

HILLINGDON people

News from your council
May/June 2019

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Get gardening for Hillingdon in Bloom

Town improvement
programme updates

Spectacular
summer events

Dementia
Action Week



HILLINGDON
LONDON



FREE ACTIVITIES



FIESTA



VOLUNTEER

Refuse and Recycling

Late May Bank Holiday 2019

Normal collection day	Revised collection day
Monday 27 May	Tuesday 28 May
Tuesday 28 May	Wednesday 29 May
Wednesday 29 May	Thursday 30 May
Thursday 30 May	Friday 31 May
Friday 31 May	Saturday 1 June

Please leave your rubbish out for collection by 6am.
Please leave your rubbish near your front gate, but not on the pavement.
Separate arrangements are in place for flats and business premises.

If you have any queries, or would like to report a missed collection, visit www.hillingdon.gov.uk/recycling or call 01895 556000.



www.hillingdon.gov.uk/recycling

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Information evenings
(Please arrive by 6pm)

Tuesday 11 June, 6pm to 8pm
Tuesday 9 July, 6pm to 8pm

Drop in session

Thursday 23 May, 10am to 2pm
Civic Centre, High Street, Uxbridge, UB8 1UW



For more details
www.hillingdon.gov.uk/betheone
 0800 783 1298



www.hillingdon.gov.uk

Contents

May/June 2019

Cover stories

- 11 A fantastic year as Mayor**
Cllr John Morgan shares some of the many highlights of his mayoral year.
- 12 Take action to help residents with dementia**
The council continues to run a range of sessions and facilities to support people living with the condition.
- 14 Transforming your town centres**
Updates on our improvement programme's work in Ruislip, Hayes, Eastcote and Uxbridge.
- 16 Applications now open**
Residents can apply to take part in our Hillingdon in Bloom and Autumn Show competitions.
- 18 Spectacular summer of events**
A wide range of fun, informative and commemorative events for all the family are on the way.
- 21 Our trailblazing apprentices**
Our apprentices' invaluable contributions are celebrated during National Apprenticeship Week.

Regulars

- 4 Hillingdon News** **27 What's on?**
- 25 Volunteers** **31 Contacts**

COVER PHOTO: SHAN AND PHIL BAKER FROM UXBRIDGE, WHO REGULARLY TAKE PART IN OUR HILLINGDON IN BLOOM COMPETITION.



Deadline for advertising in the July/August edition is Friday 21 May.

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Welcome



As we commence a new municipal year, whilst the next 12 months will once again be as challenging for local authorities as the last few years, I am pleased to be able to report that here in Hillingdon it will very much be business as usual. There will be no facility closures or service cuts, indeed in many areas there will be new and improved facilities and services.

Once again we ended the last financial year with a budget surplus and our approach of strong leadership, sound financial management and transforming how we work will continue, so that we are well placed to deal with the financial challenges that still lay ahead of us.

There is much debate at the moment about the detrimental effects of poor air quality in London and other areas and why this needs to be addressed now in a realistic and positive manner. Our strong financial position enables us to continue to defend our environment and the health and wellbeing of our residents and we have sufficient funding put aside to fight the proposed Heathrow expansion plans through the courts during the coming years. As I have made clear before, this will be a long battle but common sense will prevail in the end and we will continue the fight for however long it takes to achieve this.

At the end of March, the council successfully applied for a High Court injunction that prohibits illegal encampments on more than 350 sites across the borough. A great deal of time and money is spent each year in dealing with these incursion and encampments and the mess left behind. Whilst the injunction cannot prevent illegal incursions, hopefully these people will not be so keen to do this in Hillingdon when the message gets around that they will be swiftly dealt with and moved on.

With summer just around the corner, we will once again be bringing a whole host of events for residents. Our Culture Bite arts and literature festival will be extended to offer a full-year programme of themed sessions and activities. Manor Farm will hold an animal fun day, with a range of farm animals being brought onto the site and opportunities to learn how the site operated in Tudor times. The council will commemorate the 75th anniversary of the D-Day Normandy landings in June with a four-day schedule of special tours, lectures, a film screening and family activities. Our Bikespiration cycling event will expand its format to go on tour around the borough, and our Hayes Community Family Fun Day and popular Family Fishing Days will both return in July and August. These all promise to be great days out for all ages and I would encourage you to go along and see what they have on offer.

May I conclude by saying thank you to the staff of Hillingdon Council. We are fortunate to have some of the best staff in local government in Hillingdon in both frontline and support services who, by and large, do an excellent job enabling us to continue to put our residents first.

Cllr Ray Puddifoot MBE
 LEADER OF THE COUNCIL

Claims denied as planning permission for site is refused

The council has denied claims that it agreed a masterplan with Meyer Homes for the Master Brewer site near the A40, and has welcomed a decision by the Mayor of London in March to allow the council to refuse planning permission.

Whilst there was constructive dialogue with the applicant, M B Hillingdon Ltd (Meyer Homes) when a planning application was first lodged in September 2017, the company ceased negotiations in late 2018 and instead pursued a scheme which was heavily criticised at the council's Planning Committee on Tuesday 19 February 2019.

The council's biggest concerns were the overall scale of the proposed development, its height and lack of landscaping. Concerns were also raised that the scheme was unduly intrusive, failed to respect the established character of the local area, did not complement the street scene or openness of the local green belt, and would mar the skyline.

Despite this, Meyer Homes was reported on the local *My London* news website as having "worked with the council to formulate a residential lead master plan [sic] for this key development site in Hillingdon."

Cllr Keith Burrows, Cabinet Member for Planning, Transportation and Recycling, said: "We have not had any meaningful contact with Meyer Homes for some time and have not formulated or agreed a master plan with them. In fact, we decided to refuse them planning permission on the site for no less than 10 reasons, including unacceptable overdevelopment."

As is normal procedure with any scheme of more than 150 units (or 15,000 square metres) the council was legally required to refer its planning decision to the Greater London Authority (GLA) to review. The council received

confirmation from the GLA on Tuesday 19 March that the Mayor of London has allowed the council to refuse the planning application.

Cllr Burrows added: "We welcome the London Mayor's decision to support our refusal for this massive overdevelopment. Whilst we recognise the need for affordable housing, we will always defend our residents against poor quality and inappropriate development proposals."

The 2.99 hectare vacant plot is the former site of the demolished Master Brewer Motel and public house. It is situated between the A40 Western Avenue to the north and Freezeland Way to the south.



Residents urged to feed back on viaduct designs

Image illustrative and under design development

Residents will get a chance to have their say on work-in-progress designs for the Colne Valley Viaduct, which is set to become one of the most prominent features of the High Speed Rail 2 (HS2) route.

HS2 will dissect the north of the borough, running in tunnel through Ruislip and emerging above ground at West Ruislip Golf Course. From there it will run at surface level, crossing Breakspear Road South and Harvil Road. The track will then rise to cross the Colne Valley on what will be one of the longest viaducts in the UK.

The council's preferred method for crossing the Colne Valley was via a tunnel. However, the HS2 Select Committee decided

to place cost savings ahead of the environment and community protection - something the council challenged.

As an approving authority for the design of the viaduct for the part that runs through Hillingdon, and, as with all HS2 applications, we will be giving residents the opportunity to have their say via an online consultation on our website once the designs have been formally submitted (expected this summer).

The consultation responses will then be reported to the council's Planning Committee, which will make the final decision.

The designers are also expected to hold engagement events in

May, which residents are encouraged to attend. These will be listed on the HS2 website: hs2inhillington.commonplace.is.

Leader of the Council, Cllr Ray Puddifoot, said: "The HS2 project is without doubt an unnecessary waste of public money and in my opinion should, and may well be, abandoned. However, for the moment we must engage in damage limitations. The Colne Valley Viaduct will be one of the longest viaducts in the whole country and will cross a landscape of immeasurable importance and elegance. A tunnel makes more sense, but if we have to have a viaduct,

it must be fitting. So, it is vital we get the views of residents on the designs in order to form a consensus."

The council has started the process of seeking a judicial review against the Secretaries of State for Transport and Housing, Communities and Local Government's decision on Monday 4 March 2019 to unlawfully overrule part of a planning inspector's recommendation.

The inspector heard an appeal from HS2 Ltd in July 2018 against a refusal by the council's Planning Committee to allow its application under the HS2 Act 2017 for an ecological mitigation scheme in relation to land in the Colne Valley at Harvil Road, Harefield.

Hillingdon Carers awarded



Hillingdon Carers - a charity part-funded by the council that provides information, advice and health and wellbeing support services to unpaid carers - has been awarded a Level Two Quality Mark by the National Council for Voluntary Organisations (NCVO).

The award means that Hillingdon Carers now holds the Trusted Charity Mark, a designation providing external verification of the quality and credibility of the organisation.

To achieve the top award, Hillingdon Carers was assessed against 11 criteria and successfully met them all. The panel of

assessors particularly noted the organisation's strong financial management, and how the charity works well with other organisations.

Hillingdon Carers leads a partnership of five charities including the Alzheimer's Society, Hillingdon Mind, Carers Trust Thames, and Harlington Hospice. They have simplified how to find services for Hillingdon's carers, who now only have to tell their story once to access more than 50 different services. The partners even share staff, delivering many projects jointly with significant cost saving advantages.

Known as the Hillingdon Carers Partnership, the group of charities have come together to improve support for carers in Hillingdon. They are mainly funded by the council.

The Trusted Charity standard exists to build public trust and confidence in individual charities, the difference they make, and the sector as a whole.

Young people learn how to be streetwise

More than 4,000 year 6 schoolchildren from 58 Hillingdon primary schools attended our annual Junior Citizens event between Monday 4 and Friday 22 March, the largest attendance this programme has seen since it began more than 20 years ago.

This council-funded scheme took place in Brunel University's STEM centre and included 10 different workshops led by various organisations, including the council, the Royal National Lifeboat Institution, London Fire Brigade, Metropolitan Police, Transport for London, NHS, and the Life Education team.

The programme's aim is to educate young people who are making the transition from primary school to secondary school. The young people were given information in a fun and interactive way, and were reminded that their newly found independence will come with great responsibility. Topics included fire, internet, water



SAFETY Pupils from St Helen's College attending the event

and travel safety; knife crime and drugs and alcohol.

Julia Brooker, who teaches at St Helen's College, said: "I think this is a really good event for young people, as it shows that they need to have more awareness especially when they go out on their own. An informative part of the event was the fire safety workshop, as it highlighted the dangers of seemingly safe activities. They showed the consequences of charging your phone under a pillow and had a model of the melted items to show the children the damage this could cause."

High Court backs council's bid to protect public land from illegal encampments



The council has successfully applied for a High Court injunction that prohibits illegal encampments on more than 350 sites across the borough and makes it easier to remove people who ignore it.

Although the injunction, granted by the court on Friday 29 March 2019, refers to 'persons unknown', people from the travelling community are most likely to be affected by it.

The injunction forbids caravans, mobile homes, vans and lorries from coming onto 358 specific sites for the purpose of

occupying it or depositing waste. It also prohibits any person - whether travelling onto the land in a vehicle or not - from fly-tipping there.

The list of restricted sites includes 290 parks and green spaces, along with leisure facilities, public car parks and car parks attached to public buildings, such as libraries and theatres.

There have been 41 land incursions in the borough since January 2018, leading to clean-up costs of approximately £200,000.

The council anticipates that the injunction will act as a significant deterrent, while

ensuring the quick removal of those who ignore it.

Hillingdon Council is believed to be the first local authority in west London to have secured such an injunction. It will mean that neither the council nor the police will have to rely on their respective powers under the Criminal Justice and Public Order Act 1994, which is not always quick and effective at removing incursions and encampments.

The injunction will initially remain in force until Tuesday 18 June, on which date the council will return to the High Court.

Providing the injunction is working effectively in practice, the council will ask the court to extend it for a three-year period.

Leader of the Council, Cllr Ray Puddifoot, said: "I am very pleased that we have obtained this injunction, which protects a significant number of valuable sites in the borough. A great deal of our time and money is spent each year in dealing with incursions and encampments and these resources can now instead be used for the direct benefit of our residents."

Local RAF group attends a special bunker tour



The Battle of Britain Bunker Exhibition and Visitor Centre hosted a special reception for the RAF Fighter Command's newly reformed No. 11 Group on Thursday 4 April.

The original No. 11 Group were co-ordinated from the bunker's Operations Room throughout the Second World War, where they received information about enemy squadrons that had been sighted. Commands were then sent out to the airfields to scramble RAF planes during the Battle of Britain.

Guests at the reception included the then Mayor of Hillingdon, Cllr John Morgan; Air Vice-Marshal Ian Duguid, who is Chief of Staff Operations at RAF High Wycombe; and also No. 11 Group's Air Officer Commanding, Squadron Leader Andrew Kerslake and 40 service personnel from the current No. 11 Group.

Attendees toured the bunker, where they heard about its history, including No. 11 Group's significant role and contribution leading up to and during the Normandy landings in 1944. A wreath was later laid at the bunker's memorial, before the group listened to a talk led by Dr Rachael Abbiss, the centre's Military History Curator.

Air Vice-Marshal Ian Duguid, said: "As we approach the six month anniversary of the reformation of [No. 11 Group] - what an excellent opportunity in acknowledging its magnificent history in the defence of the United Kingdom. This visit gives us an excellent opportunity to learn from the RAF personnel that went before us under the 11 Group crest... we can recognise the achievements, through the sacrifice and the dedication of those personnel in 1940 and their part in defending our nation."

New lease of life for Harefield Village pond

Renovation works to Harefield Village pond have been completed, following an investment of £145,000 from the council.

The idyllic pond sits in the south-east corner of the village green, which is a Green Flag award-winning site. To retain this accreditation, all aspects of the village green, including the pond, have to be maintained to a high standard.

The pond is of both ecological and historical importance - the green has been registered as a common since 1813. Renovation work was required to ensure its longevity as a premier heritage feature in Harefield.

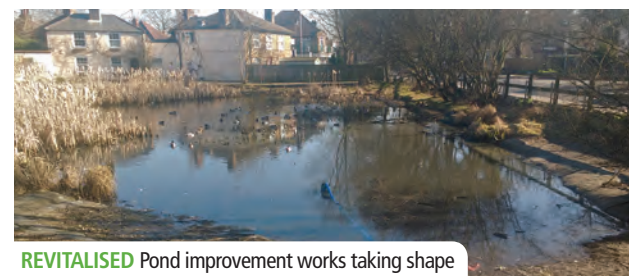
In recent years the pond had dried out during the summer months due to leakages in its gravel bed foundations. Growing vegetation, particularly reeds, had become invasive and overgrown. This vegetation covered

nearly half of the pond to the detriment of the water quality.

The works were supported by local residents and ward councillors, who expressed a preference for more visible water to attract ducks and other water birds. To minimise the impact on existing wildlife, works were carried out during the winter period when wildlife activity is at its lowest and completed in April.

The pond now has a new liner and edging, which is seeded to provide a grass edge with the water. The concrete edging to the adjacent war memorial has also been retained. New roadside drains have been installed to prevent oils and pollutants being washed into the pond with rainwater.

Waterlilies have also been positioned centrally in the pond; this is the only plant life added and it will help reduce the risk from further invasive species.



REVITALISED Pond improvement works taking shape

Every pupil in the borough offered a school place

We have once again ensured that every child in the borough has a primary and secondary school place.

The council processed 3,903 primary school applications this year. In April, 97.88 per cent of applicants were offered a place at one of their top three schools and 89.37 per cent were offered their first preference.

Earlier in March, 86.8 per cent of applicants were offered a place at one of their top three preferred secondary schools and 67 per cent received their top preference.

Despite receiving a record high of 3,916

secondary applications this year, Hillingdon is again above the London average and remains the top borough in west London for families receiving an offer at one of their preferred secondary schools.

Cllr David Simmonds, Cabinet Member for Education and Children's Services, said: "Once again, we are delighted to announce that every child in the borough has been offered a school place and are pleased that so many of our local children received their preferred choice. We continue to put families first by investing £260 million into our school building and expansion programme, which is one of the largest in London."



'Most complained about' dealer sentenced for fraud

A car dealer who admitted fraud has been sentenced at Isleworth Crown Court following an investigation by the council's trading standards team.

Appearing at the court on 20 February 2019, Mohammed Osman Khan, director of London Car Autos Ltd of Park View Road, Uxbridge, was given a 16-month prison term, suspended for 18 months, and ordered to complete 225 hours of unpaid community service. He was also disqualified from being a company director for five years and must pay £32,537 in compensation and £8,000 costs.

Khan, aged 25, whose car sales business traded as both Heathrow Motors and Stockley Trade Centre, had pleaded guilty to fraudulent trading at an earlier hearing.

His offences, which occurred between 1 March 2015 and 16 November 2016, included

misdescribing vehicles, lying about the number of previous owners, failing to register or transfer warranties and not making it clear to customers the identity of the business.

During 2015 and 2016, the council received more than 50 complaints about the company via the Citizens Advice Consumer Helpline, making it one of the most complained about traders in Hillingdon.

Cllr Douglas Mills, Cabinet Member for Community, Commerce and Regeneration, said: "The complaints levelled at the business about selling unroadworthy vehicles were particularly serious and could have resulted in motorists coming to harm. So, it's only right that Khan has been brought to justice for his offences."

Concerned about a trader? Report it to the Citizens Advice Consumer Helpline on 03454 04 05 06.

Drone no-fly zone extended in Hillingdon

Residents are being reminded that in response to a marked increase in the number of drone-related incidents most of the borough is now designated a drone no-fly zone.

In recent years there has been a rise in drone use for recreational and commercial purposes and significant travel disruption was caused in December 2018 and January 2019 following drone sightings at both Heathrow and Gatwick airports, raising substantial safety concerns.

In response to this, the government amended the UK Air Navigation Order to introduce new expanded restricted airspace around airports from Wednesday 13 March. This is of particular relevance for Hillingdon, with flight zones expanded around Heathrow Airport, RAF Northolt and Denham Aerodrome - covering 74.4 per cent of the borough.

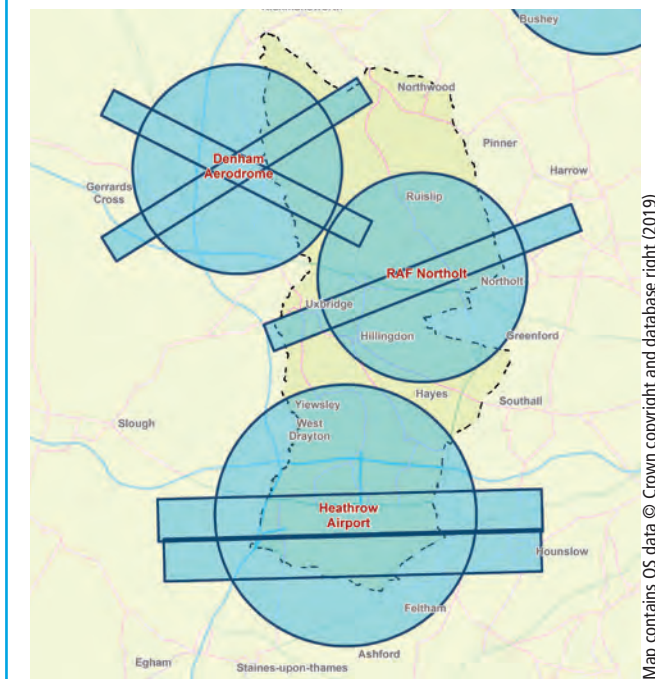
The regulations make it illegal to fly any drone (including model aircraft and toys) within 5km of any airport at any time within these no-fly zones (unless Air Traffic Control or the

airport itself has given permission).

In areas outside of the no fly-zones, existing Civil Aviation Authority rules still apply for recreational and commercial drone use. These state that it is illegal to fly above 400 feet or 50 meters away from people and property and 150 metres away from crowds and congested or built up areas. Residents need to be vigilant and ensure that if they are responsibly flying a drone from the unrestricted zone that it doesn't fly into the no-fly zone.

The map (below) provides a guide to the no-fly zones but to take a closer look and view all guidance on drone regulations, visit dronesafe.uk.

The council's Parks and Public Spaces Protection Order also prohibits the use of remote controlled vehicles and aircraft in all of the borough's parks without consent from the council. People found to be flouting this can be issued with a fixed penalty notice of £100.



Map contains OS data © Crown copyright and database right (2019)

Help us to identify Hillingdon's heroes



The council has plans to create a wall of remembrance at Jubilee Walk in Dowding Park, Uxbridge, and is looking for assistance from residents to identify veterans' names for inclusion on it.

The wall will recognise

servicemen and women who were born or lived in Hillingdon and died in any conflict since the end of the Second World War, that is, on or after 1 January 1948, (or in Palestine from 1945 to

1947). The memorial will continue to commemorate Armed Forces personnel currently serving who die in action.

Submissions need to include the name, rank, service number, date of death and age of the veteran. Candidates can be nominated online on www.hillingdon.gov.uk/rollofhonour.

Leader of the Council, Cllr Ray Puddifoot, said: "In Hillingdon, we are extremely proud to support the Armed Forces and ensure that our service men and women's commitment is recognised. The memorial wall will ensure that we, and generations to come, remember the great sacrifices made by military service personnel from Hillingdon."



Illustrations © Adam Stower for The Reading Agency

Summer Reading Challenge celebrates moon landing

Children aged from four to 11 are being encouraged to go on an out-of-this-world adventure this summer, when the annual Summer Reading Challenge returns to the borough's libraries on Saturday 6 July.

The challenge, which encourages children to visit their local library and pick up rewards for reading, will run until mid-September.

This year's theme is Space Chase, inspired by the 50th anniversary of the first moon landing. Young readers will join a super space family, called The Rockets, for a thrilling mission to track down books and mischievous aliens! Children will also have the chance to collect Hillingdon's unique Starborg Cards.

Libraries will also be hosting a range of free events, including a special day of space-themed activities at Manor Farm,

Ruislip, in August (date to be confirmed). Full details will be available on www.hillingdon.gov.uk/summerreading.

Cllr Richard Lewis, Cabinet Member for Central Services, Culture and Heritage, said: "Last year's Summer Reading Challenge proved to be more popular than ever in Hillingdon, with more than 9,000 children taking part and more than 4,500 finishing the whole challenge. It is a fantastic way to support children's reading throughout the summer holidays, ensuring they do not fall behind when they return to school. So, I encourage families to sign up for free at their local library from 6 July and make reading for pleasure a big part of the summer."

Hillingdon also had the highest completion rate in London for last year's challenge.

Summer entertainment for children

This year, FIESTA promises yet another summer holiday of fun and engaging activities for young people in Hillingdon.

The ever-popular five-week programme will offer a wide range of low-cost courses between Monday 29 July and Friday 30 August.

Eight to 19-year-olds will be able to sign up for activities,



including fencing, golf, netball, street dance, smartphone photography, mechanics, chocolate making, football, cricket and film making. Sessions will be held in parks, young people's centres, sports and leisure centres, and other venues across the borough.



Last year, more than 1,200 children and young people enjoyed FIESTA's programme and feedback from parents was positive.

Michele Philipson, from Uxbridge, said: "My children Yasmin and Zoe really enjoyed FIESTA last year. The programme is great for children in Hillingdon and we are really glad that the council run these courses during the summer holidays."

Cllr David Simmonds, Cabinet Member for Education and Children's Services, has been championing the programme since it started 15 years ago. He said: "We hope that FIESTA 2019 is another successful year in encouraging children and young people to take part in different sessions, where they can socialise and learn something new."

From Wednesday 12 June, places can be booked online at young.hillingdon.gov.uk/fiesta. Every year, FIESTA places get filled quickly, so early booking is advised.

Sign up for lessons with Hillingdon Music Hub



Hillingdon Council's Music Hub gives children approaching year 4 (and above) the chance to embrace music with subsidised music lessons.

Learning a musical instrument can help children's

concentration, confidence and co-ordination.

Children who learn in the borough's schools or live in Hillingdon are eligible and discounts are available for parents on low incomes.

Marytn Tymoshchuk, 9, from Whiteheath Primary School, has been learning the trombone with the Music Hub for one and a half years and has now also joined the Hillingdon Music Hub Junior Band.

He said: "I chose to learn the trombone as I like the sound it makes and it looks cool. I like playing famous tunes and have been playing part of the *Pirates of the Caribbean* theme tune as part of my Grade 1 exam. I also enjoy playing in the Junior Band because the



different instruments sound powerful together and it's a chance to meet new friends."

David-Martyn Odufalu, 10, from Dr Triplets C of E Primary School, has been learning the cello with the Music Hub for two years and has now also joined the Hillingdon Music Hub Junior Strings.

He said: "I chose to learn the cello after a cellist from

the Music Hub came to our class to demonstrate the instrument. I like the way it sounds and also the amount of pieces I get to play on it, such as the introduction to the *Game of Thrones*."

Children can sign up at any time throughout the year. For more information and to apply visit www.hillingdon.gov.uk/music.

London Motor Museum named for failing to pay business rates



The council has expressed its disappointment with London Motor Museum of Hayes, which has failed to pay more than £600,000 in business rates over the past 12 years.

The unpaid rates relate to premises previously occupied by the museum in Nestles Avenue and Viveash Close.

The organisation has repeatedly changed its name, using four subtle variants of 'London Motor Museum', but has carried out the same business with the same directors.

The council has taken recovery action for more than a decade, obtaining various liability orders at the magistrates' court. However, council enforcement agents have been unable to remove and sell the museum's cars because they are owned

by another company - Elo Trustees Limited. In addition, the museum has gone into voluntary liquidation on four occasions, most recently in April of last year, meaning the council, which is considered a non-preferential creditor, has been unable to collect the debt.

Although occasional payments have been made, the council has been forced to write off business rates to the value of £646,319.

Cllr Jonathan Bianco, Cabinet Member for Finance, Property and Business Services, said: "London Motor Museum has been operating under slightly different names since 2007, yet it has paid very little in the way of business rates. This makes a mockery

of the system and is an insult to all the legitimate and law-abiding companies that pay their rates on time and contribute positively to our local economy. It also shows a lack of regard for our residents, who expect us to be putting money into services. We will not hesitate to use all legal options to recover the outstanding business rates."

Despite these difficulties, the council had one of the best business rates collection rates in London last year, collecting 99.2 per cent of what companies owed - equating to £394 million. With a collectable debit of £404 million for 2018/19, the council is on course for a record collection of 99.3 per cent.

Reduction in homelessness

The number of households becoming homeless in the borough has reduced as a result of the council's resident-first approach to tackling homelessness.

The council has helped to reduce the number of homeless households living in emergency temporary accommodation, with numbers dropping by almost a third

between March 2017 and January 2019.

Help includes providing support to individuals, families and landlords early on, well before evictions or the threat of homelessness has reached crisis point. The approach is to prevent families from entering emergency temporary accommodation in the first place, and help those families already there

into alternative settled accommodation.

One part of the council's homeless prevention strategy is working with reputable private sector landlords offering settled accommodation, acting as a broker to match them with tenants and agreeing rents that are affordable for the duration of a tenancy. Once people are settled in private accommodation, the council continues its relationship with the family and landlord, helping to

maintain tenancies should difficulties occur.

Cllr Philip Corthorne, Cabinet Member for Social Services, Housing, Health and Wellbeing, said: "Moving households out of expensive temporary accommodation makes sound financial sense and is also best for families. We also address the issues that led to homelessness in the first place and provide ongoing support to ensure residents do not become homeless again."

Many happy returns from our Home Library Service

The council's free Home Library Service travels the length and breadth of Hillingdon to visit residents who would otherwise be unable to access a library.

The service reaches people who are housebound, including those living in residential homes and sheltered housing developments.

From books in standard or large print and audio books on CD or MP3, to magazines and DVDs, registered members can borrow a wide range of library materials every four weeks. Library staff hand deliver the items on Mondays, Tuesdays or Wednesdays, depending on where residents live in the borough.

Since it launched more than 30 years ago, the service has provided a huge range of reading and learning materials to older residents, including

avid reader **Esther Salter** (pictured right). Esther lives in Northwood and has been a regular user of the Home Library Service for the past 14 years.

In March, Esther celebrated her 100th birthday and she still enjoys receiving a different book every four weeks. She said: "I'm currently reading *Happy Birthday* by Danielle Steel and *Death comes to Pemberley* by PD James. This service is a lifeline to me – I love my books and really appreciate the visit."



If you love to read but are not able to visit your local library or you know someone who would benefit from the Home Library Service, email hls@hillington.gov.uk or call 01895 556446 to arrange membership. For more information, visit www.hillingdon.gov.uk/homemobilelibrary

Be aware of unexpected callers at your home

Fraudulent cold callers will sometimes initially offer to carry out a small job, such as clearing rubbish, repairing roof tiles, gardening, or cleaning, for a very low price before falsely claiming that a lot more work needs to be done. Some fraudsters may gain your trust by pretending to work for another resident in your street, using glossy flyers, or wearing smart suits or safety helmets to deceive you.

If you are visited by someone who says they are from a water, gas or electricity company, or from the council, check their ID card thoroughly. You can also call the company's customer services department to confirm whether it is a genuine visit.

If an unexpected cold caller offers to carry out any home maintenance

If you encounter a suspicious tradesperson, please note down details of the company name, the people and their vehicle, and call the Citizens Advice service on 03454 04 05 06. The council's trading standards service will investigate and take appropriate action

work, do not feel pressured into signing any form of agreement or saying yes to having work done there and then. If you are interested in the service that the trader is offering, take down their details so you can check their credentials through an approval scheme, such as www.buywithconfidence.gov.uk, The Age UK Business Directory www.aubdlondon.co.uk or www.checkatrade.com, or speak with a friend or family member for advice.

Leader of the Council, Cllr Ray Puddifoot, said: "Rogue traders can be very believable and persuasive but don't be rushed into making any rash decisions. Take control of the situation and listen to your instincts."

A fantastic year as Mayor

As the end of his term as Mayor approached, *Hillingdon People* met with Cllr John Morgan to find out about his most memorable, funny and heartwarming moments.

From opening local shops and restaurants and attending celebration events, to pulling out invasive weeds from rivers and helping to plant poppies, the Mayor attended more than 650 events across the borough.

Cllr Morgan feels privileged to have been involved in World War events, where he has had the opportunity to meet and speak with our war veterans. He has attended events to commemorate the end of the First World War, the RAF Freedom of the Borough Parade, flag raising to mark Armed Forces Week and attended events organised by the Polish Airmen's Association and the Polish Air Force Memorial Committee.

He has had lots of fun in his role – he has learnt Bollywood dancing through our Culture Bite programme, waltzed with residents at the older people's tea dances, tried his hand at cake decorating and scything, and walking football with the Uxbridge Amblers.

Cllr Morgan also loved the excellent cultural scene, including local plays, musicals, orchestra, jazz and choral events, which have showcased the talents of our borough, and was proud to take part in the New Year's Day Parade, dressed as the Mayor Bear, with the Encore Theatre Company. In celebration of the royal wedding of the Duke and Duchess of Sussex, Cllr Morgan attended an impressive 15 street parties all in one day.

Some of his favourite events have been hosting gatherings in the Mayor's Parlour – and he's loved some of the questions he's been asked by schoolchildren, cadets and scouting groups. "Do you live in a palace?" "Do you have a big car?" "Are you very rich?" "Who do you prefer – the Mayoress or Mayor's Escort?"

Cllr Morgan explains that every day has been varied and the year has been full of memorable engagements. He said: "We've got a fantastic borough and, as Mayor, you get to experience lots of good things in Hillingdon, visit many interesting places, meet thousands of people and see all the great work residents, groups and charities do.

He feels honoured to have been invited to so many events where the community has recognised and celebrated the people who volunteer with charities, where everyone is working hard to make Hillingdon a better place to live.

At the end of March, the Mayor took on two 13-mile walks to raise money for all three of his chosen charities. Joined by residents and schoolchildren along the way, the Mayor walked through some of Hillingdon's award-winning parks and green spaces. Together, more than £1,400 was raised.

To round off his busy but thoroughly enjoyable year, he held a British-themed farewell quiz. The evening was a great



success and added to funds raised throughout the year.

Summing up his time as Mayor, Cllr John Morgan said: "Wow, I can't believe it's almost a year! Thank you to every single person who has supported and made donations to my three chosen charities. Being Mayor of Hillingdon has been a privilege and I will miss it massively. In terms of how I feel now, the words of the Teletubbies springs to mind: 'Again, again, again!'"





Take action to help residents with dementia

The council provides a range of activities and facilities for residents living with dementia and their carers. This Dementia Action Week (Monday 20 to Sunday 26 May) can you do something, whether big or small, to help to ensure they feel supported?

We continue to work alongside Hillingdon Alzheimer's Society, as part of Hillingdon Dementia Action Alliance, to create a dementia-friendly community, where there is a greater awareness and understanding of dementia.

The council would like to encourage residents to support those living with dementia to make individuals, and their carers, feel supported to remain independent and have choice and control over their lives.

Dementia Action Week

As well as running our regular Dementia Friends' coffee mornings, magic table sessions in libraries and information drop-ins, so residents can register as Dementia Friends, we are also trying something new to help more people to 'take action.' We are training retailers in Uxbridge during this year's awareness week. The council will lead sessions at the Pavilions shopping centre for employees from a range of stores, who have pledged to become more dementia friendly.

It is hoped that those who are trained can pass on their learning to colleagues, and if the scheme proves successful, the council hopes that other retailers in Ruislip, Hayes, Northwood and West Drayton high streets may also make the pledge and then extend training throughout the borough.

We are also supported in our efforts this year by intu shopping centre, Uxbridge, which last month started to pilot an assisted shopping service for residents living with dementia. Every Tuesday there will be three, two hourly slots between 10am and 4pm, where customers will be supported by an intu staff member for the duration of their shop. For more information on how to book this service, contact intu Customer Service on 01895 819 400.

Decathlon, based in the centre, has also donated a space in their store and use of some of their products to the council to run one of its seated exercise classes during the Action Week.



Younger onset group

In February, the council started a new weekly meet-up session for residents living with dementia aged under 65.

The group meets each Thursday between 10am and 11.30am at Northwood Library, offering sessions alternating between reminiscence and gentle yoga. Attendees will also have the chance to shape future activities.

This new session meets the needs of residents who said they felt disconnected from the existing dementia coffee mornings, which were more focused on older residents.

For more information about the new group contact the library by calling 01895 558262 or emailing northwood-library@hillingdon.gov.uk.

Coffee Mornings

Dementia Friends' coffee mornings for over-65s are held at Botwell Green, Uxbridge, Ruislip Manor, Northwood Hills, Yiewsley, South Ruislip and Harlington libraries. A new coffee morning started at South Ruislip on Monday 29 April. This coffee morning will be held every two weeks on a Monday between 2pm and 3pm.

For more details about our coffee mornings visit www.hillingdon.gov.uk/dementia or email mmoody@hillingdon.gov.uk.



Keeping minds active

In March, we introduced some new activity resources for people living with dementia at each of our dementia coffee morning libraries.

The special Active Minds kits will be used at the coffee mornings that don't use the magic tables (Tovertafels) and are also available for residents to use at any time.

There is one kit per library, containing various activities, such as jigsaws, cards to play snap, water painting sheets, a marble track maze game and fidget widget. The resource pack provides stimulation for people living with dementia and benefits include, improving dexterity, increasing engagement and encouraging conversation.

Special film screenings

The Beck Theatre in Hayes launched dementia-friendly film screenings on Monday 11 March, with support from the council.

Every second month, residents living with dementia and their family or carers are invited to come along to watch a film in a safe and relaxed environment.

Cinemas are places where people can reconnect with memories. For the screenings, the theatre leaves the house lights on, sound levels are lowered and residents are able to sing, talk or move around during the film. This, as well as clear signage and staff, who have all been trained as Dementia Friends and on hand to help, creates a safe and comfortable surrounding for attendees.

The first film was *Stan and Ollie*. More than 40 residents attended with time built in at the end to have free tea, coffee and biscuits and to chat about the film.

The council helped with advice and training and offered 30 free places to the first screening to regular Dementia Friend coffee morning attendees.

Next screenings

Singing in the Rain
Monday 13 May, 11am
Summer Holiday
Monday 8 July, 11am

Tickets are £4 and carers attend for free. Book by calling 020 8561 8371.

For more information visit www.becktheatre.org.uk or contact Hollie by calling 020 8561 8371 or emailing hollie@becktheatre.org.uk.



More magic tables

Following the successful introduction of the interactive light game system - Tovertafel at four of the borough's libraries, the council will introduce three more.

The Dutch magic table devices project animations onto a table top and allow users to interact with the light. They have helped hundreds of residents living with dementia and will now be available for use at Harefield, Oak Farm and Yeading libraries. Contact the libraries directly to book a slot to use them.



Cllr Philip Corthorne, Cabinet Member for Social Services, Housing, Health and Wellbeing,

said: "It is estimated that 2,500 Hillingdon residents are currently living with dementia. The range of sessions and activities we have created and continue to build upon, highlights how the council, alongside the Alzheimer's Society and other partners within the Dementia Action Alliance, aim to make Hillingdon as dementia friendly as possible."

Transforming your town centres

The council continues to invest in the borough's town and village centres, ensuring they remain attractive places to live, visit and work. *Hillingdon People* brings the latest news from Ruislip, Hayes, Uxbridge and Eastcote.

Ruislip

An exciting new venture is underway in Ruislip where the council has taken up the temporary lease of an empty shop at 72 High Street and made it available for community use.

Local organisations, groups, individuals and businesses have been invited to come forward with suggestions for the shop, which is next door to the Edinburgh Woollen Mill.

Whether it's used for leisure activities, meetings or events - the council is open to suggestions. If one particular idea takes off, consideration will be given to make the facility permanent.

The front part of the shop is earmarked to host a small retail space for two, three or four start-up traders to display their goods. The middle section has large tables for meetings and talks and a big map and consultation boards to prompt a discussion about the future use of the shop. The back of the unit has a fully functioning kitchen that can be used to host food events.

The council is also promoting the space to residents who use Manor Farm Library, with the potential of the venue hosting literary events, 'knit and natter' sessions or events for young residents who may not typically go to the library.

Meanwhile, also in Ruislip, the council has started inviting shops in the high street to apply for its flagship shop front grant scheme, which has already benefited 227 small businesses across the borough.

Successful applicants will have 80 per cent of the cost of shop front

improvements, such as new signs, awnings, refurbishments and minor repairs, covered, as well as access to professional design expertise.

The scheme is widely regarded as a practical and economical way of attracting new customers and boosting business, while improving the look and feel of an area for residents and visitors.



RUISLIP Shop for community use (above and below)

Hayes

The regeneration of the Hayes Parades, extending from Lidl to Lansbury Drive, is now complete. The £2.5 million project, which has seen new street lighting, seats, benches, bins and paving, has drawn positive comments from residents, with a recent survey garnering 560 responses, a large proportion of

which were extremely positive. One resident said: "A huge improvement - from shabby to smart with a co-ordinated look and feel along the whole length of the improvements. Thank you!"

Recipients of the shop front grant in Kingshill Avenue and Hayes End Parade are currently having their new signage designed.

Uxbridge

Bakers Yard has been given colourful new bin storage units, which brighten the area up considerably, and the installation of new street lighting, trees, seating and paving near The Pavilions shopping centre has been completed.

Residents might also have noticed work progressing on the former Randalls store site, where Inland Homes is building new flats.

There are also plans for new paving, benches, trees and flowerbeds between Vine Street and the Civic Centre, and there will be changes to the road layout to allow vehicles to turn around more easily near the Civic Centre. Work is expected to get underway later this year.

The council also plans to improve the bus stop in Vine Street.



UXBRIDGE New bin storage



UXBRIDGE New seating



HAYES Parade revitalised (above and below)



Eastcote

The shop front grant scheme has been extended to other businesses in the high street and a project to improve Eastcote bridge is set to be completed this spring, with work currently being done to install new street lighting and fencing.

The planting of a 'rain garden' - an attractive and eco-friendly area that uses plants and shrubs to improve drainage and prevent surface water flooding during particularly heavy rainfall - is also scheduled to be completed in May.

The garden has already drawn positive feedback from residents.

Cllr Douglas Mills, Cabinet Member for Community, Commerce and Regeneration,

said: "At a time when many people across the country are lamenting the decline of their town centres, we're bucking the trend, ensuring that the right investment goes into making them modern and useful spaces for the hugely diverse range of people who use them, whether they're shopping, socialising or doing business. The ultimate goal is to create an even greater sense of pride in our towns and villages, securing them for future generations."

For more information visit www.hillingdon.gov.uk/towncentres



Enter our growing competitions

Apply now to take part in this year's Hillingdon in Bloom and Autumn Show competitions for a chance to win garden centre vouchers to continue your horticultural endeavours.

The council is encouraging residents of all ages and gardening abilities to sign-up. The competitions were launched by the then Mayor of Hillingdon, Cllr John Morgan during National Gardening Week on Tuesday 30 April at the Rural Activities Garden Centre in Yiewsley.

Hillingdon in Bloom

This is an opportunity for amateur gardeners to imaginatively improve the local environment with flowers, shrubs and landscaping.

This initiative has grown considerably since it started but we are keen to see even more applicants and diversity in entries. You may regularly garden or have never tried it and think that you don't stand a chance but you never know, your application may lead to winning one of this year's categories.

Janet Wrightman from West Drayton, said: "We live in sheltered housing and wanted to make the area look better. We saw an advert for Hillingdon in Bloom in the library and decided to enter, winning first place for our communal garden the first year we entered. Entering Hillingdon in Bloom gives us something to do, keeps us fit and healthy and creates a happy environment to live in."

Shan and Phil Baker, 74 and 77, from Uxbridge, said: "We have entered Hillingdon in Bloom consistently for 20 years. We enter because we like to try and win the

competition and receive kudos for our garden. Gardening is such a big passion of ours. Our garden is full of vegetables, flowers and birds and we enjoy sharing these with our community."

Judging will take place between July and August, and all entries, except for school and communal gardens, must be viewable from a public place. Judges will leave a calling card to let you know that your entry has been viewed.

Winners will be announced and prizes awarded at our Autumn Show at Manor Farm on Saturday 21 September.

Cllr Jonathan Bianco, Cabinet Member for Finance, Property and Business Services, said: "We are delighted to launch this year's horticultural competitions, which make such a difference to our immediate environment. I would encourage residents to join in the fun and get growing, and I am looking forward to seeing all of the entries later in the year."

Entry is free and it only takes a few minutes to apply. Fill in the online form on www.hillingdon.gov.uk/bloom or pick up a paper application leaflet at your local library, the Civic Centre (Uxbridge) or Rural Activities Garden Centre (UB8 3JZ) and return it to us by Friday 14 June

Categories

- Best first time entrant**
- Best window box** Boxes must be on, or attached to, the house window sill and not a free standing container.
- Best hanging basket**
- Best balcony** Best display on an open fronted balcony.
- Best 'bloomin' business**
- Best school project/display** Planted and cared for by children.
- Best community project - residential street** Group entry to include a minimum of four adjacent properties working together to create an overall garden display.
- Best display (including novelty display)** For an exhibit within a garden that incorporates temporary planting and/or garden ornaments and structures.
- Roome Cup** The garden that is judged to be making the greatest contribution to wildlife conservation.
- Best residential garden** This can include rear gardens that can be viewed by the passing public.
- Best tree pit garden** Encouraging residents and local businesses to brighten up their street by planting around the base of a tree. Please don't cause any damage to the tree or encroach on the footpath.
- Greening grey Britain for wildlife** Taking inspiration from the Royal Horticultural initiative of the same name, residents are encouraged to come together as a community to tackle grey corners of the borough and give them a new lease of life with plants. Make sure you have the landowners permission.



Children's activity sessions

To celebrate Children's National Gardening Week (25 May to 2 June) and to encourage young people to learn about the environment, we are holding a range of fun, free activities during May half-term.



Mini beast and treasure hunt
Monday 27 to Friday 31 May

Make a bug hotel
Monday 27 May

Worm dig
Tuesday 28 May

Plant a herb container
Wednesday 29 May
(£5 charge per child)

Make a bird box
Thursday 30 May

Rock/pebble decorating
Friday 31 May

There will be two sessions each day between 9.30am and 11.30am and 1.30pm and 3.30pm. There are limited spaces for each activity. Book in advance by emailing awyld2@hillingdon.gov.uk.

Autumn Show

This fun, free event celebrates horticultural excellence and all things blooming marvellous! Enter your own produce in the range of classes, including vegetables, fruit, jams, chutneys, cupcakes, chrysanthemum cut blooms, dahlias, vegetable art and children's art and craft.

Peter Clements, 75, from Hayes, said: "I've always dabbled in gardening but since I retired I've had more time to focus on this and I've had an allotment at Hayes End for seven years. I go to the allotment every day and I enjoy growing fresh vegetables."



"I've entered the Autumn Show every year apart from the year it started. I enter a range of produce, such as shallots, marrows, carrots, onions, apples and Dahlias. Last year I won seven prizes, including two firsts for my trug and shallots - to win something is so thrilling."

If you want to come along and see what has been produced by our green-fingered residents all entries will be exhibited and judged on Saturday 21 September at the Great Barn, Manor Farm, Ruislip, HA4 7SU (doors open to the public at 1.30pm). There will also be an opportunity to talk to other gardeners and glean some tips in a special Q&A session.

To apply or view the full list of classes, rules and regulations and guidance for the Autumn Show, visit www.hillingdon.gov.uk/bloom or pick up an application form at your local library. Applications must be returned to us by Friday 13 September

Spectacular summer events

The council will be hosting a range of fun, informative and commemorative activities and sessions during the coming months for all the family.

CULTURE HILLINGDON ARTS & LITERATURE FESTIVAL bite

Culture Bite, Hillingdon Libraries' annual arts and culture festival, has returned for 2019 with an all-new format.

Rather than holding a concentrated six-week programme of events in the autumn, Culture Bite will now be spread out throughout the year, giving residents the chance to attend more events.

In May, Culture Bite will be celebrating women, their lives and their work with a series of author events and inspirational talks.

June is National Crime Reading Month, so the theme will shift to crime authors, crime podcasts, writing workshops and true crime stories.

What Would Jane Do?

Friday 31 May, 7.30pm, Uxbridge Library, High Street, Uxbridge, UB3 1HD

Join three esteemed female fiction writers as they discuss Jane Austen and Jane Eyre and how they would view the world today.

An Evening with Victoria Hislop

Wednesday 5 June, 7.30pm,

Great Barn, Manor Farm site, Bury Street, Ruislip, HA4 7SU

Back by popular demand, Victoria Hislop returns to Hillingdon to discuss her latest novel.

Crime Fiction Festival Day

Saturday 15 June, 1pm onwards,

Winston Churchill Theatre, Manor Farm, Pinn Way, Ruislip, HA4 7QL

Talks, true crime podcasts, writing classes and more. Check out details at www.hillingdontheatres.uk.

Book your free place at any Hillingdon Library or email culturebite@hillingdon.gov.uk. For a full list of upcoming events, visit www.hillingdon.gov.uk/culturebite.

Animal Fun at Manor Farm

Monday 27 May, 10am to 5pm, Bury Street, Ruislip, HA4 7SU

Calling all animal lovers - see Manor Farm come to life this half-term with farm animals of all types, from woolly sheep to mooing cows, at this new free event.

Learn about how Manor Farm operated in the Tudor period and what animals you would have found there.

Activities include face painting and mask making, and dog-owners can also bring along their pooches to enter a special dog show. Various animal welfare charities will also be on hand to offer advice.

Why not make a day of it and bring along a picnic or sample the refreshments on offer at a range of food stalls?

TO AND FRO: 1930s TRANSPORT IN HILLINGDON

Present until 14 June at Manor Farm House, Ruislip and 21 June to 12 July in the atrium at Uxbridge Library

This year marks the 80th anniversary of the outbreak of the Second World War in September 1939.

We have created a free-to-attend special exhibition that takes a look back at the 1930s, with a specific focus on the various forms of transportation available to residents during this time.

A range of informative panels detail how transport shaped the local area, changing the way people lived and worked. Why not come along and find out more about horse-drawn carriages, trains and Tubes, trams and trolleybuses, cars and walking in Hillingdon?

D-Day commemorations



Thursday 6 to Sunday 9 June, at the Battle of Britain Bunker Exhibition and Visitor Centre, Wren Avenue, Uxbridge, UB10 0RN

This four-day programme of events starts on Thursday 6 June, the 75th anniversary of the Normandy Landings, and includes special tours of the bunker focusing on its role in Operation Overlord. The tours can be booked on the day and allocated on a first come, first served basis.

On Friday 7 June there will be an evening lecture at 5.30pm by historian Colin Philpott, author of *Secret Wartime Britain*, who will discuss secret wartime locations, with a special emphasis on D-Day



locations. Following the lecture you can buy the book and Colin will be signing copies.

After this lecture at 7pm, there will be a special screening of *The Longest Day (1962)*, the Academy Award-winning epic war film, telling the story of the Allied D-Day landings.

Tickets are £5 for each event and can be booked on www.hillingdontheatres.uk or by calling 01895 250615.

Over the course of the weekend, there will be a range of family activities on offer, such as Preparing Parachutes (where you can test different materials and designs to make a parachute), and Create Your Camouflage (where families can learn about camouflage and create a paper aeroplane with their own camo design).

On Sunday 9 June at 4.30pm, there will also be a free-to-attend special talk by historian Ronald Koorm, who will discuss codebreaking, and its impact on D-Day.

Visit battleofbritainbunker.co.uk for more information.



Bikespiration on Tour

Our annual free Bikespiration event, which promotes the benefits of cycling and has traditionally taken place in Uxbridge town centre, will evolve into a new and even bigger celebration of bicycles this year.

There will be four free themed events, held across various parks in the borough. Each will also include cycling related games, a range of bikes to try-out and cycling training sessions. There will be various stalls, with professionals on hand to provide you with information about what to look for when purchasing a bike, how to look after it, what clubs there are for



cyclists, what guided rides are on offer and what road safety training programmes the council runs to increase confidence and safety. You will also be able to get a free basic repair with Dr Bike or your bike securely marked to help keep it safe.

Not just your standard bike

Sunday 9 June, 10am to 3pm at The Closes, West Drayton, UB7 7TX and

Sunday 21 July, 10am to 3pm at Pinn Meadows, Ruislip, HA4 7JZ

Try out lots of different bikes that aren't just a standard two wheelers.

Learning to ride

Saturday 22 June, midday to 5pm at Dowding Park, Uxbridge, UB10 0XF

Adult training taster sessions and balance bikes are on offer for young people to practise their balance.

Disability cycling

Saturday 6 July, 11am to 4pm at Hayes Community Family Fun Day at Barra Hall Park, Hayes, UB3 2NH

Try out specially-adapted bikes, including recumbents, trikes, wheelchair transporters, wheelchair tandems, handcycles, companion cycles, tricycles and steer-from-the-rear tandems.

Clr Keith Burrows, Cabinet Member for Planning, Transport and Recycling, said:

"These new events are a fun celebration of cycling and highlight how this is an activity that everyone, regardless of age or ability, can take up and participate in."

Hayes Community

Family Fun Day

FREE ACTIVITIES

Our Hayes Community Family Fun Day will once again return on Saturday 6 July.

This free event has been created to celebrate Hayes and its diverse community. With a programme offering an assortment of family-oriented entertainment, it is sure to be a jam-packed, fun afternoon for all ages.

Meet Otto the Otter and Teddy the Fox as they wheel a wooden cart laden with ancient magic, props and relics from the greatest fairy tales and be amazed by Nazreddin the Camel and Prince Amir, his trusty travelling companion. Children will be kept entertained by the Verona Chard Musical Balloon Band shows taking place in the amphitheatre and Jay Kumar and Dance Asia will be sure to have you dancing around the park with their Desi-style dance display.

The ever-popular sports zone with its zorb racing and assault course is bound to please all those budding athletes, and the children's and cycling zones will offer a range of activities and free arts and crafts.

If you want to grab yourself a bargain or learn more about the local area and what it can offer, then be sure to visit the community stalls area, where you can meet and talk to representatives from local community and charitable organisations. Or, if you like music, why not bring a picnic blanket and settle down by the community stage where you can enjoy the sights and sounds of BrassBound, a funky upbeat brass band?

We look forward to seeing you there. Visit www.hillingdon.gov.uk/hayes-fun-day for more information.

Visit www.hillingdon.gov.uk/hayes-fun-day for more information.

Saturday 6 July 2019 • 11am to 4pm

Barra Hall Park, Hayes, UB3 2NH

Family Fishing Fun Days

Sundays 28 July and 11 August, 9.30am to 3.30pm (last session 2.30pm) at Little Britain Lake, Cowley, UB8 2JR

The council's annual Family Fishing Fun Days will be returning for an eleventh year this summer.

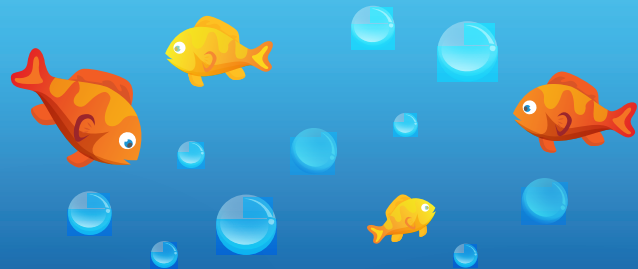
Aimed to give residents an opportunity to explore one of our award-winning green spaces and also have a go at fishing, these popular events are free to attend and open to everyone of all ages.

Don't worry if you've never fished before, as this is the perfect opportunity to just 'have a go' at this activity for the first time. All equipment and bait will be provided and there will be hourly angling sessions guided by experienced volunteer anglers. You might also get to meet fishing legend Keith Arthur!

Other activities include, making bird boxes, face painting and a bouncy castle.

You will need to register for the fishing and bird box making activities on the day, with places offered on a first come, first served basis.

Leader of the Council, Cllr Ray Puddifoot, said: "Our Family Fishing Fun Days are a highlight of our annual events calendar and are very popular with our residents each year. These are a great family day out, offering the chance to try fishing, take part in a range of other activities and enjoy what Little Britain Lake has to offer."



Our trailblazing apprentices



We marked National Apprenticeship Week in March with a special event at the Civic Centre in Uxbridge to celebrate the invaluable contribution that apprentices of all ages bring to the council and its services for residents.

More than 70 apprentices from a wide range of departments gathered in the Council Chamber on Tuesday 5 March to share their experiences and receive thanks from the council's leadership.

The event also gave attendees the opportunity to network and see presentations from external companies who work with apprentices.

The council runs one of the most successful apprenticeship schemes in the country, having increased its number of apprentices tenfold since the government introduced its Apprenticeship Levy in April 2017.

Since then, the council has employed 51 additional apprentices and used its apprenticeship scheme to train 76 existing members of staff.

The high calibre of apprentices has led to seven people being offered a permanent role within the council.

The scheme gives apprentices the real-world experience and training they need to gain qualifications and forge a career, while also being paid and working towards an accreditation.

Apprentices work in a variety of roles across the council, including business administration, licensing, housing and horticulture.

The council will not recruit to a new role or fill a vacancy until that position has been considered as a potential apprenticeship opportunity.

Cllr Richard Lewis, Cabinet Member for Central Services, Culture and Heritage, who addressed apprentices at the event, said: "A little over two years ago we only had six apprentices within the whole council. But we made a conscious decision to invest in our apprenticeships scheme, spending £293,000 in apprenticeship training alone. Now we stand as one of only six London boroughs to meet the government's apprenticeship targets last year - a feat we are incredibly proud of. And we are set to exceed the targets again this year."

Emma Hanmore, 23

Emma is a Level 5 Human Resources (HR) apprentice.

After completing her traditional studies and working in a nursery, her dad suggested she consider a career in HR.

She said: "As I looked into HR, I found myself falling in love with the role, and directed all my efforts into moving into the industry."

After applying for HR roles all across the UK, Emma successfully applied for a Level 3 HR support apprenticeship at the council. She immediately impressed her managers, quickly progressing through her apprenticeship levels, and is hoping to become one of the first to do a Level 7 HR apprenticeship, followed by a Master's Degree.

Emma was awarded the Crosby Management Training Sue Thompson Memorial Award for HR 2019, recognising exceptional apprentices.



Paul Alexander, 56

Paul currently manages a team of business performance analysts while studying for a degree in data analysis with Bucks New University.

After working as a clerk for the Northern Ireland Housing Executive, he moved to London and got a job as a temp in a bank in the City.

He said: "Twenty years later, after having enormous amounts of fun, it was time for a career change and I moved into local government as a homelessness outreach worker. After a while I moved into performance and business intelligence."

"Having the opportunity to learn something directly related to my professional life, and to be supported by my employer in that, is incredible fun."



Anyone considering joining the council as an apprentice is invited to visit www.hillingdon.gov.uk/apprenticeships for more information

Update from the West Area BCU Superintendent

So far, 2019 has been a busy year, and whichever newspapers you read or social media channels you follow, knife crime has never been far from the front pages.

Here in Hillingdon we have been focusing a huge collective effort into tackling this issue and I'm proud to say we have seen a 24.5 per cent reduction in incidents of 'Knife Crime with Injury' over the last year.

Our 'Interceptor Units' – a team of experienced officers, with access to high powered vehicles and a network of ANPR cameras, have made more than 150 arrests, and carried out just under 300 stop and searches since January.

In addition, Operation Wolverine, the West Area's elite tasking team continues to be deployed into crime hotspots and have played a key part in

the reductions seen in the 'Knife Crime with Injury' figures.

Since the Wolverines were formed they've made more than 300 arrests and have carried out nearly 1,000 stop and searches. Search #OpWolverine on the @MPSHillingdon Twitter account to find out more about the work of this team.

Looking ahead to the next six months, we're excited to be welcoming 175 new police officers who are being posted to the West Area. This well-needed injection of additional officers will be a huge benefit to all.

Lastly, I would encourage anyone who has not yet signed up to OWL (Online Watch Link) to do so, and join the 34,000 people across Hillingdon, Hounslow and Ealing who already benefit from this fantastic online Neighbourhood Watch system. Visit www.owl.co.uk/met to find out more.



Gary Taylor

HILLINGDON
people

To advertise in this magazine visit www.hillingdon.gov.uk/hillingdonpeople

Please mention Hillingdon People when responding to adverts

Calling qualified nurses and wellbeing officers with passion and drive to join new Neighbourhood teams

It is an exciting time to work in Hillingdon. Hillingdon Clinical Commissioning Group is realigning NHS health, social care and voluntary sector services into eight 'Neighbourhoods' to offer local people more 'joined up' and personalised care.

Each Neighbourhood will be led by GPs and supported by a Care Connection Team. The goal is to identify and intensively support high risk patients to better manage their health and wellbeing in the community.

They are looking to recruit physical and mental health nurses and wellbeing professionals.



You will be part of a multi-disciplinary team supporting the top two per cent of high risk patients aged 18 and over by providing effective case management support and promoting initiatives in the community to improve the health and wellbeing of patients. The service operates Monday to Friday, 9am to 5pm.

Interested and passionate about community care? Want to be part of something new? Then get in touch for information on forthcoming recruitment by emailing them on hillccg.confederationcomms@nhs.net.

National Lottery support for Cranford Park

A bid for National Lottery funding will be made by the council in February 2020 to support the development phase of a major restoration project at Cranford Park in the Crane Valley. This follows an initial funding bid in December 2017 that secured £221,100 from the National Lottery Heritage Fund and Community Fund.

Cranford Park is a beautiful country park, with woodland, riverside walks, gardens, orchards, meadows and a stable yard. The council is working alongside the Cranford Park Friends and other local groups to restore the park to its former glory.

If the February 2020 bid is successful, work will begin later that year on restoration of the park's historic buildings and landscape. Additionally, new visitor facilities will be added and a programme of visitor and volunteer activities put in place.

Cranford Park was once a fine country estate, owned from 1618 to 1918 by the Berkeley family, who built the house and laid out its park. Cranford House, the Berkeley's main residence, was demolished in 1944. The 144 acre (58 hectares) park still features several historical relics including a walled garden, a grade two listed 18th century stable block, an ice house and a ha-ha - the name given to a carefully constructed walled recess in the ground that creates a barrier to animals without interrupting the view.

The 18th century vaulted brick cellars, which have lain unseen since the Berkeley's servants worked there, will be opened up to the public for the first time. The cellars and the foundations of the old house, currently hidden behind railings, will be home to a new café, meeting room, toilets and exhibition space.



These facilities will be reached by the old grand driveway which will also be restored. The café will overlook the area that was once the Berkeley's private gardens with the restored ha-ha.

In addition to the restoration works there are plans for a new circular cycling and running track, a footpath network with heritage and nature trails, playgrounds and car parking. All restoration works will be planned and undertaken with the utmost care.

Between Saturday 27 April and Saturday 18 May there were exhibitions and events in the park and the surrounding area. These explained the proposals in more detail and asked for residents' opinions on the restoration works.



Cllr Jonathan Bianco, Cabinet Member for Finance, Property and Business Services, said: "It was wonderful to receive this initial grant to help us in our plans to preserve this important historical site. This is a much-loved green space and these new and improved facilities will further enrich our visitors' experiences."

"There will also be opportunities for volunteers to learn new skills, such as restoring the Victorian fruit wall in the kitchen garden, maintaining the orchard or working on the annual community archaeological excavation. Exciting family events are also being planned."

For more information about the park and the proposed restoration works, visit www.hillingdon.gov.uk/cranfordpark

FREE training sessions at our outdoor gyms

Learn how to use the different pieces of equipment in our outdoor gyms.

- ▶ Free instructor led sessions
- ▶ Sessions last 45 minutes
- ▶ Open to over-18s

New women only sessions starting in June

For more information, including dates and booking details, visit www.hillingdon.gov.uk/outdoorgyms, email sportandphysicalactivity@hillingdon.gov.uk or call 01895 250453.



HILLINGDON LONDON

www.hillingdon.gov.uk

Breakthrough relief for back pain and sciatica



IF YOU suffer from low back pain and sciatica, you are one of over 20 million adults in the UK with this often crippling spinal condition.

Shooting, stabbing and burning pains from the low back, sometimes with additional pain through the buttocks and down the legs are all symptoms of a pinched nerve often called "sciatica".

In severe cases, it can lead to muscle wasting, numbness and constant tingling down to the tip of the toes. Left untreated, the intense pain can rapidly wear you down and drain the joy out of life.

That is, until now... Recent advances in the treatment of sciatica and lower back pain have led to the development and huge success of Non-Surgical Re-Constructive Spinal Care.

The excellent results of this treatment have been published in major medical journals. With success rates as high as 90% some back surgeons recommending their patients try this treatment first before having back surgery.

In Hillingdon you can try Non-Surgical Re-constructive Spinal Care at The Health Lodge – the office of low back pain and sciatica relief expert Louise Chiasson-Baxter.

Louise and her team of fully trained spinal care specialists have

helped over 4,026 patients find relief from their agonising back pain and sciatica.

According to Louise, "We use a combination of ultra-advanced technology, not found elsewhere in Hillingdon, for precisely diagnosing the cause of your low back pain and sciatica; and a unique programme for reconstructing the damaged area causing the pain; this means superior long-term results for most people."

Because the treatment is non-surgical, safe and easy, most patients report an almost immediate relief from their pain.

Your invitation for a comprehensive consultation and examination to pinpoint the cause of your low back pain and sciatica...

All you have to do to receive a thorough diagnostic examination with the most advanced technology and comprehensive easy to understand report on your state of health is call 0208 848 8787

Mention this article (CODE: BOS43SCSP9) and Louise will happily reduce her usual consultation fee of £195 to just £59. But hurry, due to obvious reasons – this is a time limited offer – with only 100 reader consultations available at this exclusively discounted rate.

My advice, don't suffer a moment longer...

Find out if Non-Surgical Re-Constructive Spinal Care can help you, book a consultation with Louise and her team now by calling 0208 848 8787, they are waiting to take your call today.

They actually treat the cause of your health problem, not just your symptoms.

That's why hundreds of grateful patients tell them "You gave me back my life!"

Over the years, they've treated thousands of patients with back problems and sciatica. The vast majority of them have enjoyed superior, lasting relief. In fact, many who've suffered and have tried other remedies have told them they gave them back their lives!

Call them now and get a full and thorough examination to pinpoint the cause of your problem for just £59, the normal cost of such an exam is £195 so you will save £136!

Don't suffer from the pain and immobility any longer. Discover the natural treatment that can eliminate the cause of your problem and give you the safe, lasting relief you deserve.

Call them now on 0208 848 8787 and cut out or tear off this valuable article now and take it to your appointment. You'll be entitled to a comprehensive examination to diagnose the cause of your problem – and you'll be on your way to safe, lasting relief! Don't delay your important diagnosis and treatment another moment!

You can even call on the weekend and leave a message on their answer machine to secure your spot as they promise to return all calls; and during the week they are very busy, so if they don't pick up straight away do leave a message.



Sciatica Relief Expert Louise Chiasson-Baxter says: In 20 years of practice, I've never seen a treatment as effective as Non-Surgical Re-Constructive Spinal Care for patients with sciatica or lower back pain

For obvious reasons they can't help everyone at this reduced price, so please call soon to secure your special opportunity. Call 0208 848 8787 NOW and leave a message if it's the weekend or the line is busy – they promise they will get back to you as soon as they can. So call now on 0208 848 8787 and quote this special discount code: BOS43SCSP9

21 years of mobility support for residents

Hillingdon Shopmobility has been providing mobility facilities in Uxbridge town centre for more than two decades. This year, it is celebrating this milestone with a number of local events and activities, and it continues to welcome more customers and volunteers to use and support the service.

Based on Level 2 of intu Uxbridge car park (UB8 1GD) behind the cinema, Hillingdon Shopmobility is open Monday to Saturday, from 9.15am to 4.30pm (with the last hire at 3pm). The scheme offers a range of equipment, including walkers, three and four-wheeled electric scooters, powerchairs and manual wheelchairs.

Blankets and folding walking sticks are also available to hire. During the holidays, special wheelchairs and small electric scooters can be loaned out for use in Uxbridge or further afield. All equipment must be returned by 4.30pm on the same day.

Their friendly and helpful staff and volunteers will help you choose the right equipment for your needs and abilities, and will show you how to use it safely and confidently. Their team is also very happy to give talks and demonstrations at local groups and societies.

Shopmobility needs more volunteers to help with various tasks, including staffing the office, greeting customers, giving out mobility equipment, answering telephone calls, and helping to promote the service through fundraising days, events and visits to local community groups.

Kate Payne, 66, from Ruislip, first used Hillingdon Shopmobility in 2000 when she needed to hire a scooter to go shopping in Uxbridge. Shortly afterwards, she started volunteering with the team and has been working in the office and helping with fundraising events ever since. Kate is now a trustee of the organisation.

She said: "I enjoy working here; the people are great and very dedicated. I love seeing a customer using equipment for the first time and come back from a pain-free outing with a smile on their face."

Derek Johnson, 62, also volunteers at Hillingdon Shopmobility and has been part of the team for 10 years. He travels into Uxbridge once a month to work in the office and also works from home to help with admin. He said: "We always welcome more people to join us. We need volunteers who work well in a team, can commit to regular hours each week and are sensitive to the needs of people with disabilities and older people. If that sounds like you, please get in touch to find out more."

On Thursday 25 July, from 10am to 3pm, the team will be marking 21 years of the charity with celebratory tea, coffee



and birthday cake outside their office. It's free to attend and everyone is welcome.

For more information about hiring equipment, volunteering or more details about the events coming up, visit www.hillingdonshopmobility.org.uk, email hillingdonshopmobility@hotmail.com or call 01895 271510



Volunteer for girlguiding and make a difference



More adult volunteers are needed to help run uniformed groups in the borough. The units appreciate all support and particularly need help in Hillingdon and Uxbridge, where leaders are needed to keep groups running.

Rainbows, Brownies and Guides meet once a week during term time and offer five to 14-year-old girls new experiences and the chance to realise their full potential. As a volunteer, you'll be a role model for girls and young women, meet new people, develop and share your skills and do something good for the community.

Girlguiding volunteering is rewarding, fun and everyone is supported and made to feel welcome. No matter how much time you have to give, whether you are new to girlguiding or have been involved before, there are lots of opportunities to help out.

For more information, email Brenda at brenmictilbury@care4free.net or call 01753 653480



HILLINGDON BUSINESS 2019 EXPO

Over **100 businesses** exhibiting

More than **1500 attendees**

The **brightest FREE B2B networking event**
in London

NOW IN ITS
5th
YEAR

Business Breakfast | Complimentary BBQ Lunch | Evening Networking Reception

Thursday 30th May 2019

09.30–17.00

Hamilton Centre,
Brunel University London
Kingston Lane, Uxbridge, UB8 3PH

Championing Hillingdon Business!

All free and all welcome - do join us!

Register your free tickets at:

www.hillingdonexpo.com

The Hillingdon Business Expo is proudly supported by:



HILLINGDON WHAT'S ON?

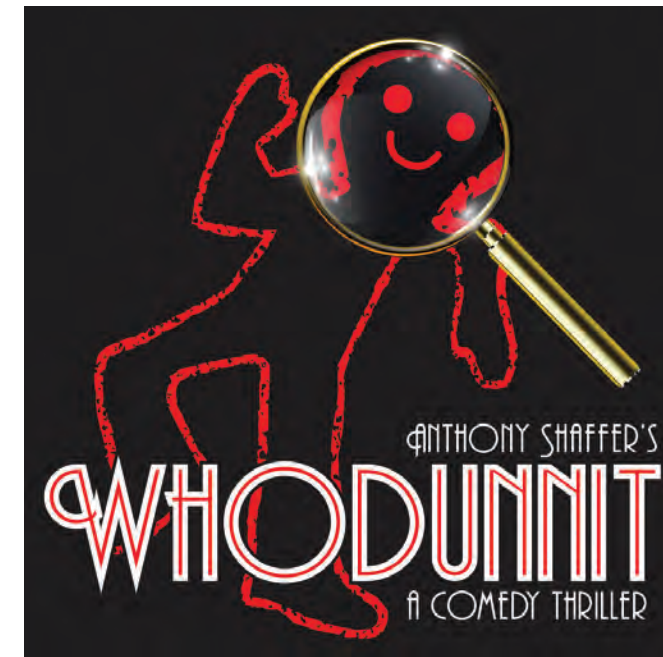
For more Hillingdon events or to advertise your own, visit www.hillingdon.gov.uk/whatson

It's nearly May half-term and with summer just around the corner, there are lots of events, shows, concerts and activities for Hillingdon residents.

THEATRE

Whodunnit by Anthony Shaffer

Wednesday 15 May to Saturday 18 May, 7.45pm
Ruislip Dramatic Society presents this comedy thriller that will keep you guessing until the very end. Six guests have been invited to a mansion for a black-tie dinner by a conveniently missing hostess. Her husband, Silas Bazeby, is at home but has never met any of them before. One of the guests quickly distinguishes himself as a blackmailer, putting murder on the menu from the start, but whodunnit?
Cost: Full price £12. Concessions £11 on Wednesday and on Thursday.
To book tickets visit www.hillingdontheatres.uk or call 01895 250615.
Compass Theatre



Robert Mizzell (plus special guest Slim Attraction)

Tuesday 4 June, 7.30pm
One of Ireland's favourite country music singers, Robert Mizzell, debuts at the Beck Theatre in what promises to be a night not to be missed. Born in Louisiana, Robert has made Ireland his home for more than 20 years. He served his apprenticeship in Country Music since he first arrived there, and is now a top Country artist in Ireland and the UK.
Cost: £24.50. Premiere Card Holders £20.70.
Book tickets online at www.becktheatre.org.uk or call the Box Office on 020 8561 8371.
Beck Theatre

Sine Nomine Singers Summer Concert

Saturday 8 June, 7.30pm
Performance of Victoria's Motet and Mass - *O Quam Gloriosum* plus works by Rutter and Goodall. Harpsichord interludes by Yeo Yat-Soon. Finger buffet to follow.
Cost: In advance £12. On the door £14.
Book tickets on ticketsource.co.uk/SNS or by calling 020 8933 7908. For more information visit sinenomine.org.uk.
All Saints Church

Hillingdon Philharmonic Orchestra's Summer Concert

Saturday 22 June, 7.30pm
Soloist Alexandra Lomeiko will join the Hillingdon Philharmonic Orchestra to perform Tchaikovsky's dazzling *Violin Concerto* at this summer concert. The programme will also include Mendelssohn's *Hebrides Overture* (Fingal's Cave) and Elgar's *Symphony No.2 in Eb Major*. A wonderful opportunity to hear these favourite classics performed live in the local area.
Cost: Full price £12. Concessions £10. Children 11 to 16 £5. Under-11s free of charge. Family of four £22.
Call 01895 674223 to reserve tickets or purchase from Pro Music International Ltd in Ickenham. Tickets also available on the door. Find out more on www.hillingdonphil.btck.co.uk.
St. Mary's Church

Dirty Rotten Scoundrels

Wednesday 29 May to Saturday 1 June, 7.30pm (2.30pm also on the Saturday)
Join WOS Productions for the area premiere of this hysterical Tony-nominated comedy musical. Based on the popular 1988 film starring Michael Caine and Steve Martin, Dirty Rotten Scoundrels takes us to the French Riviera for high-jinks and hilarity as two con men target a wealthy heiress in a battle of wits. Sophisticated, suave, and with a good dash of mischief, plus a delightfully jazzy score that will leave you humming along and tapping your feet.
Cost: £15. Under-16s £13. Concessions £13 on Wednesday evening and Saturday afternoon.
Book tickets on www.ticketsource.co.uk/wosproductions or call 03336 663366.
Winston Churchill Theatre

Al Murray Landlord of Hope and Glory

Saturday 8 June, 7.30pm
Citizens of Hope and Glory! Our new tomorrow beckons. A new tomorrow that smells reassuringly of yesterday, but with wifi. One last heave and we will be there. And when the going gets tough the tough get going. Although the going won't get tough and anyone who tells you it is going to be tough is lying. Come join

me to marvel at the majesty of our green and pleasant land. A land globally renowned for our culture, history and places.
Cost: £30.50.
Book tickets online at www.becktheatre.org.uk or call the Box Office on 020 8561 8371.
Beck Theatre

MUSIC

Uxbridge Choral Society Spring Concert

Saturday 11 May, 7.30pm
Brahms *German Requiem* and Faure's *Requiem*. Conducted by Tim Armstrong-Taylor.
Cost: £12. Children under 12 £6.
Tickets available on www.uxbridgechoralsociety.org.uk or on the door.
St Margaret's Church

Student Concert - Day of Music

Wednesday 29 May, various times
A day of performances to celebrate the Brunel University London year end. Programme: Lunchtime Concert, 1.10pm, featuring a collection of performances by current Music Award students. Leavers solos, 2.30pm onwards, solo recitals by their graduating Music Award students. The Final Evening

Concert, 7.30pm, assorted ensembles and soloists perform for a final time as they say farewell to their graduating students.
Cost: Free entry.
Antonin Artaud Theatre, Brunel University London

Becky Mills, Ruth Angell and Jack Cookson

Thursday 30 May, 8pm to 11pm
Becky Mills and Ruth Angell are two hugely talented young singers and instrumentalists from the Midlands. They aren't well known in London (yet) but both of them perform in other bands and you may have seen them performing with Ashley Hutchings or as a duo in their very successful local concert last year. Brilliant musicianship and two beautiful clear voices in harmony. Jack Cookson is a multi-instrumentalist, singer-songwriter and producer based in Devon, and a previous finalist in the BBC Young Folk Awards.
Cost: £12. Reductions for members and students.
To book and for more information visit bit.do/uxfolk or call 07941 006017. Tickets also available on the door.
Uxbridge Folk Club



Eastcote and Ruislip Choral Society Summer Concert

Saturday 22 June, 7.30pm
Alan Bullard *Travelling Tales*; Elgar *Tales from the Bavarian Highlands* and Bob Chilcott's *Dances of Time*. The choir meets every Tuesday from 8pm to 10pm. **Tickets £12 on the door. Under-12s free.**
For more information visit www.eastcote-ruislip-choral.org or call 01895 904556. **St. Edmund's Church**

Threaded, Michelle Lewis and Craig Joiner

Thursday 27 June, 8pm to 11pm
Threaded came to Uxbridge as a support act a couple of years ago and the folk club was most impressed – so here they are as headliners! They have a most unusual instrumental line up of clarinet, violin and guitar, which creates a very distinctive sound. That combination allows them to deliver effective tunes as well as providing the backdrop for melodic vocals. Michelle Lewis is a talented singer/songwriter from Boston on tour in the UK. In true folk style she tends to write songs of sadness and despair, but beautifully done. Her short UK tour last year got rave reviews. Craig Joiner is a local singer/songwriter/guitarist who has just finished his first album. **Cost: £12. Reductions for members and students.**
To book and for more information visit bit.do/uxfolk or call 07941 006017. Tickets also available on the door. **Uxbridge Folk Club**

Uxbridge Choral Society Summer Concert

Saturday 29 June, 7.30pm
The concert will feature well known songs from the Great American Songbook and *Animal Crackers* by Eric Whitacre. **Cost: Tickets £12. Children under 12 £6.** Tickets are available to buy on www.uxbridgechoralsociety.org.uk or on the door **St Anselm's Church**

KIDS

Ickenham Cricket Club Family Fun Day

Monday 27 May, 11am to 5pm
Rodeo ride, bouncy castle, children's rides, games for all ages, tombolas, all day BBQ, bar, coffee and homemade cakes. **Cost: Entry £1. Under-10s free.**
Ickenham Cricket Club

Milkshake! Live - Milkshake Monkey's Musical

Wednesday 29 May, midday and 3.30pm
Milkshake Monkey can't wait to put on a spectacular new musical for you all! But when stage fright hits, his favourite Milkshake friends come to help. Be part of this fantastic production as you learn the amazing songs and dances with your favourite Milkshake friends. Starring Fireman Sam, Noddy, Shimmer and Shine, Digby Dragon, Wissper, Nella the Princess Knight and Floogals, alongside two Milkshake Presenters, this brand-new show has plenty of laughter, audience interaction and great fun to get everyone up on their feet! **Cost: £18. Under-16s £2 off. Family offer (four tickets) £64.**
Book tickets online at www.becktheatre.org.uk or call the Box Office on 020 8561 8371. **Beck Theatre**

Thoroughly Modern Millie Junior

Theatre workshop, Sunday 26 May to Saturday 1 June
Final shows, Saturday 1 June, 3pm and 7pm
Hot on the heels of *Legally Blonde* and more recently, *Joseph and the Amazing Technicolor Dreamcoat*, Encore Junior Theatre opens its doors to all 8 to 18-year-olds who love musical theatre. Spend the week working with Encore's award-winning creative team and get from page to stage in just seven days. **Cost: For the workshop £135 (sibling discount available). Tickets for the shows from £10.**
To take part in the workshop email juniorthatre@

encoretheatre.org.uk.
To book tickets for the final show visit www.hillingdontheatres.uk or call 01895 250615. **Compass Theatre**

Eastcote House Gardens Summer Picnic and Fair

Saturday 8 June, 11am to 4pm
Annual picnic and fair with fun for all of the family, including a dog show, bands, ferret racing, raffles, refreshments and many varied stalls. **Cost: Free entry.**
For more information visit eastcotehousegardens.weebly.com. **Eastcote House Gardens**

Billy's Band

Sunday 16 June, 2pm
Join Billy's Band on a fun musical adventure! Featuring great music, world-class musicians, pre-concert activities and family participation. Suitable for children aged 3+. **Cost: Full price £12.50. Under-16s £7.50.**
To book tickets visit www.hillingdontheatres.uk or call 01895 250615. **Winston Churchill Theatre**

The Tiger who Came to Tea

Tuesday 25 to Wednesday 26 June, various times
A stunning stage adaptation of the classic tale of teatime mayhem... expect to be surprised! **Cost: £15. Groups 10+ £11.50.**
Book tickets online at www.becktheatre.org.uk or call the Box Office on 020 8561 8371. **Beck Theatre**

Summer Holiday Club

Monday 29 July to Friday 2 August, 10am to 12.15pm and 6.30pm to 7.45pm
All aboard for a week of fun, crafts, team challenges, cooking, bible stories and singing at Ruislip Baptist Church. Open to children in school years 2 to 6. **Cost: £4 per day.**
Register on www.ruislipbaptistchurch.org/events. **Ruislip Baptist Church**

LEISURE

Exhibition – All Our Own Work

Monday 29 April to Thursday 11 July, open daily (except for weekends and bank holidays) between 9.30am and 4pm.
An exhibition of work created in the classes at Brunel Arts during the last year. There will be a variety of different mediums on display, ranging from ceramics, oil painting, life drawing and creative writing. **Cost: Free entry.**
The Arts Centre Atrium, Brunel University London

Hardy Plant Society Middlesex Group - 'Water in the Garden'

Monday 3 June, 7.30pm to 9.30pm (doors open at 7pm)
Come along to this session featuring Tom Cole, a horticultural lecturer and BBC Radio broadcaster. There will also be plants for sale. The group usually meets on the first Monday of every month. They are a friendly group of experienced gardeners and enthusiastic amateurs, who all share an interest in hardy perennials. All welcome. **Cost: Free for members. Visitors £5 (redeemable against membership).**
For more information email hello@hpsmiddlesex.org.uk or visit www.hpsmiddlesex.org.uk. **Field End Junior School**

Ickenham Festival Summer Concert

Saturday 15 June, 7.15pm to 10.30pm
A special outdoor concert, featuring a musical programme from covers band Uprising and support. The evening will finish with a fireworks display. Please bring your own seats, rugs, food and drink. Doors open at 7.15pm. Concert starts at 7.45pm. **Cost: All tickets are £8. Under-5s free entry.**
Tickets are on sale from Ickenham shops - Sherry's, Williams Butchers, Coopers, Bikewise or via

www.ticketsource.co.uk/ickenhamfestival.
For more information visit www.ickenhamfestival.org.uk. **Glebe Primary School**

Butterflies Ploughman's Lunch

Saturday 15 June, 1pm to 4pm
Enjoy this lunch followed by dessert and tea or coffee. There will also be entertainment from Love2sing. You are welcome to bring your own drinks and glasses. Funds raised will go to Breast Cancer Research. **Cost: Tickets £10.**
Tickets are available by calling Lynn on 01895 852056. **Ickenham Village Hall**

Language Clubs of Hillingdon

Thursdays, 7.45pm to 9.45pm
Friendly clubs offering a chance to practise speaking and hearing Spanish, French, Italian and German, each on a different Thursday of the month. If you are learning a language, want to brush it up or maintain it, or if you are a native speaker wanting to use your own language, contact the right club for you. **Cost: £3 per visit or £15 for annual membership.**
Contact: Spanish Club 01895 253472. French Club 01895 253472. Italian Club 020 8863 3468. German Club 020 8429 1921. **St Giles' Church Hall**

Harrow Marquetry Group

Fridays, 7.30pm to 10pm
Marquetry is the fascinating craft of creating pictures and decorative designs by using the grain and figuring of both natural and coloured wood veneers. The separate parts of the picture or design are cut to shape, assembled

and glued to a prepared base. These friendly sessions are open to all ages and abilities. **Cost: Free one-to-one tuition available for beginners. Free starter pack. Membership £45 a year.**
For more information contact Tony on 020 8203 1190 or Steve on 07740 853999. Email harrowmarquetrygroup@gmail.com. Or visit www.harrowmarquetrygroup.co.uk. **Hatch End Free Church Hall**

EXERCISE

Oaken Leaves Folk Dance Club

Thursdays, 8pm until 10pm
If you are trying to include more exercise in your life, why not try this English Folk Club? As well as improving your fitness, dancing improves your balance and coordination. The mental exercise also keeps your mind young, quick and alert. One of their regular dancers said: "We exercise without noticing it. We meet and dance with friends, accompanied by lovely music." A caller leads the evenings and dances are walked through a couple of times without music before they are danced. Beginners most welcome. All you need is soft shoes, comfortable clothing and a zest for a new challenge. **Cost: First evening free. Subsequent evenings £3 (includes tea/coffee and biscuits in the interval).**
For more information call Joan on 01895 638008 or Marie on 01895 254 723. **Ruislip Methodist Church**

Yoga with Maria

Mondays 7.15pm at The Stables, Eastcote House

Gardens and Sundays 11.30am at St John's United Reformed Church
Summer yoga classes starting from Monday 13 May. Beginners and experienced both welcome. Relax and recharge with yoga techniques and learn to develop poise, flexibility and strength. **Cost: £12 per class. £80 for the 10-week course. Special discounted offer when booking the 10-week course for two people £60 (Teenagers £50).**
For more information and to book call 07940 722907. **St John's United Reformed Church and The Stables, Eastcote House Gardens**

Exercise With Alice

Mondays and Thursdays 10am to 11am.
Easy fun dance exercise for people over 60, all ability levels, seated/standing, able or disabled. Sessions will improve quality of life by helping you to keep active, have fun and make friends. Alice is a qualified professional West-End dancer and comedienne. **Cost: Drop-in £5. For more information, call Alice on 07966 175 530 or email exercisewithalice@yahoo.co.uk.**
The Guide Hut, Ickenham

YOGA with Juliana

Weekly open level classes, Wednesdays at 6.30pm, Fridays at 12.30pm and Saturdays 9.30am
Pregnancy yoga, Fridays, 3.30pm and Saturdays 11am
Yoga group classes, yoga retreat and holidays, courses for beginners, workshops on subjects such as 'Yoga for Back Health', for all levels of experience from total beginners to more experienced

students. Join us to support, nourish and revitalise the body and mind. **Cost: From £12 per class.**
For more information and to book visit www.juliana.yoga or email hello@juliana.yoga. **The Stables, Eastcote House Gardens**

Free tennis at the Great British Tennis Weekend

Saturday 18 May, 10am to 2pm
Come and join in the free tennis sessions, part of a Lawn Tennis Association (LTA) nationwide initiative (www.lta.org.uk), even if you have never picked up a racquet or have played before. Hillingdon Community Tennis Club welcomes all ages and abilities, children from four years upwards to adults, there is something for everyone both young and old, including adult beginners' sessions; cardio tennis, a fun music-based workout; mini tennis and touch tennis for children. No need to bring your own racquet, as these will be available on the day. **More information is available from the club website www.hillingdoncommunitytennisclub.com or by contacting Tim Blackman, head tennis coach on 07515 488555.**
Hillingdon Community Tennis Club at Brunel Sports Park

Yoga with Dinta

Saturdays, 11.20am
Dinta is fully qualified in Dru Yoga, which is based on flowing movements, directed breathing and visualisation. It is good for overall health and wellbeing, core strengthening, weight loss, boosting immunity, improving posture, building strength, flexibility, suppleness, stamina, stress release, fighting depression, achieving goals and deep relaxation. **Cost: £8 per class.**
To book call 07870 981885 or email yogawithdinta@aol.co.uk. **St Lawrence Church**

VENUES

All Saints Church, 2 Ryefield Avenue, Uxbridge, UB10 9BT
Antonin Artaud Theatre, Brunel University London, Kingston Lane, Uxbridge, UB8 3PH
Beck Theatre, Grange Road, Hayes, UB3 2UE
Compass Theatre, Glebe Avenue, Ickenham, UB10 8PD
Eastcote House Gardens, High Road, Eastcote, HA5 2FE
Field End Junior School, Field End Road, Eastcote, HA4 9PQ

Glebe Primary School, Sussex Road, Ickenham, UB10 8PH
Hatch End Free Church Hall, Rowlands Avenue, Hatch End, HA5 4DF
Hillingdon Community Tennis Club, Brunel Sports Park, Kingston Lane, Uxbridge, UB8 3PW
Ickenham Cricket Club, Oak Avenue, Ickenham, UB10 8UT
Ickenham Village Hall, 33 Swakeleys Road, Ickenham, UB10 8DG
Ruislip Baptist Church, West Way, Ruislip Manor, HA4 8HS

Ruislip Methodist Church, Ickenham Road, Ruislip, HA4 7BX
St Anselm's Church, Station Road, Hayes, UB3 4DF
St. Edmund's Church, Pinner Road, Northwood Hills, HA6 1QS
St Giles' Church Hall, Swakeleys Road, Ickenham, UB10 8BG
St John's United Reformed Church, Hallowell Road, Northwood, HA6 1DN
St Lawrence Church, Bridle Road, Eastcote, HA5 2SJ

St. Mary's Church, 9 The Fairway, South Ruislip, HA4 0SP
St Margaret's Church, Windsor Street, Uxbridge, UB8 1AB
The Guide Hut, Community Close (opposite the library), Ickenham, UB10 8RE
The Stables, Eastcote House Gardens, High Road, Eastcote, HA5 2FE
Uxbridge Folk Club, Uxbridge Royal naval Association, 399b Long Lane, Uxbridge, UB10 9PG
Winston Churchill Theatre, Manor Farm, Pinn Way, Ruislip, HA4 7QL

If you wish to publicise an event, please email details to hillingdonpeople@hillingdon.gov.uk or send to Hillingdon People, 3S/05 Civic Centre, High Street, Uxbridge, UB8 1UW. Events are selected at the editor's discretion.

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Pest Control ▶ Roads and Pavements ▶ Special Collections ▶ Street Lighting and Cleansing ▶ Waste and Recycling
01895 556000

Learning

Adult Learning
www.hillingdon.gov.uk/adultlearning
01895 556455

Library Information Desk
01895 250714

School Admissions
www.hillingdon.gov.uk/schooladmissions
01895 556644

School Transport
01895 250008

Truancy Hotline
01895 250858

Leisure

Battle of Britain Bunker Exhibition and Visitor Centre
battleofbritainbunker.co.uk
01895 238154

Botwell Green Sports and Leisure Centre
020 8561 0956

Highgrove Pool and Fitness Centre
01895 630753

Hillingdon Sports and Leisure Complex
0345 130 7324

Hillingdon Theatres
www.hillingdontheatres.uk
01895 250615

Queensmead Sports Centre
020 8845 6010

William Byrd Pool
020 8897 9390

Local democracy

Council Meeting Dates and Agendas
01895 250636

Electoral Services and Registrars
01895 558250

Conservative Group Office
01895 250316

HILLINGDON CONTACTS



Labour Group Office
01895 250780
Mayor's Office
01895 250763

Planning

www.hillingdon.gov.uk/planning

Building Control, Inspections and Dangerous Structures
01895 558170

Dangerous Structures (out of hours)
01895 250111

Local Land Charges
01895 556115

General

Adoption and Fostering
www.hillingdon.gov.uk/fost-adopt
0800 783 1298

Brown Badges
01895 277277

Council Tax and Benefits
www.hillingdon.gov.uk/counciltax
0300 123 1384

Families' Information Service
www.hillingdon.gov.uk/fis
01895 556489

Fraud Hotline
www.hillingdon.gov.uk/reportfraud
0800 389 8313

Hillingdon First Card
www.hillingdon.gov.uk/hillingdonfirst
01895 556677

Hillingdon Social Care Direct (adults and children) ▶ Blue Badges ▶ Freedom Passes ▶ Meals Service ▶ TeleCareLine
01895 556633

Housing Services
www.hillingdon.gov.uk/housing
01895 556666

Substance Use and Misuse or Sexual Health
01895 250721

Trading Standards
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01895 250164

All other council enquiries (not listed above)
01895 250111

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USEFUL SERVICES AND AGENCIES

Advice and support

Addiction, Recovery, Community, Hillingdon (ARCH)
01895 207777

Age UK Hillingdon
020 8756 3040

Alzheimer's Society Hillingdon
01923 823999

Asphaleia Action
01895 272478

Carers Trust Hillingdon
01895 258888

Centre for ADHD and Autism Support
020 8429 1552

Communicare Counselling Service
01895 256056

Citizens Advice Consumer Helpline
03454 04 05 06

Citizens Advice Hillingdon
0344 848 7903

Disablement Association Hillingdon (DASH)
020 8848 8319

HD Carers Support Group
07752 169849

Healthwatch Hillingdon
01895 272997

Hillingdon Autistic Care and Support (HACS)
020 8606 6780

Hillingdon Brain Tumour and Injury Group
01895 713205

Hillingdon Carers
01895 811206

Hillingdon Independent Domestic Violence Advocacy (HIDVA)
020 8246 1745
Hillingdon Mind
01895 271559
Hillingdon Parent Carers Forum
www.hillingdonpcf.com
Hillingdon Women's Centre
01895 259578
Home-Start Hillingdon
01895 252804
P3 Navigator Advice Centre
01895 436114

Samaritans
116 123 (freephone)
Victim Support
08 08 16 89 111 (freephone)

Environment and street scene

Affinity Water
0345 357 2407

Hospitals

Harefield Hospital
01895 823737
Hillingdon Hospital
01895 238282
Mount Vernon Hospital
01923 826111
Northwick Park Hospital
020 8864 3232
Watford General Hospital
01923 244366
NHS
111

Police and Fire

Metropolitan Police
Non-emergency 101
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Hillingdon Neighbourhood Watch
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Hillingdon Fire Station
020 8555 1200



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