

# HILLINGDON people

News from your council  
May/June 2023

[www.hillingdon.gov.uk](http://www.hillingdon.gov.uk)

## Communities celebrate ULEZ legal challenge Jobs for residents



HILLINGDON  
LONDON



MORE HOMES



NEW APP



AWARD WINNERS



## Waste and Recycling

Late May Bank Holiday

Normal collection day	Revised collection day
Monday 29 May <small>(Bank Holiday)</small>	Tuesday 30 May
Tuesday 30 May	Wednesday 31 May
Wednesday 31 May	Thursday 1 June
Thursday 1 June	Friday 2 June
Friday 2 June	Saturday 3 June

Please leave your rubbish out for collection by 6am.  
Please leave your rubbish near your front gate, but not on the pavement.  
Separate arrangements are in place for flats and business premises.  
If you have any queries, or would like to report a missed collection, visit [www.hillingdon.gov.uk/recycling](http://www.hillingdon.gov.uk/recycling) or call 01895 556000.



[www.hillingdon.gov.uk/recycling](http://www.hillingdon.gov.uk/recycling)



## Recycling your textiles and small electrical items

**We're working with TRAIID to help you to easily recycle your textiles and small electrical items.**

We offer free, easy to book textile collections to residents living in both houses and flats.  
TRAID will also collect small electrical items that are broken or you no longer need at the same time as your textiles.  
Find out more at [www.hillingdon.gov.uk/textile-recycling](http://www.hillingdon.gov.uk/textile-recycling)




[www.hillingdon.gov.uk](http://www.hillingdon.gov.uk)



## Get growing for Hillingdon



Enter our growing and gardening competitions at [www.hillingdon.gov.uk/gardening](http://www.hillingdon.gov.uk/gardening)



Entry deadlines:  
Hillingdon in Bloom  
Friday 28 July  
Autumn Show  
Friday 1 September



[www.hillingdon.gov.uk](http://www.hillingdon.gov.uk)

## Contents

May/June 2023

▶ **Cover stories**

- ▶ **10 New parking app**  
PayByPhone parking system coming soon.
- ▶ **11 ULEZ legal challenge underway**  
Council's opposition will be heard in the High Court.
- 12 Helping residents build their careers**  
New leisure centre creates local jobs.
- ▶ **15 A celebration fit for a King**  
Read how communities celebrated the coronation.
- ▶ **18 Celebrating Hillingdon heroes**  
Awards scheme announces 24 winners.
- 21 Step into work with Hillingdon**  
Join the council and unlock your potential.
- 22 Creating inclusive job opportunities**  
Helping residents with additional needs to learn new skills.

**Regulars**

- 4 Hillingdon News**    **27 Volunteers**
- 28 What's on?**        **31 Contacts**

COVER PHOTO: LARKSWOOD RISE, NORTHWOOD HILLS WARD.



Advertising deadline for next edition: **Friday 9 June**

**Editorial and advertising enquiries**

01895 556903  
@ [hillingdonpeople@hillingdon.gov.uk](mailto:hillingdonpeople@hillingdon.gov.uk)  
www.hillingdon.gov.uk/hillingdonpeople



Published by **London Borough of Hillingdon** © 2022  
Hillingdon People, 35/05 Civic Centre, High Street, Uxbridge, UB8 1UW.  
Design Corporate Communications Printed by Warners Midlands Plc  
Products and services advertised in this magazine are not necessarily endorsed by the council.

**For a copy in large print or as an audio version call 01895 556903**

Welcome



**W**elcome to the May/June edition of *Hillingdon People*. Challenging the expansion of the Ultra Low Emission Zone (ULEZ) remains a key priority for the council, and I will start by focusing on the welcome news we received last month that our legal challenge is now underway.

The High Court granted permission on Wednesday 12 April for a Judicial Review into the Mayor of London and Transport for London's proposed expansion of the ULEZ to outer London.

We have listened to our residents and businesses who have repeatedly raised significant concerns about the social and economic repercussions expansion will bring, and could not allow the scheme to proceed without challenging it and the legality of the decision.

As *Hillingdon People* went to print, the court was due to hear our case to challenge the Mayor's decision on further grounds to those already accepted, with the Judicial Review scheduled for the week commencing 3 July.

We remain confident the court will see that the Mayor failed to follow due process and that the plans will be quashed.

I fear that ULEZ is a Trojan horse, that is paving the way for the speedy implementation of road user charging for all vehicles following the low-profile, consultation undertaken by The London Assembly Transport Committee in February.

The money-making scheme does not take into account the extremely limited public transport links in the borough in comparison to inner London, its likely negligible impact on air quality as the majority of the borough has relatively good air quality, and the material social and economic impact. We will continue to fight these disastrous plans and stand up for our residents. You can read more about this on page 11.

The King's Coronation at the start of this month was a special opportunity for us to get together with family, friends and as a community to mark this historic occasion and make memories. I hope you had a joyous weekend.

The council was proud to support residents across the borough get involved in celebrating the occasion by hosting a variety of events in the run up to and during the bank holiday and helping to facilitate more than 80 local street parties. A range of pictures capturing the festivities are on pages 15 to 17.

Finally, in this issue (page 18), you can also read about the dedication of a number of our residents and local groups who were presented with awards for their bravery, achievements and voluntary work at this year's Hillingdon Community Awards.

It was fantastic meeting the winners and reading all of the nominations to learn what valuable contributions are being made across the borough. Once again, well done to everyone who won and was nominated, your work really does make Hillingdon a great place to live, work and visit.

Cllr Ian Edwards  
LEADER OF THE COUNCIL



## Our volunteers support annual spring clean initiative

Scores of community-minded volunteers helped the council keep the borough looking tidy as part of this year's Great British Spring Clean.

After six events and hours of hard work from more than 50 volunteers, a total of more than 200 bags of rubbish were cleared from parks, hedgerows and waterways across the borough.

This is the fourth year the council has taken part in the annual nationwide initiative, organised by charity Keep Britain Tidy.

Council-led events began at Minet Country Park in Hayes on Tuesday 21 March where six volunteers were joined by 15 children from Guru Nanak Primary School and cleared up 42 bags of litter.

Hillingdon House Farm and Uxbridge Common were the focus the following day, where five volunteers helped clear 12 bags.

Cranford Country Park was the next event, on Wednesday 29 March, where six volunteers collected 20 bags.

The final event took place at Pinn Meadows, Ruislip, on Saturday 1 April, where the then Mayor of Hillingdon, Cllr Becky Haggar, joined 33 volunteers who helped clear another 20 bags.

If you'd like to take part in litter-picking or conservation work, visit [www.hillingdon.gov.uk/volunteering](http://www.hillingdon.gov.uk/volunteering).

You can report litter at [www.hillingdon.gov.uk/litter](http://www.hillingdon.gov.uk/litter).



SPRING CLEAN at Minet Country Park, Hayes

## Thousands of trees planted



REDUCING POLLUTION trees planted in Ruislip Common in March

We're continuing at pace with our commitment to tackling the climate emergency with our programme of tree planting.

For the current planting season, 17,295 whips (baby trees) and standards (established young trees) have been planted in Hillingdon.

Our partnership continues with Trees for Streets, where residents can sponsor a tree to be planted in their street, or a local green space. To date, 27 have been planted with more to come. Find out more at [www.hillingdon.gov.uk/sponsor-a-tree](http://www.hillingdon.gov.uk/sponsor-a-tree).

Through a separate planting scheme via Trees for Streets, a further 110 trees were planted by the end of March.

To help tackle pollution around schools, more than 130 trees have been planted this season, along with hedges, to help absorb fumes.

Working closely with the charity Trees for Cities, more than 8,600 whips and standards were planted in Stonefield Park, Ruislip; Rosedale Park, Hayes; and Philpots Farm in Yiewsley.

And as part of the council's own schemes to create a borough that's welcoming to wildlife, volunteers have helped at various locations to plant a further 8,000 whips.

The former Mayor of Hillingdon, Cllr Becky Haggar, also planted a number of trees during her term, including 10 with the help of Ruislip Residents' Association in March.

## Have your say on proposals to address anti-social behaviour

The council is inviting residents to comment on plans to update the types of anti-social activities that are prohibited in its parks and public places.

We currently address anti-social behaviour with a boroughwide Public Space Protection Order (PSPO) which was last renewed in 2020.

PSPOs are intended to deal with nuisance or problems that are detrimental to local

people's quality of life and work by imposing conditions on the use of the area.

Police, council officers and officers authorised by the council can enforce the conditions of PSPOs and may issue fines for non-compliance.

The following prohibitions contained within the existing PSPO are proposed to be retained for the 2023 to 2026 PSPO period: alcohol and drug

misuse; idling vehicles; use of drones; urinating, defecating and spitting; being in charge of more than four dogs (six with a valid licence); unauthorised encampments and begging.

The council has considered emerging issues and complaint data before proposing new prohibitions. They aim to address: smoking/vaping and dogs within children's play areas; driving e-vehicles or motor

vehicles over footways; use of amplification equipment in town centres (Uxbridge, Hayes and Ruislip); placing of tables/stands/signage in town centres (Uxbridge, Hayes and Ruislip); financial agreements in the street in town centres (Uxbridge, Hayes and Ruislip) and street trading and leaflet distribution without consent.

Provide your feedback at [www.hillingdon.gov.uk/pspo-consultation](http://www.hillingdon.gov.uk/pspo-consultation) before Friday 16 June.

## Shape our family hubs and early years nurseries

We're asking children, young people, families, carers, partners, providers and community organisations to have their say on proposals to roll out a family hub model boroughwide and options for our early years nurseries.

Family hubs have been designed to offer a variety of services to families, parents, carers and children from birth to 19 and up to 25 for those with special educational needs (SEND).

Following the commitment from government to provide hubs in every region of England to deliver more joined-up and comprehensive family services through a central access point, Hillingdon, having seen the merit in this decided to move forward and the council opened its first family hub in Uxbridge in December 2021, with

another due to open in Hayes later this year.

The council's draft Family Hubs Strategy outlines the council's ambition to expand the model across Hillingdon and build on existing services, such as children's centres, to offer more joined-up support to older children and young people and increase the range of services available.

Residents will be able to access a variety of information, advice and guidance for family, relationship, health and other issues. The model will deliver programmes that respond to community needs, which can be accessed either in person or digitally at a hub or community venue no more than 30 minutes' walk or 1.5 miles from a resident's home.



Proposed services include children's centre groups and sessions; outdoor space for play; youth services; birth registration; parenting programmes and workshops; pre and antenatal maternity support; health visiting and school nursing; SEND support; adult education opportunities and mental health services.

Residents can also share their views on proposals regarding the future of the council's directly provided childcare in its three early years nurseries.

**Cllr Susan O'Brien, Cabinet Member for Children, Families and Education,** said: "I

encourage residents to have their say on these proposals. The hub approach, if adopted, will allow us to deliver increased services to even more children, young people and families in a more comprehensive, efficient and cohesive way at the heart of communities where they're needed."

Visit [www.hillingdon.gov.uk/hub-nursery-consultation](http://www.hillingdon.gov.uk/hub-nursery-consultation) by Sunday 30 July to have your say.

## Take part in consultation on youth services proposals

In March, the council's Cabinet approved a draft Youth Offer Strategy for consultation.

Young people, families, carers, partner agencies and community organisations are invited to have their say on new proposals for the youth offer for Hillingdon.

The current offer is mainly a static, single-use buildings-based model. Attendance rates have dropped, and young people have told the council that they would prefer services to be closer to home and in different formats.

The proposed new youth offer sets out our commitment to creating a wider programme of more modern, relevant,



flexible and digital services for young people to receive the support they need, in their communities, to help them reach their potential.

The strategy outlines our commitment to working with young people to deliver services that are dynamic, culturally aware, more efficient, and accessible

– both digitally and at a range of locations across the borough.

Street-based youth work will continue and be supported with outreach youth work.

Young people will be encouraged to access more flexible location-based sessions and activities at a range of buildings within local

communities, including schools, sports facilities, community centres and family hubs.

**Cllr O'Brien** said: "Our young people have told us that our current youth services model is outdated. We have listened to this feedback and are putting our young people first and right at the heart of this strategy. I encourage them to share their valuable insight and help to shape the design and delivery of new youth services that can benefit even more young people."

View the strategy and have your say at [www.hillingdon.gov.uk/youth-offer-strategy](http://www.hillingdon.gov.uk/youth-offer-strategy) by Monday 5 June.



## Hayes landlord lands a hefty fine for planning breaches

A rogue landlord has been ordered to pay more than £15,000 after illegally altering buildings he rented out as houses of multiple occupancy in Hayes.

Tarsem Dhillon, of Dawley Road, Hayes, admitted three charges of failing to comply with an enforcement notice when he appeared at Uxbridge Magistrates' Court on Tuesday 7 March, following a council investigation.

The court was told how council planning officers had visited 11 and 15a Station Road in March 2021 after being notified that a storage building, 15b, at the back of the properties, had been altered illegally and was also being used as a house of multiple occupancy (HMO).

The first floor of the building had two shower rooms, a kitchen and toilet

and an external door had been built and metal railings installed on the roof of the extended first floor to create an amenity space for residents, but without planning permission.

At 11 and 11a Station Road, inspectors found a single-storey side extension had been built, also without planning permission.

The court heard the council issued enforcement notices on 9 March 2021, seeking the cessation of the use of 15b as a HMO, along with the removal of the door and railings. An additional enforcement notice was issued for 11 and 11a, ordering the removal of the extension.

The notices came into effect on 20 April 2021 and required compliance by 20 July the same year. The court was told follow-



UNCOVERED Illegal amenity space at 15b Station Road

up inspections revealed none of the three notices had been complied with.

**Cllr Eddie Lavery, Cabinet Member for Residents' Services,** said: "This is another brilliant result reflecting the hard work of the council's planning enforcement team.

"We're determined to create safe, strong communities where

residents can live a high quality of life and we'll take all action necessary to tackle rogue landlords who flout the rules."

Dhillon was fined £12,000, and ordered to pay a victim surcharge of £2,000 and the council's court costs of £1,660.

To report a planning breach, visit [www.hillingdon.gov.uk/planning-enforcement](http://www.hillingdon.gov.uk/planning-enforcement).

## Man fined for basing company out of a rented house

An Uxbridge man has been ordered to pay more than £2,600 after ignoring two planning enforcement notices served by the council after he illegally built a single-storey extension at the home he rented.

Balraj Singh, 54, admitted two counts of failing to comply with a planning enforcement notice when he appeared at Uxbridge

Magistrates' Court on Tuesday 28 March.

The court was told the charges related to the home Singh rented at 298 Cowley Road, where officers from the council's planning enforcement team were called into action following a complaint in October 2020 that diggers and storage equipment were being stored at the address.

Planning officers visited the site unannounced that month and found diggers and signage relating to a digger hire company. The court was told a further inspection a month later found a single-storey rear extension had been constructed without planning permission.

On 9 February 2021, two planning enforcement notices were served, requiring removal of the extension and the diggers and associated construction material. An appeal against the notices was upheld by the Planning Inspectorate on 27 July 2021 – giving three months to comply.

The court heard a subsequent visit by the council in April 2022 revealed neither notice had been complied with.

**Cllr Lavery** said: "This is an excellent result that shows residents we're on their side when it comes to upholding planning regulations.

"These rules apply to everyone without exception and are what help us to create safer, strong communities."

Singh was ordered to pay a fine of £923 for each offence, a victim surcharge of £185 and the council's prosecution costs of £600.

The council will continue to monitor Singh's compliance with the enforcement notice requiring demolition of the unauthorised extension, and if the development isn't removed further prosecution proceedings or direct action will also be considered.



UNAUTHORISED Diggers and equipment stored at the Cowley Road property

## West Drayton fly-tipper receives suspended sentence

A serial fly-tipper has been ordered to pay almost £18,500 and handed a 10-month suspended prison sentence after failing to pay to dump items at Harefield Civic Amenity Site.

Following an investigation by the council's anti-social behaviour and environmental enforcement team, Bernard McDonagh, of Cricketfield Road, West Drayton, was sentenced at Uxbridge Magistrates' Court on Monday 6 March after admitting 17 charges of making off without paying.

He also admitted one charge of entering the site despite being banned, and five charges of illegally installing signs to advertise his business at locations in the borough.

Additionally, the court was told that McDonagh did not have a contract to deposit commercial waste in Hillingdon.



ILLEGAL DUMPING at Harefield Civic Amenity Site

Despite this, he made at least 58 visits to the civic amenity site in New Years Green Lane between 5 March 2021 and 25 July 2022 in his white Ford Transit van.

The court was told on 17 of those occasions, McDonagh made off without paying the required fees, varying between £216 and £3,419, depending on the amount he'd dumped, at

a total cost to the council of just under £20,000.

In mitigation, the court was told McDonagh had struggled to find work and his household's monthly income was £1,200 for a family of five. A trigger for his actions was that the family had been unable to get enough money to cover the funeral costs for one of his grandchildren who had sadly died, so he

knocked on doors to offer to take rubbish in return for cash.

Sentencing, the bench told McDonagh only a custodial sentence could be justified given the duration of the offences and cost to the council.

**Cllr Lavery** said: "It's completely unacceptable that the borough's taxpayers should foot the bill for clearing up McDonagh's mess while he makes a profit. I hope this considerable sentence will prove a suitable deterrent to anyone else thinking they can make money by illegally dumping in Hillingdon."

McDonagh was ordered to pay a total of £18,490.65 compensation to the council and the prison sentence was suspended for two years in light of his family's circumstances.

He was further ordered to undertake 275 hours of unpaid work.

## Hayes shopkeeper caught selling e-cigarettes to children



In February, Ravi Kumar, of RK Convenience Store, 1182 Uxbridge Road, Hayes pleaded guilty at Uxbridge Magistrates' Court to selling a nicotine inhaling product to a person under the age of 18.

Last August, during an undercover operation conducted by the council's trading standards team, a child aged 13 entered the store and bought an Elf

Bar 600 disposable vape from Kumar.

The court also heard the store had been the subject of an investigation in March 2022 following a report from a member of the public that it had been selling vaping devices to children.

Following this incident, Kumar had received a written warning from the council and training

materials to help him comply with the law surrounding age-restricted products.

When handing down the sentence, the magistrates gave the defendant credit for his guilty plea but noted he had failed to adhere to guidance provided by the council.

In total, Kumar was ordered to pay £1,364, which includes a fine of £403, victim surcharge of £161 and the council's costs of £800.

**Cllr Eddie Lavery** said: "I urge all businesses to make sure they are aware of and comply with the relevant legislation regarding sales to children.

"Evidence suggests that vaping is by no means

risk-free and that's why we're doing everything we can to stop our young people getting access to and using e-cigarettes."

The sale of illegal vapes is currently a major issue in high streets nationwide. Since 2022, more than 1.3 million vaping devices have been seized at Heathrow Airport during cargo inspections by the council's trading standards team for not meeting safety standards.

If you suspect a business is selling age-restricted products to under-18s, unsafe or counterfeit products, you can contact the council by emailing [tradingstandards@hillingdon.gov.uk](mailto:tradingstandards@hillingdon.gov.uk) or calling 01895 250164.



## Business lands hefty fine for injuring delivery driver

The council has successfully prosecuted wholesale and distribution company Davis & Dann Ltd for failing to comply with health and safety rules at its warehouse in South Ruislip, which caused significant harm to a visiting delivery driver.

At a hearing at Southwark Crown Court on Friday 14 April, the company admitted to a health and safety offence and was fined £120,000, ordered to pay costs of £12,892 and a victim surcharge of £190 – fines totalling £133,082.

Council officers were

notified of the serious health and safety accident, where a visiting delivery driver was hit by a reversing forklift truck being operated by an employee of Davis & Dann in the car park/delivery area at the company's leased warehouse at Kanta House, Victoria Road in June 2020.

The delivery driver suffered serious leg injuries which needed surgery as well as lacerations to their head and right foot.

Davis & Dann initially failed to report the accident to the Health and Safety Executive, only doing

so 10 days later when it was informed that the council was investigating the accident, which had been reported by the injured driver's employer.

The forklift truck driver claimed that they had checked behind themselves and sounded the horn on reversing, however CCTV highlighted that the driver had failed to carry out the required safety checks.

A council environmental health officer carried out an inspection of the premises in July 2020.

They found the company had failed to carry out a suitable risk assessment and the car park had faded line markings and there were no warning signs advising that forklifts were in use. The visiting delivery driver had also not been provided with any information on safety procedures.

The council issued the company with two improvement notices in July 2020. Following a further inspection in November 2020 it was found that steps had been taken to improve compliance.

## Pupils offered primary and secondary school places

Hillingdon was ranked first in west London for offering children and their parents their first choice school on Primary National Offer Day.



The council is also third out of all London boroughs for offering families their first choice. In total, 94.93 per cent of children received their first choice in Hillingdon, which is significantly higher than the London average of 88.57 per cent.

Furthermore, 99.36 per cent of applicants in Hillingdon were offered one of their top three schools, and 99.5 per

cent were offered one of their top six schools. In addition, this year the council received 3,634 secondary school applications. From those, 69.37 per cent of Hillingdon pupils received their first choice.

Hillingdon also achieved higher than the London average for applicants offered one of their top three preference schools at 89.45 per cent, compared to London's 89.26 per cent.

Ninety-five per cent were offered one of their preferred places – a higher proportion than last year.

**Cllr O'Brien** said: "I am very pleased that so many children received their first choice and a high number continued to get one of their preferred options.

"Education remains a top priority for the council, and we will continue to support our schools and families to give our children and young people the best start in life."



## Consultation launched on parking penalty charges

Local people can have their say on proposals to change the borough's parking fine charges.

A consultation will run until noon on Monday 5 June on the plans, which aim to tackle an increase in parking non-compliance.

The council has seen a considerable rise (29 per cent between 2018/19 and 2021/22) in the number of tickets issued for parking contraventions.

The average rise across London for the same period was 21 per cent.

Within the capital there are two levels for charging for parking fines. Band A is the higher level and Band B the lower level. Hillingdon currently uses Band B, which hasn't changed in more than 10 years.

The council believes increasing the penalty amount from Band B, to Band A, which is used by 25 of the 32 London Councils and City of London, will deter more people from breaching parking restrictions and reduce the number of fines issued annually.

Following the consultation, feedback will be presented to the council's Cabinet, which will make a decision on whether to apply to the Secretary of State to change the band for the borough. Any application would be subject to the prior approval of London Councils and the Mayor of London.

To have your say, visit [www.hillingdon.gov.uk/pcn-consultation](http://www.hillingdon.gov.uk/pcn-consultation).

## Prioritising road safety

More CCTV cameras will be installed across the borough next month to improve road safety and crack down on drivers disregarding highway restrictions.

In total, 21 cameras currently monitor drivers' adherence to moving traffic contraventions, which include bus-only routes, banned turns and HGV restrictions. The council will put up cameras at six new locations, including for the first time yellow box junctions.

It follows complaints of drivers routinely breaching the Highway Code and the council commissioned traffic surveys on the yellow box junctions in March, which showed that each week hundreds of motorists disregard regulations by blocking the road.

The cameras will be installed at: Uxbridge Road (junction with Morgan's

Lane); Nestle's Avenue (junction with Station Road); Victoria Road (junction with West Mead); Pembroke Road (junction with Station Approach); Park Road (junction with Harefield Road) and Bath Road (near Regus Office Complex).

Trained officers will review footage and where a breach has occurred issue a £130 fine. This will be reduced to £65 if paid within 14 days.

Further traffic surveys have been carried out on yellow box junctions at a further 15 locations, with cameras expected to be installed later in the year.

**Cllr Lavery** said: "The installation of these cameras is designed to keep motorists, cyclists and pedestrians safe by acting as a deterrent to those drivers who regularly breach restrictions, as well as improving air quality and supporting local bus services."



## Homes at former garage site



NEW HOMES Cllr Lavery and Cllr Bianco visit the site

In March, the keys were handed over to the first tenants to move into Acorn Place, Uxbridge a new gated development in Nelson Road, comprising four four-bedroom homes and two three-bedroom homes.

The new homes were built by the council by converting a brownfield site, which was formerly a set of garages at the rear of Nelson Road. It now adds to the council's growing portfolio of high-quality, larger affordable homes.

Cllr Jonathan Bianco, Cabinet Member for Property, Highways and Transport and Cllr Eddie Lavery, Cabinet Member for Residents' Services, visited the development on

Thursday 4 May to officially open the new homes.

**Cllr Lavery** said: "We're committed to building more affordable housing, ensuring quality homes to rent for those on low incomes."

There are more homes in the pipeline, as in March, planning permission was granted for six new houses at Sullivan Crescent, Harefield. This is another former garage site that will be converted to create four two-storey terraced homes and two semi-detached houses.

When the council's Cabinet met on Thursday 20 April it also agreed the purchase of land at Newport Road, Hayes to create 24 new social housing flats.

## Supporting households with the cost of living

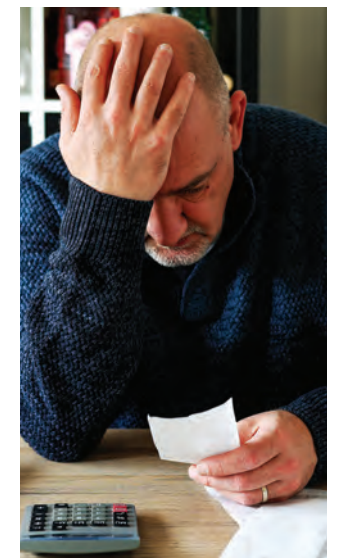
Low-income households in Hillingdon are set to receive extra support with food, energy and water bills this summer and next winter as part of the government's Household Support Fund.

The council is continuing to administer this grant and has been allocated £4.14 million to support local people.

One-off payments of £100 per household are available to help residents in receipt of certain benefits who are responsible for paying the utility bills.

Additionally, families whose children are eligible for benefit-related free school meals will receive vouchers directly from the council of £15 per child, per week to assist with the cost of food during the school holidays.

If you are eligible for benefit-related free school meals, you will also be entitled to two cost of living vouchers valued at £50 per household to help towards your utility bills. The first voucher will be sent to you this October, and the second voucher in January 2024.



**Cllr Martin Goddard, Cabinet Member for Finance**, said: "We're committed to supporting our residents during these ongoing challenging times.

"To be eligible for a grant and/or food vouchers, you must live in a household with children aged under 19 and be in receipt of certain benefits or be known to the council's adult or children's social care teams. The scheme will run until 31 March 2024."

For more information and details of the eligibility criteria, visit [www.hillingdon.gov.uk/household-support-fund](http://www.hillingdon.gov.uk/household-support-fund).



# PayByPhone comes to Hillingdon

The convenient system to pay for your parking will soon go live across the borough.

PayByPhone gives residents and visitors the flexibility and convenience of being able to pay for their parking 'on the go' using an app or web link on their mobile phone or tablet without having to buy a ticket from a pay and display machine.

You can even get reminders when your parking is about to run out and extend your parking session from wherever you are, so you don't need to run back to a machine to get a new ticket.

The system is used by a number of organisations so you may already have the app. If not, please follow the steps on the right to sign up in advance of its launch.

Before using the app or web link at a car park remember to also link your HillingdonFirst card to your account so that you continue to receive your preferential parking rates.

If you prefer to use cash or your card at the borough's pay and display machines you will still be able to use those methods.



For more information visit [www.hillingdon.gov.uk/paybyphone](http://www.hillingdon.gov.uk/paybyphone)

A digital-enabled, modern, well-run council

## Get ready before the launch

### 1 Download and register

If you haven't already got a PayByPhone account, download the PayByPhone Parking app from the App Store or Google Play store, or by scanning the QR code below. You can also use the web app by visiting [paybyphone.co.uk](http://paybyphone.co.uk).



You can then register for an account. Here you will need to upload your payment and car details to save time in the future. This will take you a couple of minutes.



### 2 Link your HillingdonFirst card to your account

Within PayByPhone go to 'Settings', followed by 'Permits' to add your HillingdonFirst card number.

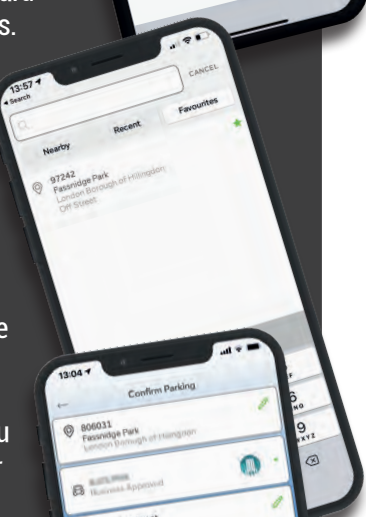
Click on 'Apply for a permit'. Note, you may be required to log back in.

Select 'London Borough of Hillingdon' and under 'Permit type' select 'HillingdonFirst card' and type in your card number.

You will then see a message saying that your card is linked to your PayByPhone account.

Please note: You'll need to be able to read your card number – these can wear off over time. If you need to find out your number, visit [www.hillingdon.gov.uk/hillingdonfirst](http://www.hillingdon.gov.uk/hillingdonfirst). If you don't have a HillingdonFirst card already you can order one at the same web address.

Remember to do this well in advance of using the system to pay for your parking as you won't receive your number or a card instantaneously.



## Once live

### 3 Enter location code

Open the app and enter the location code for where you have parked. You can find the code by using the map function on the system or looking at the signs in the car park or near to the parking bay. You will then be asked to 'select your vehicle' and enter your length of stay.

### 4 Pay and confirm

You will then see a summary page of what you have requested as well as the cost and the payment card details. Finally, click the green button 'Pay&Park'.



# ULEZ legal challenge gets underway

In April, the High Court granted permission for a Judicial Review into the Mayor of London and Transport for London's (TfL) proposed expansion of the Ultra Low Emission Zone (ULEZ) London-wide from August 2023.



Mrs Busby with her business's non-compliant ULEZ vehicle

The legal challenge was launched by a coalition of councils, including Hillingdon, and the London boroughs of Bexley, Bromley, Harrow, along with Surrey County Council.

Permission was granted on the following grounds:

- failure to comply with relevant statutory requirements
- whether the Mayor of London properly considered the previous "buffer zone" approach as a material consideration in relation to the scrappage scheme.

The hearing of the claim is likely to be listed in the week commencing Monday 3 July or shortly thereafter.

Leader of the Council, Cllr Ian Edwards, said: "We listened to residents and businesses who expressed significant concerns over the social and economic impact of ULEZ expansion and could not stand aside and allow it to be rolled out without challenge."

"We remain confident that the court will see that the Mayor failed to follow due process, that his proposed scrappage scheme is inadequate, the irreparable harm ULEZ expansion would have on outer London and its neighbours, and that it will rightfully quash these disastrous plans"

### How might the ULEZ affect you?

Under the expanded ULEZ, anyone driving a non-compliant vehicle in the zone would be subject to a daily charge of £12.50, doubled for overnight stays.

There is a scrappage scheme available to trade in your vehicle for a ULEZ-compliant one, but it is limited in the amount of support it gives (£2,000) and many residents are not eligible to use it.

Find out more about the scrappage scheme at [tfl.gov.uk/modes/driving/ultra-low-emission-zone/scrappage-schemes](http://tfl.gov.uk/modes/driving/ultra-low-emission-zone/scrappage-schemes).

The financial burden will hit key workers, small businesses, Heathrow workers and anybody who simply wants to visit friends and family who live here.

### Some of the ways local residents and businesses would be affected if the expansion goes ahead

Mrs Busby, owner of Busbys Carpets and Flooring (pictured above), said: "The works van we regularly use would become non-compliant. But buying a compliant van or investing in equally expensive measures to make the van compliant, is not within our financial means so it would become worthless."

"The scrappage scheme is also pointless unless you are already in a position to outlay the vast sum required to purchase a new van, so are already wealthy."

Amy-Elizabeth Marchant, a North Hillingdon resident, said: "Due to health reasons I'm quite isolated. For one of my best friends, the only person I hang out with these days, to be able to visit me it will cost him £25 to visit for one night."

"We normally hang out most weekends, we can't afford that. It's just about him popping by so I'm not alone all the time. The ULEZ would stop us from being able to see each other, so we both end up more isolated."



Amy-Elizabeth Marchant

### ULEZ survey results

Our boroughwide survey into the probable impact of the ULEZ expansion, which ran from 1 March to 16 April, was responded to by more than 11,500 people.

More than 90 per cent of those surveyed who own non-ULEZ compliant vehicles do not qualify for the Mayor of London's scrappage scheme.

The survey found that 55 per cent of respondents had a vehicle that was non-compliant. Of those, 85 per cent said they would not be applying for the scrappage scheme, with 91 per cent not eligible.

For latest ULEZ updates, visit [www.hillingdon.gov.uk/ulez](http://www.hillingdon.gov.uk/ulez)





## Helping residents build their careers

Our West Drayton leisure centre project is giving local people employment and training opportunities as well as creating a state-of-the-art facility for the borough.

Construction of the Platinum Jubilee Leisure Centre continues at pace. On Thursday 4 May, Leader of the Council, Cllr Ian Edwards; Cllr Eddie Lavery, Cabinet Member for Residents' Services and Cllr Jonathan Bianco, Deputy Leader and Cabinet Member for Property, Highways and Transport (pictured below) attended a topping out ceremony to celebrate the construction milestone of the final steel beam being placed at the site.

With the steel frame now complete and brickwork underway, the council is working with contractor, Buckingham Group, and local organisation, QualifyMe, to ensure as many work and training opportunities as possible are made available to local people.

Efforts will be made throughout the build to recruit residents as bricklayers, security officers, labourers, traffic marshalls and cleaners.

As well as full-time roles, there will be apprenticeships and a total of seven work experience placements.

The overall target is to provide 728 weeks of paid employment and training to local residents.

Apprentice bricklayer **Nathan Tuck**, from Yiewsley (pictured above), started on site in mid-March. A site trainee also started in April shadowing multiple tradespeople to get a taste of the industry.

During the coming months it is hoped a further four apprentices will be taken on in trades, including

electrical, plumbing, carpentry and dry lining (finishing interior walls).

There will also be opportunities for five to seven more site trainees.

Later in the project, T-Level students will be given the chance to gain experience alongside groundworkers, roofers, the pool services team and landscapers.

Placements will last between eight and 25 weeks based on the needs of the individual.

Nathan, 22, who studied construction, plastering and bricklaying at college, is enjoying putting into practice what he has learned and further honing his skills.

As a child he was a regular at the youth centre that was previously on the site, making his time working there all the more meaningful.

Nathan, whose stint is due to continue until December, said:

"It's pretty good working here to be honest. I get to do block work

(concrete blocks), some brickwork and improve my skills.

"Basically, I get to show them what I can do and learn at the same time."

He hopes the experience he is gaining will help him realise his dream of being his own boss one day.

Nathan said: "Bricklaying is what I want to do and I'd love to start my own firm or be a site foreman, in about five years hopefully."

As for being part of a landmark project that will be here for decades to come, he added: "In the future I'll be able to tell my grandchildren when we walk past the leisure centre that I worked on that."

**Cllr Bianco** said: "The new leisure centre will be a brilliant resource for the whole borough to enjoy for years to come.

"As well as improving the health and wellbeing of our residents, we're also delighted that it's giving local young people the opportunity to learn and develop skills to support a career in construction."

If you're interested in a career in construction, email [info@qualifyme.co.uk](mailto:info@qualifyme.co.uk) or visit [www.qualifyme.co.uk](http://www.qualifyme.co.uk)



## A year for the history books

We recently caught up with the outgoing Mayor of Hillingdon, Cllr Becky Haggar during the final weeks of her tenure to find out about her highlights of the past year.

When Cllr Haggar took office as Mayor in May 2022, there was a sense of celebration in the air with the Queen's Platinum Jubilee imminent. It was one of the highlights of what would be a remarkable and historic year.

The death of Queen Elizabeth II just months later came as a huge blow. And duty called in a very different way as the Mayor, in her role as the First Citizen of Hillingdon, led the borough's mourning.

Those two historic events made it a year unlike any other. But there was still the day-to-day business of office, including meeting countless local people, community groups and businesses, and supporting her chosen charities.

All this while continuing running her business as a fitness trainer and heading up her charity – The Hillingdon Brain Tumour and Injury Group.

The hours have been long, the events momentous. But amid the highs and lows Cllr Haggar makes one thing clear: it has been the honour of a lifetime to wear the chains of office.

She said: "It's been an amazing and emotional year, full of history and obviously some very sad things we weren't expecting."

Being called to witness Her Majesty's coffin flying into RAF Northolt and meeting HRH the Princess Royal was particularly poignant.

"It was so humbling representing the whole borough," she said. "It was a real opportunity to show the royal family how much we cared about the Queen."

Championing local causes, supporting local businesses and community groups and attending numerous events as the figurehead of the borough have been highlights of the year.

Cllr Haggar said: "As a Christian, I felt it was important to show love across the borough and help bring community groups together through events and invitations to visit the Mayor's Parlour."

"More than 50 charities and community groups have come into the parlour, which was a chance to thank them for what they do and to try to help them work together."

"I've also been helping to bring the interfaith groups together and I've really enjoyed working with everyone from the churches, temples and mosques."

Cllr Haggar's chosen charities were the Daniella Logun Foundation, which offers emotional, spiritual and practical support to children and young people diagnosed with brain tumours, and their families and the Magically Marvellous Picture House, a not-for-profit photography studio and educational collective.

Cllr Haggar will now continue as a ward councillor, as well as pursuing her passions, including gardening and history.

Cllr Haggar said: "My husband, Marios, has done an amazing job as Mayor's Consort and my daughters, Pollyanna and Ellie May, who have been my escorts, have been incredible."



"A big thank-you to everyone in the council who's helped me in my role – without their support none of what we've done would have been possible."

On Thursday 11 May, Cllr Shehryar Ahmad-Wallana, became the new Mayor of Hillingdon – read his interview in the July/August edition of *Hillingdon People*.



A thriving economy





Help a child or baby with a loving caring home, and we'll offer you personal and financial support.

**Foster**

Find out more and register your interest:  
[www.hillingdon.gov.uk/fostering](http://www.hillingdon.gov.uk/fostering)  
 0800 783 1298

**HILLINGDON**  
LONDON

[www.hillingdon.gov.uk](http://www.hillingdon.gov.uk)

# A celebration fit for a king



During April and May, communities across Hillingdon came together to mark the Coronation of King Charles III and enjoyed our royal-themed events programme and a long weekend of street parties, picnics and music. *Hillingdon People* takes a look at some of the highlights.

On Saturday 6 May, the Coronation of King Charles III took place at Westminster Abbey and once again Hillingdon turned red, white and blue in honour of the historic occasion.

The council commissioned special high street banners which adorned lamp posts across the borough and coronation flags flew high in the borough's Green Flag parks and on the Civic Centre forecourt.

Younger residents and their families enjoyed a free virtual reality trail called 'The King's Wardrobe', which launched on Monday 17 April. Participants enjoyed fun challenges and quizzes while learning about British history and the last 10 monarchs.

Activities took place across the borough's libraries and on Tuesday 2 May, Ickenham Library held a coronation tea party and royal-themed quiz for adults. At Northwood Hills Library a royal paper craft session was held for The Dementia Group where people shared royal memories while enjoying arts and crafts.

Uxbridge Library hosted a street party on Friday 5 May, featuring special guests The Ruislip Belles and Beaux handbell-ringers. That same day, Botwell Green Library took residents on a Hayes Royal Walk – a trip back in time exploring the town's royal connections.

On Sunday 7 May, the Mayor's Coronation Picnic in the Park in Uxbridge's Fasnidge Park was enjoyed by hundreds of residents. A bagpiper announced the arrival of the Mayor, and the crowds were entertained by a stellar performance from The Candy Girls who sang songs from the likes of Glen Miller, The Andrews Sisters and Vera Lynn.

Attendees also enjoyed performances from Hillingdon Music Service's orchestra, brass band and vocal soloists.

Local school group, The Vyner's School Swing Band, delighted attendees with high-energy jazz, swing and rhythm and blues music.

Energetic routines were performed by local Bollywood and bhangra dancers and the Maria Anderson School of Dance,

Hillingdon Theatre Dance Centre and Futurity Dance Group.

### Making memories

Residents across the borough joined communities nationwide by hosting a total of 85 street parties.

The council offered support by providing free public liability insurance and road closures. The council also offered further support with organising expenses by gifting £100 towards successful applications.

### Leader of the Council, Cllr Ian Edwards, said:

"This special bank holiday weekend was a wonderful opportunity for people across the borough to come together and celebrate this historic event.

"With the Platinum Jubilee celebrations a very recent happy memory, it's hard also not to reflect on the sad passing of Her Majesty Queen Elizabeth II as we wish Their Majesties King Charles III and Queen Camilla a long and happy reign."



I'M ELSA,  
I HELPED SECURE  
ALLIED  
VICTORY  
FROM A SECRET BUNKER

DISCOVER THE UNSEEN HEROES OF WWII AT WEST LONDON'S TOP MILITARY HISTORY SITE

BATTLE-BRITAIN BUNKER







Roy Road, Northwood ward



Candy Girls at Fasnidge Park, Uxbridge ward



Raynton Drive, Charville ward



Glenorchy Close, Yeading ward



Arlington Drive, Ruislip ward



Harlington Road, Wood End ward



The Glen and St Lawrence Drive, Eastcote ward



Cottingham Chase, Ruislip Manor Ward



Lynhurst Crescent, Hillingdon East ward



Tudor Way, Hillingdon East ward



Stedman Close, Ickenham and South Harefield ward



Raynton Drive, Charville ward



Roy Road, Northwood ward



Money Lane, West Drayton ward



Fasnidge Park, Uxbridge ward



Berkeley Road, Hillingdon East ward





LOCAL HEROES were presented with their awards at a ceremony in March

# Celebrating Hillingdon heroes

In March, the council presented local people with awards for their unsung bravery, volunteering and community work. We attended the Hillingdon Community Awards ceremony to find out more about their achievements.

The awards are an opportunity for the borough to say a collective thank-you to the people whose selflessness makes Hillingdon an even better place to live, work and visit.

From the 65 nominations received by the council, 24 winners emerged across four categories.

They were invited to attend a ceremony on Tuesday 14 March in the Council Chamber at the Civic Centre, Uxbridge, where they were presented with their awards by the then Mayor of Hillingdon, Cllr Becky Haggart; Leader of the Council, Cllr Ian Edwards; and Chief Executive, Tony Zaman.

**Cllr Ian Edwards**, said: "I had the pleasure of reading every nomination and learning more about the fantastic work being carried out by volunteers and community groups. "The awards are a celebration of the valuable work that these residents and groups do across the borough. It is greatly appreciated. Congratulations and thank you to everyone involved!"



Nawal Rafi (left) with her father, Rafi, sister, Simra and mother, Leyla

## Twelve-year-old's quick thinking saves dad's life

Young **Nawal Rafi, from Uxbridge**, won a Gold Bravery award after she showed incredible courage and quick thinking when her dad, Rafi, had a stroke last December.

The 12-year-old recognised the signs immediately as she watched TV with him and her sister, Simra, and knew that emergency medical help could make all the difference.

She said: "Basically I could tell from his appearance, how he was speaking and that the left side of his face went down. I'd seen adverts saying how a stroke is and to call 999."

"My Dad didn't know until I told him and he was so confused, he kept saying he was fine he was fine, but I knew."

Nawal alerted her mum, Leyla, who was sleeping and, with an ambulance not immediately available, she called a taxi to take her and Rafi to hospital.

Thanks to her quick actions Rafi rapidly recovered, suffered no long-term effects and was home a little over a day later.

Nawal, who wants to be a vet, added: "I was so happy, he gave me a big hug when he came home."



Alia in front of Halo Play Café's angel wings display, made up of feathers dedicated to loved ones who have died

## Uxbridge Play Café supports bereaved young people

**Alia Jones**, from Hayes, set up the Halo Children's Foundation in 2013 to support bereaved youngsters. In 2021, as COVID-19 restrictions lifted, the charity opened the Halo Play Café in The Chimes shopping centre, Uxbridge which offers play therapy sessions and counselling for children.

Halo received the Queen's Award for Voluntary Service in 2021 to which Alia can now add a Community Awards Gold in the Helping Vulnerable People category.

Alia said: "I started the charity because my children's dad

passed away back in 2011 of a misdiagnosed brain tumour at the age of 27.

"My daughter was asking questions about where he was and I couldn't find a charity that worked in the area to support my child, so I decided to set up a small support group. It's just grown from there.

"We have supported more than 200 families to date. We've also got a counsellor that works with individual children in schools. Many of our families still come to support groups after several years."

## Civic Medal honour for half century service to Scouting

**Jennifer Marshall-Jenkinson** was presented with the Civic Medal in recognition of her 50-year contribution to helping communities as a Scout leader. The Civic Medal is the highest award the council can bestow after Freedom of the Borough.

Jennifer's involvement with the Scout movement began as a teenager when she started carrying out local charity support work for her Queen's Guide Award, starting off with what was then 4th Harlington Scout Group.

After decades in uniform, she is now Chairman of the 1st Uxbridge

Scout Group and Chairman of the Uxbridge and District Scout Council. Jennifer said: "As a non-uniformed leader, I look after more of the administrative side of scouting, from ensuring the compound is well maintained, to paying the bills and making sure the security is in place for all our members."

So how does she find the time? She said: "I never stop working. I was always taught in my childhood that you should fill every day with something positive. If you're a people person and community-minded then you go out of your way to help people."



Jennifer Marshall-Jenkinson



Malcolm Penny

## Eastcote resident's decades of helping communities

In 2011, when **Malcolm Penny** retired he decided "to keep busy with community work."

As well as volunteering with the 4th Eastcote Scout Group, he helps maintain Eastcote House Gardens with other volunteers.

Malcolm, 72, an Eastcote resident for more than 40 years, said: "We are a group of volunteer gardeners. The council does the heavy work – tree surgery and grass cutting – but there's a group of us retirees who keep the gardens in good order. It's very rewarding."

"I started a litter-picking group. We held an Eastcote litter pick in March linked to the Great British

Spring Clean. The council does a great job of keeping the place tidy but can't be everywhere all the time so we do our bit to help in car parks and service roads."

Malcolm also chaired the Executive Committee of 4th Eastcote Scouts for 30 years as well as sitting on the committees of Eastcote Residents' Association and his local Safer Neighbourhoods Ward Panel policing group.

He said of his silver Helping Communities Award: "I'm amazed and honoured. But it's important to remember there are many people in Eastcote who do great community work. I am just one of many."



### Boxing coach teaches self-confidence and self-defence

Boxing coach **Brian Smith**, 51, from Yeading, won a silver in the Promoting Health and Wellbeing category.

Brian first put on the gloves as a 10-year-old and went on to represent England at bantamweight, before starting to coach aged just 17. He set up Yeading Boxing Club in June last year after being part of Northolt ABC for more than 30 years. Brian said: "My old trainer passed away

before lockdown in 2020 and it didn't feel right to carry on at Northolt so I decided to start my own club.

"I've got about 30 boxers, who are allowed to compete in competitions, and about 25 who don't compete, as well as members who want to keep fit and under-10s.

"Boxing teaches kids self-confidence and self-defence. It's also good for keeping the youngsters off the streets."



Brian Smith with some of his young boxers

## Congratulations to all our award winners...

### Special Recognition award (Civic Medal)

**Jennifer Marshall-Jenkinson:** Featured on page 19.

### Bravery award (Gold)

**Nawal Rafi:** Featured on page 18.

### Helping Communities award

#### Silver

**Malcolm Penny:** Featured on page 19.

**Sarah Gardner:** For volunteering for more than two decades including setting up three charities since the start of the pandemic.

**Christine Mills:** For outstanding service to Girlguiding with the Ruislip Northwood Division.

**Corrie Irwin:** For her work in the Ruislip Girlguiding District and as chair of children's charity Orchyd.

#### Bronze

**Nicola McGeady:** Nominated for her efforts running Rainbow and Brownie units and as District Commissioner for Girlguiding in the Ruislip Manor area.

**The Gurkha Centre:** For improving the lives of Gurkha veterans and their families.

**Hillingdon Gurkha and Nepalese Community (HGNC):** For helping elderly residents with everything from arranging GP appointments to shopping.

**Kim Finnis:** For her work with Ruislip Sea Cadets giving children experiences, including mountain biking and caving.

**Tracey Hockley:** For befriending and supporting vulnerable local people with everyday tasks.

**Patricia Davis:** For volunteering at the Community Café, West Drayton and running a foodbank.

**Lynne Kauffman:** For undertaking many voluntary roles, including helping at a food bank in Uxbridge and fundraising for Ruislip Lions Club.

**James Carson-Kerrigan:** During the pandemic, James set up and managed a crisis support charity and he also regularly drives care home residents to bingo.

### Helping Vulnerable People award

#### Gold

**Alia Jones:** Featured on page 19.

#### Silver

**Joan Branford:** For playing a leading role in Hillingdon Parent Carers Support Group and volunteering at Mencap.

**Beth Gevell:** As co-founder of the Arts For Life Project in Northwood, Beth helps 140 children and young adults, many of whom are on the autistic spectrum, with weekly art-based wellbeing sessions.

#### Bronze

**Angela Parkins:** For volunteering as an activity support worker for Disability and Support Hillingdon, and putting on weekly line dancing classes.

**Liza Bicknell:** For raising nearly £16,000 for an attendant-controlled electric wheelchair for the disabled daughter of a friend.

### Help the Homeless Hillingdon Foundation

For supporting local people experiencing homelessness with basic supplies and redirecting them to support.

### Promoting Health and Wellbeing award

#### Silver

**Brian Smith:** Featured above.

**Ruby Amos:** After 400 hours of volunteering at South Ruislip's Evolution Netball Club, A-level student Ruby has gained her Level 1 coaching certificate and is now training to be an umpire.

**Steven Kennedy:** For volunteering for more than 30 years in youth football at clubs including Uxbridge and Sandgate.

#### Bronze

**Dale Trunkfield:** For founding not-for-profit running club West London Runners in 2020.

For more details on the awards, visit [www.hillingdon.gov.uk/community-awards](http://www.hillingdon.gov.uk/community-awards)



# Step into work with Hillingdon

Whether you're considering a new job, a career change or taking your first steps into the workplace, the council could help you achieve your career aspirations.



### Irvin Luchowa, HR Recruitment Manager

(pictured above), joined the council in January 2023. He said: "My journey with Hillingdon has been amazing! From a seamless recruitment process to a well-thought-out induction plan, they've thought of everything to help me land on my feet from day one.

"We have a variety of employment opportunities, ranging from back-office roles to working with residents. These include site managers, social workers, youth justice officers and apprentice internal auditors.

"We also provide valuable career development programmes, such as apprenticeships, internships, work experience placements and graduate schemes.

"And it's not just job opportunities; the council also works with partners, including businesses and education providers, to help residents improve their skills."

We are committed to ensuring that our workforce is dynamic, innovative, and representative of the borough we serve. We want you to be part of driving forward the council's vision of putting residents first.

Our main offices are located at the Civic Centre, Uxbridge. We also deliver a variety of services from other locations across the borough, from Harefield to West Drayton.

We offer a range of benefits and take pride in supporting our staff with training programmes, discounts for council facilities, generous holiday entitlements and flexible working.

A wide selection of roles are advertised on our website and if you can't see anything which fits what you're looking for right now, you can set up job alerts to let you know when a suitable vacancy arises.

It's simple to apply online, with many roles only requiring a CV upload.

### Quick steps to recruitment at [www.hillingdon.gov.uk/jobs](http://www.hillingdon.gov.uk/jobs)

- Sign up to job alerts
- Browse advertised roles
- If you see a job that interests you, apply online answering some simple questions about yourself and uploading your CV.

### Need help updating your CV or want to learn a new skill?

Our Learn Hillingdon team offers hundreds of low-cost day, evening and weekend courses for adults aged 19 and over.

Studying for work and life courses include English, maths, IT and digital skills, childcare, health and social care, floristry and horticulture.

The experienced team can help you to search and apply for jobs, apprenticeships and volunteering opportunities, write a CV, prepare for an interview, set up your own business and learn relevant new skills.

Find out more at [www.hillingdon.gov.uk/adultlearning](http://www.hillingdon.gov.uk/adultlearning).

### Cllr Douglas Mills, Cabinet Member for Corporate Services

said: "As outlined in our Council Strategy, a key priority for us is creating a thriving economy by supporting residents to find local jobs, gain new skills and qualifications, and progress to secure well-paid jobs.

"The council is continuing to invest in its employees, many of whom are residents, and we're always looking for new talent to join our diverse workforce. If you're looking for a new role, I encourage you to visit our website and see what's on offer."

To view our latest vacancies and training programmes, visit [www.hillingdon.gov.uk/jobs](http://www.hillingdon.gov.uk/jobs)



A digital-enabled, modern, well-run council





# Creating inclusive training and educational opportunities



Saloni Ghadiali



Zak Smith

Our supported internship scheme provides invaluable work experience for young people with a learning disability or autism and our education service offers more than 60 courses for adults with additional needs. *Hillingdon People* finds out how these programmes are transforming residents' lives.

Now in its third year, our partnership with the charity DFN Project SEARCH, Orchard Hill College and Hillingdon Autistic Care and Support (HACS) is thriving.

Currently 10 young people aged 17 to 24 with a learning disability or autism are gaining invaluable workplace experience over the course of a year-long placement at the Civic Centre, Uxbridge.

Alongside the council, organisations hosting placements in the borough include Heathrow Sheraton Skyline Hotel, The Pavilions shopping centre and London Heathrow Marriott Hotel.

**Linda Hawkins, Multi-Property Director Human Resources at London Heathrow Marriott Hotel**, said: "By partnering with DFN Project SEARCH, our business not only gains access to a diverse and dedicated pool of talent, but we also have the opportunity to positively impact the lives of individuals with disabilities by providing them with invaluable workplace experience and skills".

There are currently 37 interns across these four programmes

taking on roles in areas, including retail, hospitality, administration, maintenance and repairs, green spaces, media and culture, banqueting and events.

From September, Hillingdon Hospital will be offering 12 internship places and successful applicants will be able to work across departments, including catering, transport, patient care and administration.

Placements have been designed to develop interns' skills and help them gain the experience, qualifications and confidence needed to succeed in the workplace.

For more than a decade, the council has supported HACS with a number of grants and is delighted in 2023/24 to once again support them with a further grant to provide support to those affected by autism which includes family support, training for parents/carers and professionals as well as employment training and support.

Recognising their value, we will be holding further discussions with HACS around a longer-term funding arrangement.

## Meet the interns

We spoke to two Project SEARCH interns who joined the council's team last September to find out how they are getting on.

**Zak Smith, 20, from Ickenham**, said: "A highlight for me was my placement at the Battle of Britain Bunker where I got to do a presentation on the Dowding system – an early radar system which was used to detect German planes coming over France during World War Two.

"I'm really enjoying being on Project SEARCH because I've been able to meet new people, gain some new skills and my confidence has grown."

**Saloni Ghadiali, 24, from Hayes**, said: "I'm currently on placement at Uxbridge Library and I've been helping colleagues stack the books and keep the areas tidy. One of the things I really enjoy is setting up our Tiny Tales storytime for young children – it's great fun!

"We're also learning some really useful skills such as applying for jobs and interview skills. I've made some great friends too."

## Calling all businesses

The council is encouraging local businesses and organisations to offer work placements to young residents with special educational needs and disabilities.

To find out more, email **Stuart Smith** at [ssmith7@hillingdon.gov.uk](mailto:ssmith7@hillingdon.gov.uk).

## Interested in applying?

Residents seeking support into employment may also find discussions with either HACS or Jobcentre Plus beneficial.

Details on how to apply for any of our Hillingdon supported internships can be found by visiting [www.hillingdon.gov.uk/ready-for-work](http://www.hillingdon.gov.uk/ready-for-work) and selecting supported internships. If you have any questions, you can also email [projectsearch@hillingdon.gov.uk](mailto:projectsearch@hillingdon.gov.uk).

## Courses for adults with additional needs

Our adult education service, Learn Hillingdon, offers 68 courses for adults with learning difficulties and disabilities.

Experienced staff provide a nurturing learning environment which gives students the chance to make new friends and learn new skills.

All courses are designed to help learners develop their English, maths and digital skills and examples include budgeting, shopping and preparing healthy meals. For creative individuals, we also offer courses in arts and crafts, working with textiles, drama, music, and gardening skills.

## Meet Kalwinder

Kalwinder has completed several courses with Learn Hillingdon. He said: "I like making cards online and the Make Your Crafts to Sell course has helped me improve my skills. We made cards, candles, candleholders, bath bombs, jewellery and key rings. We sold some of the things we made at tabletop sales.

"I have found Digital Skills for Work and Getting Ready for Work courses really useful. I learned how to be safe at work and I got to practise going to an interview which prepares me for the future."



Kalwinder



Daniel

## Meet Daniel

Daniel enrolled on the Pre-employment Workshop (PEW) as he wanted to gain an understanding of employability skills and become more independent. During the programme, through discussion, role play and other activities he explored different aspects of preparing for employment. He found the course extremely useful and is keen to progress further.

As a part of the PEW course, Daniel was given help to search for voluntary jobs online. He even considered applying for a part-time job at McDonald's in South Harrow as that looked fascinating to him. He said: "I enjoyed practising for an interview and doing the mock interview. This made me feel more confident."

In the future, Daniel would like to get a job and be more independent. He added: "I want to do some more courses so I can work. I think the new follow-up course Getting Work Ready sounds interesting."

## Cllr Susan O'Brien, Cabinet Member for Children, Families and Education

said: "Supported internships provide young people with meaningful work experience and give them the skills and tools they need to secure long-term, fulfilling paid employment.

"I'm delighted that the scheme continues to go from strength to strength and look forward to visiting Hillingdon Hospital to meet the interns on their new placements.

"I'm also very proud of the range of courses we offer which specially cater for adults with additional learning needs and I have been fortunate enough to attend the joyous occasion of their certificate presentation events and witness their huge achievements shared with their family and friends."



A thriving economy

Find out more about the range of courses on offer at [www.hillingdon.gov.uk/aldd-courses](http://www.hillingdon.gov.uk/aldd-courses)



# Update from the London Fire Brigade

It's fast approaching a year since I became London Fire Brigade's Borough Commander for Hillingdon.

During this time, I've been busy ensuring that the residents of Hillingdon receive the best possible service from all the crews and officers that work out of the borough's four fire stations. As I move into my second year as your Borough Commander, I'll be looking to engage the community further and asking you if we're living up to your expectations.

So what have we been doing lately? During winter, your local fire crews continued to work extremely hard through challenging weather conditions to ensure the safety of residents. As always, I'm very proud of the effort and selflessness these individuals demonstrate on a daily basis.

The year has also given us an opportunity to celebrate with our local communities when we came together to mark the coronation of King Charles III. The people of Hillingdon made it an event to remember, and we feel fortunate to have been part of it.

In my previous column, I emphasised the importance of considering fire safety all year around and that advice will always stand. However, now the spring and summer months are upon us, there are additional risks we need to think about.

Last summer, we saw record-breaking temperatures in the UK which brought major challenges to the fire and rescue service up and down the country due to wildfires. Most wildfires in the UK are caused by human activity.

As we prepare for summer, we ask you to consider the precautions we all need to take when spending time in open/rural land and parks to prevent fires from breaking out. These include:

- only using bbqs in designated areas (bbqs are banned in the borough's parks and open spaces)
- extinguishing and disposing of cigarettes properly. Do not throw them on the ground
- disposing of litter safely and correctly. Items such as glass bottles can start fires
- getting yourself to safety and calling 999 if you see a fire in the open.

We also want to make sure you're safe from fire in your own home. But we know it can be hard to know what help you need. That's why I'm encouraging every household in Hillingdon to try our Home Fire Safety Checker. It's a free, online check that will assess the level of risk in your home with a few questions and suggest fire safety actions just for you. This could be booking a visit from one of our crews or some tailored online advice.

By doing this we can make sure everyone gets the right support, and those who need the most help we can visit in person.

You can find the Home Fire Safety Checker at [london-fire.gov.uk/checker](http://london-fire.gov.uk/checker). You can also call 0800 028 4428, and we'll work out what help you need over the phone.

**Claiton Murray**  
Borough Commander  
of Hillingdon



# Routine vaccinations – is your child up-to-date?

The best way to help protect your child against severe illness from polio, flu, measles, mumps, rubella and other childhood diseases is to get them up-to-date with their routine jabs.

In recent years, fewer children have been getting the vaccines they need to help prevent illness now and in the future.

The MMR vaccine consistently has one of the lowest take-up rates of all childhood immunisations. Uptake in London and Hillingdon consistently lags behind the national average, and no areas in London currently meet the 95 per cent uptake target for childhood

immunisations, as recommended by the World Health Organisation.

Measles is currently circulating in Hillingdon, so it's important to make sure your child is protected.

All vaccines are thoroughly tested to make sure they will not harm you or your child. Once a vaccine is being used in the UK, it is then monitored for any rare side effects by the Medicines and Healthcare Products Regulatory Agency.

You can contact your GP surgery to check if your child is up-to-date with their vaccinations. For children and babies, you can also check their personal child health record (the 'Red Book'). If your child is not registered with a GP, you can still arrange a vaccination.

A full list of all the vaccinations that children in the UK are entitled to and should have is available at [www.nhs.uk/conditions/vaccinations](http://www.nhs.uk/conditions/vaccinations).



**Brunel Research Festival**  
9-31 May

Public Lectures • Open Days • Exhibitions  
Industry Showcases • Masterclasses  
Lab Demos • Screenings • Roundtables

**FREE AND OPEN TO ALL**

## Events

EXPLORE THE FULL PROGRAMME OF ACTIVITIES AT [BRUNEL.AC.UK/BRF](http://BRUNEL.AC.UK/BRF)

**A New Monarch in the 21st Century**

Questions of Identity and Approval  
10 May | 5.30pm

To coincide with the coronation of King Charles III, this roundtable considers two important aspects related to the monarchy – public approval and the role of the monarchy in questions of identity.

**Time for your Health MOT?**

Visit our Interactive Open Day  
16 May | 10am

The Institute of Health, Medicine and Environments host a public open day, spotlighting Brunel's ageing-related research excellence and offering the opportunity to test your grip strength, analyse your gait, and much more!

**Living Avatars**

Self, Other, and Power  
17 May | 5.30pm

We all have digital representations of ourselves. How does the increasing use of avatars change our sense of self, our relation to others, and the power structures we live in? Are they part of us, better versions of us, not us at all? Do we own them?

**Brunel Hydrogen**

Water to Water: An Industry Showcase  
22 May | 11am

Showcasing the future of Hydrogen and Brunel's collaborative, innovative approach. Join our interactive journey – Water to Water – traversing every stage of the hydrogen economy, from production through to combustion.

**Artist in Residence**

CONNECTION: the importance of Presence in a digital world  
26 May | 12pm

A special first glimpse of Valeria Perboni's artistic creation, exploring multisensory creativity with elements born from community engagement, in our immersive 360 dome.

**Picking Your Brains**

What's Inside Your Head?  
31 May | 2pm

Join us for lab tours and live demos showcasing different parts of the human brain, brain stimulation, and psychological experiments to understand brain function. Open to all, including children age 12+.

[brunel.ac.uk/BRF](http://brunel.ac.uk/BRF)

[researchengagement@brunel.ac.uk](mailto:researchengagement@brunel.ac.uk)

# Update from the Neighbourhoods Superintendent

I regularly highlight in *Hillingdon People* how locally we are trying to improve trust and confidence in how we deliver policing for communities in Hillingdon, and the Baroness Casey Report released in March emphasised the importance of this work remaining a priority.

To support our efforts to improve trust and confidence in policing, the Metropolitan Police Commissioner, Sir Mark Rowley, has invested in local policing by ensuring that each London borough has its own dedicated superintendent. This means that I personally have progressed from overseeing three London boroughs to now having responsibility for Hillingdon alone.

This presents significant opportunities to work more closely with the council and other key partners to ensure we deliver the best possible policing service for Hillingdon's diverse communities.

I am very much looking forward to this re-focused role which represents one of the first steps in underlining the Commissioner's renewed focus on community policing.

As we move into summer, please follow the advice below to avoid becoming a victim of burglary:

- keep windows, doors and gates leading to the back of your properties shut and locked where possible
- ensure valuables cannot be seen through windows or letterboxes
- remember to cancel your deliveries if you are going away
- secure your garages and sheds and remember a burglar alarm deters thieves.

Burglaries mostly occur on weekdays during working hours and approximately 15 per cent of them are opportunistic, where burglars take advantage of open/unlocked doors and windows. This means it is highly important that if you leave your house you ensure it is appropriately secured.

I thought I would end with just one of the many examples of how your local officers work hard each and every day to reduce crime across Hillingdon.

In March, a male was arrested by Colham and Cowley Safer neighbourhood officers in connection

with a recent spate of more than 12 thefts from motor vehicles in St Andrew's Park estate, Uxbridge and surrounding wards. Officers conducted CCTV enquiries around the incidents and were able to identify the male suspect involved.

Officers then searched the suspect's address and found around 60 stolen items, including passports, mobile phones, disabled badges, laptops and other expensive items.

They were able to confirm the items located at the suspect's address, were the items stolen from the vehicles, along with other incidents. The suspect was then arrested and charged with three counts of theft from motor vehicles, handling stolen goods and vehicle interference.

This investigation was aided significantly by local residents, emphasising the importance of us working closely with communities to make the places where you live and work as safe as possible.

**Superintendent**  
**Anthony Bennett**

24

HILLINGDON people May/June 2023

May/June 2023 HILLINGDON people

25



# HILLINGDON<sup>20</sup> BUSINESS<sup>23</sup> EXPO

**THURSDAY 25TH MAY 2023**

Join us at the biggest and best  
**FREE Business Expo**

**BRUNEL UNIVERSITY  
LONDON**  
Indoor Athletic Centre  
Kingston Lane  
Uxbridge UB8 3PH  
Time: 9.30am - 4.30pm



Over 100 stands  
All day networking  
Speed networking  
Free lunch  
Entertainment  
Drinks Reception



With thanks to our Sponsors:



## HALF A CENTURY OF LISTENING

Samaritans of Hillingdon is this year celebrating its 50th anniversary. The branch, founded in 1973, is one of more than 200 across the UK and Ireland which together provide 24/7 support to hundreds of thousands of people every year.

Number 2 Press Road, Uxbridge, looks little different from the houses that surround it. But behind the front door you will find a very different kind of family – the volunteers at the heart of Samaritans of Hillingdon.

Our local branch of the national charity is this year celebrating its 50th anniversary. Since its formation in 1973, hundreds of dedicated local men and women have offered a listening ear and emotional support to people experiencing feelings of distress or despair, including those which may lead to suicide.

Though best known for its telephone service, help is also provided by email, webchat and outreach work. Entirely dependent on donations and its current band of around 100 volunteers, the branch answers 16,000 calls for help each year.

It also works with the council on local initiatives, including a quarterly suicide-prevention group and the installation of crisis signs to alert people to the Samaritans' telephone number.

**Branch director, Daniel Hill**, 37, who has been involved with Samaritans since 2006, says the charity is as vital today as it always has been.

Daniel, who lives in Ruislip, said: "Much has changed over the last 50 years. However, the core principles of what we do remain the same – to provide a non-judgemental and non-directive listening ear to those in need."

"We have roughly 16,000 contacts each year, the majority of which are still on the telephone. Every call is answered by a trained volunteer – from all different backgrounds – and we always answer a call with

'Samaritans... can I help you?'. Then we give the caller the space to open up. It's their call, we don't pressure them. We don't give advice or tell them what to do, but we help them explore their problems."

### Looking to the future

Now, as it gears up to provide the next 50 years of service, Samaritans of Hillingdon needs to raise more than £25,000 per year to fund its work.

Daniel added: "It is only through the generosity and support of the people of Hillingdon, giving their time to volunteer with us, or supporting us in other ways, that we have been around for as long as we have."

"We are incredibly grateful for this support and hope that we will remain an important part of the local community for many more years."



'Arnold' the Samaritans bus in Ruislip, 1983

### Cllr Jane Palmer, Cabinet Member for Health and Social Care

said: "Samaritans of Hillingdon and its volunteers have had an incredible impact during the past 50 years and with local support will continue to do so for the next five decades and beyond."

"Their work has been – and continues to be – life-changing and in some cases literally life-saving for so many people."

### Volunteering in action

Listening volunteer **Rosemary Moere** has been involved with the branch from the very beginning and still does a shift most weeks.

Rosemary, from Northwood, said: "When it was being started I went along to the original meeting and thought, 'this is something I'd like to do.' I was about to have a baby and did my training shifts at another branch and then started at the Hillingdon branch when it opened, just after giving birth. It was all quite exciting."

"To find out that I could make a difference to someone by listening to them was great for me as I've always been a better listener than a speaker."

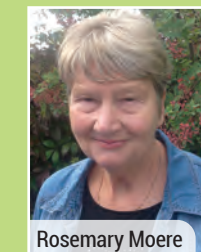
Rosemary has helped out in numerous other ways, including at

one time being branch director. Her passion for the charity is undimmed.

Rosemary added: "I get a lot of satisfaction from it."

"It's good to know when you've spoken to someone they're in a better place than when the call started and you have helped them cope better and see options of ways they can go. For people who haven't got anyone else to talk to it's vital."

"To be part of a diverse, happy group of people who are committed to supporting our callers is something that I love."



Rosemary Moere



The former Mayor of Hillingdon, Cllr Becky Haggart, at the AGM in July 2022

If you're interested in volunteering and to donate, visit [www.samaritans.org/hillingdon](http://www.samaritans.org/hillingdon). For support call 116123, email [jo@samaritans.org](mailto:jo@samaritans.org) or visit [www.samaritans.org](http://www.samaritans.org)





# HILLINGDON WHAT'S ON?



Hayes Town 1911

## THEATRE

**Ghost the Musical**  
Thursday 25 to Saturday 27  
May, 7.30pm

This retelling of the hit 1990 film starring Patrick Swayze, Demi Moore and Whoopi Goldberg, features songs from Dave Stewart (Eurythmics) and Glen Ballard (Alanis Morissette's Jagged Little Pill).

Cost: £15.  
Book at [www.starlightytc.com/booking](http://www.starlightytc.com/booking).  
Winston Churchill Theatre

**ART by Yasmina Reza**  
Wed 31 May to Sat 3 June,  
7.45pm

Serge has bought a modern painting for a huge sum of money, Marc hates it and cannot believe his friend could possibly want such a work and Yvan attempts, unsuccessfully, to placate both sides. Amateur theatre group Proscenium presents this comedy which has won world-wide critical acclaim.

Cost: £15 (£13 over-60s, students), £10 for groups of 10 or more.

Book at [www.hillingdontheatres.uk](http://www.hillingdontheatres.uk) or call 01895 250615.  
Compass Theatre

## OUTDOOR EVENTS

**Trail making**  
Wednesday 24 May, midday to  
1.30pm

Learn to build scouting trails using natural materials, then put your knowledge to the test by following a route to find the secret word.

Cost: Free, booking is essential.  
To book, email [archives@hillingdon.gov.uk](mailto:archives@hillingdon.gov.uk).  
Eastcote House Gardens

**Friends of Eastcote Gardens Annual Picnic**  
Saturday 10 June, 11am to 4pm  
Enjoy stalls, refreshments, a dog show, tug-of-war, ferret racing, Scouts climbing wall and many other attractions, weather permitting.

There is no parking on-site.  
Cost: Free.  
Eastcote House Gardens

## EXHIBITIONS

**Memory Lane – Bygone Shopping and Money**  
Runs until Tuesday 30 May, during library opening hours  
Take a walk down memory lane, remembering Hillingdon's shopping history.  
Cost: Free, no need to book.  
Uxbridge Library

**Eastcote Horticultural Society Summer Show**  
Saturday 17 June, 2.30pm to 4pm  
A family event where you can drop in and see the exhibits displayed by local members. These include fruit and flowers, floral art, baking, handicrafts and photos.  
Cost: Free.

Find out more at [www.succulent-plant.com/eastcote](http://www.succulent-plant.com/eastcote) or email [eastcotehorticultural@yahoo.co.uk](mailto:eastcotehorticultural@yahoo.co.uk).

Eastcote Community Association

**Secrets Uncovered tours**  
Various times and days throughout summer  
Take a guided walking tour and uncover the secret spaces of

Hillingdon has an exciting array of activities to keep you and the family entertained during May and June. Find out about more events happening locally at [discover.hillingdon.gov.uk/events](http://discover.hillingdon.gov.uk/events).

the Battle of Britain Bunker – 60ft underground – and learn about the remarkable people who worked there.  
Cost: £15.  
**Battle of Britain Bunker Exhibition and Visitor Centre**

## MUSIC

**A Chamber Concert**  
Sunday 21 May, 7.30pm  
Hillingdon Philharmonic Orchestra invites you to a chamber concert to include Mozart's Overture to Cosi Fan Tutte, Haydn's Symphony No.99 in Eb Major and Schubert's Symphony No.4 (Tragic).  
Cost: £15, Concessions £12, under-16s go free.  
To book, call 01895 674223.  
Ickenham United Reformed Church

**Music from America**  
Saturday 24 June, 7.30pm  
Hillingdon Philharmonic Orchestra will perform music by American composers, including Cole Porter, Copland, Gershwin, Rodgers & Hammerstein, Bernstein and Duke Ellington.  
Cost: £15, Concessions £12, under-16s go free.  
To book, visit [www.hillingdontheatres.uk](http://www.hillingdontheatres.uk) or call 01895 250615 or 01895 674223.  
Winston Churchill Theatre

**Eastcote and Ruislip Choral Society Summer Concert**  
Karl Jenkins The Armed Man  
Saturday 24 June, 7.30pm  
Tickets from a member or on the door.  
The choir meets every Tuesday from 8pm to 10pm in term time

Hillingdon Philharmonic Orchestra



and welcomes new singers.  
Cost: £15 under-12s free.  
To book, call 01895 904556  
Find out more at [www.eastcote-ruislip-choral.org](http://www.eastcote-ruislip-choral.org).  
Douay Martyrs School

**SouthlandsLIVE 2023**  
Saturday 15 July, 1pm to 9pm  
SouthlandsLIVE 2023 will feature 15 music acts performing on two stages, with something for everyone. There will also be food, stalls, a bar, and stuff for the kids to do, all set in a gorgeous location.  
Cost: From £5.  
Book tickets at [www.southlandsarts.co.uk/southlandslive](http://www.southlandsarts.co.uk/southlandslive).  
Southlands Arts Centre

## TALKS AND CLASSES

**The Speaker Series**  
Saturdays 27 May, 17 June, 15 July  
The popular speaker series and book signings, bring historians, presenters and authors together for engaging discussions, including Q&As about the people and technology that made history.  
Cost: Some talks are free, some are £5.

To book, call 01895 238154. or visit [battleofbritainbunker.co.uk](http://battleofbritainbunker.co.uk).  
Battle of Britain Bunker Exhibition and Visitor Centre

**Hillingdon language clubs**  
Thursdays (October to July), 7.30pm  
A chance to practise your Spanish, French or Italian in a friendly social group.

Speakers of all levels welcome.  
Cost: £15 per year or £3 per visit.  
Find out more at [www.hillingdonlanguageclubs.wordpress.com](http://www.hillingdonlanguageclubs.wordpress.com) or call 07759 804960 (Spanish Club), 07751 940934 (French), or 01895 674292 / 674586 (Italian).  
St Giles Church Hall

## FESTIVALS

**Hayes Canal Festival**  
Sunday 28 May, midday to 5pm  
Join the museum and archives team at the local waterways highlight of the year. Organised by the Canal and River Trust, with the support of the Hillingdon Canals Partnership, the festival is a family event with a mixture of water and land-based activities.  
Cost: Free, no need to book.  
Hayes Canal

**Brunel Research Festival**  
Until 31 May, various times  
Enjoy a packed programme of



Hayes Canal Festival

online and in-person activities celebrating cutting-edge research at Brunel University London and beyond. Highlights include interactive workshops, lectures, open days, panel discussions, lab tours, and research demonstrations.  
Cost: Free.  
For more details and to book events, visit [www.brunel.ac.uk/brf](http://www.brunel.ac.uk/brf).  
Brunel University

## SPORT AND FITNESS

**Over-60s Fun Exercise Class with Alice**  
Mondays, Thursdays and Fridays, 10am to 11am  
Exercise sitting down or standing up, make friends and have fun. Alice is a qualified exercise professional, and a professional West End dancer.  
Email [exercisewithalice@yahoo.com](mailto:exercisewithalice@yahoo.com).

co.uk or call 07736 546190.  
Cost: monthly subscription of £35.  
The Guide Hut

**Parkrun**  
Every Saturday, 9am  
All ages and abilities welcome to run, jog or walk the 5km course at this fun, community event.  
Sign up at [www.parkrun.org.uk/register](http://www.parkrun.org.uk/register).  
Cost: Free.  
Stockley Country Park

**Pilates with Suzy Barton**  
Tuesdays, 1.30pm to 2.30pm  
Improve your posture, core strength and flexibility. Classes are taught by former gymnast Suzy Barton and suitable for all ages and fitness levels.

Cost: £12.50 per class or £10 for a block of five or more.  
To book, email [suzybartonpilates@btinternet.com](mailto:suzybartonpilates@btinternet.com) or call 07850 687488.  
Manor Farm Stables

**Running groups with Dash for Fitness**  
Mondays 7pm to 8pm (various routes starting and finishing in Ruislip)

Join a group to make your running more social and fun, and to help you get fitter and go faster. Open to runners (and run/walkers) of all levels, including complete beginners. Under-18s must be accompanied.

Cost: Free.  
To register, email [dashforfitness@btinternet.com](mailto:dashforfitness@btinternet.com),

or call Gary and Suzy on 07710 105086.

**Strength and balance classes**  
Various days and times  
Sessions are designed to help you stay strong, feel steadier on your feet and reduce the risk of a fall. You can also download the council's new toolkit to help you assess your risk of having a fall at [www.hillingdon.gov.uk/fall-prevention](http://www.hillingdon.gov.uk/fall-prevention).  
Cost: Free.

Find out more at [discover.hillingdon.gov.uk/strength-balance](http://discover.hillingdon.gov.uk/strength-balance), email [sportandphysicalactivity@hillingdon.gov.uk](mailto:sportandphysicalactivity@hillingdon.gov.uk) or call 01895 277137.  
Various venues

**Tennis for teenagers**  
Saturdays, 11am to 1pm  
Coach-led group tennis sessions for over-12s. Please bring a racket if possible (limited rackets available).  
Cost: Free.  
Book at [www.hillingdon.gov.uk/tennis-programmes](http://www.hillingdon.gov.uk/tennis-programmes).  
Cavendish Recreation Ground

**Twilight yoga sessions**  
If you've never done your sun salutations under the wings of a Spitfire, now's your chance. The next sessions – for over-16s only – are on 22 May, 5 and 19 June, from 7pm.  
Cost: £5 per class.  
Battle of Britain Bunker Exhibition and Visitor Centre

## VENUES

**Battle of Britain Bunker Exhibition and Visitor Centre**  
Wren Avenue, Uxbridge, UB10 0GG

**Brunel University London**  
Kingston Lane, Uxbridge, UB8 3PH

**Cavendish Recreation Ground**  
Field End Road, Eastcote, HA4 9PG

**Compass Theatre**  
Glebe Avenue, Ickenham, UB10 8PD

**Douay Martyrs School**  
Edinburgh Drive, Ickenham, UB10 8QY

**Eastcote House Gardens**  
High Road, Eastcote, HA5 2QS

**Eastcote Community Association**  
Oak Hall, Southbourne Gardens, Eastcote, HA4 9SQ

**Guide Hut**  
Community Close, Ickenham, UB10 8RE

**Hayes Canal**  
Station Road, Hayes, UB3 4FN

**Ickenham United Reformed Church**  
Swakeleys Road, Ickenham, UB10 8BE

**Manor Farm**  
Bury Street, Ruislip, HA4 7SU

**Southlands Arts Centre**  
75 The Green, West Drayton, UB7 7LB

**St Giles Church Hall**  
38 Swakeleys Road, Ickenham, UB10 8BE

**Stockley Country Park**  
Chestnut Avenue, Yiewsley, UB7 8BT


**Uxbridge Library**  
High Street, Uxbridge, UB8 1HD

**Winston Churchill Theatre**  
Manor Farm, Pinn Way, Ruislip, HA4 7QL

If you wish to publicise an event, please email details to [hillingdonpeople@hillingdon.gov.uk](mailto:hillingdonpeople@hillingdon.gov.uk) or send to Hillingdon People, 3S/05 Civic Centre, High Street, Uxbridge, UB8 1UW. Events are selected at the editor's discretion.



Are you looking for good quality furniture or electricals?  
Or do you have some you want to donate?



For a free and friendly collection call your nearest branch - open 6 days a week

We recycle quality unwanted furniture and electricals. We provide paid employment and training to disadvantaged people and excellent quality furniture at fantastic prices to you. Visit our stores today!

**trinity**  
HOME + PEOPLE + JOB

Uxbridge: 01895 256655  
Hayes: 020 8797 9505  
www.wearetrinity.org.uk  
facebook.com/trinityfurniturestore

Learn Hillingdon  
Adult Community Education



**Looking to start a new career?**

We have a wide range of courses on offer to help you in your new career – from improving your essential skills to gaining a qualification. Enrol with us now.



**HILLINGDON**  
LONDON

www.hillingdon.gov.uk/adultlearning

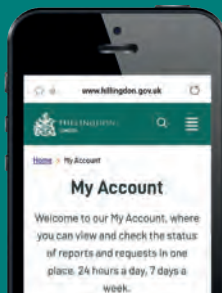
**Need to contact us? Join the thousands choosing to do it online**

It's quicker and easier to report issues to us online. By registering for a Hillingdon MyAccount, you can view and check the status of your reports and requests in one place.

Sign up today at [www.hillingdon.gov.uk/myaccount](http://www.hillingdon.gov.uk/myaccount).

You can:

- tell us about a problem in your road
- report fly-tipping or anti-social behaviour
- request recycling bags
- order a new Hillingdon First card and much more...



**USEFUL CONTACTS**

<p><b>Adult education</b> <a href="http://www.hillingdon.gov.uk/adultlearning">www.hillingdon.gov.uk/adultlearning</a></p> <p><b>Benefits</b> <a href="http://www.hillingdon.gov.uk/benefits">www.hillingdon.gov.uk/benefits</a></p> <p><b>Births, deaths and ceremonies</b> <a href="http://www.hillingdon.gov.uk/births-deaths-ceremonies">www.hillingdon.gov.uk/births-deaths-ceremonies</a></p>	<p><b>Businesses and licensing</b> <a href="http://www.hillingdon.gov.uk/business">www.hillingdon.gov.uk/business</a></p> <p><b>Councillors, meetings and consultations</b> <a href="http://www.hillingdon.gov.uk/council">www.hillingdon.gov.uk/council</a></p> <p><b>Council tax</b> <a href="http://www.hillingdon.gov.uk/counciltax">www.hillingdon.gov.uk/counciltax</a></p>	<p><b>Families' Information Service, fostering and adoption</b> <a href="http://www.hillingdon.gov.uk/families">www.hillingdon.gov.uk/families</a></p> <p><b>Fraud Hotline</b> <a href="http://www.hillingdon.gov.uk/report-fraud">www.hillingdon.gov.uk/report-fraud</a> 0800 389 8313</p> <p><b>Health and wellbeing</b> <a href="http://www.hillingdon.gov.uk/health">www.hillingdon.gov.uk/health</a></p> <p><b>Housing Services</b> <a href="http://www.hillingdon.gov.uk/housing">www.hillingdon.gov.uk/housing</a> 01895 556666</p> <p><b>Hillingdon Social Care Direct (adults) (including TeleCareLine and Meals Service)</b> <a href="http://www.hillingdon.gov.uk/socialcare">www.hillingdon.gov.uk/socialcare</a> 01895 556633</p> <p><b>Leisure (including parks, leisure centres, theatres and events)</b> <a href="http://www.hillingdon.gov.uk/leisure">www.hillingdon.gov.uk/leisure</a></p>	<p><b>Libraries</b> <a href="http://www.hillingdon.gov.uk/libraries">www.hillingdon.gov.uk/libraries</a></p> <p><b>Planning and Building Control</b> <a href="http://www.hillingdon.gov.uk/planning">www.hillingdon.gov.uk/planning</a></p> <p><b>School admissions</b> <a href="http://www.hillingdon.gov.uk/schooladmissions">www.hillingdon.gov.uk/schooladmissions</a></p> <p><b>Stronger Families Hub</b> <a href="http://www.hillingdon.gov.uk/stronger-families">www.hillingdon.gov.uk/stronger-families</a></p> <p><b>Transport, roads and parking</b> <a href="http://www.hillingdon.gov.uk/transport">www.hillingdon.gov.uk/transport</a></p>
---	---	---	---

**Lasting Power of Attorney Service**




Age UK is pleased to announce that we now offer a full **Lasting Power of Attorney** service, guiding you step by step through the entire process.

Lasting Powers of Attorneys are important documents that enable you, while you still have mental capacity, to **choose** a trusted person to make **decisions** around your health and financial matters, should you lose the ability to make these for yourself.

Whatever your age, it is important to consider your future and take time now to grant Power of Attorney to someone you trust.

**We now offer a service to guide you through the process with a face-to-face visit and ensuring all paperwork is submitted correctly to the Office of the Public Guardian.**

*This is a paid for service, please contact us to find out more, there are discounts that could help you.*

For more information please call: **020 8756 3040 (Option 1)**

Or email us at: [enquiries@ageukhnb.org.uk](mailto:enquiries@ageukhnb.org.uk)

“My Lasting Power of Attorney Officer was so thorough, and I felt very **comfortable** and **listened to**. It's nice to know there is a service like this to help and I don't think people would think of it. I recommend for people to consider this wonderful local charity to help feel **more in control** of your life! Thank you so much Age UK” – Mrs. J, 78, Ruislip

**SUMMER ACTIVITY PROGRAMME**



**Monday 24 July to Friday 25 August 2023**

In Reception to Year 12? Have fun, be active, make friends and learn something new with us this summer.

Book online from Monday 26 June at [www.hillingdon.gov.uk/children-activities](http://www.hillingdon.gov.uk/children-activities)

Includes:

- Universal Youth Service and Adolescent Development Service holiday activities
- Holiday Activity and Food (HAF) programme

**HILLINGDON**  
LONDON

www.hillingdon.gov.uk



