budget for 2018/19 and how for a 10th successive year your council tax will be frozen and for a third successive year we will not levy a social care precept. Residents over the age of 65 may be receiving their 12th year of a council tax freeze and once again Hillingdon residents will pay fees and charges for council services and facilities at least 10 per cent cheaper than residents in our neighbouring boroughs.

As well as being able to maintain the council tax freeze, we are continuing to provide the facilities and services that our residents value, including our libraries, award-winning parks, free burglar alarms for the over-65s and a weekly free of charge refuse and recycling collection. On top of which we will be building a new swimming pool and providing another waste and recycling centre.

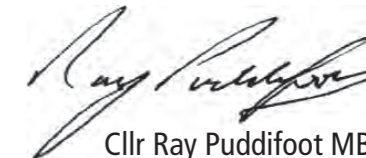
It is more telling at this time of year, as councils across the country are setting their budgets in what remains financially challenging times for local government, just how important our policies of sound financial management and good business practice are in enabling us to continue bucking the trend of tax rises and service and facility cuts.

In this edition you can also read about a variety of new facilities we are currently building, including the Battle of Britain Bunker Exhibition and Visitor Centre, set to open this spring, a housing development in Hayes for older people and the extensions at two of our primary schools to offer more places for local children.

This year we will commence a new refurbishment programme to modernise and further improve all of the borough's libraries to continue to meet residents' needs and we will also provide support for activities and facilities for our uniformed groups, Scouts, Guides and Cadets.

We are also supporting local businesses with shop front grants, and a host of public realm improvements to provide town centres that you can feel proud of. Updates on our LED lighting upgrade, alley gating scheme and programme of works at our tower blocks also illustrate our commitment to making improvements and keeping our residents safe.

We will continue to put you, our residents first and at the heart of all that we do and I wish you all the best for the year ahead.


Cllr Ray Puddifoot MBE
LEADER OF THE COUNCIL

Countdown spreads Christmas cheer

The council's Countdown to Christmas initiative returned to Hillingdon for its second year in December, offering 24 days of free activities, performances and fun for all the family.

Boris Johnson, MP for Uxbridge and South Ruislip officially started the advent calendar of daily events on Friday 1 December alongside the Mayor of Hillingdon, Cllr Carol Melvin, by switching on the lights of the 33ft Christmas tree outside the Civic Centre, Uxbridge. Carols were also sung by local schools as the Hillingdon Music Hub band played. Throughout the 24 days, festive

characters danced, sang and performed their way across Hillingdon.

Cllr Richard Lewis, Cabinet Member for Central Services, Culture and Heritage, said: "This year's Countdown to Christmas has been another great success, entertaining adults and children of all ages. It's been wonderful to see the whole community celebrating and enjoying Christmas together."

All events were recorded and you can watch videos on www.hillingdon.gov.uk/adventcalendar.



Another golden year



WINNERS Cllr Bianco and Green Spaces Manager, Stuart Hunt with the awards

Hillingdon scooped a prestigious Gold award in the 2017 Royal Horticultural Society (RHS) Britain in Bloom competition on Friday 27 October and also won the Large City category.

This was the first time that the council has been overall winner of this category and the second time the borough has won Gold in the competition, which celebrates horticultural achievement, community participation and environmental responsibility. Hillingdon first won Gold in 2015.

Cllr Jonathan Bianco, Cabinet Member for Finance, Property and Business Services, said: "We are absolutely delighted to win Gold and the Large City category against such strong competition. This is a fantastic achievement for Hillingdon and will add to our long list of accolades for outstanding parks and green spaces. We'd like to thank all the council employees, residents and volunteers who have put so much time and effort into making Hillingdon such a wonderful place to enjoy and visit."

Transport news

Cycle security success recognised

More than 2,900 bicycles were security marked in Hillingdon last year, leading to a prestigious award for the borough's Safer Transport Team.

The group, which is a partnership between the council, the Metropolitan Police and Transport for London, recently won the Most Amount of Bikes Marked Award at the 2017 Cycle Crime Conference, having marked and registered a total of 2,969 bikes in 2016/17.

Regular bike marking events and an advice-based burglary prevention initiative called 'Sheduction' have been credited with reducing the number of shed break-ins and cycle thefts in the borough. The team also targets local cycle shops, encouraging them to register and mark all the bikes they sell.

Find out how to protect your bike by visiting www.bikeregister.com.

Council-secured funds pay for new bus

Money secured by the council as part of a planning agreement has funded a new bus service between Uxbridge and Hayes.

The new U5 service, which departs from Hayes and Harlington Station at 8.33am on weekdays, was introduced by Transport for London after the council successfully negotiated a section 106 agreement with Inland Homes Plc, the developer of Drayton Garden Village.

Cllr Keith Burrows, Cabinet Member for Planning, Transportation and Recycling, said: "Residents had told the council that more buses were needed along the route and we're pleased to announce that thanks to this agreement they now have access to six Uxbridge-bound buses between 8am and 9am rather than five. The extra bus is particularly good news for those who commute to Stockley Park."



The council continues to invest in the borough's library service and will commence a new refurbishment programme this year for all of Hillingdon's 17 libraries to modernise and further improve these existing facilities to continue to meet residents' needs.

Ruislip Manor Library (pictured) was the first library to be rebuilt in the last refurbishment programme and celebrated its 10th birthday in October. Ten years on, the space which is a much-loved hub for the local community, is in need of a decoration refresh and the council has appointed a designer to draw up plans.

Cllr Richard Lewis, Cabinet Member for

Central Services, Culture and Heritage, said: "This new programme will focus on each of the borough's libraries, making improvements to enhance the look and feel of the environment, such as introducing new colour schemes, installing new flooring or carpeting, moving furniture to improve access and creating new work or lounge spaces. The council has also listened to your feedback, and additional power points will be created to meet your digital requirements, so you can bring your own electronic devices to work or study."

For more information about the borough's libraries visit www.hillingdon.gov.uk/libraries.

LED street lighting update

Our ambitious £5.2 million street lighting upgrade project is running ahead of schedule and on target for completion by August.

More than 10,000 street lights in Hillingdon, nearly half of those in council-owned streets, have now been upgraded to LED by civil and electrical firm McCann. Seven hundred concrete light columns have also been replaced with modern steel columns.

Cllr Keith Burrows, Cabinet Member for Planning, Transportation and Recycling, said: "The new LED lights will be more efficient and cost effective, as they are expected to last for 20 years in comparison to the four to five years of the previous bulbs. They will reduce the carbon footprint, use less electricity, be more robust and cheaper to maintain. Residents will also benefit from the brighter and better quality of lighting, which will ensure streets are safer for motorists and pedestrians and discourage anti-social behaviour."

Magic tables launched to support people with dementia

An innovative Dutch invention that provides stimulating light games for people with dementia was officially launched at Uxbridge Library on Friday 24 November as part of the council's ongoing efforts to make Hillingdon a dementia friendly community.

Uxbridge is the first library in the UK to get a Tovertafel ('magic table' in English), which projects animations onto table surfaces and allows users to interact with the light by moving their arms and hands.

The games are designed to provide physical, mental and social stimulation for people in the mid to later stages of dementia but can also be used by children and people with learning disabilities, autism and early-stage dementia.

Six residents from the Uxbridge dementia coffee morning group were the first to test out the new table during an official demonstration at Uxbridge Library, attended by Boris Johnson, MP for Uxbridge and South Ruislip and Leader of the Council, Cllr Ray Puddifoot.



Cllr Ray Puddifoot, said: "We must do all we can to improve the lives of those living with dementia, as well as seeking out new ways to help those diagnosed in the future."

"The Tovertafel has been shown to help people to relax, reminisce and focus their minds, and it's easy to use. For residents who might otherwise have difficulty interacting with each other, this is a marvellous opportunity to be social, get some exercise and have some fun."

Four magic tables have been installed in Uxbridge, Botwell, Ruislip Manor and Northwood Hills libraries and are available for groups and residents supporting someone living with dementia to use for free on a regular basis. There is a Friday session at Uxbridge Library at 11am for anyone who would like to try out the table. To book to use a table, contact one of the libraries directly.



Building firm fined for illegal fly-posting

A west London firm and its director have been ordered to pay £1,820 in fines and costs for illegally advertising their business in the Ruislip area.

CJ Langs Buildings Solutions Ltd, of Pembroke Road, Ruislip, and its 18-year-old director, Quie Doherty were prosecuted by the council after the company put up advertising boards in Northdown Road, West End Road, Grove Road, Grove Way, and at the junction of Kingsend and West End Road without permission. Promotional signs were found attached to a tree, traffic cone, telegraph pole and street sign in September, and to street signs and street lighting in October.

The case was heard by Uxbridge Magistrates' Court on Monday 6 November. The company and Doherty pleaded guilty via post to six offences each under section 224 of the Town and Country Planning Act 1990.

Each party was fined £600 (£100 per offence) and ordered to pay £280 in costs, plus a £30 victim surcharge.

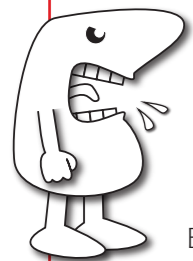


Leader of the Council, Cllr Ray Puddifoot, said: "We have warned CJ Langs about this sort of activity before but they didn't take any notice, leaving us with no option but to prosecute. Some of the signs were nearly a meter high and clearly intended to attract the attention of drivers.

"Advertising rules are there to protect legitimate trade and ensure that no-one is getting an unfair advantage. While we support local businesses, we simply can't tolerate people flouting the rules in this way."

Anyone who wishes to advertise in public areas must make an application online on www.hillingdon.gov.uk/applyforpromotionalbanner.

New team provides streamlined response to anti-social behaviour



Residents who want to report anti-social behaviour are being encouraged to contact a new council team.

The Anti-Social Behaviour and Environment team combines the functions of the old Environmental Protection Unit (EPU), which handled complaints relating to commercial premises such as construction sites and pubs, and the Anti-Social Behaviour team, which dealt with issues in the borough's streets and parks. The council has merged the teams to ensure a faster and more joined up response.

The new team is responsible for investigating all types and levels of anti-social behaviour, no matter where it takes place in the borough. This includes graffiti, noise nuisance, low-level disputes, harassment, illegal street trading, advertising without permission, waste-ridden premises and more.

Contact the team by calling 01895 556000 or emailing contactcentre@hillingdon.gov.uk. Alternatively, report anti-social behaviour online at www.hillingdon.gov.uk/asb. For outstanding matters, please continue to correspond with your named officer.



Vehicle stop-checks result in fines for unlicensed waste carriers

The council teamed up with the Metropolitan Police, Environment Agency and Driver and Vehicle Standards Agency for a vehicle stop-check operation in West Drayton, Yiewsley and Cowley in October, aimed at clamping down on fly-tipping, unlicensed waste carriers, overloaded vehicles and criminals who use the road network.

The operation, which resulted in hefty fines for some drivers, was initiated by the council, and led jointly with the Police Partnership Tasking and Environmental Enforcement teams.

It saw 27 drivers stopped and 14 fined £300 each for failing to prove within seven days that they held the necessary waste transfer records or licences. Failure to pay the fine could result in prosecution.

Three vehicles were seized because they were not roadworthy, one was seized for not being taxed or insured, and one driver was fined £100 for failing to prevent his vehicle's load from falling onto the highway. Numerous other vehicles were found to be overloaded and were either seized or allowed to leave once the weight had been reduced. The police also fined a number of drivers for traffic offences.

Leader of the Council, Cllr Ray Puddifoot, said: "Fly-tipping is one of the most complained about issues in the borough and I'm supportive of regular and rigorous checks on anyone who uses our road network to transport waste. I'm also pleased to see tough action being taken against those who don't have the necessary documentation to prove their activities are above board. This is a great example of how the agencies work together to combat crime and anti-social behaviour in Hillingdon and I commend everyone involved for their efforts."

Construction gathers pace on new development

The council held a traditional topping out ceremony on Thursday 19 October to mark the significant progress in the construction of a stylish new housing development for older people.

The extra-care flats, which are due to open in June at Grassy Meadow Court,

Grange Road, Hayes, will offer the comfort of a private home but with the added security and peace of mind of professional care on-site.

The Mayor of Hillingdon, Cllr Carol Melvin and Leader of the Council, Cllr Ray Puddifoot visited the site and laid some bricks at the front of the building to mark the major milestone in building work.

When finished, Grassy Meadow Court will provide 88 extra-care flats and communal facilities for older residents with additional needs. Set within woodland near the Beck Theatre, the quadrangular block

of four storeys will boast two central courtyard garden areas, a state-of-the-art dementia centre, Wi-Fi and secure access. Each of the flats will also have its own winter garden balcony or landscaped terraced garden.

The council is also constructing another development for older people in Yiewsley. Park View Court in Farrier Close is due to open in August, providing 60 extra-care flats.

Cllr Philip Corthorne, Cabinet Member for Social Services, Housing, Health and Wellbeing, said: "We are investing in two large housing developments to

support older people with additional needs, and we're delighted to see the progress of the building work thus far. Once completed, these modern homes will provide the very best facilities to older residents who want to continue to live a fulfilling and independent life. The sites are both conveniently located near local shops and facilities, and homes will have the added benefit of on-site care support to provide peace of mind for residents and their families."

For more information and details of eligibility criteria call 01895 556365 or visit www.hillingdon.gov.uk/supportedliving.



Local woman receives fostering award



A former Hillingdon foster child has won an Outstanding Achievement Award at the Fostering Excellence Awards last year.

Emma Slater, now aged 25, was fostered in Ickenham by Lynne and Michael Moore, who cared for her and encouraged her to do well at school and to go to university. Following a degree in Business Management at Buckinghamshire University, Emma now runs a business with her husband while studying for a Masters degree in HR.

The awards are run by the Fostering Network to celebrate outstanding achievements in fostering, recognising those who make exceptional contributions to foster care.

Emma said: "My foster family had a big impact on my life and I couldn't have done it without them. Lynne and Michael taught me the value of education and were always there to steer me in the right direction. I was very honoured to win this award. There are some good people who have been in foster care and have done some amazing things, so it was very rewarding to be put in categories with these people."

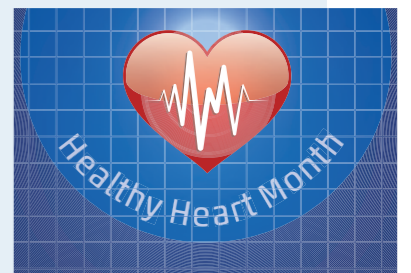
To find out more about fostering visit www.hillingdon.gov.uk/betheone.

Give a hearty welcome to a healthier lifestyle

This February, all 17 of Hillingdon's libraries will be running free events and activities to help residents make small, positive changes to their lifestyle for national Heart Month and beyond.

A health fair at Uxbridge Library will launch the month on Friday 2 February between 10am and 4pm, with stalls from local health providers, including Healthwatch Hillingdon, Prostate Awareness, Macular Support, Hillingdon Brain Tumour and Injury, Hillingdon Mind, Parkinson's UK and Dental Health. A second health fair will be held at Botwell Green Leisure Centre, Hayes, on Saturday 24 February between 10am and 2pm.

Throughout the month you can look after your



heart by taking part in activity sessions, including walks, chairobics, cycle rides, Zumba and yoga. Coffee mornings and support groups will also offer a chance to share health and wellbeing information.

Pharmacies will be providing health checks, with general lifestyle advice and blood pressure checks, and children are invited to fun interactive workshops, storytime and games sessions.

For more information, visit www.hillingdon.gov.uk/heart or ask at your local library.

Festive celebrations for over-65s

Thanks to funding from the Leader's Initiative programme, more than 20 organisations and community groups hosted festive parties and day trips in December, allowing hundreds of older residents to socialise and celebrate with friends, neighbours and their local community.

At Bell Farm Christian Centre in West Drayton, they held a Christmas party with a traditional festive lunch, live entertainment and a raffle. Special guests included Father Christmas, who gave presents to everyone, and children from Cherry Lane Primary School, who sang carols.

Christmas parties, with hot meals, presents and entertainment, continued across the borough in West Drayton and Yiewsley (Barr Lodge Sheltered Housing, Drayton Court Tenants Association, Brookside Pretty Asian Ladies and Yiewsley Court Sheltered Housing), Harefield (Barden Court Sheltered Housing), Uxbridge (Cobden Close Sheltered

Housing), Yeading (Glencoe Friending Club), Hayes (Manor House Sheltered Housing) and Cowley (Mandela Court's The Diamond Club and Club 87).

Other events included a coach trip for members of Cobden Close Social Club, who were treated to a guided tour and Christmas lights in London and the annual Chanukah Party at Northwood and Pinner Liberal Synagogue for 100 residents.

The Leader's Initiative for Older People provides funding for special events, parties, activities and day trips for over-65s during Christmas and in the summer. Find out more on www.hillingdon.gov.uk/leadersinitiative or call 01895 556449.



Cllr Ray Puddifoot, Leader of the Council and Older People's Champion, said: "Many of our elderly residents live alone and rarely have an opportunity to attend parties. So it's great to see so many local community groups and clubs organise these social events to give them something to look forward to and a chance to socialise at this special time of year."

Helping you to keep warm this winter



The council's heater loan scheme runs throughout the winter and offers the short-term loan of electric heaters to residents aged 65 and over if their heating breaks down.

Homeowners experiencing heating problems can request a heater to borrow for up to two weeks while they are waiting for their heating to be repaired.

During the loan period, one-off grants (of up to £45) are also available to cover electricity costs and will be paid once the heater is returned in a satisfactory condition.

For more information, or to request a heater, call 01895 556633 (Monday to Friday, between 8am and 6pm) or 01895 250111 (evenings and weekends).

More information about events, activities and support for over-65s can be found on www.hillingdon.gov.uk/over65s

Council tax frozen for 10th successive year

The council will once again deliver a council tax freeze for all residents for 2018/19.

Despite continuing reductions in government funding and a population rising at both ends of the age spectrum which is putting increased pressure on our services, the council will freeze council tax for a 10th successive year for 2018/19. It will also be the 12th year that council tax is frozen for over-65s.

For the third year running, Hillingdon residents will not be charged the social care precept (an additional charge of up to three per cent added to council tax bills, which 147 out of the 152 councils in England added in 2017/18).

The budget also indicated that there will be no reduction in service delivery with no facility closures, a continued free weekly refuse collection and recycling service, and most fees and charges will continue to be set at a rate that is at least 10 per cent cheaper than those in neighbouring boroughs.

There will also be continued investment in facilities and services, including:

- additional school places at both primary and secondary level
- further investment in local highways, totalling £3 million for 2018/19

- £30 million funding for a new swimming pool in the Yiewsley/West Drayton area
- boroughwide library and leisure centre refurbishment programmes
- a new recycling centre in the south of the borough
- a free bulk item collection service for residents
- support for youth uniformed groups (Scout, Guides and Cadet)

Leader of the Council, Cllr Ray Puddifoot, said: "Despite the financial challenges created by the continuing funding reductions from central government and an ever-growing population, I am proud of everything that we have been able to achieve. A 10th successive council tax freeze is remarkable, as is our ability to continue improving facilities and deliver services that our residents value. This has been as a result of our sound financial management and good business practice, which really sets Hillingdon apart from other councils."



Have your say on the proposed budget by Sunday 21 January on www.hillingdon.gov.uk/haveyoursay

Battle of Britain Bunker receives precious collection of World War Two flying ace

Work at the new £6 million Battle of Britain Bunker Education and Visitor Centre in Uxbridge is progressing well, as the project reaches its final phase before completion this spring. *Hillingdon People* finds out more about a special donation to the new exhibition.

The council is now the proud custodian of a precious collection of Royal Air Force (RAF) artifacts belonging to Battle of Britain flying ace Wing Commander Ronald Gustave Kellett, DSO, DFC, AE.

The Kellett family handed the collection over last year to its new home at the Battle of Britain Bunker, which was the secret heart of Britain's air defence during World War Two.

Wg Cdr Kellett served locally and was stationed at RAF Northolt during



SPECIAL DONATION Daniel Stirland, Louise Pemberton, Victor Kellett, Jan Dryburgh, Jonathan Kellett and Judy Williams under a Hurricane in 303 Squadron colours

the Battle of Britain in 1940 as the British commanding officer of 303 Squadron, a Polish fighter squadron, cementing a special Hillingdon connection. By the end of the Battle of Britain, Wg Cdr Kellett had destroyed five enemy aircraft, two 'probables' and damaged one.

Wg Cdr Kellett's children, Jan Dryburgh, Judy Williams, Victor Kellett, Louise Pemberton and Jonathan Kellett, who made the donation, explained they were looking to donate their father's artifacts as they felt it was important to keep all of the items together. They said that with five siblings and 14 grandchildren they were concerned their father's collection would be split up and he would be forgotten. Consequently, they decided that the Battle of Britain Bunker was the best home after meeting Daniel Stirland, Senior Curator, at a Polish Air Force dinner.

The donated items include his medals awarded for distinguished acts of valour and courage: the Distinguished Service Order (DSO), Distinguished Flying Cross (DFC), and the Polish Virtuti Militari (VM) awarded to him by General Sikorski for his leadership of 303 Squadron. Other highlights include correspondence, a flight logbook



and photographs - including one when he met King George VI.

Judy Williams, said: "Meeting Dan came at the right time and we are pleased that future generations will be able to admire them and that his legacy will be kept alive at the bunker. This is an amazing place. It is amazing to think of the hard work of the people working down there and they must have known the pilots, including father."

Leader of the Council, Cllr Ray Puddifoot, said: "We would like to thank the Kellett family for this historically significant donation. It is wonderful that the Battle of Britain Bunker is home to Wg Cdr Kellett's medals, so near to his old base at RAF Northolt. We even have a replica of the Hurricane plane he flew in the colours of 303 Squadron standing guard at the entrance to the underground bunker."



BUILD COMPLETE The new education and visitor centre

Exhibition and Visitor Centre building progress

- Building completed October 2017
- Building handed over to the council from the contractor in November 2017
- Skellon Studios, specialist exhibition designers, began installing the displays in December 2017. The new displays will include interactive exhibitions tracing the development of the UK's innovative air defence system, exploring the bunker's role beyond the Battle of Britain and true stories from those who were there, amongst others. The original plotting map table will also be replicated with a 360 degree touch screen experience for those unable to go underground to visit the bunker and the original Operations Room.
- Opening spring 2018

Also coming...

A brand new 40 acre park has been created on the St Andrew's site, which contains sports pitches, a children's playground, trim trail, river and woodland walks and will also open in spring.

It has been named Dowding Park in

honour of Air Chief Marshal Sir Hugh Dowding GCB, GCVO, CMG. He was the RAF officer commanding the fighter squadrons during the Battle of Britain and oversaw the world's first integrated system of air defence which was used at the bunker.

For more information on the Battle of Britain Exhibition and Visitor Centre and the Battle of Britain Bunker visit www.hillingdon.gov.uk/bunker

Who is really behind the Stop Northolt campaign

At a Council meeting on Thursday 2 November, Leader of the Council, Cllr Ray Puddifoot, issued an open challenge to those organisations, commercial or otherwise, and individuals funding and running the scaremongering campaign, Stop Northolt, to stop hiding and declare both themselves and their specific interest and level of financial support provided.



He said: "We defend our residents against inappropriate developments such as HS2 and the Heathrow expansion plans, and believe me if there was any truth at all in the scaremongering rumours about expanding Northolt Airport being put about by an unidentifiable but well funded group similar to Back Heathrow, we would be leading the fight against that. And as we have done with both HS2 and the Heathrow project, funding the residents' groups running the campaigns against these proposals.

"In fact in the interests of openness and honesty, I think tonight we need to put out a challenge to those funding and running the Stop Northolt campaign, to either 'put up or shut up.' By the end of this month I would ask them to send to me the names and addresses of all involved in managing the campaign and a list of all expenditure incurred to date, with details of who is providing the funding and the amounts provided to date. We will publish this request and details of the responses in the next edition of *Hillingdon People* and allow residents to judge for themselves the validity and purpose of this organisation. I will also report the response or lack of response, to the next Council meeting."

Speaking after the meeting, Cllr Puddifoot said: "If this is a genuine residents campaign they will have no hesitation in providing the information requested. However if they are a commercial organisation or self interested individuals they will duck and dive and prevaricate doing anything to avoid providing a truthful answer. Should that, as anticipated, be the case our residents can make up their own minds as to the real interest of the organisers of this campaign and as a council we will treat them appropriately."

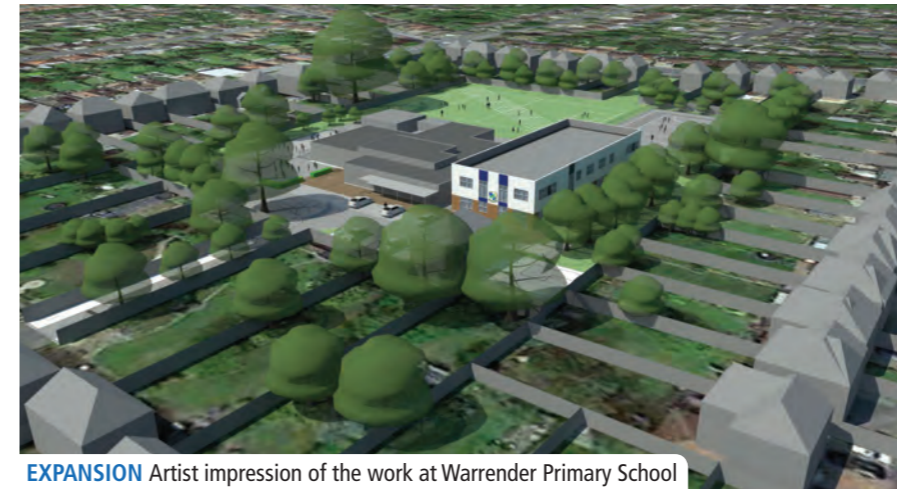
By mid-December no information had been received and Cllr Puddifoot stated: "As anticipated the scaremongers are not interested in openness and honesty using their spokesperson to declare "what does it matter who is funding Stop Northolt.....we need a council cabinet committed to returning the aerodrome to RAF use only." I have however been informed that the campaign is being funded by Biggin Hill Airport who have a commercial interest in acquiring the private aircraft flights currently using Northolt. They have commissioned a professional campaign organisation who claim that there are ways of telling a story that "become almost infectious and they change minds."

In an earlier campaign for Biggin Hill it was claimed "one of its main challenges is grow [sic] its business in what is otherwise a green and residential area." The local authority, Bromley, objected to a request for increased opening hours and in this case the campaign organisation went as far as producing a short film stating, "The film was used as part of the campaign to persuade Bromley council to approve their request for longer opening hours." The campaign film was circulated "on social media channels and sent directly to a 30,000 strong mailing list of supporters, as well as councillors and officials. The campaign was successful, with the request gaining approval."

Cllr Puddifoot added: "I have no issue at all with Biggin Hill trying to grow its business and take flights from Northolt, or using considerable sums of money to fund the Stop Northolt campaign but to do it in such an underhand manner is not acceptable. For the avoidance of doubt, Hillingdon Council will not be directed on policy matters by Biggin Hill or its paid campaigners and we will as I stated at the last Council "treat them appropriately" as they rightly deserve."

Creating more places at Hillingdon schools

Expansion works are underway at two of the borough's primary schools to ensure that Hillingdon continues to provide enough school places for local children.



EXPANSION Artist impression of the work at Warrender Primary School

Warrender Primary School is being expanded to offer an additional 210 places (30 per year group). Site preparation work started in July to form two new Reception year classes and a temporary hard play area ahead of the main building works which commenced in November.

A brand new two-storey building will accommodate eight new classrooms, an ICT suite, library, Design Technology room, group spaces, staff and administration space and toilets. The existing staff room and hall will also be altered to enlarge the hall space and create a kitchen and servery area. The existing car park will also be reorganised in order to increase capacity. External works include remodelling of pathways leading to the main entrance, and installation of a new multi-use games area (MUGA) and a sports pitch. There will be a partial handover of the new building for the new academic year, with all works expected to be fully completed by the end of 2018.

Hillside Infant and Junior Schools are also being expanded to offer an additional 216 places (30 per year group plus six nursery places). As with Warrender Primary, work started in

July ahead of the main building works which commenced in November.

A brand new stand alone building will accommodate 12 new classrooms, hall, studio, ICT suite, library, Design Technology room, kitchen, group spaces, staff and administration spaces and toilets. The existing car park will be reorganised and a new drop-off facility, incorporating a second access point, will be created to provide a separate entrance and exit. External works include remodelling the existing entrance, reorientation of the sports pitch and installation of a new two-court MUGA. Subsequent works to the existing school building will facilitate the reorganisation of the infant school. There will be a partial handover of the new build for the new academic year, with all works expected to be fully completed by early 2019.

The work is part of the council's



EXPANSION Artist impression of the work at Hillside Infant and Junior Schools

ambitious £260 million primary and secondary school building and expansion programme - one of the largest in London, to meet demand for school places in the borough as the local population continues to grow. The council is investing £153 million in primary schools and has so far created 6,682 new primary school places since 2011.

Building timeline

Warrender Primary School

- Foundations and structural frame to be completed summer 2018
- Roof and external walls to be completed autumn 2018
- Practical building completion end of 2018

Hillside Infant and Junior Schools

- Foundations and structural frame to be completed summer 2018
- Roof and external walls to be completed autumn 2018
- Practical building completion early 2019

Cllr David Simmonds, Cabinet Member for Education and Children's Services, said:

"The council is putting families first by investing in school expansions to provide places for local children where they are needed the most and offer high quality educational facilities to give our young people the best start in life. We are also continuing to create places for secondary schools as demand grows."

For more information on the council's school building and expansion programme visit www.hillingdon.gov.uk/sip

Shop front grants hailed a success by local retailers

In the past seven years, more than 180 small businesses have benefitted from the council's shop front grant scheme.

The scheme covers 80 per cent of the cost of shop front improvements such as new signs, awnings, refurbishments and minor repairs, as well as professional design expertise through commercial designers 'Designed by Good People'.

Now widely regarded as one of the most successful of its kind in the UK, the initiative has gained a reputation among retailers as being a practical and economical way of attracting new customers and boosting business. It is also used as an example of best practice by other councils.

As the council prepared to issue its 200th grant, Hillingdon People met some recent recipients.



Wendy's Hairdressers, Windsor Street, Uxbridge

Wendy's, run by sisters Molood Gaykhareh and Zahra Kikhareh, decided to take part in the shop front scheme after customers struggled to read the name of their shop. With the council's help, the pair were able to afford a new sign and fresh paint works to the doors and windows.

"We've been here for 16 years, the lady before us had the shop for 27 years, and no work was done to the outside during that time," said Molood. "It wasn't nice at all and people new to the area couldn't find us because of the sign. Now people can find us much more easily and we've had lots of nice comments from customers."

Although the shop has only recently had its facelift, Molood says the changes have already had a positive impact on trade. "Business has

definitely improved as a result, and it's good for Windsor Street, keeping it looking nice and clean," she added. "It certainly was a big help for us."

R.V. Ralph, Windsor Street, Uxbridge

R.V. Ralph watch repair shop, opposite Wendy's, seized the opportunity to get a classy new sign for their shop. Steve Williams, who manages the shop with his brother Chris, said: "We've been in Uxbridge for 39 years, although the business has been in the family since the 1920s.

"It was actually quite convenient for us because our uncle who used to run the shop retired four-and-a-half years ago and we'd been thinking about getting a new sign - not because anything had changed, but because it's nice to have a new start."

Steve is hopeful that in today's difficult financial climate, the new sign will ultimately help trade. "We're pretty confident that it can only be an improvement," he said.



World Of Flowers, Field End Road, Eastcote

Getting a new sign, an awning and fresh window boxes marked the end of a tough couple of years for World Of Flowers. The florist, which has been a stalwart of the Eastcote community for 60 years, sadly burned down in February 2016 following a heater malfunction and was forced to temporarily move premises, only recently returning to its newly-refurbished shop.

Business owner, Lena Archer said she wanted to keep their existing look but enhance it. "It's only been a couple of weeks but people have said that when they come through Eastcote, it's lovely to look at," she said.



ISF, Ryefield Avenue, Hillingdon

Shop front grants were recently offered to businesses in Ryefield Avenue, Hillingdon, as part of a trial to extend the scheme beyond town centres. Intelligent Security and Fire Ltd (ISF) was one of eight businesses in the small parade of shops to take advantage of the offer. They heard about the scheme by word of mouth and used it to get a brand new shop sign and vinyl graphics for the windows.

John Reynolds, Managing Director, said: "We were looking to move but decided to stay here and turn it into something that works for us. People have commented on how nice it is to see the shop looking so refreshing compared to how it used to look, and we're very pleased with it because it has actually introduced new customers to us. It's going to be a boost for trade and a lift for the local community."

Neelam, Ryefield Avenue, Hillingdon

Neelam has been a hub of the community for 41 years, providing a much-needed Post Office service for local residents. Run by Gaurave 'G' Sood, his dad Pradeep and his brother Jay, the store was in desperate need of a new sign and repairs to its canopy.

"It was a real help, because signs are so expensive nowadays," said G. "If the council didn't run the scheme we probably wouldn't have been able to do it. We have seen some new faces, and it's lovely because they've cleaned up the top of the buildings so the whole area ties in together. Now we have a nice area to be proud of. It's making a huge difference."



Cllr Douglas Mills, Cabinet Member for Community, Commerce and Regeneration

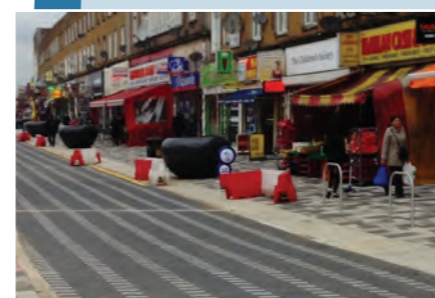
said: "It's no secret that town centres, and in particular small businesses, have been having a tough time in recent years. But we have refused to turn our backs on them, preferring instead to support them by investing in our own town centre improvement schemes and offering shop front grants to give businesses the cash boost they need to make their own improvements. We will aim to support local economy across our large town centres and smaller parades offering opportunity for economic growth."

The shop front grant scheme is just one aspect of the council's commitment to improving town centres and ongoing public realm improvement works are also being carried out in each area. For more information visit www.hillingdon.gov.uk/towncentres

Town improvements updates

Improvements well underway in Hayes parades

Major works to the parades along Uxbridge Road, Hayes, aimed at creating attractive shopping areas



for residents, are gathering pace. The £2.5 million works have already provided new high quality paving and trees in Belmore Parade, creating a pedestrian-friendly piazza environment for shoppers. New street furniture, expected shortly, will complete the work in this area.

The final phase, expected to be complete by May, will

see new street lighting, paving, seating, landscaping and trees between Warley Road and Lansbury Drive, and upgraded footpaths at Craven Close.

Also on its way...

As residents of Yiewsley and West Drayton may have noticed, West Drayton Bridge has been extensively cleaned ahead of the installation of improved lighting and a bespoke timeline mural. The mural will include facts and images of local points of interest in Yiewsley and West Drayton dating from 929 to 2019. These works will complement the West Drayton Station improvements ahead of the arrival of the new Elizabeth line at the end of 2019. There is a display board at both West Drayton and Yiewsley libraries where you can find out more.

Improve your health and fitness this year

With the festive season over and a new year ahead, you may be looking for ways to improve your health and fitness levels. The council offers a wide range of sports and activities across the borough for people of all ages and abilities.

All ages

Lawn bowls

There are 13 bowling greens across Hillingdon and last year the council provided upgraded facilities at Harefield Hospital Bowls Club, Ladygate Bowls Club, Ruislip and Fasnidge Bowls Club, Uxbridge.

Lawn bowls is a low-intensity sport for all ages and abilities. It can improve muscle strength, flexibility, endurance, co-ordination, mental health, and also involves problem solving, concentration, competition and social interaction. The social side of bowls can be just



as important as playing, with many clubs offering additional activities and those with spaces for short mat bowls provide games all year round.

For information about your local club and membership, visit www.hillingdon.gov.uk/bowls

Outdoor gyms

Hillingdon has 18 outdoor gyms in beautiful parks and open spaces, which are designed to encourage residents to keep fit and active free



of charge. The facilities are suitable for people of all ages and fitness levels and you don't need any previous experience to use them.

Equipment can include a cross trainer, seated row, pull up bars, leg press and seated chest press. Three new outdoor gyms are also being created at Swakeleys Park, Cowley Recreation Ground and Warren Park. For a full list of sites visit www.hillingdon.gov.uk/outdoorgyms

Walk Hillingdon

The council offers free, local and enjoyable led walks through its Walk Hillingdon scheme. The Green Spaces team and local volunteers lead residents on walks through award-winning parks across the borough, suitable for all fitness levels. Each walk lasts between 30 minutes and two hours, and is designed to increase the heart rate and improve health and wellbeing. Benefits include meeting new people and familiarising yourself with the local area.

To find out more, visit www.hillingdon.gov.uk/explore

or pick up an Explore Hillingdon leaflet at any Hillingdon library

Jog It Off

Experienced runners lead free adult jogging sessions for beginners, which are not only a good way to increase activity, but also a great chance to explore your local surroundings. Joggers will begin at an appropriate level, walking initially and moving on to jogging.

To find out more visit www.hillingdon.gov.uk/fitness



Special offers with local leisure centres

Better, the sport and leisure organisation which operates Highgrove Pool and Fitness Centre, Botwell Green Sports and Leisure Centre and Queensmead Sports Centre on behalf of the council, is offering some special discounts in the new year. Highgrove Pool and Fitness Centre, Ruislip and Queensmead Sport Centre, South Ruislip are offering no joining fee in January, and there will be first month half price memberships available at Botwell Green Sports and Leisure Centre, Hayes. Residents can also receive 25 per cent off junior tennis courses at Queensmead Sports Centre when booked online with voucher code TENNIS18 at www.better.org.uk/lessons.

Fusion, which operates Hillingdon Sports and Leisure Complex, Uxbridge, is offering no joining fee in January, and try before you buy complimentary activity passes for new gym users. For more information on Better leisure centres visit www.better.org.uk and for Fusion visit www.fusion-lifestyle.com

shakers. Parents can borrow these from the centres to use at home or in local parks. Children's centres also host summer holiday activities such as Xplorer, a family friendly educational navigation challenge that gives children a sense of adventure as they explore a local park.

To find your nearest children's centre visit www.hillingdon.gov.uk/childrenscentres

Young people

The council continues to invest in ensuring that young people have the opportunity to take part in a wide range of activities. Young people can develop leadership skills by completing sports leadership awards and activity sessions with youth workers, and multi-sports and activities are also offered as part of the summer Fiesta programme.

London Youth Games is the largest multi-sports event for young people, with more than 45,000 competitors aged 7 to 17 from London boroughs competing across a range of sports. Trials and training will be taking place through the year.

There is also a multi-sports community club for young people with special educational needs,

which includes activities such as, football, volleyball, table tennis and boccia. The disability sports club runs every Saturday at Queensmead Sports Centre from 1.45pm to 3.15pm and costs £3 a session. There's no need to pre-book.

For more information visit www.hillingdon.gov.uk/young



Children and young people

Children aged 0 to five

Hillingdon offers a full and varied children centre programme, including physical activities for families with young children. Children are given physical activity bags to encourage physical development and co-ordination through play, which are filled with items like balls, bean bags, scarves, a bat and ball, a magnifying glass and

Free activities for over-65s

Tea dances

The council offers free monthly tea dances for people aged over 65, with a variety of musical styles and dances, from classic ballroom to Latin and sequence dancing. Tea dances are held at the Civic Centre, Uxbridge, every third Monday of the month and at Winston Churchill, Ruislip, every third Thursday of the month.

A tea dance is held every second

month on the first Tuesday, alternating with line dancing on the first Monday of the month at Yiewsley and West Drayton Community Centre. A brand new Desi tea dance will be held on the last Wednesday of each month at Botwell Green Sports and Leisure Centre.



Swimming

Older residents can swim for free at the three swimming pools in the borough, and the council also offers free weekly swimming lessons for over-65s of varying abilities. Take your Hillingdon First card to Hillingdon Sports and Leisure Complex, Botwell Green Sports and Leisure Centre or Highgrove Pool each time and take proof of age on your first visit.

Gentle exercise

These tailor-made exercise classes for older people include seated exercise, Zumba gold and other gentle exercises. Sessions cost £1 and run across the borough. Classes focus on gentle exercise to help you to regain your fitness at your own pace.

For more information visit www.hillingdon.gov.uk/over65s

Cllr Philip Corthorne, Cabinet Member for Social Services, Housing, Health and Wellbeing, said: "The council is committed to providing a range of leisure facilities and sessions for residents of all ages to improve their health and wellbeing. If you're looking for new ways to get fit or active this year, why not try out one of these sessions or take up one of the special offers? By doing a small amount of exercise each week, you can really make a difference."

Could you and your neighbours benefit from an alley gate?

The council has been providing funding and support for an alley gating scheme for the last 10 years to help residents and businesses protect their privately owned alleyways from intrusions. We find out how the scheme has benefitted residents.

The installation of lockable gates can greatly improve quality of life for residents and businesses by helping to reduce the likelihood of burglars gaining access to the rear of properties, and protecting the alley from fly-tipping and other anti-social behaviour.

Funding is available for alley gates through the Chrysalis programme. The council welcomes applications for alleyways that serve at least six households, and successful applicants will be offered up to 90 per cent of the cost of alley gates. Once installed, future maintenance and ownership is the responsibility of residents.

Some of the schemes that have been completed within the last year

Deters fly-tipping

Westbourne Road/Widmore Road, Uxbridge

The occupiers of the houses in Westbourne Road and Widmore Road asked for an alley gate to be installed following a series of fly-tipping incidents and anti-social behaviour. A gate was installed in July, which has successfully prevented further incidents.

Prevents burglaries

Victoria Road and Bridgwater Road, Ruislip

Residents applied for an alley gate following a number of burglaries that affected the houses in the local area. There were also incidents of fly-tipping, and people had been using the alley to access Bridgwater Open Space.



Najat Pearce, who organised the gate, said: "We'd like to thank the council for its help and support with the installation of the gate through the alley gating scheme. We requested a gate behind our homes due to anti-social behaviour and recent burglaries. The online application process was simple and since installation, residents now feel more secure in their homes."

Reduces anti-social behaviour

Bourne Avenue, Hayes

A local resident submitted the application for Chrysalis funding for the alley gating scheme last year, and the gates were installed in October. **The lead resident** said: "In recent years, we have experienced a lot of anti-social behaviour. The alleyway was used by drug dealers who used to park their vehicles and exchange drugs there. The gate is now preventing this from happening"

Improves safety

Springfield Gardens and Pine Gardens, Ruislip

Terry Wigington, the lead resident for the scheme, applied for an alley gate to help residents feel safe. He said: "As Neighbourhood Watch Co-ordinator for the area, I was approached by several neighbours regarding the installation of two security gates, one at either end of the rear alley of our properties. Applying to the alley gating scheme was very easy and intuitive. All of the relevant paperwork and information is supplied and the support from the council was very much appreciated. They did a superb job, no mess, took all the soil away and left us with a fine pair of security gates that are admired by many."

Cllr Douglas Mills, Cabinet Member for Community, Commerce and Regeneration, said:

"The council's alley gating scheme has been extremely successful in helping communities come together to address safety concerns, fly-tipping and anti-social behaviour on their doorstep. We would encourage more residents and businesses to make the most of this offer to help improve the quality of life in their area."

For more information about the alley gating scheme or to make an application online visit www.hillingdon.gov.uk/alleygatingscheme

Hillingdon celebrates achievements of remarkable young people in care

The council's annual Kids in Care Awards (KICA) were held on Saturday 18 November at the Sofitel Hotel in Heathrow, to celebrate the achievements of children in care and care leavers in Hillingdon.

The awards ceremony recognised young people who have overcome a difficult upbringing or challenging circumstances to make an outstanding achievement in their lives; whether this is achieving excellent exam results, making a contribution to the community, doing well in sport, or making personal progress improving their own development, self esteem or sense of wellbeing.

The event was designed, planned and hosted by young people, and was attended by the Mayor of Hillingdon, Cllr Carol Melvin, and Hillingdon children and their carers. In total, 198 young people were nominated.

Cllr David Simmonds, Cabinet Member for Education and Children's Services, said: "This year's KICA has been so inspirational and shows that, with the right support, young people in Hillingdon can achieve anything they put their mind to. We are so proud of all of the children who come into our care, and we will continue to ensure that all young people across the borough have the opportunities and guidance to reach their full potential."



Mohammed, 22, came to the UK unaccompanied six years ago to seek asylum. **Donna Smith** mentors Mohammed and nominated him for a KICA award for his commitment to education. Donna said: "Mohammed has no family in the UK and despite this, he has pushed himself and worked extremely hard to achieve good grades. He is now doing his BA (hons) degree in Mathematics at Kingston University. Everyone is so proud of him and what he has achieved."

Mohammed said: "When I first heard that I was nominated for an award in education I couldn't be more happy and proud of myself. I came to the UK at the age of 16 from Somalia. There has been civil war there since 1991, and my parents wanted to get me out so I would be safe."

"When you first go into care it can be traumatic, and the most difficult thing for me was seeing other kids in college with their parents at the end of classes, which always reminds me of my mum. When you are in care you start living as an adult straight away, whereas most children will still have their parents to do things for them. I had a couple of really good social workers and they were all so helpful in assisting me with advice. I'm now excited for my future."



Ruby, 17, was also nominated for her commitment to education. Ruby was placed in the council's care when she was five-years-old, as her parents were unable to look after her. Ruby said: "The most difficult thing about growing up in care is not being able to concentrate. Sometimes you have a lot of thoughts running through your head as to why you were put in care, and you wonder if things will ever change."

"I have overcome my GCSEs which was a big challenge, and my social worker, Asefaw, has helped me pursue a career in medicine. I think kids in care have more challenges than children who do not grow up in care, because we have a lot more going on and can be affected after making contact with birth parents."



For more information visit www.hillingdon.gov.uk/kidsincare

Considering a move to a smaller council property?

Are you living in a council house which is too big or expensive and would like to downsize but not sure how to go about it? The council offers individually tailored support and financial incentives that may help.

Q Our children have left home and our property is now too big for myself and my wife. There are too many rooms and the associated bills are costly. How can the council help?

A The council encourages tenants living in a property with too many rooms to consider downsizing. Moving to a smaller property will help to reduce bills and allow the council to give the property to someone else, particularly families who require multiple bedrooms.

Q Moving seems like a huge, daunting task, there are so many things to deal with all at once and it is overwhelming to sort on my own. How can you help?

A Our Home Release Reward Scheme can help you downsize. Financial incentives of up to £4,500 will assist with the costs associated with moving and setting up a new home. We also recognise that moving home can present practical issues. You may have benefit or rent arrear issues, registration problems, uncertainty in changing or disconnecting utilities or unwanted items to clear, but the council can help with this. Your Tenancy Management Officer will be happy to visit you and discuss any barriers you think there might be and help you, in addition to the reward payments.

Q How can we do this and how do we find out more?

A You can apply for a transfer through the Locata (Hillingdon Housing Options) website. For more information visit www.hillingdon.gov.uk/downsizing or give us a call on 01895 556666. You can also request a visit from your Tenancy Management Officer.



"We don't regret it!"

Shirley and David Flanders, 70 and 72, downsized to a one-bedroom bungalow in Harefield in September 2016. They had previously lived on the 12th floor of a tower-block in Hayes for 18 years. Shirley said: "The lift only went up to the 11th floor and David has chronic obstructive pulmonary disease, a lung condition, so it was hard for him to walk up the stairs. David's condition worsened in the last few years and he had been in and out of hospital. We had a spare room that we didn't really use after our daughter moved out. We had both recently retired and we made the decision to apply to downsize to try and find a more suitable property for our needs."

David said: "I have always lived in the Hayes and West Drayton area but we decided we wanted to move to Harefield. I used to deliver bread there and knew the area well. It's much quieter, which we like. When we got this bungalow we were gobsmacked."

Shirley said: "Within a couple of days, after accepting the property, we were told we could move. We asked for an additional week so we could organise everything and it all went really well. The council gave us a financial incentive to move and we have also spent our own money on redecorating our new home."

"I understand why downsizing is a hard decision for some people. They may think that moving is too hard and it may feel daunting to start again somewhere new but we would really recommend it. We don't regret doing it. We wish we'd done it earlier! David's health has improved since we moved. We have a front and back garden which is great. There's a ramp, so David can go outside and sit in the back garden to get fresh air. We have one bedroom, a kitchen, a wet room bathroom and a living room. It's a good size overall. There have also been financial benefits as our utility bills are much cheaper now."

Ensuring our residents are safe

The council has an ongoing rolling programme of works to ensure that safety is prioritised in all council-owned tower blocks, with additional improvements being made this year to provide greater security should an emergency situation occur.



The new LED lighting will be brighter, which could deter anti-social behaviour and it is more environmentally friendly and efficient. The emergency lighting will stay on for longer, allowing extra time for repair works to take place and make it safer for residents if a power outage occurs.

Additional surveys were carried out at

Rabbs Mill House, Uxbridge; and Fitzgerald House, Glenister House and Wellings House, Hayes.

Following the feedback from these, the council is undertaking some planned upgrading work at these sites. Work previously planned for these blocks, including providing additional insulation to stop the

spread of fire should it occur, fitting new and more efficient electric night storage heaters and redecorating communal areas has also been brought forward to take place at the same time. The windows will also be replaced in Rabbs Mill House.

Overnight security will be provided throughout the planned works on these four blocks to ensure properties are secure and residents are encouraged to speak to the council if they have any questions about the work.

All of our tower blocks are fitted with up-to-date Gerda Premises Information Boxes. These allow the Fire Services to see the plans and layout of the building. They also detail the location on-site of any specialist equipment, such as oxygen canisters.

Maintenance work is not limited to tower blocks, fire safety is prioritised in all council-owned buildings. Currently a range of improvement works are also planned and taking place across our 23 sheltered housing schemes.

Six months on from the tragedy that occurred at Grenfell Tower, North Kensington in July last year, we want to reassure residents that fire safety is always prioritised in Hillingdon.

The council has an ongoing programme of inspections and maintenance works to ensure its 11 tower blocks (10 located in the borough) meet fire safety regulations. When the Grenfell disaster occurred, the council had already been carrying out inspections, assessments and surveys, including planning the installation of new LED emergency lighting, examining the condition of existing fire doors and doing electrical test checks.

Following Grenfell, a safety test was carried out on cladding from the high-rise blocks, with results confirming that they were not aluminium composite panels.

Over the next couple of months, all front entrance doors and the majority of communal fire doors are being replaced. New emergency and communal lighting is being installed, as planned, lifts are being replaced and all homes within the tower blocks will have battery operated smoke alarms fitted that have a lifespan of 10 years.



BRAND NEW Communal fire doors have been replaced

Cllr Jonathan Bianco, Cabinet Member for Finance, Property and Business Services, said:

"Fire safety is prioritised in all of our council-owned buildings and our tower blocks are no exception. The safety of residents is paramount. Our rolling programme of inspections and maintenance works take place to ensure that should a fire or an emergency situation occur, we are able to fully protect those who live there."

If you are a tenant in a council-owned tower block and have any questions about this work call 01895 250139



Saying thank you to our invaluable volunteers

Many Hillingdon voluntary and community groups rely on the dedication and hard work of volunteers to deliver their essential services. The council, together with partners Hillingdon Interfaith Network and H4All, said a big and heartfelt thank you to more than 80 of the borough's volunteers at the Hillingdon Volunteer Awards 2017.



The awards, which took place on Thursday 23 November at the Civic Centre, Uxbridge, recognised and acknowledged volunteering across the borough.

All nominees who attended the special ceremony were presented with a certificate by the Mayor of Hillingdon, Cllr Carol Melvin. This year, seven nominations stood out as individuals or teams going above and beyond and showing exceptional commitment.

There were also two additional nominees who received separate highly commended awards.

Thank you to our sponsors Hillingdon Clinical Commissioning Group and Dovetail Community Outreach who provided sponsorship and Uxbridge College for providing the venue.

This year's winners were...



Alia Jones, Halo Children's Foundation Community Volunteer

After losing her partner and father to her two children, Alia set up Halo, a bereavement charity for children and their families.

She runs a monthly group, where she shares with others the support she found. She provides a place for children and their parents to express their grief. The group helps to support many families and she loves doing what she does.

Alia has inspired many to turn something devastating into something positive – bringing people together to raise money, which goes back into the community when someone sadly passes away.

James Bergstrom Oyebola, Halo Children's Foundation Young Volunteer

James volunteers his time to support younger children who are dealing with the loss of someone close to them.

Having joined the Halo support group when he lost his father, James now gives support back to the community and tries to keep positive by doing good. He battles through his own challenges to dedicate his time to the charity and has made many friends.

He helps out in the monthly expressive arts and play sessions, as well as the counselling workshops. He motivates and inspires the children, who can't wait to see him. His personality makes them laugh and smile in what is otherwise a sad time.



Khalida Obeid, Hillingdon Afghan Women's Group Community Volunteer

Khalida has been facilitating a confidential support group for Afghan women since 2004. Each week, they share their experiences, learn psycho-education skills, improve their self-esteem and overall wellbeing. Khalida also provides one-to-one counselling.

She speaks both Farsi and Dari, and offers health visitors interpretation and communication support for home visits. She also spends a lot of time organising external speakers to attend the meetings, so members of the group can build on their skills and knowledge.

Khalida is passionate about and dedicated to her work, which has empowered many women to rebuild and transform their lives, which previously they thought would not be possible. She promotes making connections with others, healthy change and independence. Many of the women who have attended the Afghan Women's Group have gone on to study at college, have reported reduced isolation and increased self-esteem.

John Frost, Hillingdon Law Centre Long-term Commitment to Volunteering

John is secretary and founder of the Hillingdon Law Centre, where he has been volunteering for more than 30 years. In that time he has provided employment advice and legal help to thousands of people.



Manbir Dhillon and Denise Tottman, Hillingdon Mind Health and Wellbeing Volunteers

Manbir and Denise have been peer group facilitators for the Hearing Voices Group since it was set up in 2016.

Through their roles, they provide a safe and accepting place for people to share their experiences and support one another over a cup of tea and a biscuit. People can talk freely, without fear of judgment or ridicule, about the daily challenges they face hearing voices.

Manbir and Denise themselves have lived with mental ill health. Yet despite their own personal difficulties, they are always there for others.

Denise's favourite motto is 'Personal recovery occurs when someone builds a life that is satisfying, fulfilling and enjoyable, when they make the most of their lives even if they continue to experience the symptoms of an illness.'

Manbir has a strong passion to help those experiencing mental health illnesses (in particular voice hearing) and retells her personal journey to give others hope that it is possible to overcome.



Hillingdon Neighbourhood Watch Steering Group, Neighbourhood Watch Volunteer Team

Hillingdon Neighbourhood Watch Steering Group grows and maintains neighbourhood watch schemes across the borough. Through public events, regular newsletters and with free crime prevention kits, they

promote neighbourhood watch. They support hundreds of neighbourhood watch co-ordinators and keep in contact with them to ensure every scheme is running smoothly. In the last few years, they have increased the number of active watches across Hillingdon. All of this has played a part in the decrease in burglaries in Hillingdon since 2012.

The team never runs out of energy. Last year their chairman sadly passed away but the team re-grouped and doubled their efforts.

Highly Commended awards were presented to:

- ★ Elma and Evelyn, Manor Farm Site, Volunteer Team Award
- ★ Lewis Ashley-Jones, U-Can-Ask Angels, Young Volunteer Award

If you're thinking of volunteering, have a look at opportunities on www.hillingdon.gov.uk/volunteering

Updates from the Borough Commander

I've been to a number of public and community events in the last couple of months and have been getting some really good feedback about the increased engagement and presence of our dedicated ward officers. As you know, we have two per ward and they are now equipped with and getting used to their tablet devices, which is like having the office computer in the palm of their hand. Knowing who your local officers are, seeing them out and about, and telling them about the things that matter most, so they can do something about it, is really important. When organisations change, as the Metropolitan Police is currently doing right now, strengthening community policing in this way maintains public confidence and helps us fight crime.

To update you on some of the changes that are underway, you will know by now that the front counter at Uxbridge closed in December and that Hayes Police Station now has the 24/7 front counter for public access. Uxbridge will remain operational, and the future plan is to sell the building

to raise capital and reduce costs, for now CID and Neighbourhood teams continue to be based there until new sites are identified. Maintaining the policing presence in Uxbridge, including the town centre and increasing community contact sessions is ongoing. In the north of the borough, Ruislip Police Station will be kept as an operational base and the Mayor's Office for Policing and Crime will be consulting on the future of its volunteer-led front counter. We are also becoming part of a new west area Basic Command Unit (BCU) joined with Ealing and Hounslow boroughs. Strengthening local policing, as I mentioned, is central to this, and we will be working to develop more efficient and effective ways to increase the police presence, solve crimes and safeguard children and vulnerable people. We will put more updates on our Facebook page and dedicated ward officers will provide updates at ward panel meetings and their regular contact sessions.

Lastly, in March last year we saw an

increase in burglary offences. We did catch one of the main people responsible and he's now in prison. However, taking a few simple steps to protect your home, flat, shed or business can make a real difference. Checking doors and windows are locked will help you reduce your chances of being burgled. Visit www.met.police.uk/crime-prevention/residential-burglary for more advice. We also have an award-winning neighbourhood watch scheme in Hillingdon who help prevent crime. Their details can be found on www.hillingdonnhw.co.uk.

Together we can keep Hillingdon a hostile place for criminals and continue to be one of the safest boroughs in London.



Colin Wingrove

Learn new skills, enhance your career prospects or improve your emotional wellbeing

The council offers hundreds of adult learning courses across Hillingdon, and the new year is the perfect time to gain a professional qualification, learn new skills or enjoy a different hobby.

Courses are held at state-of-the-art learning centres and include gardening and floristry, art, languages, maths, childcare, IT, cookery and photography. The adult learning programme is designed for all ages and abilities, but there are also specific courses for over-65s, as well as adults with learning difficulties and disabilities. The council is also running free courses to help people improve their emotional health and wellbeing.



Emotional health and wellbeing

A range of free wellbeing courses are available to help residents struggling with anxiety, stress, sleep problems or low mood. Classes will encourage people to find ways to de-stress, increase self-esteem, meet new people and find support to improve emotional health.

Aleister Monk, aged 44 from Uxbridge, was working in a demanding retail environment that led him to suffer with stress and anxiety. He enrolled onto a Stress Busting and Boosting Self-Awareness course, where he was given practical learning tools to help find coping strategies and improve his anxiety. He said: "Since taking the course, my self-confidence has improved and I'm now much more able to control situations that cause me anxiety."

Courses include understanding depression and anxiety, yoga, meditation and relaxation, and empowering parents to improve family life.

Before enrolling on a programme, you will need to have a chat with a wellbeing advisor at any adult learning centre and complete a mood and wellbeing questionnaire. To arrange an appointment, call 01895 556248 or email learntobewell@hae-acl.ac.uk.

Community projects

The council builds relationships within local communities by offering free courses to help residents improve their skills. Residents attending Austin Road Estate's sewing group in Hayes are



currently learning dressmaking. **Syeda Shah**, aged 52 from Hayes, is the community group co-ordinator and a professional dressmaker. She said: "I have a passion for sewing and it's great to see so many women coming along to

the courses to improve their skills. A lot of people who come here may be out of work or suffering from depression, and the group offers an opportunity to do something positive and meet new people. Some residents speak English as a second language, so our conversations help improve English, and also maths skills as we work with measurements.

"I now make my own clothes and do alterations for other people, so it can also be a stepping stone into work. Our group is so much more than just a sewing club, it's a community hub that gives people confidence. It's such a great feeling when you've created something you didn't know you could."

Learn new skills

Cookery courses are available for all adults at different venues across the borough, with new courses starting at Park Academy in January, which include Gluten Free Cooking, Healthy Eating, Indian Cookery, Vegetarian Cooking and Caribbean Cooking.

Sharon Panjaitan, aged 27 from Hillingdon, and **Mark Brandford**, aged 47 from Uxbridge both

attend a cookery class for adults with learning difficulties at Rosedale College in Hayes. Sharon said: "I love coming here every week as I love cooking. My favourite thing that I've learnt to cook is chutney. I like seeing people every week."



A full list of all adult learning courses is available on www.hillingdon.gov.uk/adultlearning

NHS Hillingdon CCG spreads the word on how to stay well this winter

Keeping the residents of Hillingdon safe and well this winter is a top priority for NHS Hillingdon Clinical Commissioning Group (CCG).

As part of the healthcare commissioning organisation's winter wellness campaign they will be conducting a series of free public roadshows in the community, offering handy advice and tips to keep people well in the colder months.

If you bump into a member of the campaign team you will be greeted with advice to stay well this winter, and you can also get your pulse rate checked for Atrial Fibrillation (AF). This test will monitor in 30 seconds your

pulse rate that, if found to be irregular, could mean you have the condition. Anyone tested with a high AF will be advised to make an appointment at their GP surgery and will receive information on what to do next.

The roadshows will also offer the opportunity to talk to a member of the team about the CCG's range of free two-hour education workshops.

These include how to manage your Type 2 diabetes, adult and childhood asthma, or one of their British Red Cross minor ailments workshops.

For further information on this roadshow campaign, or if you would like the campaign team to visit your community group or event, please contact the NHS Hillingdon MyHealth Team by emailing hillccg.myhealth@nhs.net or for more information on the CCG's education workshops visit www.myhealthillingdon.nhs.uk.

Could you foster a child?

Find out about fostering



Come and meet the team on:

Friday 26 January from 1pm to 5pm

Sainsbury's, Lombardy Retail Park, Coldharbour Lane, Hayes, UB3 3EX

Tuesday 13 February from 6.30pm to 8.30pm

Civic Centre, High Street, Uxbridge, UB8 1UW

There's no need to book, just turn up.

For more details

www.hillingdon.gov.uk/betheone

0800 783 1298



HILLINGDON
LONDON

www.hillingdon.gov.uk

Welcome to a new year of events. Hillingdon offers a wide range of activities to keep all ages entertained throughout the winter months. With February school half-term approaching, find out what's on for young people.

THEATRE

Oklahoma!

Argosy Players present
Goldilocks and the Three Bears
Thursday 18 January to Sunday 21 January, various times

Join the circus for this fun-filled family pantomime. Goldilocks and her mum, Sadie Spangle, run a circus full of clowns, jugglers, acrobats, a magician and lots more. Times are tough and they are struggling to stop the circus falling into the hands of the dastardly Benjamin Black. When Goldilocks finds the talented three bears it looks like the good times are back, but sneaky Mr Black enlists Pedro the nasty gypsy and a horrible plan is hatched. Will Goldilocks, Sadie and the bears triumph?
Cost: Tickets £15.

Concessions £12.50. Book online on www.hillingdontheatres.uk or call the Box Office on 01895 250615.
Winston Churchill Theatre

Proscenium presents God of Carnage

Wednesday 31 January to Saturday 3 February, (2.30pm on the Wednesday and 7.45pm on the Thursday, Friday and Saturday)

Yasmina Reza's dark comedy of manners holds a mirror up to our own behaviour and forces us to question the extent to which we, as a species, have evolved. Two boys have had a playground fight, during which one sustains minor injuries. The boys' parents meet to resolve the matter. What begins as a courteous meeting disintegrates badly once the gloves come off and sparks begin to fly. A 20 minute question and answer session will take place with the company after each performance.
Cost: Tickets £14.

Book online on www.hillingdontheatres.uk or call the Box Office on 01895 250615.
Compass Theatre

Some Guys Have All The Luck

Friday 2 February, 7.30pm

This theatrical production celebrates

the career of one of rock's greatest icons, Rod Stewart. From street busker through to international superstar. Paul Metcalfe delivers an authentic and charismatic performance assuming the persona of this legendary singer-songwriter and performer right down to the last detail. The show includes all the hits from Rod's career, including classic rockers like *Maggie May*, *Baby Jane* and *Da Ya Think I'm Sexy* through to big ballads such as *Sailing*, *You're In My Heart* and *Tonight's The Night*, as well as favourites from his days with the Faces such as *Stay With Me* and *Twistin The Night Away*.

Cost: Tickets £24.50.
Concessions £1 off. Groups 8+, one in eight go free. Premiere Card £20.70.

Book online at www.becktheatre.org.uk or call the Box Office on 020 8561 8371.
Beck Theatre

The Best of WHAM!

Thursday 22 February, 7.30pm

A new show featuring the best of George, Andrew, Pepsi and Shirlie with fantastic vocals, choreography, costumes and a live band. The show includes all those hits, a few B side favourites and a couple of early George Michael bonus songs. This fun-loving, vibrant, megamix tribute to the pop sensation of the 80s will be loved by *Young Guns* of all ages, so come along to the *Club Tropicana* (*Sorry. Drinks not free).

Cost: Tickets £25.
Concessions £2 off. Groups 8+, one in eight go free.
Book online at www.becktheatre.org.uk or call the Box Office on 020 8561 8371.
Beck Theatre

Monstersaurus!

Friday 23 February, 11am and 1.30pm

Big Wooden Horse presents this half-term treat show. Inventor Monty creates a whole world of whacky inventions and incredible monsters. This energetic performance, suitable for ages 3+ is full of thrills, spills, magic and mayhem, has original music and plenty of audience participation.

Cost: Tickets £9.
Book online on www.hillingdon

HILLINGDON WHAT'S ON?

For more Hillingdon events or to advertise your own, visit www.hillingdon.gov.uk/whatson

theatres.uk or call the Box Office on 01895 250615.
Compass Theatre

Beauty and the Beast Workshop

Saturday 24 February, 1pm

Join Belle in her search for adventure in the great, wide somewhere. The council and DKproDuKtions present a special musical theatre workshop teaching children aged 5 to 10 songs and dances from *Beauty and the Beast*.

Cost: £6.
Book online on www.hillingdontheatres.uk or call the Box Office on 01895 250615.
Compass Theatre Studio

Beauty and the Beast Film

Saturday 24 February, 2.45pm

The council's Beauty and the Beast themed events continue with a full screening of the 1991 full-length animated film.

Cost: £6.
Book online on www.hillingdontheatres.uk or call the Box Office on 01895 250615.
Compass Theatre

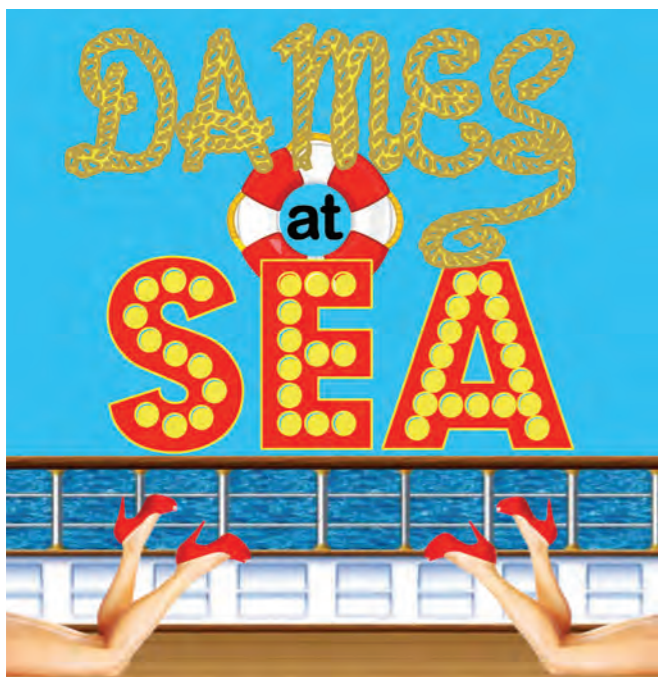
Chinese New Year Extravaganza

Saturday 24 February, 2.30pm and 7.30pm

Come and join the celebration as Chinese New Year lands in Hayes with a unique and exciting show of culture. Chinese New Year Extravaganza features a team of performers showcasing amazing Chinese performing arts. From the cheerful spirit of the auspicious Lion Dance, to majestic and awe-inspiring contortion, this show is a colourful display of cultural tradition.
Cost: Tickets £25. Concessions £2 off. Family offer £74.

Book online at www.becktheatre.org.uk or call the Box Office on 020 8561 8371.
Beck Theatre





Dames at Sea

Wednesday 28 February to
Saturday 3 March, 7.30pm
(2.30pm also on the Saturday)

Spotlight Musical Theatre Company presents this toe-tapping, fun-filled, madcap musical. The leading lady is threatening to walk out, the theatre is about to be torn down. Who will be able to save the show? *Dames at Sea* is a show filled with music and dance inspired by the glitzy musicals of the 1930s.

Cost: Tickets £15.
Book online on www.hillingdontheatres.uk or call the Box Office on 01895 250615.
Compass Theatre

An audience with Frank Bruno: Let me be Frank

Wednesday 28 February,
7.30pm

Enjoy an evening of conversation with Frank Bruno MBE, hosted by comedian and entertainer, Jed Stone. Frank will be talking about his recent book and boxing career, from starting out all the way through to becoming one of Britain's most loved sports personalities.

Cost: Tickets £31.
Book online at www.becktheatre.org.uk or call the Box Office on 020 8561 8371.
Beck Theatre

Godspell

Thursday 8 to 10 March,
7.30pm (also 2.30pm on the Saturday)

KLOS Musical Theatre presents their up-to-date version of this famous rock musical from the creator of *Wicked*. Includes *Day by Day* and *Prepare Ye the Way of the Lord*.

Cost: Tickets £15.
Concessions £13.

Book tickets by calling 020 8207 2340 or emailing boxoffice@klosmusicaltheatre.co.uk or by visiting www.klosmusicaltheatre.co.uk.
Winston Churchill Theatre

COMEDY

Roy Chubby Brown

Thursday 1 February, 7.30pm
He's still rude, crude and this time he's turning headlines into punch lines. Chubby doesn't hold back from sharing his outlandish views on news, women and gender, sailing so close to the mark, even the most seasoned of fans will be left gobsmacked!

Cost: £23.50. Premiere Card £19.80.
Book online at www.becktheatre.org.uk or call the Box Office on 020 8561 8371.
Beck Theatre

Paul Chowdhry: Live Innit

Wednesday 7 to Friday 9 February, 8pm
Following his 2015 100 date sell-out tour, comedy powerhouse and star of *Taskmaster*, *Live at The Apollo* and *Stand Up for the Week*, Paul Chowdhry brings his highly anticipated new stand-up show to venues nationwide.

Cost: Tickets £23.
Book online at www.becktheatre.org.uk or call the Box Office on 020 8561 8371.
Beck Theatre

EXERCISE

Stretch-a-cise over-60s Keep Fit

Thursdays, 11am to 12pm
Come along to this very friendly

and fun group for a chance to do some gentle exercise and make new local friends.

Cost: £4.
Numbers are limited, so please phone 020 8842 0547 to book your place.
Deane Park Hall

YOGA with Juliana

Tuesdays (starting from 6 February), 7pm

This new six-week course for beginners is perfect for new and curious yogis wishing to refine their practice, explore alignment and the core principles of yoga. The course will cover key yoga postures and breathing practices, giving you healthy foundations in the practice, confidence, leaving you feeling good.

Cost: £90 for six weeks.
For full details and to book visit www.juliana.yoga/workshops or email hello@juliana.yoga.

The Stables, Eastcote House Gardens

Dru Yoga with Dinta

Saturdays, 11.20am at St Lawrence Church
Mondays, 7.30pm at South Ruislip Community Centre

Dinta is fully qualified in Dru Yoga, which is based on flowing movements, directed breathing and visualisation. It is good for overall health and wellbeing, core strengthening, weight loss, boosting immunity, improving posture, building strength, flexibility, suppleness, stamina, stress release, fighting depression, achieving goals and deep relaxation.

Cost: £8 per class.
To book call 07870 981885 or email yogawithdinta@aol.co.uk.
St Lawrence Church and South Ruislip Community Centre

Chairobics for over-65s

Thursdays, 11.45am to 12.30pm and 12.45pm to 1.30pm

Come and join these easy-to-follow gentle exercise sessions to improve your physical strength and wellbeing. Places are limited, so please book in advance.

Cost: £1 per session.
Call 01895 556242 to book your place or receive more details.
Oak Farm Library

Zumba with Trisha

Tuesdays 9.30am and 10.30am (50 minutes duration)

Like to dance? Low-impact, dance fitness Zumba Gold class, suitable for active seniors.

Cost: Drop-in £5.
For more information call Trisha on 07919 276 539 or visit www.zumbawithtrisha.co.uk.
Ickenham Village Hall

Little Shakers Pre-school Music and Movement Classes

Mondays (during term-time), Little Shakers Learners: 10am to 10.40am

Little Shakers for children aged 2 to 4 years: 10.45am to 11.25am

Little Shakers are fun, upbeat pre-school classes combining music, movement and an early introduction to gymnastics. Classes are in two age groups, Little Shakers Learners, for age 12 to 24 months when children are just finding their feet and the Little Shakers class for children aged 2 to 4 years who are encouraged to participate more independently. A mix of re-imagined classics and fresh original music is used alongside many props and physical activities. Children, whilst busy having fun with Vanessa and Betsy, the much-loved puppet, will develop many of the Early Years Foundation Stage goals and gain confidence while bonding with parents/carers.

Cost: £6.
For more information call Vanessa on 01895 624407.
The Stables, Manor Farm

Yoga start course with Maria

Mondays, 7pm (starting 15 January)

Explore the many benefits of yoga in this 10-week course. Maria also offers drop-in classes on Sunday and Saturday mornings. A meditation yoga workshop will be held at 12pm on Saturday 20 January for £12.

Cost: £90.
Call Maria on 07940 722907 or email moreyogawithmaria@gmail.com for more information.
The Stables, Eastcote House Gardens

MUSIC

Uxbridge Choral Society's Winter Concert

Sunday, 28 January, 7.30pm
The choir will sing *Elijah* by Mendelssohn conducted by Tim Armstrong Taylor.
Cost: Tickets £12. £6 for children under 12.
To buy tickets visit www.uxbridgechoralsociety.org.uk or purchase on the door.
The Immaculate Heart of Mary Catholic Church

Nathan Carter

Saturday 10 and Sunday 11 February, 7.30pm

Country singer Nathan Carter tours once again with his fifth album,

which features his unique blend of Celtic, country and pop.

Cost: Tickets £30.
Book online at www.becktheatre.org.uk or call the Box Office on 020 8561 8371.
Beck Theatre

Folk Music Concert

Thursday 22 February,
8pm to 11pm

Uxbridge Folk presents The Gerry Colvin Band and Steve Donnelly for an evening of brilliant songs and madcap comedy.

Cost: £12 on the door.
Reductions for members and students.
For more details visit bit.do/uxfolk or call 07941 006017.
Uxbridge Royal Naval Association

Family Concert: A Frozen Afternoon

Sunday 25 February, 4pm
Hillingdon Philharmonic Orchestra invites you to a special family concert, featuring music from *Frozen*, Vivaldi's *Winter* (from *The Four Seasons*) and Leroy Anderson's *Sleigh Ride*. This concert allows children to discover



NATHAN CARTER

the magic of seeing and hearing a full orchestra.

Cost: Tickets £8. Under-16s £5.
Family of four £22.
Book online on www.hillingdontheatres.uk or call the Box Office on 01895 250615.
Winston Churchill Theatre

Eastcote Choral Society Spring Concert

Saturday 10 March, 7.30pm
Come along to this concert featuring Gioachino Rossini's *Petite Messe Solennelle*. Refreshments available afterwards. The choir meets every Tuesday from 8pm and 10pm at Ruislip Methodist Church.

Cost: £12.
Tickets available by calling 01895 904556 or on the door.
For more information visit www.eastcote-ruislip-choral.org.
St Edmund's Church

LEISURE

Language Clubs of Hillingdon

Thursdays, 7.45pm to 9.45pm
Friendly clubs offering a chance

to practise speaking and hearing Spanish, French, Italian and German, each on a different Thursday of the month. If you are learning a language, want to brush it up or maintain it, or if you are a native speaker wanting to use your own language, contact the right club for you.

Cost: £3 per visit or £15 for annual membership.
Spanish Club 01895 253472.
French Club 01895 253472.
Italian Club 020 8863 3468.
German Club 020 8429 1921.
St Giles' Church Hall

Ruislip-Northwood Flower Arrangement Society

Tuesday 6 February, 7.30pm
Come along to this friendly flower club and watch a demonstrator use their skills to produce beautiful designs and inspire you. It is an entertaining evening where you can also pick up useful gardening tips and meet new people. At this session, Terry Babbage will be demonstrating on the theme of 'Odds and Pots.' Tea and coffee is available in the interval and the flower arrangements are raffled at the close of the demonstration.

Cost: Visitors £5.
For more information call 01923 829621.
Northwood and Pinner Liberal Synagogue

Geology Exhibition: Uxbridge Rock Show

Friday 9 to Friday 23 February
Harrow and Hillingdon Geological Society will be holding their annual Rock Show, which consists of showcases and posters of rocks, minerals and fossils. It will

include igneous, metamorphic and sedimentary rocks to touch.

Cost: Free.
For more information visit www.hhgs.org.uk.
Uxbridge Library

WEEE recycling

Monday 19 to Sunday 25 February

If you're thinking of throwing away any small electrical items, bring them along to Uxbridge Library to recycle during this special week organised by the West London Waste Authority. **For more information visit westlondonwaste.gov.uk.**
Uxbridge Library

Handy Crafts

Mondays, 1.30pm to 3pm
Learn to knit and crochet and meet new people.

For more information call 01895 556060.
Yeading Library

Harlington Young Adult Book Group

Tuesdays, 3pm to 3.45pm
Aged 13 to 18 and love reading? Why not join this weekly young adult book club where you read a new book every month and discuss it?

For more information call 01895 556275.
Harlington Library

Crafty coffee afternoon

Saturdays, 2pm to 3pm
Join this social group for tea, coffee and crafts. Bring your own project or be inspired to start something new.

For more information call 01895 558286.
Yiewsley Library

VENUES

Beck Theatre,
Grange Road, Hayes, UB3 2UE

Compass Theatre,
Glebe Avenue, Ickenham, UB10 8PD

Deane Park Hall,
Long Drive, South Ruislip, HA4 OHS

Harlington Library,
Pinkwell Lane, Hayes, UB3 1PB

Ickenham Village Hall,
33 Swakeleys Road, Ickenham, UB10 8DG

Northwood and Pinner Liberal Synagogue,
Oaklands Gate, Northwood, HA6 3AA

Oak Farm Library,
Sutton Court Road, Hillingdon, UB10 9PB

South Ruislip Community Centre,
Deane Park, Long Drive, South Ruislip, HA4 OHS

St Edmund's Church and Hall,
Pinner Road, Northwood Hills, HA6 1QS

St Giles' Church Hall,
Ickenham, UB10 8BG

St Lawrence Church,
Bridle Road, Eastcote, HA5 2SJ

The Immaculate Heart of Mary Catholic Church,
Botwell Lane, Hayes, UB3 2AB

The Stables, Manor Farm,
Bury Street, Ruislip, HA4 7SU

The Stables, Eastcote House Gardens,
High Road, Eastcote, HA5 2FE

Uxbridge Library,
13-14 High Street, Uxbridge, UB8 1HD

Uxbridge Royal Naval Association,
388B Long Lane, Uxbridge, UB10 9PG

Winston Churchill Theatre,
Pinn Way, Ruislip, HA4 7QL

Yeading Library,
Yeading Lane, Hayes, UB4 0EW

Yiewsley Library,
High Street, Yiewsley, UB7 7BE

If you wish to publicise an event, please email details to hillingdonpeople@hillingdon.gov.uk or send to Hillingdon People, 3S/05 Civic Centre, High Street, Uxbridge, UB8 1UW. Events are selected at the editor's discretion.

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Ladies Night
IN THE NIGHT

at the Heart of our Community

Book by the 31st January for just £15pp with our Early Bird Offer!

Friday 15th June 2018

Join in the Summer Carnival Celebration!

For more info visit: www.michaelsobellhospice.co.uk

Looking for quality meeting space in the heart of Yiewsley?

Key House Trust offers a spacious training room for hire to voluntary and community groups working in the London Borough of Hillingdon at affordable rates.

Hot desk office space is also available for hire for a half day session at £180p.a.

For more information please call 01895 543430 or email reception@h4all.org.uk

Key House Trust, Key House, 106 High Street, Yiewsley UB7 7BQ
www.keyhoustrust.org.uk Registered Charity Number: 1105337

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www.hillingdon.gov.uk/RAGC

Golden numbers

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Council Main Switchboard
01895 250111
Mon to Fri, 8am to 6pm

Council Tax and Benefits
0300 123 1384
Mon to Fri, 9am to 5pm

Electoral Services and Registrars
01895 558250
Mon to Fri, 8am to 6pm

Environment and Anti-Social Behaviour
01895 556000
Mon to Fri, 8am to 6pm

Families' Information Service
01895 556489
Mon to Fri, 9am to 5pm

Fraud Hotline
0800 389 8313
Mon to Fri, 9am to 5pm

Hillingdon First Card
01895 556677
Mon to Fri, 8am to 6pm

Hillingdon Social Care Direct (adults and children)
01895 556633
Mon to Fri, 8am to 6pm

Housing Services
01895 556666
Mon to Fri, 8am to 6pm

Out of Hours (emergencies only)
01895 250111

Pest Control
01895 556000
Mon to Fri, 8am to 6pm

Planning and Trees
01895 250230
Mon to Fri, 8am to 6pm

Roads and Pavements
01895 556000
Mon to Fri, 8am to 6pm

School Admissions
01895 556644
Mon to Fri, 8am to 6pm

Care services
Adoption and fostering
0800 783 1298
Community Cancer Centre
www.communitycancercentre.org.uk
01895 461016
Drugs or sexual health advice for young people up to 21 years
01895 257285

Advice and support

Addictions Recovery
Community Hillingdon
01895 207777

Age UK Hillingdon
020 8756 3040

Alzheimer's Society Hillingdon
01923 823999
www.alzheimers.org.uk

Asphaleia Action
01895 272478
www.asphaleia.co.uk

Centre for ADHD and Autism Support
020 8429 1552
www.adhdandautism.org

Communicare Counselling Service
01895 256056

Consumer helpline
03454 04 05 06

Citizens' Advice Bureau
0344 848 7903

Disablement Association Hillingdon (DASH)
020 8848 8319

Hayes One Stop Shop
01895 556004
hayesonestop@hillingdon.gov.uk

Healthwatch Hillingdon
01895 272997

Hillingdon Autistic Care and Support
020 8606 6780
enquiries@hacs.org.uk
www.hacs.org.uk

Hillingdon Carers
01895 811206

Hillingdon Carers Trust
01895 258888

Hillingdon DADS
07889 651016
hillingdondads@gmail.com

Hillingdon Independent Domestic Violence Advocacy Service
020 8246 1745

HILLINGDON CONTACTS

Samaritans
Freephone 116 123

Victim Support Hillingdon
0208 965 1141 (office hours)
0808 168 9111 (out of hours)

Local democracy
Councillors' names, addresses and advice surgeries
www.hillingdon.gov.uk/councillors

Council meeting dates and agendas
01895 250636

Conservative Group Office
01895 250316/250728

Electoral registration
01895 250251
electoralservices@hillingdon.gov.uk

Labour Group Office
01895 250780

Mayor's Office
01895 250763

Environment and street scene
Affinity Water
0345 357 2425

Current and proposed roadworks in Hillingdon
www.hillingdon.gov.uk/roadworks

Environmental Protection
01895 250190

Food, Health and Safety
01895 250190

Animal welfare
01895 250190

Trading Standards
01895 250164

Learning
Library information desk
01895 250600
Advice and guidance (young people)
01895 257855
Enquiries about school transport
01895 250008
Truancy Hotline
01895 250858

Planning
Building control enquiries, inspection requests and dangerous structures
01895 558170

Dangerous structures (out of hours)
01895 250111

Local land charges enquiries
01895 250624/556115

Leisure
Botwell Green Sports and Leisure Centre
020 8561 0956

Hillingdon Sports and Leisure Complex, Uxbridge
0345 130 7324

Highgrove Pool, Ruislip
01895 630753

Queensmead Sports Centre, South Ruislip
020 8845 6010

William Byrd Pool, Harlington
020 8897 9390

Hospitals
Harefield Hospital
01895 823737

Hillingdon Hospital
01895 238282

Mount Vernon Hospital
01923 826111

Northwick Park Hospital
020 8864 3232

Watford General Hospital
01923 244366

NHS: 111

Police
Metropolitan Police non-emergency number 101
Textphone 18001 101
hillingdon.enquiries@met.police.uk
Hillingdon Neighbourhood Watch
020 8246 1869
all@hillingdonnhw.co.uk

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